**Access to Health Care**
Whites had the lowest poverty rate (9.2%) of all racial groups. A lower proportion were uninsured (8.0%) compared to the state rate (11.1%). Fewer Whites lacked a primary care provider (9.0%) than statewide (10.9%) and more White infants were born to mothers who had early prenatal care (80.5%) than statewide (79.1%).

**Correlation with Statewide Rates**
Because Whites make up 91.8% of the Utah population, changes in statewide rates usually reflected changes in the White rates.

**Infant Mortality**
Among Whites, the infant death rate dropped to 4.4/1,000 births in 2010 from 5.1/1,000 in 2005. This may be related to health care interventions in early pregnancy as Whites have the highest rate of early prenatal care (80.5%) of all Utah races.

**Obesity**
Overweight and obesity continued to rise, with 55.9% of Utah Whites overweight in 2010 compared to 53.9% in 2005.

**Heart Disease**
The White coronary heart disease death rate (61.2/100,000 people) was lower than in 2005, when it was 68.9/100,000. Stroke deaths also declined from 38.3/100,000 in 2005 to 28.8/100,000 in 2010.

**Cancer**
Although prostate cancer incidence increased slightly among Utah Whites (from 115.5/100,000 people to 124.9/100,000), there were small drops in colorectal, lung, and breast cancer incidence. More Whites aged 50+ obtained screening to prevent or detect colon cancer (51.2% in 2010 vs. 37.2% in 2005) and fewer Whites smoked (10.3% in 2010 vs. 12.2% in 2005), reducing cancer risk.

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**Better Than Statewide in 2010**
- Health Insurance Coverage
- Primary Care Provider
- Early Prenatal Care Screening
- Blood Cholesterol Screening
- Knowledge of Stroke Symptoms
- Knowledge of Heart Attack Symptoms
- Fair or Poor Health

**Greater Needs Than Statewide in 2010**
- Major Structural Birth Defects
- Violent Deaths
- Activity Limitation

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**Progress Since 2005**
- Moving in the Right Direction
  - Routine Medical Check-up
  - Influenza Immunization
  - Early Prenatal Care Screening
  - Colon Cancer Screening
  - Infant Mortality
  - High Blood Pressure
  - Cigarette Smoking
  - Driving Under the Influence
  - Chronic Drinking
  - Daily Vegetable Consumption
  - Motor Vehicle Traffic Crash Deaths
  - Diabetes Deaths
  - Coronary Heart Disease Deaths
  - Stroke Deaths
  - Colorectal Cancer Incidence
  - Lung Cancer Incidence
  - Breast Cancer Incidence

- Moving Backward
  - No Primary Care Provider
  - Pap Test
  - Mammogram
  - High Cholesterol
  - Overweight or Obese
  - Low Birth Weight
  - Tuberculosis
  - Gonorrhea
  - Chlamydia
  - Arthritis Prevalence
  - Prostate Cancer Incidence

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**Utah Whites**
Moving Forward in 2010