Moving Forward in 2010

Utah Pacific Islanders

Poverty
Pacific Islanders had a high poverty rate (14.4% compared to 10.0% statewide). This problem is likely to affect health status.

Health Insurance Coverage
Only 8.8% of Pacific Islanders lacked health insurance in 2005, but 23.0% were uninsured in 2010. This change may be related to the steady rise of health care costs during the same time period.

Preventive Screening
Pacific Islander adults had the highest percentage of receiving routine medical check-ups of all racial groups (79.5% compared to 71.3% statewide). Screenings for blood cholesterol levels (54.2% of Pacific Islander adults) and colon cancer (55.7% of Pacific Islander adults age 50+) have increased since 2005 (44.7% for cholesterol and 19.9% for colon cancer). However, a smaller proportion of men age 40+ received prostate cancer screenings (35.5% in 2010 vs. 46.5% in 2005).

Pregnancy
Pacific Islander women had the lowest rate of folic acid consumption (31.8% compared to 46.2% statewide) and the lowest rate of early prenatal care (48.1% compared to 79.1% statewide). Women who were obese during pregnancy gave birth to 39.5% of Pacific Islander infants, compared to 15.9% statewide. Pacific Islanders had the highest rate of obesity during pregnancy of all Utah races/ethnicities.

Infant Deaths
Pacific Islander infants under one year had nearly twice the death rate (8.8 deaths/1,000 births) of infants statewide (4.5 deaths/1,000 births). While only 1.3% of all Utah infants were born to Pacific Islander mothers, their babies made up 2.5% of all infants who died.

Postpartum Depression
Pacific Islanders had the highest rate of postpartum depression (27.0% compared to 13.0% statewide).

Diabetes
Pacific Islanders had the highest rate of diabetes death at 52.9/100,000. The statewide rate was 43.5/100,000. Maintaining a healthy weight can help prevent type 2 diabetes and complications from diabetes, including death.

Obesity
The majority of Utah adults were overweight (56.4%), but Pacific Islanders had an even higher rate at 75.1%.

Overall Health
Only 4.7% of Pacific Islander Utahns reported that overall, their health was not good, compared to 11.8% of all Utahns.

Better Than Statewide in 2010
Unintended Pregnancy
Routine Medical Check-Up
Major Structural Birth Defects*
Fair or Poor Health
Activity Limitation
Major Depression
Colorectal Cancer Incidence*
Breast Cancer Incidence*

Greater Needs Than Statewide in 2010
Early Prenatal Care
Overweight or Obese
Infant Mortality
Obesity in Pregnancy
Gestational Diabetes
Folic Acid Consumption
Births to Adolescents
Breastfeeding 2-6 Months
Postpartum
Postpartum Depression
Tuberculosis
Chlamydia
Homicide
Diabetes Deaths

* This indicator combined the Utah Asian and Pacific Islander populations.