

Preventing Crypto in the Daycare

Proper Hygiene Practices

Hand Washing



Enforce frequent hand washing and proper hand washing technique for all adults and children.

Important: Crypto is not killed by alcohol gels and hand sanitizers.

Proper hand washing technique:

- 1 - Wet hands and apply soap.
- 2 - Rub hands together to a soapy lather and scrub all surfaces (palm, back of hand, fingers, fingernails, between fingers, and wrist).
- 3 - Rub hands together for 20 seconds (sing "Happy Birthday" twice).
- 4 - Rinse hands well with warm running water.
- 5 - Dry hands with paper towel or air dryer.
- 6 - If possible, use paper towel to turn off faucet.

For Children:

- Assist or observe children with hand washing.
- Wash children's hands when they arrive, after each toilet use, after each diaper change, and before eating.

For Adults:

- Adults need to wash hands after toilet use, helping others with toilet use, after diaper changing, and before preparing or serving food.

Diaper Changing



Proper diaper changing practices:

- 1 - Separate diaper changing area from play and food preparation areas.
- 2 - Use disposable gloves. Dispose after **each** diaper change.
- 3 - Use disposable paper to cover diaper changing surface and change it after **each** diaper change.
- 4 - Require that children's clothing completely covers diaper. This will reduce the opportunity of a diaper leaking.
- 5 - Remove any clothing that may be soiled.
- 6 - Wash hands (both yours and the child's).