



# apex behavior consulting

ABA THERAPY | INDIVIDUAL & GROUP THERAPY | BEHAVIOR SUPPORTS

apexbehavior.com

*Now accepting clients for the UT Autism Waiver!*

## WHAT IS ABA THERAPY?

ABA Therapy is a mixture of psychological and educational techniques that are utilized based upon the needs of each individual. ABA Therapy is the use of behavioral methods to measure behavior, teach functional skills, and evaluate progress.

### We use ABA methods in at least six ways:

1. To increase behaviors (eg reinforcement procedures increase on-task behavior, or social interactions).
2. To teach new skills (eg, systematic instruction and reinforcement procedures teach functional life skills, communication skills, or social skills)
3. To maintain behaviors (eg, teaching self control and self-monitoring procedures to maintain and generalize job-related social skills).
4. To generalize or to transfer behavior from one situation or response to another (eg, from completing assignments in the resource room to performing as well in the mainstream classroom).
5. To restrict or narrow conditions under which interfering behaviors occur (eg, modifying the learning environment).
6. To reduce interfering behaviors (eg, self injury).

## WHAT SETS APEX APART?

- We hire the very best! All of our tutors have prior experience working with adults and children with disabilities.
- Tutors receive intensive training, including ABA video modules, quizzes, in office trainings, role playing, and even hands-on training in your home before working one on one with your child.
- An outstanding upper management team that includes Directors, Program Managers, and Administrative Assistants dedicated to you and your family.
- We encourage schooling and reimburse for tuition to ensure our staff are educated, trained, and up to date on all the latest research and interventions.
- We pride ourselves on consistency of care. You can expect one consistent tutor who will be dedicated to your family. They serve as an expert on your child's curriculum and plan.
- Your child's curriculum and program are handled with a team approach, involving parents and those important to the child in the planning and change process.

*For more information, contact:*

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