Print Form

Course/Speaker Evaluation Form

Internal Medicine

Enduring Material Activity
Assessment of Glycemic Control: Hemoglobin A1C and Self-Monitoring of Blood Glucose – Indications, New Technology, and Effective Utilization

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1. Overall Course Objectives

- Assess glycemic control using A1C and patient blood glucose data.
- Apply findings from the International A1C-Derived Average Glucose study.
- Identify new technology in the area of glycemic control assessment.

How well did we meet the Course Objectives? Please rate questions using the following scale:

1= Strongly Disagree; 2 = Disagree; 3 = Neutral; 4 = Agree; and 5 = Strongly Agree

1. Are you capable of assessing glycemic control using patient A1C and blood glucose data? 5=Strongly Agree
2. Can you apply findings from the International A1C-Derived Average Glucose study? 5=Strongly Agree
3. Are you able to identify new technology in the area of glycemic control assessment? 5=Strongly Agree

2. Overall Course Evaluation

Please select the most applicable for the next three questions using the rating scale identified above:

1. The content of this course was relevant to my educational needs. 5=Strongly Agree
2. The program increased my knowledge base. 5=Strongly Agree
3. This Enduring Material format was appropriate for my needs 5=Strongly Agree
4. Were the presentations free of commercial bias? Yes

If no, please explain:

3. Assessing Changes in Competence

Please provide your comments to the following questions:

1. What specific knowledge or competency did you learn from this course that you intend to implement in your practice?

2. From what you heard during this course, on which aspects of Glycemic Control do you need more information before you feel you can change your approach to measuring long-term glycemic control?

3. What questions will you ask your patients now regarding self-monitoring of blood glucose that you were not asking before the activity?

4. How likely are you to implement the acquired skill(s) and knowledge in your practice?

5. Do you intend to make a practice change as a result of this course?

   ☐ Yes…. Please state intended change: _____

   ☐ No..… because:

   ☐ Confirmed my current practice.

   ☐ No need to make a change at this time.

   ☐ Other reason: _____

6. Based on your participation in this CME activity, what new strategies do you plan to use in your practice that you haven't used before? (Mark all that apply)

   ☐ Setting patient-driven A1C goals.

   ☐ Encourage fingertip testing for self-monitoring of blood glucose.

   ☐ Report Hemoglobin A1C percentage as an Average Glucose value in mg/dL to patients.

7. Do you foresee any barriers to implementing a change in practice?

	None/minimal	Sizeable	Insurmountable
Insurance Reimbursement	☐	☐	☐
Formulary	☐	☐	☐
Cost Effectiveness	☐	☐	☐
Time Management	☐	☐	☐
Administrative Support	☐	☐	☐
Patient Compliance	☐	☐	☐

Other (please list): _____

8. Please assess your knowledge of 'assessing glycemic control with patient blood glucose data' before attending the activity and now after you have attended the activity. (Mark appropriate check boxes)

	No Knowledge	Some Knowledge	High knowledge	Very High knowledge
Before activity	☐	☐	☐	☐
After activity	☐	☐	☐	☐

4. Course Administration

1. What educational needs (topics) and/or changes would you like to see addressed in future diabetes specific or related courses?

2. What suggestions do you have to improve this activity?

3. Was this course a worthwhile educational event?

4. What was the impact of this CME activity on you as a provider of care?

5. Please provide any additional comments concerning this CME activity.

5. Section on Individual Speakers/Presenters

Please select the most applicable for the next three questions using the following rating scale:

1= Strongly Disagree; 2 = Disagree; 3 = Neutral; 4 = Agree; 5 = Strongly Agree

Speaker: James J. Chamberlain, MD (Course Director and Presenter)

1. Lecture was relevant to my educational needs. 5=Strongly Agree
2. Content of the lecture was educational and useful for my practice 5=Strongly Agree
3. Delivery of the lecture was organized and met the stated objectives 5=Strongly Agree

6. Examination (must score at least 80%)

1) For every 1% decrease in A1C, there is what percentage of risk reduction for kidney disease based on results from the United Kingdom Prospective Diabetes Study (UKPDS)?

- ☐ a) 6%
- ☐ b) 16%
- ☐ c) 26%

2) According to Standards of Medical Care in Diabetes, as published in Diabetes Care, there is no specific frequency for self-monitoring of blood glucose recommended for type 2 diabetes?

- ☐ a) True
- ☐ b) False

3) Which of the following is the preferred location for self-blood glucose testing?

- ☐ a) Forearm
- ☐ b) Fingertip
- ☐ c) Thigh

4) According to the Diabetes Control and Complications Trial (DCCT), what is the missing mg/dL value for a 7% A1C (enter number in the space below)?

A1C (%)	Glucose as mg/dL
5	100
6	135
7	_____
8	205

5) The main value of A1C is its use as a predictor of diabetic _____

- ☐ a) Control
- ☐ b) Prevention
- ☐ c) Complications

Certificate of Participation and Correspondence Information

Name _____

Email _____

Mailing Address _____

City _____ State _____ Zip _____

Daytime Phone _____

Submit by Email