HEALTH CLINICS

Central City Community Health Clinic
Salt Lake City, 461 S. 400 E.  (801) 539-8617
✓ Mon, Thurs, Fri 8a.m.-5p.m., Tues 8a.m.-7:30p.m., Wed 8:45a.m.-5p.m., Sat 8a.m.-12p.m.
www.chc-ut.org

Fourth Street Clinic
Salt Lake City, 409 W. 400 S.  (801) 364-0058
✓ Mon-Fri 8a.m.-5p.m.
✓ Homeless ONLY
http://fourthstreetclinic.org/

Maliheh Free Clinic
Salt Lake City, 415 E. 3900 S.  (801) 266-3700
✓ Mon- Thurs 9a.m.-12p.m., 1-4p.m.; Fri 9a.m.-12p.m., Wed 4-8p.m.
http://malihehfreeclinic.org/

Odyssey House-Martindale Clinic
Salt Lake City, 340 E. 100 S.  (801) 428-3500
✓ Mon-Fri 8:30a.m.-4:30p.m.
http://odysseyhouse.org/clinic/

Polizzi Clinic
Salt Lake City, 515 E. 4500 S., G22  (801) 590-9557
✓ Mon, Wed, Thurs 8:30a.m.-12p.m., 1-4:30 p.m.
✓ Walk-ins Mon & Thurs 9a.m.-3:30p.m.
http://polizziclinic.org/

Volunteer Care Clinic
Provo, 589 S. State St  (801) 812-8094
✓ Mon & Wed 8a.m.-8p.m., Tues & Thurs 8a.m.-7p.m.,
Fri 8a.m.-5p.m., Sat 8a.m.-1:30p.m. (first 20 patients)
http://www.utahcountyonline.org/dept2/health/Admin/VolClinic.html

Bountiful Community Food Pantry
Bountiful, 480 E. 150 N.  (801) 299-8464
✓ Mon-Fri 11a.m.-1p.m., Tues-Thurs 6-8p.m., Sat 10a.m.-12p.m.
http://bountifulfoodpantry.org/

Crossroads Urban Center
Salt Lake City, 347 S. 400 E.  (801) 364-7765
✓ Mon-Fri 9a.m.-5p.m.
http://www.crossroadsurbancenter.org/

The Salvation Army
Salt Lake City, 438 S. 900 W.  (801) 988-4204
✓ Mon-Fri 9a.m.-12p.m., 1-4:30p.m.
Ogden, 2615 Grant Ave.  (801) 621-3580
✓ Mon-Fri 9a.m.-2:30p.m.
http://www.salvationarmyusa.org/usn/hunger-relief

Hildegard’s Food Pantry
Salt Lake City, 231 E. 100 S.  (801) 328-2303
✓ Tues, Wed, Fri 11a.m.-1:30p.m., Thurs 5-6:30p.m.

Salt Lake Community Action Program (CAP)
Salt Lake City, 764 S. 200 W.  (801) 214-3163
Midvale, 8446 S. 300 W.  (801) 255-3516
✓ Mon-Fri 8:30a.m.-12p.m., 1-3:30p.m.
Serves: 84020, 84047, 84065, 84070, 84081, 84084, 84088, 80490, 84092, 84093, 84094, 84095, 84096, 84107, 84112

West Valley City, 3060 S. Lester St.  (801) 972-6661
✓ Mon-Fri 8:30a.m.-4:45p.m., while supplies last
Serves: 84107, 84117, 84119, 84120, 84124, 84129

North Salt Lake, 1300 W. 300 N.  (801) 359-8741
✓ Tues, Thurs, Fri 1-4:45 p.m.
Serves: 84101, 84102, 84103, 84104, 84105, 84106, 84108, 84109, 84111, 84112, 84115, and 84116

Magna, 3441 S. 8400 W.  (801) 250-6414
✓ Mon & Wed 1-3:30p.m.
Serves: 84118, 84128, and 84044

Grantsville, 7 S. Park St.  (435) 884-4452
✓ Mon, Thurs, Fri 1-4:45p.m.
Serves: all Tooele County
https://slcapneighborhoodfoodpantries.wordpress.com/

food.pantries

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**SHELTER**

### Family Promise
**Salt Lake City**, 814 W. 800 S.  (801) 961-8622
- Shelter, case management, and transitional housing
- Families only: must apply, pass drug screening, have full custody of children, and have no record of violent/sexual convictions on background check
- Mon-Fri 9a.m.-4p.m. (apply), intake by appointment only
http://www.fpsl.org/

### Food & Care Coalition
**Provo**, 299 E. 900 S.  (801) 373-1825
- Shelter, food, and basic essential services offered*
- Meals served 7 days a week
- Shelter: appointment required, must meet with case worker
- Mon-Fri 8:30a.m.-5p.m.
https://foodandcare.org/

### Rescue Mission
**Salt Lake City**, 463 S. 400 W.  (801) 355-1302
- Shelter, food, basic essential services,* and addiction recovery services offered
- New Life Program: 12 month drug rehab
- Mon-Fri 7a.m.-7p.m., walk-ins welcome
http://rescuesaltlake.org/

### The Road Home
**Salt Lake City**, 210 S. Rio Grande St.  (801) 359-4142
- 24 hours, 7 days a week
**Midvale**, 529 W. 7300 S.  (801) 569-1201
https://www.theroadhome.org/

### Volunteers of America (VOA)
**Young Men’s Transition Home**
**Salt Lake City**, 556 S. 500 E.  (801) 433-1713
- 18-24 year old males only
- 24 hours, 7 days a week
- Must send email to Roger.Condie@voaut.org

### Youth Resource Center for Homeless & At Risk Teens
**Salt Lake City**, 888 S. 400 W.   (801) 364-0744
- 15-22 year olds only
- Food pantry (meals served 7 days a week), shelter (must walk in by 6 p.m.), and basic essential services*
- 24 hours, 7 days a week

### Young Women’s Transition Home
**Salt Lake City**, 718 S. 600 E.   (801) 359-5545 X #3
- 16-22 year old women only
- 18 month program, must be sober, no alcohol/drugs allowed
- 24 hours, 7 days a week
- Must contact Summer.Elton@voaut.org or call (801) 425-4621
https://www.voaut.org/

### YWCA (Women)
**Salt Lake City**, 322 W. 300 S.  (801) 537-8604
- 24/7 crisis line:    (801) 537-8600
- 24 hours, 7 days a week, first come, first serve
- Must contact Summer.Elton@voaut.org or call (801) 425-4621
http://www.ywcautah.org/

*Basic essential services include hygiene kits, clothing, etc.*

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**MORE INFORMATION**

For more information on finding local resources:

- Utah Food Bank
  **Salt Lake City**, 3150 S. 900 W.  (801) 978-2452
  St. George, 4416 S. River Rd.
  Mon-Fri 8a.m.-5p.m.
  https://www.utahfoodbank.org/

- Utah Food Bank
  **St. George**, 4416 S. River Rd.
  Mon-Fri 8a.m.-5p.m.
  https://www.utahfoodbank.org/

http://www.ywcautah.org/

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**Call211 Help Starts Here**

help.utah.gov/epi/prevention  @USEN  syringeexchange@utah.gov