

U L A C H E S

bulletin

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Edition

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Visit the Health Promotion New Employee Orientation web site. It is a great introduction to the profession of Health Education. Please go to:

<http://health.utah.gov/bhp/>

Future Meetings:

Jan. 16-17, 08	Farmington
April 24, 25, 08	Tooele
July 17, 18, 08	Park City
Oct. 23, 24, 08	Price

Outdoor Tobacco Policy

In 2006, the Surgeon General released a report stating that there is no safe level of exposure to second hand smoke. Tobacco is one of the leading preventable causes of death in Utah. An average of 1,100 people in Utah die every year of smoking related illnesses. Despite these illnesses, more than 200,000 Utahans still use tobacco.

In response to this health threat, communities, organizations, and businesses throughout Utah have teamed up to ensure the health of Utahans. These efforts have proven successful not only within the state, but nationally.

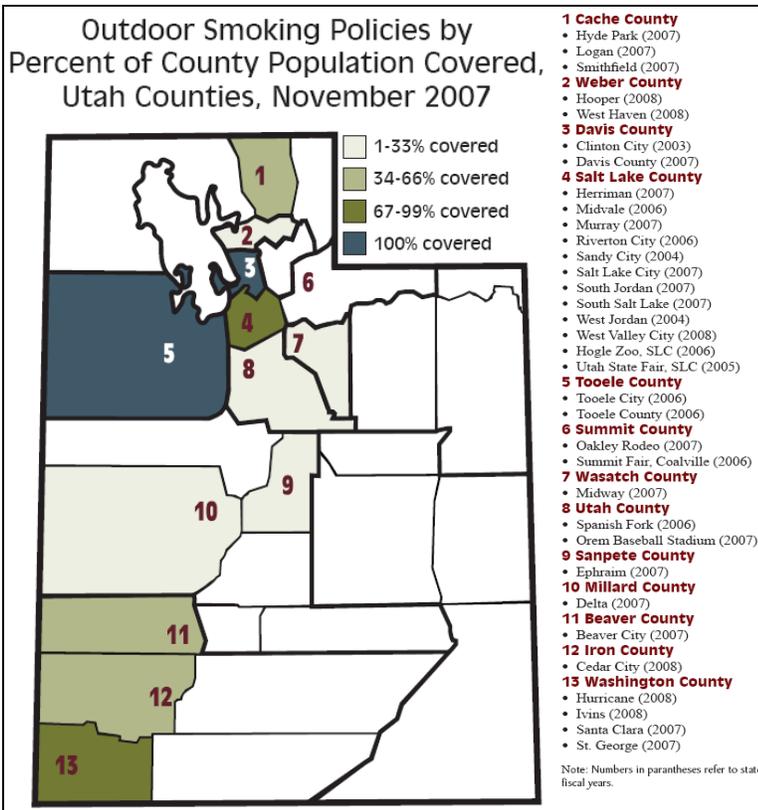
Healthy People 2010 is a nation wide initiative aimed at improving the health of our country. One of the objectives of this initiative, is to reduce the use of cigarettes by 12%. Utah is the only

state that has reached this goal with a total use rate of 9.8% Considerable progress has been made, but there is still plenty of work left to do.

The effects of cigarette smoke are far reaching. Eighty-six percent of Utahans say they are bothered by other people's smoke. The majority of Utahans do not want to be exposed to second hand smoke. Outdoor smoking policies throughout Utah are addressing this concern.

Thirteen counties, with a total of 34 outdoor smoking policies, have been passed. Additional counties and communities are currently in the process of passing and implementing their own outdoor smoking policies.

This continued progress is reflective of the hard work accomplished by health educators, communities, organizations, and businesses across the state.





2008 Legislation

Second hand smoke in cars with kids - SB 14, Scott McCoy

This bill: prohibits a person from smoking in a vehicle if a child that is less than five years of age is restrained or is required to be restrained in a child restraint device in the vehicle; provides that violating the smoking prohibition is an infraction and has a maximum fine of \$45; provides that a court may suspend the fine for a violation if the person proves that the person has enrolled in a smoking cessation program; and provides that enforcement of the smoking prohibition shall be only as a secondary action.

Primary Seat Belt Law

HB 87, Richard Greenwood.

This bill: repeals the provision that makes a safety belt violation for a person 19 years of age or older enforceable only as a secondary action when the person is detained for another offense.

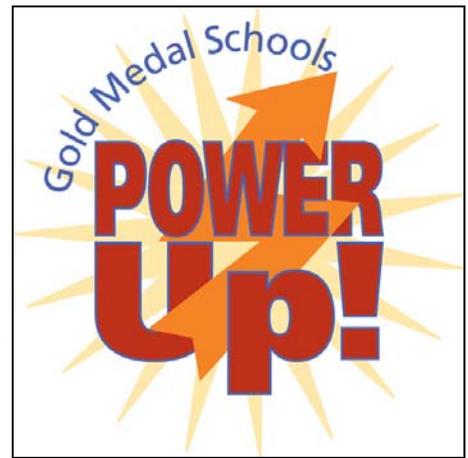
Bills Not Numbered

Booster Seat

Tobacco Tax Increase

Power Up

After six years in elementary schools the Gold Medal Schools program (GMS) is growing to create a similar health culture for students ages 12-15. The GMS Power-Up program will teach students to “Eat Smart, Move Smart and Be Smart”. GMS Power-Up will help schools make policy and environmental changes that support good nutrition, physical activity and staying tobacco-free by creating a sustainable and healthy school environment for students, faculty and staff to enjoy for years to come. Schools can achieve various levels in the program: Bronze, Silver and Gold. Upon completion of each level schools will receive awards including monetary incentives that can be used to purchase physical activity, nutrition or tobacco prevention resources and equipment. A unique feature to GMS Power-Up is the involvement of students. Each GMS Power-Up school has a Power-Up Committee made up of students who bring awareness of GMS Power-Up criteria to the entire school.



The GMS Power-Up program was developed by the Utah Department of Health using the guidance of the Gold Medal Schools program and the Utah State Office of Education’s Core Curriculum. GMS Power-Up is being pilot tested in four junior high schools throughout the state in the 2007-2008 school year and will open up to all junior high and middle schools in the 2008-2009 school year.

Each year schools may complete one level, starting with Bronze and ending at Gold. As a school advances to each level, they continue to implement the criteria from previous levels. Once the school reaches the Gold level, they will be implementing all GMS Power-Up criteria from Bronze to Gold and will have a comprehensive healthy school environment.

Area Spotlight

In 2005 the Davis County Health Department (DCHD) began a local partnership with Head Start that reflects a partnership at the Federal level between the Office of Head Start and the Environmental Protection Agency entitled “Smoke-Free Homes for Head Start Families”. The partnerships were formed with the intention of improving the health and well being of Head Start children and families by limiting their exposure to secondhand smoke. The theme for this year is "Care for Their Air". The majority of this program’s preschool classes are taught in Davis County with several others in Summit County and Morgan County. DCHD has provided mini-grant funding to address secondhand smoke (SHS) and tobacco use within families through a variety of Head Start programs and activities. Training was provided to class room teachers, teacher’s aids and

Family Service Workers to help them feel comfortable talking to parents about SHS and tobacco use as well as how to incorporate the message with other health topics they already teach. Family Service Workers were also surveyed regarding client exposure to SHS. To target parents and families, SHS materials are displayed at early registration and a SHS question was added to the enrollment packet. A logo was created to promote smoke-free homes and cars in conjunction with other “wise choices” suggested by Head Start’s mascot, Ollie the Owl. SHS messages are incorporated into monthly Fatherhood Initiative and Families Involved Together activities. A support group was held for parents trying to quit smoking. Great Job Davis County!

