Stop the Spread of Crypto

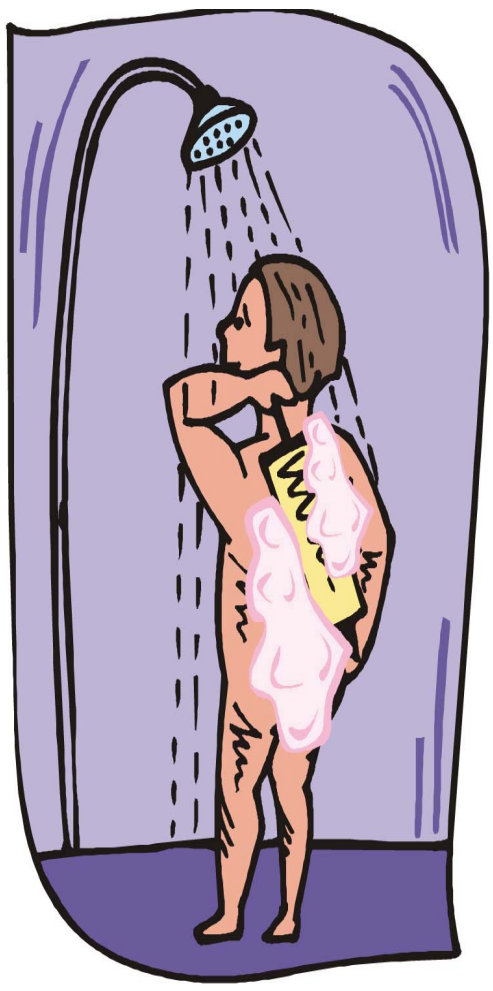
Make It A Habit!

Take a "Cleansing Shower" Before Swimming

What is a "Cleansing Shower"?

"Cleansing Shower"

- Soap
- Warm water
- Scrubbing
- Focusing on cleaning the area below the waist
- Rinsing off



Not a "Cleansing Shower"

A quick rinse in a swimsuit will do little to get you clean!

UTAH PUBLIC HEALTH
It's for Everybody, Everywhere, Everyday