

Coronavirus ka Cusub (COVID-19)

Hadii aad dhowaanahaan u safartay aag u faafitaanka cudurka COVID-19 ka socdo ama aad la kulantay qof qaba COVID-19, soo wac adeeg bixiyahaaga caafimaadka kahor intaanad soo booqan una sheeg adeeg bixiyahaaga astaamahaaga iyo kulankaagii.

KUWEE

ayaa khatar ku jira?

- Dadka ku nool ama ka soo laabtay meel faafitaanka cudurka COVID-19 uu ka socdo
- Dadka waxyar u jirsada ama taabta qof qaba cudurka COVID-19

SIDEE

ayuu u faafayaa?

- Hawadaa lagu gudbinayaa ka dib qufaca iyo hindhisada
- Inaad si dhow u taabato qof cudurka qaba
- Taabashada shay fayrasku ku dul yaal, dabadeed aad taabato afkaaga, sanko ama indhaha

MAXAY

Yihiin astaamihiisu?

- Qandho
- Qufac
- Neef Qabatin

Calaamaduhu waxay ku muuqan karaan maalmo ugu yaraan 2 beri illaa iyo ugu badnaan 14 beri ka bacdi marka la qaado cudurka



Si aad xanuunka uga hortagto



U Dhaq Gacmahaaga
Si joogto ah



Iska ilaali
taabashada dadka
xanuunsan



Iska ilaali inaad
taabato afkaaga,
sanko ama indhaha