

> physical activity

| policy | infrastructure | outcomes |
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| <ul style="list-style-type: none"> □ Develop & adopt an action plan addressing increased opportunities for community members to be more physically active □ Policy that encourages cities and towns to have a <i>working master plan</i> that includes Active Community Environments (ACE) □ Policy to replace sidewalks that do not comply with pedestrian safety standards □ Policy to build sidewalks that comply with pedestrian safety standards □ Community Development Block Grants require sidewalk / trail development when possible □ Ordinance that requires new subdivisions to provide sidewalks and lights □ Policy encourages the inclusion of trail systems and walking paths in existing & new subdivisions | <ul style="list-style-type: none"> □ Improve the signage, or informational materials that promote trails, bike-board-blade parks or equestrian trails, etc. □ Promote use of existing Legacy or permanent marked mile track □ Participate with or develop a coalition directing construction, maintenance, and community awareness of ACE □ Where applicable, utilize focus groups to test recommendations □ Conduct a community audit including transportation practices and ACEs policies and elements | <ul style="list-style-type: none"> □ Increase percent of residents who walk or ride a bike for transportation □ Increase in residents' reported awareness and / or use of Legacy Mile trails □ Increase in residents' awareness of neighborhood walkability or accessibility □ Increase in number of residents' reported use of community physical activity facilities and environments □ Survey results showing increase in rate of physical activity participation □ Increase in number of affordable public or private recreation centers □ Increase in amount of designated walking / biking trails |

* All OUTCOMES must be measurable. You must show documented proof of the results completed under OUTCOMES. A template will be provided to assist cities & towns in completing this section.



community
award
criteria

award requirements

B
BRONZE

A city / town must: complete 3 policy criteria from any of the 6 sections (general community, healthy behaviors, safety, preventive services, nutrition & physical activity), 3 infrastructure criteria, and measure 2 outcomes.

S
SILVER

A city / town must: maintain Bronze status in policy, infrastructure and outcomes plus complete 4 more policy criteria from any of the 6 sections, 4 more infrastructure criteria, and measure 1 more outcome.

G
GOLD

A city / town must: maintain Silver status in policy, infrastructure and outcomes plus complete 5 more policy criteria from any of the 6 sections, 5 more infrastructure criteria, and measure 1 more outcome.

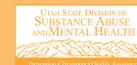
G+
GOLD PLUS

A city / town must: maintain Gold status in policy, infrastructure and outcomes plus complete 6 more policy criteria from any of the 6 sections, 6 more infrastructure, and measure 1 more outcome.

> healthy community award

For an application, please contact:
Connie Kitchens, A Healthier You Program Coordinator
> ckitchens@utah.gov > 801.538.8291

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A HEALTHIER YOU™
2002 LEGACY AWARDS

healthycommunityaward

The Healthy Community Award Program (HCAP) recognizes the outstanding achievements of cities / towns in implementing health-related policies and ensuring healthy community environments. It acknowledges efforts to encourage public employees and residents to make healthy choices.



> category definitions

| policy | infrastructure | outcomes |
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| Written & monitored city / town policies, procedures or ordinances | Basic facilities, equipment, resources & environmental supports provided in / by the city / town | Expected changes that will result from the implementation of the program / activity & methods to measure progress* |

> general community

| policy | infrastructure | outcomes |
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| <ul style="list-style-type: none"> Resolution to participate in HCAP Written HCAP plan, developed in conjunction with local health department, with goals, objectives, strategies and outcomes which is updated annually Community-wide health coalitions are linked to coordinate activities of the 5 health topic areas in HCAP | <ul style="list-style-type: none"> Community-wide health coalition addressing each of the 5 health topic areas in HCAP Existence of city / town and / or county website City / town and / or county government websites will link with relevant state & local community service websites Regular health messages in city / town mailings to residents & appropriate media 50% of city's / town's elementary schools will participate in Gold Medal School Initiative 20% of government worksites will participate in Healthy Worksite Award College campus participates in the Healthy Campus Award | <ul style="list-style-type: none"> Increase number of hits & unique users to health-related resources on city / town website Increase media outreach on city's / town's HCAP Increase in number of city / town elementary schools that are Gold Medal Schools Increase in number of government worksites that qualify for the Healthy Worksite Award |

> healthy behaviors

| policy | infrastructure | outcomes |
|---|---|---|
| <ul style="list-style-type: none"> Policy requires annual tobacco & alcohol training for store clerks & owners Ordinance prohibits tobacco & alcohol sponsorships for government events or activities Ordinance prohibits sales of alcohol & tobacco to minors by sales clerks or owners Ordinance prohibits smoking in outdoor recreation facilities | <ul style="list-style-type: none"> Community-wide coalition meets to assess & confront substance abuse problems Existence of hotline & referral resource for substance abuse urgent calls Community participation in Coalition for a Tobacco-Free Utah Posted Drug-Free Zones designated near schools & parks Increase compliance with Utah Indoor Clean Air Act-25 ft. rule | <ul style="list-style-type: none"> Increase or maintain number of stores not selling alcohol or tobacco during compliance checks Increase use of substance abuse hotline calls Increase in number of smoke-free outdoor recreation facilities Increase utilization of alcohol & tobacco treatment & prevention services |

> safety

| policy | infrastructure | outcomes |
|---|--|--|
| <ul style="list-style-type: none"> Policy encouraging bike-board-blade helmets for all users Ordinance requiring helmets at skate parks Policy that works toward all sidewalks & crosswalks meeting Americans with Disabilities Act requirements Policy requiring sidewalks to be cleared of snow and vegetation Policy that sets speed limit at 25 mph or less in residential areas Policy encouraging safe use of motorized scooters Policy requiring the availability of domestic violence and / or rape & sexual assault victim services | <ul style="list-style-type: none"> Existence of bike lanes Existence of domestic violence and / or rape & sexual assault hotline Existence of injury prevention program Local safety coalition with safety planners, city / town traffic safety representatives & local health department staff Traffic safety laws will be actively enforced Where applicable, utilize focus groups to test coalition's recommendations Signage at bike-board-blade parks promoting use of protective gear Specified location for child passenger safety inspections and booster seat education | <ul style="list-style-type: none"> Increase in number of bike lanes Increase percentage of adults & youth observed using bike-board-blade helmets Decrease in motor vehicle crashes & related crash injuries / deaths Increase percentage of observed child safety seat use Increase in number of residents aware of domestic violence and / or rape & sexual assault hotline phone number & services |

> preventives services

| policy | infrastructure | outcomes |
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| <ul style="list-style-type: none"> Written plan with long-term objectives for preventive services is written by local health departments, local hospitals or local community-based coalition Provide incentives for city / town & county employees to receive recommended preventive services Policy that encourages all city / town or county employees to be current on recommended immunizations | <ul style="list-style-type: none"> Conduct assessment of child and / or adult immunizations status Existence of community coalition addressing immunization issues Existence of community coalition addressing oral health Existence of community-based screening & prevention resources for blood pressure, cancer, cholesterol, diabetes, and oral health | <ul style="list-style-type: none"> Increase immunizations rates for city / town employees, residents, or selected target populations Show improvements in screening rates, early detection and prevention practices for city / town & county employees in blood pressure, cancer, cholesterol, diabetes, and oral health |

> nutrition

| policy | infrastructure | outcomes |
|---|---|--|
| <ul style="list-style-type: none"> Policy encouraging healthy food and beverage choices in city / town & county-owned / managed facilities & at city / town-sponsored functions Policy encouraging the development & management of Community Gardens Policy encouraging the development & management of Farmers Markets Policy or action plan to create a breastfeeding-friendly workplace for city / town employees & visitors | <ul style="list-style-type: none"> Participation on existing community-wide coalition to address food issues Where applicable, utilize focus groups to test coalition's recommendations Existence of breastfeeding room for city / town employees & visitors | <ul style="list-style-type: none"> Increase in number of residents using Community Gardens Increase in number of residents using Farmers Markets Increase in number of healthy food & beverage choices available at city / town & county-owned / managed facilities Survey results showing reduction in rate of overweight / obesity Increase in number of breastfeeding rooms for city / town employees & visitors |