

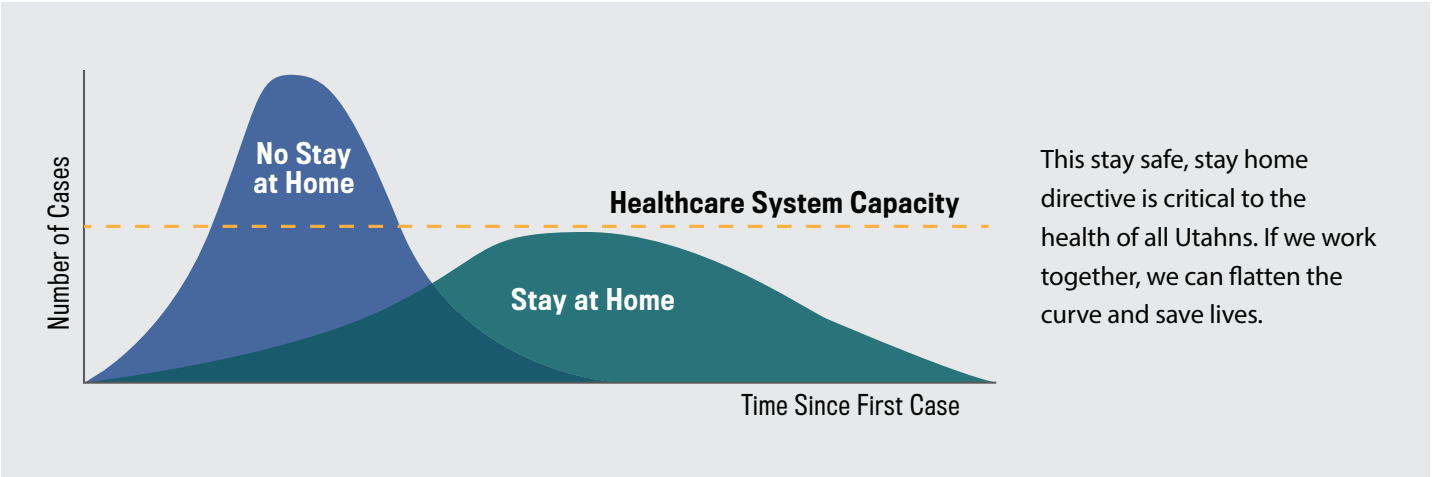


Stay Safe, Stay Home Directive

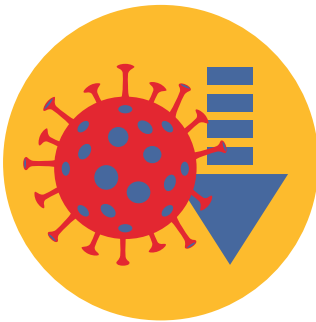
What does it mean and what can you do?

Governor Gary Herbert issued a “Stay Safe, Stay Home” directive to all Utahns. This is not a shelter-in-place order, but rather seeks to make clear what individuals and businesses should do to slow the spread of COVID-19 in our state and communities.

The directives establish minimum statewide standards. In consultation with the State, local authorities may impose more stringent directives and orders to address the unique situations in different areas of Utah.



3 Reasons for the Stay Safe, Stay Home Directive



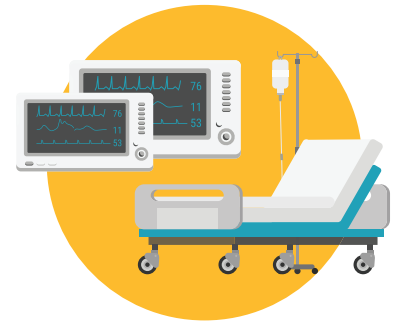
Flattens the Curve

Staying at home will slow the spread of COVID-19 cases in Utah over time.



Reduces the Strain on Hospitals

Staying at home reduces the strain on hospitals and our healthcare system.



Minimizes Impact on Resources

Staying at home will help minimize the impact on our medical resources and save lives by allowing our doctors and nurses to focus on the immediate needs of high-risk patients.



This directive means that Utahns are expected to stay home whenever possible. The directive includes specific instructions for all individuals, high-risk (60 years and older and those with serious underlying medical conditions), and children.

All Individuals:

- ✓ Stay at home as much as possible
- ✓ Work from home whenever possible
- ✓ Encourage socializing by phone and video chats
- ✓ Self-quarantine for 14 days after traveling or being exposed to an individual with symptoms consistent with COVID-19
- ✓ Engage in appropriate social distancing
- ✓ Follow strict hygiene standards
- ✓ Help others as reasonably appropriate to practice all the same principles

High-Risk Individuals:

- ✓ Limit travel to only essential travel
- ✓ Limit visiting friends or family without urgent need
- ✓ Limit physical interactions with other high-risk individuals, except for members of your household or residence
- ✓ Limit recreational travel
- ✓ Limit attending gatherings of any number of people outside your household or residence
- ✓ Do not visit hospitals, nursing homes, or other residential care facilities

Children:

- ✓ Do not attend school outside the home
- ✓ Do not allow children on public playground equipment
- ✓ Do not arrange or participate in in-person playdates or similar activities



Exercise and walks are encouraged

Outdoor exercise and walks are encouraged as long as you maintain social distancing of 6 feet and avoid meeting in groups.



Travel should be limited to your area

Playgrounds and campgrounds are closed. All travel is limited to work travel and essential trips in your immediate area.



Working from home or at the office

Businesses that remain open are reminded to comply with all public health orders, offer telework options wherever possible, continue following strict hygiene policies, and implement enhanced social distancing measures in the workplace.

