

Comprehensive Resource Directory HIV/AIDS, Hepatitis C & TB

For HIV Prevention Providers,
HIV/AIDS Treatment & Care Providers
and Hepatitis C and TB Consumers



Utah Department of Health
Bureau of Epidemiology
2011

This Directory can also be found online at:

<http://www.health.utah.gov/cdc>

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UTAH DEPARTMENT OF HEALTH

**Utah Department of Health
Bureau of Epidemiology**

Building Address:
288 North 1460 West
Salt Lake City, UT 84116

(801) 538-6096
Fax: (801) 538-9913
www.health.utah.gov/cdc

Mailing Address:
PO Box 142104
Salt Lake City, UT 84114-2104

Division Director
Teresa Garrett, RN, MS

Bureau Director
Jennifer Brown, MS, JD

Treatment and Care Program

Cristie Chesler	Program Manager
Rachel Reynolds	Supportive Services Administrator
Mike Lowe, MSPH	ADAP Administrator
Karin Parker	Client Services Coordinator
Anna Baldwin	Accountant
Kathy Hills	Office Specialist
Ruth Fullmer	Program Support

Communicable Disease Prevention Program

Lynn M. Meinor	HIV Prevention Program Manager
Edwin Espinel	Contract Manager
Rebecca Fronberg	HIV Counseling/Testing Coordinator
Heather Bush	Hepatitis Prevention/ Education & Training Coordinator
Erin Hellstrom	STD Prevention
Robert Sonoda	Rapid Testing Coordinator
Peggy Montague	HIV Prevention Support Services
Emily Holmes	STD Prevention Coordinator
Claudia Gonzalez	Outreach Coordinator

UTAH DEPARTMENT OF HEALTH

Utah Department of Health Administration

288 North 1460 West
Salt Lake City, UT 84116

David Patton Executive Director	(801) 538-6111
Teresa Garrett, RN, MS Deputy Director	(801) 538-6111
Shari A. Watkins Office of Fiscal Operations, Director	(801) 538-6936
Jeff Herring Department of Human Resources Management, Director	(801) 538-6479
Joe Cohen Office of Information Technology, Director	(801) 538-6103
Tom Hudachko Office of Public Information and Marketing, PI Officer	(801) 538-6232
Robert Rolfs, MD, MPH Division of Disease Prevention and Control, Director	(801) 538-6246
Marc E. Babitz, MD Division of Family Health & Preparedness, Director	(801) 538-7024
Todd C. Grey, MD Office of the Medical Examiner, Chief Medical Examiner	(801) 584-8410
Barry Nangle, PhD Center for Health Data, Director	(801) 538-6907

UTAH LOCAL HEALTH DEPARTMENTS

BEAR RIVER HEALTH DEPT.

LaPriel Clark, RN, NP

Preventive Services Director

Diane Poulson, RN, Disease Intervention Specialist

655 East 1300 North

Logan, UT 84341

Interventions: HIV counseling and testing, individual-level education/discussion, behavior modification, risk reduction/harm reduction, HIV/STI prevention literature and other materials.

(435) 792-6500

Brigham City (435) 792-6550 x152

(435) 792-6547

Fax: (435) 792-6600

CENTRAL UTAH PUBLIC HEALTH DEPT.

Leslie Abraham, RN, Preventive Services Director

70 Westview Drive

Richfield, UT 84701

Interventions: HIV counseling and testing, HIV/STI prevention literature and other materials.

(435) 896-5451 Ext. 15

Fax: (435) 896-4353

DAVIS COUNTY HEALTH DEPT.

Wendy Garcia, RN

22 South State Street

Clearfield, UT 84015

Interventions: HIV counseling and testing, individual-level education/discussion, behavior modification, risk reduction/harm reduction, community events, outreach, referrals, provide HIV/STI prevention literature and other materials.

(801) 525-5000

(801) 525-5220

Fax: (801) 525-5210

SALT LAKE VALLEY HEALTH DEPT.

Lynn Beltran, HIV/STI Program Manager

610 South 200 East Room 200

Salt Lake City, UT 84111

Interventions: group-level education/discussion (single-session, multi-session and peer educator), individual-level education/discussion (single-session and multi-session), outreach, risk reduction/harm reduction, community events, referrals, HIV/STI prevention literature and other material.

(801) 534-4600

(801) 534-4601

Fax: (801) 534-4502

SOUTHEASTERN UTAH DISTRICT HEALTH DEPT.

Debbie Turner, RN

28 South 100 East

PO Box 800

Price, UT 84501

Interventions: HIV counseling and testing, individual-level education/discussion, behavior modification, referrals, HIV/STI literature.

(435) 637-3671

Fax: (435) 637-1933

CEDAR CITY SOUTHWEST UTAH PUBLIC HEALTH DEPT. LOCAL UNIT

Susan Peck, RN, Public Health Nurse

260 East DL Sargent

Cedar City, UT 84720

(435) 586-2437 x5149

Fax: (435) 586-4851

SUMMIT COUNTY PUBLIC HEALTH DEPT.

Myra Starkey, Nurse Practitioner

650 Round Valley Drive

Park City, UT 84060

Interventions: HIV counseling and testing, group education/discussion, individual-level education/discussion, behavior modification, referrals, HIV/STI prevention literature and other materials.

(435) 333-1512

(435) 333-1500

Fax: (435) 333-1580

Comprehensive Resource Directory 2011
UTAH LOCAL HEALTH DEPARTMENTS

TOOELE COUNTY HEALTH DEPT.

Amy Royal, RN, Public Health Nurse

151 North Main Street

Tooele, UT 84074

Interventions: HIV counseling and testing, HIV/STI prevention literature and other materials.

(435) 843-2300

(435) 277-2303

Fax: (435) 843-2304

TRICOUNTY HEALTH DEPT.

Lynn Gagon, RN, Public Health Nursing Director

Diane Miller, RN, Public Health Nurse

133 So. 500 East

Vernal, UT 84078

Interventions: HIV counseling and testing, Individual-level education/discussion, risk reduction/harm reduction (individual-level), HIV/STI prevention literature, some presentation in schools.

(435) 247-1177

Fax: (435) 781-0536

UTAH COUNTY HEALTH DEPT.

Lynn Flinders, RN, BSN

Lisa Guerra

Director, Family & Personal Health

151 South University Avenue

Provo, UT 84601

(801) 851-7025

(801) 851-7050

(801) 851-7037

Fax: (801) 851-7055

WASATCH CITY/COUNTY HEALTH DEPT.

Gina Tuttle, Public Health Nursing Director

55 South 500 East

Heber City, UT 84032

(435) 654-2700

(435) 657-3257

Fax: (435) 654-2705

WEBER-MORGAN HEALTH DEPT.

Gwen Hadley, Assistant Nursing Director

477 23rd Street

Ogden, UT 84401

Interventions: HIV counseling and testing, individual-level education/discussion, behavior modification, risk reduction/harm reduction, outreach, referrals, HIV/STI prevention literature and other materials.

(801) 399-7237

(801) 399-7230

Fax: (801) 399-8306

CHAPTER 1: HIV/AIDS TREATMENT AND CARE

The Ryan White HIV/AIDS Treatment Modernization Act is intended to help communities and states make it easier for those infected by HIV to get health care and supportive services.

RYAN WHITE PART B PROGRAMS

AIDS Drug Assistance Program (ADAP)

The ADAP program can help you pay for all or part of your HIV medications if you meet the program requirements.

Health Insurance Continuation Program

The Treatment and Care Program can pay your COBRA payments if you meet the program requirements.

Premium Payment Program (HIP)

The ADAP Private Insurance program can pay your co-pays for HIV medications if you have private health insurance, but can't afford to pay for them yourself. You must meet the program requirements.

For information on any of the above programs, please contact:

Karin Parker

Client Services Coordinator

Michael Lowe

ADAP Administrator

(801) 538-6197

Fax: (801) 538-9913

(801) 538-6225

Fax: (801) 538-9913

Utah Department of Health

288 North 1460 West

Salt Lake City, UT 84116

Mailing Address: PO Box 142104 SLC, UT 84114-2104

Supportive Services Program

The following services are available under the Supportive Services Program:

- Case Management
- Home Health Services
- Lab Tests
- Transportation/Bus Tokens/Cab/Rural Gas Card

For information on the Supportive Services Program, please contact:

Rachel Reynolds

Supportive Services Coordinator

Utah Department of Health

288 North 1460 West

Salt Lake City, UT 84116

Mailing Address: PO Box 142104 SLC, UT 84114-2104

(801) 538-6834

Fax: (801) 538-9913

Now Available Online At: www.health.utah.gov/cdc/hivtreatment/resources.htm

CHAPTER 1: HIV/AIDS TREATMENT AND CARE

RYAN WHITE PART B SUPPORTIVE SERVICES PROVIDERS

Case Management

Clinic 1A

UUHSC, 30 North 1900 East
Salt Lake City, UT 84132

(801) 585-2670
Fax: (801) 585-7315

Utah AIDS Foundation

1408 South 1100 East
Salt Lake City, UT 84105

(801) 487-2323
Fax: (801) 586-3978
Ogden: (801) 334-7423
Toll free: 1-800-865-5004

Veterans Medical Center*

Karen Kone

500 Foothill Blvd
Salt Lake City, UT 84108
(*services available to VA patients only)

(801) 582-1565 x1184

Home Health Care

Contact your Case Manager if you need Home Health Care assistance.

Lab Tests

Primary Care Alliance

Tiffani Pestotnik, BS
University of Utah Health Sciences Center
30 North 1900 East
Salt Lake City, UT 84132

(801) 581-8479
Fax: (801) 585-3377

Transportation/Bus Tokens/Cab/Rural Gas Card

Clinic 1A

UUHSC, 30 North 1900 East
Salt Lake City, UT 84132

(801) 585-2670
Fax: (801) 585-7315

Utah AIDS Foundation

1408 South 1100 East
Salt Lake City, UT 84105

(801) 487-2323
Fax: (801) 586-3978
Toll Free: 1-800-865-5004

CHAPTER 1: HIV/AIDS TREATMENT AND CARE

MEDICAL PROVIDERS

Igor Z. Abolnik, MD
Central Utah Medical Center
1055 North 500 West
Provo, UT 84604

(801) 374-2367
Fax: (801) 429-8015

Claudia Goulston, MD
University of Utah Health Sciences Center
Division of Infectious Diseases
30 North 1900 East
Salt Lake City, UT 84132

(801) 585-3203
Fax: (801) 585-5481

Richard Gregoire, MD
Midtown Community Health
670 28th Street
Ogden, UT 84401

(801) 393-5355
Fax: (801) 394-4609

John Kriesel, MD
University of Utah Health Sciences Center
Division of Infectious Diseases
30 North 1900 East
Salt Lake City, UT 84132

(801) 585-7314
Fax: (801) 585-3377

Tom Kurrus, MD
1160 East 3900 South, #1F
Salt Lake City, UT 84124

(801) 261-9651
Fax: (801) 261-9656

Michael Lahey, MD
8th Avenue & C Street
Salt Lake City, UT 84143

(801)408-1767

Bert Lopansri, MD
University of Utah Health Sciences Center
Division of Infectious Diseases
30 North 1900 East
Salt Lake City, UT 84132

(801) 585-2867
Fax: (801) 585-3377

Molly Mooers, MD
City Creek Internal Medicine
324 10th Avenue, #160
Salt Lake City, UT 84103

(801) 408-5151
Fax: (801) 408-3598

Tim Odell, MD
University of Utah Madsen Clinic
555 South Foothill Blvd.
Salt Lake City, UT 84112

(801) 581-7790
Fax: (801) 581-8937

Mark Oliver, MD
1160 East 3900 South, #1F
Salt Lake City, UT 84124

(801) 261-9651
Fax: (801) 261-9656

CHAPTER 1: HIV/AIDS TREATMENT AND CARE

- Larry Reimer, MD** (801) 585-2031
University of Utah Health Sciences Center Fax: (801) 585-3377
Division of Infectious Diseases
30 North 1900 East
Salt Lake City, UT 84132
- Larry Reimer, MD** (801) 582-1565 x1466
VA Medical Center Fax: (801) 584-1297
Infectious Diseases & Microbiology
500 Foothill Drive
Salt Lake City, UT 84148
- Kurt E. Rifleman, MD** (801) 393-5355
Midtown Community Health Fax: (801) 394-4609
670 28th Street
Ogden, UT 84403
- Harry Rosado, MD** (801) 585-9814
University of Utah Health Sciences Center Fax: (801) 585-3377
Division of Infectious Diseases
30 North 1900 East
Salt Lake City, UT 84132
- Dana Smith, PAC** (801) 585-3207
University of Utah Health Sciences Center Fax: (801) 585-3377
Division of Infectious Diseases
30 North 1900 South
Salt Lake City, UT 84132
- C. Maggie Snyder, PAC** (801) 581-6396
University of Utah Health Sciences Center Fax: (801) 585-5481
Division of Infectious Diseases, Rm. 4B319
30 North 1900 East
Salt Lake City, UT 84132
- Joel Trachtenberg, MD** (801) 261-9651
1160 East 3900 South, #1F Fax: (801) 261-9656
Salt Lake City, UT 84124
- Wanda Updike, MD** (801) 328-1260
24 South 1100 East, Suite 304 Fax: (801) 350-4361
Salt Lake City, UT 84102

CHAPTER 1: HIV/AIDS TREATMENT AND CARE

RYAN WHITE PART C

Tiffani Pestotnik BS, Primary Care Alliance

PCA, Program Director

University of Utah Health Sciences Center
Division of Infectious Diseases, Rm 4B319
30 North 1900 East
Salt Lake City, UT 84132

(801) 581-8479
Fax: (801) 585-3377

Harry Rosado, MD

PCA Medical Director

University of Utah Health Sciences Center
Division of Infectious Diseases, Rm 4B319
30 North 1900 East
Salt Lake City, UT 84132

(801) 585-3203
Fax: (801) 585-5481

Melanie Barnhart

PCA Reimbursement Specialist

University of Utah Health Sciences Center
Division of Infectious Diseases, Rm AC 257
30 North 1900 East
Salt Lake City, UT 84132

(801) 531-8289
Fax: (801) 581-7931

PRIMARY CARE ALLIANCE (PCA)
PART C PARTICIPATING PHARMACIES

University Hospital Outpatient Pharmacy

30 North 1900 East
Salt Lake City, UT 84132

(801) 581-2277

University of Utah Health Network Pharmacies:

UUHN Centerville

26 S Main Street
Centerville, UT 84014

(801) 693-7950

UUHN Greenwood

7495 S State Street
Midvale, UT 84047

(801) 213-9540

UUHN Madsen

555 S. Foothill Boulevard
Salt Lake City, UT 84112

(801) 581-7652

UUHN Parkway

145 West 1300 South
Orem, UT 84058

(801) 234-8510

CHAPTER 1: HIV/AIDS TREATMENT AND CARE

Red Butte Health Center Pharmacy 546 Chipeta Way Salt Lake City, UT. 84108	(801) 585-0544
UUHN Redstone 1743 W. Redstone Center Drive, #115 Park City, UT, 84098	(435) 658-9280
UUHN Redwood 1525 West 2100 South Salt Lake City, UT 84119	(801) 213-9950
UUHN South Jordan 1091 W. South Jordan Parkway, Suite 500 South Jordan, 84095	(801) 213-9850
UUHN Stansbury 220 Millpond Road Stansbury Park, UT 84074	(435) 843-3052
Student Union Pharmacy South Central Campus Drive, Room 156 Salt Lake City, UT. 84112	(801) 587-3363
UUHN Westridge 3730 West 4700 South West Valley City, UT 84118	(801) 213-9250

RYAN WHITE PART F

University of Utah Health Sciences Center AIDS ETC & SPINS Dept of Family & Preventive Medicine Tiffany Pestotnik. BS Tiffany.pestotnik@hsc.utah.edu 375 Chipeta Way, Suite A 30 North 1900 East Salt Lake City, UT 84108	(801) 581-5310 Fax: (801) 585-5481
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HOUSING SERVICES

Community Action Program (CAP) Nancy Parsons 764 South 200 West Salt Lake City, UT 84101	(801) 359-2444 x219 Fax: (801) 355-1798
Catholic Community Services Marcie Valdez 2504 F Avenue Ogden, UT 84401	(801) 394-5944 x1055 Fax:(801) 394-5948 SLC:(801) 977-9119

CHAPTER 1: HIV/AIDS TREATMENT AND CARE

Housing Authorities:

Bear River Regional Housing Authority 170 North Main St Logan, UT 84321	(435) 752-7242
Beaver City Housing Authority 80 North 300 East Beaver, UT 84713	(435) 438-5080
Carbon County Housing Authority 251 South 1600 East, Apt. 2647 Price, UT 84501	(435) 637-5170
Cedar City Housing Authority 2390 West Highway 56, #7 Cedar City, UT 84720	(435) 586-8462
Davis Housing Authority 352 South 200 West, Suite 1 Farmington, UT 84025	(801) 451-2587
Emery County Housing Authority PO Box 551 95 East Main St Castle Dale, UT 84513	(435) 381-2902
Grand County Housing Authority 1075 South Highway 191 Moab, UT 84532	(435) 259-5891
Housing Authority Salt Lake City 1776 South West Temple Salt Lake City, UT 84115	(801) 487-2161
Myton City Housing Authority 58 East 100 North Roosevelt, UT 84066	(435) 722-3951
Ogden Housing Authority 2661 Washington Blvd, Suite 102 Ogden, UT 84401	(801) 627-5851
Provo City Housing Authority 650 West 100 North Provo, UT 84601	(801) 343-7080
Roosevelt City Housing Authority 58 East 100 North Roosevelt, UT 84066	(435) 722-0749
Salt Lake County Housing Authority 3595 South Main St Salt Lake City, UT 84115	(801) 284-4400

CHAPTER 1: HIV/AIDS TREATMENT AND CARE

St. George Housing Authority (435) 628-3648
975 North 1725 West
St. George, UT 84770

Tooele County Housing Authority (435) 882-9199
47 South Main St, #121

Tooele, UT 84074

Utah County Housing Authority (801) 373-8333
240 East Center St
Provo, UT 84606-3162

Weber County Housing Authority (801) 399-8710
2380 Washington Blvd, Suite 240
Ogden, UT 84401

West Valley City Housing Authority (801) 963-3518
3600 Constitution Blvd
West Valley City, UT 84119-3720

VETERANS SERVICES

Karen Kone, RN, BSN (801) 582-1565 x1184
Veterans Medical Center
500 Foothill Blvd
Salt Lake City, UT 84148

Lucy Ormond, RN (435) 634-7608
382 South Bluff Street, Suite 250 Fax:(801) 584-2592
St. George, UT 84770

CHAPTER 2: HIV PREVENTION

HIV Exposure Response

For immediate assistance with evaluating a recent HIV exposure, call personal physician or:

Infectious Diseases Clinic (801) 585-2031
University of Utah Health Sciences Center Fax: (801) 585-5481
30 North 1900 East, Rm. 4B319
Salt Lake City, UT 84132

For questions about possible exposure to HIV, call:

Rebecca Fronberg (801) 538-6299
HIV Counseling and Testing Coordinator
Utah Dept. of Health
Box 142105
Salt Lake City, Utah 84114

Lynn Beltran (801) 534-4601
HIV/STD Program Manager
Salt Lake Valley Health Department
610 So 200 East Std 200
Salt Lake City, Utah 84111

For assistance with rape or sexual assault, call personal physician or:

Rape Recovery Center
24-hour Crisis Line (Salt Lake City, Utah) (801) 467-7273
Utah 24-hour Crisis & Information Line

Agencies that provide medical care should have updated guidelines for their agency for responding to possible occupational HIV exposure.

For questions about OSHA guidelines:

See your agency guidelines
Contact the designated safety coordinator for your agency
Contact your agency's designated OSHA representative in Utah
Or call: **Eldon Tryon** (801) 530-6834
Occupational Safety and Health Administration (OSHA)

For physician consultation on how to give HIV positive test results, call:

Rebecca Fronberg (801) 538-6299
HIV Counseling and Testing Coordinator
Utah Dept. of Health
Box 142105
Salt Lake City, Utah 84114

Lynn Beltran (801) 534-4601
Salt Lake Valley Health Dept. Fax: (801) 534-4502
610 South 200 East
Salt Lake City, UT 84111

CHAPTER 2: HIV PREVENTION

Utah Department of Health HIV Prevention Contractors

UTAH PRIDE CENTER

355 North 300 West (lower level)
Salt Lake City, UT 84103

(801) 539-8800
Fax: (801) 521-5215

Valerie Larabee, Executive Director
Lillian Rodríguez, HIV Program Coordinator

valerie@glbtccu.org
lillian@utahpridecenter.org

Interventions: Mpowerment, multi-session group and individual-level education/discussion (single session, multi-session and peer educator), provide prevention materials, risk reduction/harm reduction, community events, and referrals

Test Site: Yes

Program Focus: Resources, programs and services for LGBT youth and adults in Utah, including HIV prevention and testing, STI prevention and testing

Areas Served: Salt Lake Area; provide resources and referrals throughout Utah

Targeted Populations: Lesbian, gay, bisexual, and transgender people, Hispanic

Populations Served: Youth ages 14-18, Adult and Latino MSM

CORNERSTONE COUNSELING CENTER

660 South 200 East, Suite 308
Salt Lake City, UT 84111

(801) 355-2846
Fax: (801) 359-3244

John Bonner

(801) 355-2846 x111

Interventions: Comprehensive Risk Counselling Service

Targeted Populations: MSM, MSM/IDU, IDU, HIV+

Program focus: HIV risk reduction counselling

NORTHERN UTAH COALITION

536 24th Street, Suite 2B
Ogden, UT 84401

(801) 393-4153
Fax: (801) 393-5004

Sarah McClellan, Director

smcclel621@aol.com

Mary Saenz, Outreach Coordinator

(801) 393-4153

Interventions: Healthy Relationships, CTRPN, Safety Counts

Program Focus: HIV prevention (a main focus), HIV testing, substance abuse prevention

Effective Behavioral Intervention: Healthy Relationships

Interventions: Multi-session group and individual-level education/discussion, risk reduction/harm reduction, community events, outreach, public information campaigns, referrals, literature

Evaluation: Statistical report/analysis, pre/post testing

Areas Served: Ogden and surrounding areas

Targeted Populations: African-American and Hispanic: youth, women, IDU, persons involved with substance abuse, persons who have other risk for STI

Funding Sources: Region VIII, Office of Minority Health, Utah Dept. of Health

Other Resources: Annual walk-a-thon

Interagency Collaboration: Northern Red Cross Chapter, Utah AIDS Foundation, Utah African-American Faith Initiative

Test Site: Yes

CHAPTER 2: HIV PREVENTION

PROJECT REALITY

150 East 700 South
Salt Lake City, UT 84111

(801) 364-8080
Fax: (801) 364-8098

Erin Norris

Therapist, Prevention Specialist

enorris@projectreality.net
(801) 364-8080 Ext. 249

Interventions: Safety Counts, CTR, HC/PI, RESPECT, group and individual-level education/discussion, outreach, literature

Program Focus: Substance abuse prevention, testing and treatment (a main focus); HIV testing (secondary to other activities)

Areas Served: Salt Lake County, Utah County

Targeted Populations: IDU, Substance Use (non IDU) Latino MSM

CLINIC 1A

UUHSC, 30 North 1900 East
Salt Lake City, UT 84132

Meredith White, CSW, LISW-S

Ryan White Case Management Coordinator
Division of Infectious Diseases/Clinic 1A
University of Utah
30 North 1900 East
Room AC265 SOM
Salt Lake City, Utah 84132
(801) 581-8287 Direct Line
(801) 585-7315 Fax

Meredith.white@hsc.utah.edu

Nena Rose St. Jean, CPCI

Prevention Coordinator
Division of Infectious Diseases/Clinic 1A
University of Utah
30 North 1900 East
Room AC257 SOM
Salt Lake City, Utah 84132
(801) 581-8780 Direct Line
(801) 585-7315 Fax

Nena.stjean@hsc.utah.edu

Interventions: Incorporating HIV Prevention into the Medical Care of Persons living with HIV

Area Served: Statewide

Targeted Populations: HIV (+) individuals

CENTRO HISPANO

817 South Freedom Blvd.
Provo, Utah 84601

(801) 655-0258
Fax: (801) 691-5291

Teresa Tavares
Executive Director

teretavares@gmail.com

Angelica Nash
Health and Wellness Coordinator

angelica@centrohispanouc.org
(801) 427-3993

CHAPTER 2: HIV PREVENTION

Interventions: HIV Prevention Education, NC/PI & CTRPN

Testing site: Yes

Area Served: Utah County

Targeted Populations: Youth and adults in Utah County, individuals at very high risk for HIV, IDU, MSM, MSN/IDU, Hispanic and African American populations.

Program Focus: HIV Education and Prevention

DAVIS COUNTY HEALTH DEPARTMENT

22 South State Street
Clearfield, UT 84015

(801) 525-5000
Fax: (801) 525-5210

Isa Kaluhikaua, MPH, CHES

Communicable Disease Specialist

Davis County Health Department

22 S State Street, Room2132

Clearfield, Utah 84015

isa@daviscountyutah.gov

New Office Number: 801-525-5212

Interventions: HIV Prevention Education, HC/PI & CTRPN

Testing Site: No

Area Served: Davis County

Targeted Populations: Youth and adults in Davis County, individuals at very high risk for HIV, IDU, MSM, MSM/ICU, incarcerated and Hispanic and African American Populations.

Program Focus: HIV Education and Prevention

SALT LAKE VALLEY HEALTH DEPARTMENT – HIV PREVENTION

610 South 200 East
Salt Lake City, UT 84111

(801) 534-4600
Fax: (801) 534-4502

Lynn Beltran

HIV/STI Program Manager

lbeltran@slco.org
(801) 534-4601

Veronica Fire

Health Educator

vwilliams@slco.org
(801) 534-4594

Reese Serr

Health Educator

rserr.slco.org
(801) 534-4517

Program Focus: HIV prevention education and HIV testing; STI prevention, testing and treatment; hepatitis prevention and testing

Interventions: Group-level education/discussion (single-session, multi-session and peer educator), individual-level education/discussion (single-session and multi-session, risk reduction/harm reduction, community events

Areas Served: Salt Lake County

targeted Populations: Women, Hispanic, youth, women, men, IDU, persons involved with substance abuse, MSM, persons who exchange sex for money or drugs, persons who have other risk for STI, incarcerated men

UTAH DEPARTMENT OF HEALTH, COMMUNICABLE DISEASE PREVENTION PROGRAM

288 North 1460 West
Box 142104
Salt Lake City, Utah 84114-2104
www.health.utah.gov/cdc/hiv_prev.htm

(801) 538-6096
Fax: (801) 538-9913

CHAPTER 2: HIV PREVENTION

Lynn Meinor Manager, HIV Prevention Program Cell: (801) 557-1785	lmeinor@utah.gov (801) 538-6198
Sherrie Staley Hepatitis C Coordinator	shstaley@utah.gov (801) 538-6264
Edwin Espinel Contract Manager	eespinel@utah.gov (801) 538-9480
Heather Bush Education and Training Coordinator	hbush@utah.gov (801) 538-6194
Erin Hellstrom STD Program	ehellstrom@utah.gov (801) 538-6207
Peggy Montague Support Services	pmontagu@utah.gov (801) 538-6118
Rebecca Fronberg HIV Counseling & Testing Coordinator Cell: (801) 243-1816	rfronberg@utah.gov (801) 538-6299
Rob Sonoda Rapid Testing Coordinator	rsonoda@utah.gov (801) 538-6987
Missy Russell HB 15 Coordinator	mcrussell@utah.gov (801) 538-6223
Emily Holmes STD Program Coordinator	eholmes@utah.gov (801) 538-6701

Utah Confidential HIV Counseling and Testing Sites

Salt Lake Valley

<u>Salt Lake Valley Health Department</u> 610 South 200 East, SLC (Fee: \$15.00 – Anonymous or Confidential testing) Appointment/Walk-In Schedule Mon-Fri: 12:00-5:00pm	(801) 534-4666
<u>Utah AIDS Foundation</u> 1408 South 1100 East Rapid HIV Testing, Chlamydia, Gonorrhea, Syphilis and Hepatitis C Testing Mon 5:00 p.m. – 7:00 p.m. (also Thurs. by appointment)	(801) 487-2323
<u>Utah Pride Center</u> 361 North 300 West 2 nd and 4th Wed of every month 5:00 p.m. – 7:00 p.m.	(801) 539-8800
<u>Planned Parenthood</u> 654 South 900 East, SLC (Fee: based on ability to pay) Walk-Ins Welcome. Call for clinic schedule.	(801) 322-5571

Project Reality (801) 364-8080
 150 East 700 South
 Salt Lake City, Utah 84111

Indian Walk-In Center (natives only) (801)486-4877
 120 West 1300 South
 Salt Lake City, Utah 84111

University Of Utah Student Health Service (801) 581-6432
 Madsen Health Center
 555 Foothill Blvd, Level One
 Call for appointment.

PARK CITY

Summit City/County Health Department (435) 333-1500
 650 Round Valley Drive
 Park City
 Call for appointment.

Planned Parenthood (435) 649-5989
 1670 Bonanza Dr.
 Walk-Ins Welcome. Call for clinic schedule.

LOGAN/BRIGHAM CITY

Bear River District Health Department—Logan (435) 792-6500
 655 East 1300 North
 Call for appointment.

Bear River District Health Department—Brigham City (435) 734-0845
 817 West 950 South
 Call for appointment.

Planned Parenthood—Logan (435) 753-0824
 550 North Main Street, Suite 117
 (Fee: based on ability to pay)
 Walk-Ins Welcome. Call for clinic schedule.

FARMINGTON - DAVIS COUNTY

Davis County Health Department (801) 525-5000
 22 So State Street
 Clearfield, UT 84015
 Walk-Ins Welcome. M-F 8-12, 2-5

OGDEN

Weber-Morgan District Health Department (801) 399-8854
 2570 Grant Ave.
 Appointment Only

Northern Utah HIV/AIDS Coalition (801) 393-4153
 536 East 24th Street, Suite 2B

Planned Parenthood (801) 479-7721
 4387 Harrison Blvd, Suite D-8

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PROVO/OREM

Utah County Health Department (801) 851-7025
151 South University Avenue

Centro Hispano (801) 655-0258
817 South 200 West

Planned Parenthood (801) 226-5246
1086 North 1200 West

RICHFIELD

Central Utah Public Health Department (435) 896-5451
70 Westview Drive

TOOELE

Tooele County Health Department (435) 843-2300
151 North Main Street

VERNAL

Tri-County Public Health Department (435) 781-5475
133 South 500 East

PRICE

Southeastern Utah District Health Department (435) 637-3671 Ext. 21
28 South 100 East
Call for appointment.

HEALTH AND WELLNESS CLINIC

College of Eastern Utah Department of Health (435) 613-5629
Walk-ins Welcome

Utah HIV Prevention Community Planning Committee (CPC)

Utah has one statewide HIV prevention planning committee with 26 members. CDC recommends that members of HIV prevention planning groups reflect the characteristics of the epidemic in the state. This means that for Utah the planning committee should be composed of individuals who represent men who have sex with men (MSM), injecting drug users (IDU), women at risk, youth, and ethnic populations (particularly Hispanic and African American). This representation can come from individuals in those categories, or from organizations which serve the populations listed. CDC also recommends that individuals with experience in social and behavioral sciences and/or experience in program planning and evaluation be included for effective committee representation. Applications for membership are taken in late summer/early fall of each year.

CHAPTER 2: HIV PREVENTION

HIV Education Resources

AMERICAN RED CROSS

HIV/AIDS Prevention Coordinator
465 South 400 East
Salt Lake City, UT 84111

(801) 323-7000 Ext. 3011
Fax: (801) 323-7018

HIV Courses

HIV/AIDS Starter Facts (English or Spanish)
Basic HIV/AIDS Education and Prevention Instructor Course
Hispanic HIV/AIDS Education and Prevention Instructor Course
African American HIV/AIDS Education Prevention Instructor Course

UTAH AIDS FOUNDATION

1408 South 1100 East
Salt Lake City, Utah 84105

(801) 487-2323
(801) 366-2437
Hotline:1-800-FON-AIDS

Resources

Speakers bureau
Workshops and training
Support groups

UTAH DEPARTMENT OF HEALTH

HIV Prevention Program, Box 142105
Salt Lake City, Utah 84114

(801) 538-6096

Education Resources

Community Education
Outreach
Health Fairs - representative will bring table top display and HIV, STD, Hepatitis, and TB brochures, male and female condoms also available for distribution (no charge to the public).
HIV Testing
Materials
HB 15 Control & Prevention of STDs
A campaign (catchtheanswers.com) aimed at educating youth, parents, health care providers about the health consequences of untreated STDs, medical options for treatment, as well as services.
Medical benefits that are available for treatment.

Workshops and Training

Fundamentals of HIV Prevention Counseling
HIV Prevention Counseling: Issues of Clients Who Test Positive,
Rapid HIV Testing, Partner and Referral Services
Medical Interpreters—Bridging the Gap

Substance Abuse Services

Substance Abuse - ASSESSMENT AND REFERRAL

** Clients residing in the Salt Lake County area must have an assessment completed at the Salt Lake County Division of Substance Abuse before they can access treatment services for substance abuse. Contact Aurora Reyes below:*

CHAPTER 2: HIV PREVENTION

Division of Substance Abuse Assessment & Referral Unit

Aurora Reyes

Salt Lake County Govt. Ctr.
2001 South State Street, Suite S2300
Salt Lake City, UT 84190-2250

(801) 468-2009
Fax: (801) 468-2006

Substance Abuse - OUTPATIENT

Alcohol & Drug Abuse Clinic

University of Utah School of Medicine

30 North 1900 East, #1R52
Salt Lake City, UT 84132

(801) 581-6228
Fax: (801) 585-5757

Program Focus: Substance abuse treatment
Interventions: Group, individual and couple counseling
Areas Served: Statewide
Populations Served: adult men and women

Catholic Community Services—Women’s Treatment Program

Robert Ingram

250 East 300 South, Suite 380
Salt Lake City, UT 84111

<http://www.ccsutah.org>

(801) 977-9119
Fax: (801) 977-8227

Program Focus: Substance abuse treatment with priority given to women who are pregnant or have HIV infection; agency also has an adoption program that includes pregnancy counseling and parenting counseling
Interventions: HIV education, substance abuse treatment, referrals
Areas Served: Wasatch Front
Populations Served: women, injecting drug users, persons who have risk for sexually transmitted infection
Agency Capacity: Women’s Treatment Program serves approx. 32 women per year in drug/alcohol treatment
Interagency Collaboration: Division of Child and Family Services (DCFS); Salt Lake County Division of Substance Abuse (DSA)

Positive Adjustments

Steven K McGeeney

*ask for Tandra
2995 South West Temple, Suite A
Salt Lake City, UT 84115

(801) 466-4484
Fax: (801) 466-4472

Program Focus: Substance abuse treatment and intervention; domestic violence services; HIV prevention is not a focus
Interventions: Group and individual-level education/discussion; counseling; classes for DUI, anger management, and misdemeanors (theft)
Areas Served: Statewide, usually Wasatch Front
Populations Served: Men and women ages 17 and older

Valley Mental Health Alcohol and Drug Unit

5965 South 900 East, Suite 240
Murray, Utah 84121

(801) 263-7100
Fax: (801) 263-7279

Interventions: Individual-level education/discussion, HIV/STI prevention materials

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Substance Abuse - OUTPATIENT - METHADONE

Bountiful Treatment Center

Cammy Notarianni
146 West 300 South
Bountiful, UT 84010

(801) 292-2318
Fax: (801) 292-2578

Discovery House

Kelly Morgan, Clinical Supervisor
449 East 2100 South
Salt Lake City, UT 84115

(801) 596-2111
Fax: (801) 359-3878

Project Reality

Erin Norris, MS
150 East 700 South
Salt Lake City, UT 84111

(801) 364-8080
Fax: (801) 364-8098

Substance Abuse - RESIDENTIAL

Catholic Community Services

St. Mary's Home for Men
1206 West 200 South
Salt Lake City, UT 84104

(801) 328-1894
Fax: (801) 328-1895

The Haven

Mike Ray
974 East South Temple
Salt Lake City, UT 84102

(801) 533-0070
Fax: (801) 596-2240

Substance Abuse - RESIDENTIAL/OUTPATIENT

Family Counseling Center

5250 S Commerce Drive, Suite 250
Murray, UT 84107

(801) 261-3500
Fax: (801) 261-2111

First Step House (men only)

Shawn McMillen
411 North Grant Street
PO Box 16508
Salt Lake City, UT 84116

(801) 359-8862
Fax: (801) 359-8510

Odyssey House

Glen Lambert
344 East 100 South
Salt Lake City, UT 84111

(801) 322-4257
Fax: (801) 322-2831

Utah Alcohol Foundation*

857 East 200 South
Salt Lake City, UT 84102

(801) 487-3276
Fax: (801) 467-3725

*Call for additional locations throughout Utah

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Substance Abuse - MEDICAL DETOX

Highland Ridge Hospital
7309 South 180 West
Midvale, UT 84047

(801) 569-2153
Fax: (801) 567-9006

Volunteers of America
511 West 200 South, #160
Salt Lake City, UT 84101

(801) 363-9414
Fax: (801) 355-3546

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HIV/AIDS Resources Not Otherwise Listed

COLORS OF SUCCESS

3269 South Main Street, #270
Salt Lake City, Utah 84115

(801) 596-9081
Fax: (801) 596-9085

Program Focus: HIV prevention (a focus, secondary to other activities); STI prevention; pregnancy prevention;
Interventions: Group education/discussion (single session); behavior modification; prevention case management; referrals
Evaluation: Survey
Areas Served: Salt Lake City and Ogden
Targeted Populations: At-risk teens ages 12-18
Interagency Collaboration: Youth Services; Salt Lake Peer Court

GAY HELP LINE

Program Focus: HIV/AIDS issues:
Medical issues:

(801) 539-8800
(801) 487-2323
(801) 978-3333

HOMELESS YOUTH RESOURCE CENTER

655 South State Street
Salt Lake City, Utah 84111

(801) 364-0744
Fax: (801) 364-0745

Program Focus: Provide basic needs—food, clothing, laundry and shower facilities, referrals for employment and shelter
Targeted Populations: Homeless youth ages 15-22
Interventions: Risk reduction/harm reduction, referrals, STI prevention materials
Areas Served: Salt Lake Valley, youth from Utah and out of state
Other Resources: VOA volunteers
Interagency Collaboration: provide referrals to Utah AIDS Foundation, Salt Lake Valley Health Dept. Open Door Clinic, Youth Services (detox), Utah Dept. of Health Ryan White Program, Rape Recovery Center

PEOPLE WITH AIDS COALITION OF UTAH

Toni Johnson
1055 East 2100 South, Suite 208
Salt Lake City, UT 84106

(801) 484-2205
Fax: (801) 484-2665

UTAH STATE PRISON—CLINICAL SERVICES

Pauline Sturdy, RN
PO Box 250
Draper, UT 84020

(801) 576-7000

UTAH AIDS EDUCATION AND TRAINING CENTER

Tiffany Pestotnik, Director
U of U Sciences Center AIDS Education & Training Center
375 Chipeta Way, #A
Salt Lake City, UT 84108

(801) 581-5310
Fax: (801)587-3353

Program Focus: HIV education for Utah health care providers; HIV prevention is a focus but secondary to other activities
Interventions: Presentations to health care providers; literature
Areas Served: Rural and urban Utah
Targeted Populations: Health care providers

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Populations Served: Physicians, nurses, physician assistants, pharmacists, dentists, dental hygienists

Agency Capacity: Serve approx. 1,100 individuals per year with capacity to serve 1,100

Funding Sources: Health Resources and Services Administration; Ryan White Care Act part F; small pharmaceutical educational grants

Other Resources: Volunteer educators

Interagency Collaboration: U of U Division of Infectious Diseases; Utah AIDS Foundation; Utah Department of Health

UTE INDIAN TRIBE HEALTH EDUCATION PROGRAM

Joseph La Framboise, Health Education Coordinator

P.O. Box 190

Ft. Duchesne, Utah 84026

(435) 724-2735

Fax: (435) 722-0232

lafram@ubtanet.com

Program Focus: Health promotion, health education and disease prevention including: HIV prevention (secondary to other activities), STI prevention, substance abuse prevention, sexual abuse prevention

Interventions: Group education/discussion (single session), community events, referrals, prevention literature

Areas and Population Served: A rural American Indian tribal community located in north-eastern Utah between Vernal and Roosevelt

WASATCH HOMELESS HEALTH CARE PROGRAM

(801) 364-0058

Fourth Street Clinic

Monte Hanks

404 South 400 West

Salt Lake City, UT 84101

Targeted Populations: Homeless

HIV/AIDS Internet Resources and Information

American Medical Association - Policy and Advocacy; Ethics, Education, Science, and Accreditation; Journals and American Medical News; Information for Physicians; Consumer Health information.

www.ama-assn.org

Phone: (312) 464-5000

American Red Cross - Information on ARC HIV/AIDS curricula, African-American, Hispanic, workplace and programs for youth, educational services, etc.

www.redcross.org/services/hss/hiv aids/

Phone: (801) 323-7000

AIDS Action Council - A powerful advocacy group made up of over 3200 national community-base organizations and the one million HIV+ Americans they help serve.

www.aidsaction.org

Phone: (202) 530-8030

AIDS Clinical Trials Information Service - Information on federally and privately funded trials for adults and children; also includes vaccine information and general education.

www.actis.org

Phone: 1-800-874-2572

AIDS Treatment Information Service - Provides information about federally approved treatment guidelines for HIV and AIDS; also net links and CDC Daily News Updates.

www.hivatis.org

Phone: 1-800-448-0440

American Foundation for AIDS Research - AMFAR is the nation's leading non-profit organization dedicated to the support of AIDS research, AIDS prevention, and the advocacy of sound AIDS-related public policy.

www.amfar.org

Phone: (212) 682-7440

The Big Picture Book of Viruses - The Big Picture Book is intended to serve as both a catalog of virus pictures on the World Wide Web and as an educational resource to those seeking more information about viruses.

www.virology.net/Big_Virology/BVHomePage.html

Body Health Resources Corporation, An AIDS and HIV Information Resource - This site is sponsored by various organizations and commercial sponsors; The Body provides a public space in which such organizations and experts can exchange information and ideas about HIV/AIDS.

www.thebody.com

CDC HIV Post-exposure Prophylaxis Registry-HIV Occupational Exposure and Management, Fact sheets.

<http://www.cdc.gov/hiv/resources/factsheets/hcwprev.htm>

Phone: 1-800-737-4448

CDC National Prevention Information Network - The connection between HIV/AIDS, STI, and TB; publications and resources; a very comprehensive web link listing including various ethnic resources.

www.cdcnpin.org

Critical Path AIDS Project was founded by persons with AIDS (PWAs) to provide treatment, resource, and prevention information in wide-ranging levels of detail--for researchers, service providers, treatment activists, but first and foremost, for other PWAs who often find themselves in urgent need of information quickly and painlessly.

www.critpath.org

HIV InfoWeb, An on-line library containing HIV and AIDS-related information. The HIV InfoWeb is a project of JRI Health and is funded by the Massachusetts Department of Public Health AIDS Bureau.

www.infoweb.org

Joint United Nations Program on HIV/AIDS - HIV/AIDS information sorted by country; up-to-date, searchable databases, news and current events.

www.unaids.org

National Library of Medicine (Medline) www.nlm.nih.gov

National Minority AIDS Council (NMAC) - Attend virtual conferences, meet HIV/AIDS experts, search HIV/AIDS publications, local community access, HIV/AIDS and African-Americans (most recent information/statistics).

www.nmac.org

Phone: (202) 544-1076

National Native American AIDS Prevention Center - Prevention, Native Care Network, research, public policy, resources.

www.nnaapc.org

Phone: (510) 444-2051

Nonprofit Good Practice Guide Information about volunteers, fundraising, staff development, communications, leadership, technology, etc.

www.nonprofitbasics.org

New Mexico AIDS Education and Training Center - Infonet fact sheets on HIV/AIDS that can be reprinted, packed with valuable up-to-date information, available in English and Spanish.

www.aidsinfonet.org

People With AIDS Coalition of Utah - We are dedicated to providing education and support services that enhance the quality of life for all people impacted by HIV/AIDS.

www.pwacu.org

Phone (801) 484-2205

University of Utah, Department of Pathology: Web Path, the Internet Pathology Laboratory for Medical Education - Great mini-tutorials on a variety of subjects, comprehensive information on HIV disease.

<http://library.med.utah.edu/WebPath/TUTORIAL/AIDS/AIDS.html>

Utah AIDS Foundation - Information on HIV/AIDS services, volunteers, statistics, and links plus the UAF's newsletter and an educational comic strip - Everyday Bob.

www.utahaids.org

Phone: (801) 487-2323

Toll Free: 1-800-865-5004

Utah Department of Health - HIV/AIDS statistics in Utah by age, ethnicity, gender, and transmission categories; and information about health department programs and services.

www.aidsinfoutah.net

<http://www.health.utah.gov/epi/catchtheanswers.com>

Phone: (801) 538-6191

Utah State Office of Education - Utah public school health curriculum outlines grade-level information about teaching various health concepts including HIV/AIDS.

<http://www.schools.utah.gov/curr/main/default.htm>

Phone: (801)538-7732

The Diffusion of Effective Behavioral Interventions project (DEBI) is a national-level strategy to provide high quality training and on-going technical assistance on selected evidence-based HIV/STD/Viral Hepatitis prevention interventions to state and community HIV/STD program staff. This website provides support for all approved DEBI interventions.

www.effectiveinterventions.org

CHAPTER 3: HEPATITIS C**Hepatitis C Information**

Taken from www.cdc.gov, www.hcvadvocate.org and www.hepc-connection.org.

Go to their websites for more information.

What is Hepatitis C?

- Hepatitis C is a liver disease caused by the hepatitis C Virus (HCV). The virus infects the liver and the blood. Many years after hepatitis C infects the liver and the blood, the liver can become so damaged that it cannot work properly to do the jobs that keep us healthy.
- According to the Centers for Disease Control and Prevention (CDC), at least 3.2 million Americans are infected with hepatitis C.
- Hepatitis C kills approximately 8,000 to 10,000 Americans each year.
- Hepatitis C is one of the main reasons for liver transplants in the U.S.

How do I get Hepatitis C?

- You get hepatitis C ONLY when the blood of another person infected with the hepatitis C Virus gets into your body.
- Sharing needles used to inject drugs or other things.
- Sharing drug injecting paraphernalia—needles, cookers (to mix drugs), cottons (to filter drugs), and tourniquets or ties.
- Blood transfusion or organ transplant before July 1992.
- Sex—it is rare, but having multiple partners and/or having unprotected sex increase the risk of getting HCV.
- Unsterile tattoos or body piercings. The person giving the tattoo or body piercing should:
 - Use sterilized equipment for each customer.
 - Always use new needles.
 - Wash hands and put on a new pair of latex gloves.
 - Use new, disposable razors for shaving skin.
 - Use new, sterilized jewelry for any body piercing.
- Sharing personal hygiene items that may have blood on them such as razors, shavers or toothbrushes.
- Any other direct exposure to HCV-infected blood.

What are the symptoms of Hepatitis C?

- Many people have no symptoms for a long time, or they may have mild symptoms at times. If they do have symptoms, they may include any of the following:

○ Fatigue	○ Loss of appetite
○ Feeling sick to the stomach	○ Nausea and vomiting
○ Aches and pains in muscles, joints and abdomen	○ Yellowing of skin and/or eyes (jaundice)
○ Fever	○ Weight loss
○ Night sweats	○ Insomnia

Will I get sick?

- It can take many years (up to 40 years) to get very sick with hepatitis C.
- About 75-85% of the people who have hepatitis C will develop chronic (long-term) infection.
- About 20% of the people who have chronic hepatitis C will get very sick with cirrhosis. It usually takes many years.
- Cirrhosis—severe scarring or hardening of the liver—may occur prior to experiencing symptoms. Cirrhosis leads to liver failure. Those who have liver failure need a liver transplant because a person can not live with a failing liver.
- About 3 % of the people who have chronic hepatitis C will get liver cancer.

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Local Support Group Information

Hepatitis C Support Group

St. Paul's Episcopal Church, 261 South 900 East, SLC Room 204

First & Third Thursday of each month

Time: 6:30 p.m. to 8:30 p.m.

Amber Jarrett

(801) 949-0993

What Do I Do If I Have Hepatitis C?

Contact the following Hepatitis C programs/providers:

Health Access Project—SLC

1800 South West Temple, Suite A-128

(801) 412-3980

Salt Lake City, UT 84115

<http://www.healthaccessproject.org>

Who Are They? The Health Access Project (HAP) works to develop a more effective health care providing system for low-income and uninsured residents of Salt Lake County.

Target Populations People who have incomes at or below 150% of the Federal Poverty Level.

Health Access Team—Ogden

2240 Adams Ave

(801) 393-5355

Ogden, UT 84404

Fax: (801) 394-4609

<http://www.healthaccessteam.org/intro.php>

Who Are They? The Health Access Team works with the underserved community of Ogden to improve their health status through education and equitable access to health care resources.

HepFree, Inc.

24 South 1100 East #103

(801) 815-2437

Salt Lake City, UT 84102

www.hepfree.com

Who Are They? HepFree, Inc. is a non-profit organization providing hepatitis C treatment and medical management for uninsured and underinsured individuals. Also provide Hepatitis testing. Call for availability, as resources are limited.

Cher Struck, Clinical Director

cher@hepfree.com

Fourth Street Clinic

Wasatch Homeless Health Care, Inc.

(801) 364-0058

Fourth Street Clinic

404 South 400 West

Salt Lake City, UT 84101

<http://www.fourthstreetclinic.org>

Who Are They? Wasatch Homeless Health Care, Inc. works with local health departments with the surveillance, control, and treatment of tuberculosis (TB) in Utah. It is an open door clinic that serves homeless individuals and adolescents and services are provided at no cost to the patients.

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Primary Care Network

Primary Care Network

PO Box 144102

Salt Lake City, Utah 84114-4102 pcn@utah.gov

Toll Free: 1-888-222-2542

What Is Primary Care Network (PCN)? The Primary Care Network (PCN) is health care coverage for single adults ages 19– 64 who qualify. Primary care services available through PCN include primary care provider visits, some emergency room visits, emergency medical transportation, lab services, x-rays, up to four prescriptions per month, dental exams, dental x-rays, cleanings, and fillings, one eye exam per year, and family planning methods.

How Do I Apply? Those who qualify will gain access to preventive health insurance coverage. If you are uninsured and have children at home under age 19, you may qualify for health insurance.

Apply online. Go to: <http://utahhelps.utah.gov/>

Mail. To print an application, go to: <http://health.utah.gov/pcn/apply.html>

Visit an eligibility office. To find an office near you, please call 1-888-222-2542.

Once someone has PCN they will not qualify for The Health Access Project. The Health Access Project should be contacted first. The Health Access Project will register PCN for primary care and specialty care.

Providers Offering HCV Services That Accept PCN

John Lowe, MD

Utah Digestive Health Institute

(801) 479-9400

6028 South Ridgeline Drive

South Ogden, UT 84405

Nate McBride, PA-C

Utah Digestive Health Institute

(801) 475-5400

6028 South Ridgeline Drive, Suite 201

South Ogden, UT 84405

Christopher C. Tietze, MD

University of Utah Clinics

(801) 581-3761

50 North Medical Drive

Salt Lake City, UT 84132

Veterans Affairs Medical Center

500 Foothill Drive

(801) 582-1565 Ext. 495

Salt Lake City, UT 84148

Medicaid

Department of Health

(801) 538-6155

Division of Health Care Financing

Toll Free: 1-800-662-9651

P.O. Box 143106

Fax: (801) 538-6805

Salt Lake City, UT 84114-3106

What is Medicaid? Medicaid is a program for people who have low income and cannot afford health care. You must be a citizen or a legal resident of the United States and your qualification is determined depending on your disability, income and resources. To find out your eligibility, call (801) 538-6155 or 1-800-662-9651, or visit a Medicaid Office near you.

How Do I Apply?

Apply online. Go to <https://utahclicks.org/index.cfm?>

Read the instruction and click on "Get Started!" on the bottom of the page.

Mail or fax your application form to the Medicaid Office. To print an application form, go to

<http://health.utah.gov/medicaid/provhtml/forms.htm>

Visit a Medicaid Office near you. To find the closest Medicaid Office near you, go to

<http://jobs.utah.gov/Regions/ec.html>

CHAPTER 3: HEPATITIS C

Providers Offering HCV Services That Accept Medicaid

- | | |
|--|--|
| <p>J. David Bane, MD
 Granger Medical Clinic
 3725 West 4100 South
 West Valley City, UT 84120</p> | <p>(801) 965-3501</p> |
| <p>Lynn Q. Beard, MD
 Medical Arts Center
 984 South 500 West
 Brigham City, UT 84302</p> | <p>(435) 723-5248
 Fax: (435) 723-5240</p> |
| <p>Kenneth Buchi, MD and Eric E. Heaton, PAC
 3584 West 900 South, Suite 300
 West Jordan, UT 84088</p> | <p>(801) 233-8233</p> |
| <p>Dirk R. Davis, MD
 Northern Utah Gastroenterology
 630 East 1400 North
 Logan, UT 84341</p> | <p>(435) 787-0276</p> |
| <p>Charles C. Harpe, MD
 Tanner Clinic
 2121 North 1700 West
 Layton, UT 84041</p> | <p>(801) 773-4840</p> |
| <p>John Hunt, MD
 Bryner Clinic
 525 East 100 South, Suite 500
 Salt Lake City, UT 84102</p> | <p>(801) 519-7193</p> |
| <p>Bryan Larsen, MD
 Northern Utah Gastroenterology
 630 East 1400 North, Suite 100 A
 Logan, UT 84341</p> | <p>(435) 787-0270
 Fax: (435) 787-0262</p> |
| <p>John Lowe, MD
 Utah Digestive Health Institute
 6028 South Ridgeline Drive
 South Ogden, UT 84405</p> | <p>(801) 479-9400</p> |
| <p>Nate McBride, PA-C
 Utah Digestive Health Institute
 6028 South Ridgeline Drive, Suite 201
 South Ogden, UT 84405</p> | <p>(801) 475-5400</p> |
| <p>Central Utah Clinic
 1055 North 500 West
 Provo, UT 84604</p> | <p>(801) 374-1268</p> |

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Mountain West Gastroenterology
368 East Riverside Drive, Suite A
St. George, UT 84790
www.mwgi.com

(435) 673-1149

Patient Assistance Programs (Medication Assistance)

If it is determined that you need medical care, ask your medical provider if you qualify for patient assistance programs. The following provides patient assistance programs:

Genentech Patient Assistance Program

What is the Genentech Patient Assistance Program? The Genentech Patient Assistance Foundation provides free Genentech products to patients who cannot afford prescription drugs and qualify for the program. It does not charge a co-payment or limit the time while the patient is receiving free drugs. To find out more about the program, call 1-877-75ROCHE (877-757-6243).

Schering-Plough Patient Assistance Program

What is the Schering-Plough Patient Assistance Program? Schering-Plough provides Schering-Plough hepatitis C drugs for people with low incomes and secures drug reimbursement through their patient assistance program. The program for people who need hepatitis C drugs is called "Commitment to Care". To find out more about it, call 1-800-521-7157.

Clinical Trials

Some of those who have hepatitis C may qualify to become a participant of a clinical trial. To find out more about clinical trials, contact the following research coordinator(s):

Mountain West Gastroenterology - Mountain West Gastroenterology conducts HCV clinical trials at various times throughout the year. For information on current or upcoming clinical trials, contact the research coordinator at (801) 585-9155.

University of Utah Medical Center has research coordinators and ongoing clinical trials.

Community Health Centers

Who Are They? Community-Based Health Centers (CHCs) provide access to case-managed, family-oriented preventive and primary health care services for people living in medically underserved community.

What Do They Do? CHCs provide high quality care through a proven cost-effective model and all the services are provided based on an ability to pay.

Bear Lake Community Health Center, Inc.

LaVal Jensen, Executive Director
325 West Logan Highway, Suite 3
Garden City, UT 84025

(435) 946-3660

(435) 946-8215

Canyonlands Community Health Care

Sarah Allen, Chief Executive Officer
827 Vista Avenue
Page, AZ 86040

(928) 645-9675

Fax: (928) 645-2626

Carbon Medical Service Association, Inc.

Yvonne Jensen, Executive Director
305 Center Street
East Carbon, UT 84520

(435) 888-4411

Fax: (435) 888-2270

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Community Health Centers, Inc.

Dexter Pearce, Interim Executive Director (801) 412-6920

Central City Community Health Center (801) 539-8634
 461 South 400 East
 Salt Lake City, UT 84111

Stephen D Ratcliff Community Health Center (801) 328-5750
 1365 West 1000 North
 Salt Lake City, UT 84116

Copperview Community Health Center (801) 566-5494
 8446 Harrison Street
 Midvale, UT 84047

Oquirrh View Community Health Center (801) 964-6214
 4745 South 3200 West
 Salt Lake City, UT 84118

Enterprise Valley Medical Clinic

Rydel Reber, Executive Director (435) 878-2281
 223 South 200 East Fax: (435) 878-2434
 Enterprise, UT 84725

Green River Medical Center

Mary Winters, Executive Director (435) 564-3434
 305 West Main Street Fax: (435) 564-3214
 Green River, UT 84525

Indian Walk-in Center

Urban Indian Transitional Services
Ella Dayzie, MSW, Executive Director (801) 486-4877
 120 West 1300 South Fax: (801) 486-9943
 Salt Lake City, UT 84115

Midtown Community Center

Lisa Nichols, Executive Director (801) 393-5355
 2240 Adams Avenue Fax: (801) 394-4609
 Ogden, UT 84401

Mountainlands Community Health Center

Todd Bailey, Executive Director (801) 374-9660
 215 West 100 North Fax: (801) 374-1902
 Provo, UT 84601

Southwest Utah Community Health Center

Nancy Neff, Chief Executive Officer (435) 986-2565
 168 North 100 East Fax: (435) 986-2577
 St. George, UT 84770

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Utah Navajo Health Systems, Inc.

Donna Singer, Executive Director (435) 651-3291
 Montezuma Creek Community Health Center (435) 651-3291
 P.O. Box 130
 Montezuma Creek, UT 84534

Blanding Family Practice (435) 678-3601
 799 South 100 West
 Blanding, UT 84511

Monument Valley Community Health Center (435) 727-3242
 P.O. Box 360005, Four Rock Door Canyon
 Monument Valley, UT 84536

Navajo Mountain Clinic (928) 672-2498
 P.O. Box 10100
 Tonalea, AZ 86044

Utah Farm Worker Health Program

Jorge Rodriguez, Program Manager (435) 723-8276
 14 North 100 East, #2
 Brigham City, UT 84302

Wasatch Homeless Health Care, Inc.

Allan Ainsworth, Executive Director (801) 364-0058
 Fourth Street Clinic Fax: (801) 364-0161
 404 South 400 West
 Salt Lake City, UT 84101

Wayne Community Health Centers, Inc.

Gina Flanagan, Executive Director (435) 425-3744
 128 South 300 West Fax: (435) 425-3785
 Bicknell, UT 84715

Veterans Affairs

If you are a veteran, the V.A. Salt Lake Health Care System is available.

V.A. Salt Lake Health Care System (801) 582-1565
 500 Foothill Drive Toll Free: 1-800-613-4012
 Salt Lake City, UT 84148 Fax: (801) 584-1289

Fountain Green Outpatient Clinic (435) 445-3301
 275 West 300 South
 Fountain Green, UT 84632

Nephi CBOC (435) 623-3129
 48 West 1500 North
 Nephi, Utah 84648

Ogden CBOC (801) 479-4105
 982 Chambers Street
 South Ogden, Utah 84403

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- Orem CBOC** (801) 235-0953
1443 West 800 North, Ste 302
Orem, Utah 84057-3658
- Provo Vet Center** (801) 377-1117
1807 North 1120 West
Provo, Utah 84604
- Roosevelt CBOC** (435) 725-1050
245 West 200 North
Roosevelt, Utah 84066-2336
- St. George CBOC** (435) 634-7608 X6000
1067 East Tabernacle, Ste 7
St. George, Utah 84770
- Western Salt Lake CBOC** (801) 417-5734
2750 South 5600 West
West Valley City, Utah 84120

Medical Providers Managing/Treating HCV

- J. David Bane, MD**
Granger Medical Clinic (801) 965-3501
3725 West 4100 South
West Valley City, UT 84120
Services Provided
_ Accepts Medicaid
_ Hepatitis C Testing Available
_ Hepatitis A & B Vaccinations
_ Hepatitis C Treatment
_ Other Language(s) Spoken: Spanish (by nurses)
- Lynn Q. Beard, MD**
Medical Arts Center (435) 723-5248
984 South 500 West Fax: (435) 723-5240
Brigham City, UT 84302
Services Provided
_ Accepts Uninsured or Low-income Patients
_ Accepts Medicaid
_ Hepatitis C Testing Available
_ Hepatitis A & B Vaccinations
_ Other Language(s) Spoken: German, French and Italian
- University of Utah Gastroenterology Division** (801) 587-3574
30 North 1900 East Fax: (801) 581-8007
4R118
Salt Lake City, Utah 84132
- Kenneth Buchi, MD and Eric E. Heaton, PAC**
3584 West 900 South, Suite 300 (801) 233-8233
West Jordan, UT 84088

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Services Provided

- _ Accepts Uninsured and Low-income Patients
- _ Accepts Medicaid
- _ Hepatitis C Testing Available
- _ Hepatitis C Treatment

Deborah Cobb, MSN, FNP-BC
6360 South 3000 East, Suite 310
Salt Lake City, UT 84121

(801) 944-3144
Fax: (801) 944-3183

Dirk R. Davis, MD
Northern Utah Gastroenterology
630 East 1400 North
Logan, UT 84341

(435) 787-0276

Services Provided

- _ Accepts Uninsured and Low-income Patients
- _ Accepts Medicaid
- _ Hepatitis C Testing Available
- _ Hepatitis C Treatment

Stewart L. Ellington, MD
Salt Lake Endoscopy Center/ HepFree Inc.
24 South 1100 East, Suite 103
Salt Lake City, UT 84102

(801) 364-5767
(801)815-2437

Services Provided

- _ Accepts Uninsured and Low-income Patients
- _ Accepts Medicaid
- _ Hepatitis C Testing Available
- _ Hepatitis C Treatment
- _ Other Language(s) Spoken: Spanish

Clyde J. Faucett, MD
McKay Dee Hospital Internal Medicine Clinic
4403 Harrison Boulevard, Suite 3875
Ogden, UT 84403

(801) 387-7950

Services Provided

- _ Hepatitis C Testing Available
- _ Hepatitis A & B Vaccinations
- _ Hepatitis C Treatment

Charles C. Harpe, MD
Tanner Clinic
2121 North 1700 West
Layton, UT 84041

(801) 773-4840

Services Provided

- _ Accepts Uninsured or Low-income Patients
- _ Accepts Medicaid
- _ Hepatitis C Testing Available
- _ Hepatitis A & B Vaccination Available
- _ Other Language(s) Spoken: Spanish

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John Hunt, MD

Bryner Clinic

(801) 519-7193

525 East 100 South, Suite 500
Salt Lake City, UT 84102

Services Provided

- _ Accepts Uninsured or Low-income Patients
- _ Accepts Medicaid
- _ Hepatitis C Testing Available
- _ Hepatitis A & B Vaccination Available

Joseph Jensen, MD

425 Medical Drive, Suite 116
Bountiful, UT 84010

(801) 292-7250

Fax: (801) 292-7297

Services Provided

- _ Hepatitis C Testing Available
- _ Other Language Spoken: Italian

Bryan Larsen, MD

Northern Utah Gastroenterology

(435) 787-0270

630 East 1400 North, Suite 100 A
Logan, UT 84341

Fax: (435) 787-0262

Services Provided

- _ Accepts Uninsured or Low-income Patients
- _ Accepts Medicaid
- _ Hepatitis C testing Available
- _ Hepatitis C Treatment
- _ Other Language Spoken: Spanish

John Lowe, MD

Utah Digestive Health Institute

(801) 479-9400

6028 South Ridgeline Drive
South Ogden, UT 84405

Services Provided

- _ Accepts Uninsured or Low-income Patients
- _ Accepts Medicaid
- _ Accepts Primary Care Network
- _ Hepatitis C Testing Available
- _ Hepatitis C Treatment
- _ Other Language(s) Spoken: Spanish

Nate McBride, PA-C

Utah Digestive Health Institute

(801) 475-5400

6028 South Ridgeline Drive, Suite 201
South Ogden, UT 84405

Services Provided

- _ Accepts Medicaid
- _ Accepts Primary Care Network
- _ Hepatitis C Testing Available
- _ Hepatitis C Counseling & Testing
- _ Hepatitis C Treatment

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Paul E Pilgram, MD

The Practice of Medicine

1561 West 7000 South
West Jordan, UT 84084

(801) 562-5800

Fax: (801) 562-1883

Services Provided

- _ Hepatitis C Testing Available
- _ Other Language(s) Spoken: Spanish

Harry Rosado, MD

University of Utah Clinic 1A—Division of Infectious Diseases—

50 North Medical Drive
Salt Lake City, UT 84132

(801) 585-2031

Fax: (801) 585-5481

Services Provided

- _ (Services are available only for those with HCV co-infection with HIV who receive services in Clinic 1A)
- _ Other Language(s) Spoken: Spanish

Kim Scott, MD

1777 Sun Peak Drive, Suite 150
Park City, UT 84098

(435) 645-0800

Services Provided

- _ Hepatitis C Testing Available
- _ Hepatitis C Counseling & Testing

Scott Stevens, MD

LDS Hospital Outpatient Clinic

8th Avenue & C Street
Salt Lake City, UT 84143

(801) 408-1767

Services Provided

- _ Accepts Uninsured or Low-income Patients
- _ Accepts Medicaid
- _ Hepatitis C Testing Available
- _ Hepatitis A & B Vaccinations
- _ Hepatitis C Treatment

Christopher C. Tietze, MD

University of Utah Clinics

50 North Medical Drive
Salt Lake City, UT 84132

(801) 581-3761

Veterans Affairs Medical Center

500 Foothill Drive
Salt Lake City, UT 84148

(801) 582-1565 ext. 495

Services Provided

- _ Accepts Uninsured or Low-income Patients
- _ Accepts Medicaid
- _ Accepts Primary Care Network
- _ Hepatitis C Testing Available
- _ Hepatitis A & B Vaccinations
- _ Hepatitis C Treatment

CHAPTER 3: HEPATITIS C

Ronald R. Trudel, MD

Personal Community Health Care

(801) 882-1644

1959 North Aaron Drive, Suite C
Tooele, UT 84074

Services Provided

- _ Accepts Uninsured or Low-income Patients
- _ Hepatitis C Testing Available
- _ Hepatitis A & B Vaccinations
- _ Hepatitis C Treatment
- _ Other Language(s) Spoken: French

Central Utah Clinic

1055 North 500 West
Provo, UT 84604

(801) 374-1268

Services Provided

- _ Accepts Uninsured or Low-income Patients
- _ Accepts Medicaid
- _ Hepatitis C Testing Available
- _ Hepatitis C Treatment

Mountain West Gastroenterology

(435) 673-1149

368 East Riverside Drive, Suite A
St. George, UT 84790
www.mwgi.com

Services Provided

- _ Accepts Uninsured or Low-income Patients
- _ Accepts Medicaid
- _ Hepatitis C Testing Available
- _ Hepatitis C Treatment

University Health Care Redwood Clinic

1525 West 2100 South
Salt Lake City, UT 84119

(801) 213-9900

(801) 213-9715

Services Provided

- _ Accepts Uninsured or Low-income Patients Accepts Medicaid
- _ Hepatitis C Treatment
- _ Other Language(s) Spoken: Spanish (Translator Provided)
- _ Alternative Health Care: Provide Education For Patients Starting Treatment With GI, MD or PA.

Utah State Hospital

1300 East Center Street
Provo, UT 84603

(801) 344-4631

Services Provided

- _ Accepts Uninsured or Low-income Patients Accepts Medicaid
- _ Hepatitis C Testing Available
- _ Hepatitis A & B vaccinations
- _ Hepatitis C Treatment
- _ Alternative Health Care: Psychiatry
- _ *Must be referred by a local mental health center for admission.

Immunization Information

If you have hepatitis C, it is highly recommended that you get vaccines against hepatitis A (HAV) and B (HBV). When people with hepatitis C are co-infected with hepatitis A and B, the outcome of the infection can be very severe. A combination HAV/HBV vaccine is also available for people who are interested, and may be available through a special federal initiative grant for little or no cost to persons with risk conditions who are uninsured. Contact your local health department to inquire about hepatitis A and B vaccination availability.

How To Love Your Liver

The liver is a very important organ. One of its jobs is to filter virtually everything that you take into your body. However, drinking alcohol, smoking cigarettes and inhaling toxic fumes can damage the liver and affect its performance.

There are things you can do to love your liver:

- _ Stop (or greatly reduce) drinking alcohol, smoking cigarettes and taking drugs.
- _ Stay away from supplements that contain a lot of iron. If you are taking supplements, switch to a formula that has no/low iron.
- _ Avoid a lot of processed sugars.
- _ Eat more vegetables and fruits, particularly those high in vitamin C.
- _ Stay away from toxic fumes and/or liquids.
- _ Tell your family and friends that you need them to help you stop (or greatly reduce) drinking, smoking and taking drugs.
- _ Get vaccines to protect your liver.
- _ Tell your doctor about all medicines you are taking, including over the counter medication.
- _ Eat a healthy and well-balanced diet.
- _ Drink a lot of water.
- _ Stay away from raw or uncooked shellfish.
- _ Limit your caffeine intake by cutting back on coffee, tea and soda.
- _ Avoid taking high doses of vitamin A and D.

References: <http://www.hcvadvocate.org>

Experienced Hepatitis C Substance Use Treatment Programs/Providers

The Ark of Little Cottonwood

Jeremy Boberg

2919 Granite Hollow

Sandy, UT 84092

<http://www.thearkoflittlecottonwood.com>

*Private Insurance is required.

(801) 733-9913

Fax: (801) 733-0606

Cornerstone Counseling Center

John Bonner

660 South 200 East, Suite 308

Salt Lake City, UT 84111

<http://www.cornerstoneslc.com>

(801) 355-2846

Fax: (801) 359 -3244

What Do They Do? Cornerstone Counseling Center offers services for individuals who need assistance in substance abuse, mental health, and domestic violence. Their mission is to help those individuals through their various programs regardless of their ability to pay.

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First Step House (men only)
Shawn McMillen
411 North Grant Street
PO Box 16508
Salt Lake City, UT 84116

(801) 359-8862
Fax: (801) 359-8510

Project Reality
Erin Norris
150 East 700 South
Salt Lake City, UT 84111

(801) 364-8080
Fax: (801) 364-8098

What Do They Do? Project Reality offers services for individuals who have problems with alcohol and drugs. There are substance abuse prevention and treatment programs that help individuals recover from their addictions.

The Haven
Mike Ray
974 East South Temple
Salt Lake City, UT 84102

(801) 533-0070
Fax: (801) 596-2240

Utah Alcoholism Foundation
857 East 200 South
Salt Lake City, UT 84102
<http://www.uafut.org>

(801) 487-3276

Outpatient or Residential Substance Abuse Treatment Programs

VA Salt Lake City Health Care System
Dale Sterner, LSAC (Outpatient)
Charles Talcott, LSAC (Inpatient)
North Star S.A.T./Eagle's Nest R. T. (116NS)
Building 3
500 Foothill Drive
Salt Lake City, UT 84148

(801) 582-1565
1-800-613-4012 Ext. 840

* Walk-in intake appointments: Monday-Friday 11:00 AM

Experienced Hepatitis C Mental Health Programs/ Providers

Allison Musso, PhD
1545 East 3300 South
Salt Lake City, UT 84106

(801) 478-2780

Sundance Behavioral Resources LLC
845 East 4800 South
Murray, UT 84107

(801) 264-9522

Services Provided

- Accepts Medicare
- Accepts Marina Medicaid
- Accepts Private Insurance

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Valley Mental Health

Adult A and D Unit (801) 263-7225
5965 South 900 East, Suite 150
Salt Lake City, UT 84121

* Crisis Unit (in case of emergency) (801) 261-1442

Services Provided

– Accepts Medicaid

For additional resources, call 211.

Testing Information

If you feel you are at risk for hepatitis C, the following locations currently offer hepatitis C antibody testing:

Northern Utah HIV/AIDS Coalition, Inc.

HIV/AIDS Project

536 24th Street, Suite 2B (801) 393-4153
Ogden, UT 84401

HCV antibody testing, no cost, based on risk
Monday-Thursday: 9:00 a.m. – 12:00 p.m.
Saturday, by appointment only

Salt Lake Valley Health Department

STD Clinic, Rm 135 (801) 534-4666
610 South 200 East

Salt Lake City, UT 84111

HCV antibody testing offered for \$25
Monday-Friday: 12:00 p.m. -5:00 p.m.
Walk-ins welcome between: 12:00 p.m. - 5:00p.m.
Appointments strongly recommended

Utah AIDS Foundation

1408 South 1100 East (801) 487-2323
Salt Lake City, UT 84106 Fax:(801) 486-3978

www.utahaids.org

HCV antibody testing offered for \$25 on Mon 5-7pm only.
Monday: 5:00 p.m.-7:00 p.m.

HepFree, Inc.

24 South 1100 East, Suite 103 (801)8152437
Salt Lake City, UT 84109

HBV and HCV testing offered for \$15
Monday-Friday: 8:30 a.m.-4:30 p.m.
Contact: Cher Struck

CHAPTER 3: HEPATITIS C

Hepatitis C Internet Resources

American Liver Foundation
www.liverfoundation.org

Centers for Disease Control and Prevention, Hepatitis Branch
www.cdc.gov/ncidod/diseases/hepatitis/c/index.htm

HCV Global Foundation
www.hcvglobal.org

Hepatitis C Awareness And Action Foundation
www.hcaaf.org

Hepatitis C Awareness Project/National Hepatitis C Prison Coalition
www.hcvinprison.org

Hepatitis C Caring Ambassadors Program
www.hepcchallenge.org

Hepatitis C Connection
www.hepc-connection.org

Hepatitis C Global Foundation
www.hcvglobal.org

Hepatitis C Support Project
www.hcvadvocate.org

Hepatitis Foundation International
www.hepfi.org

HIV and Hepatitis
www.hivandhepatitis.com

Latino Organization for Liver Awareness
www.lola-national.org

National Institutes of Health
<http://medlineplus.nlm.nih.gov/medlineplus/hepatitisc.html>

Veterans Affairs—Center for Excellence in Hepatitis C Research and Education
www.va.gov/hepatitisc

CHAPTER 4: TUBERCULOSIS

General Tuberculosis Information

"TB" is short for tuberculosis. TB disease is caused by a bacterium called *Mycobacterium tuberculosis*. The bacteria usually attack the lungs, but TB bacteria can attack any part of the body such as the kidney, spine, and brain. If not treated properly, TB disease can be fatal.

How TB Spreads:

TB is spread through the air from one person to another. The TB bacteria are put into the air when a person with active TB disease of the lungs or throat coughs, sneezes, speaks, or sings. People nearby may breathe in these bacteria and become infected.

TB is NOT spread by

- shaking someone's hand
- sharing food or drink
- touching bed linens or toilet seats
- sharing toothbrushes
- kissing

Latent TB Infection and TB Disease:

Not everyone infected with TB bacteria becomes sick. As a result, two TB-related conditions exist: latent TB infection and active TB disease.

- **Latent TB Infection**
TB bacteria can live in your body without making you sick. This is called latent TB infection (LTBI). In most people who breathe in TB bacteria and become infected, the body is able to fight the bacteria to stop them from growing. People with latent TB infection do not feel sick and do not have any symptoms. The only sign of TB infection is a positive reaction to the [tuberculin skin test](#) or [special TB blood test](#). People with latent TB infection are not infectious and cannot spread TB bacteria to others. However, if TB bacteria become active in the body and multiply, the person will get sick with TB disease.
- **TB Disease**
TB bacteria become active if the immune system can't stop them from growing. When TB bacteria are active (multiplying in your body), this is called TB disease. TB disease will make you sick. People with TB disease in the lungs may spread the bacteria to people they spend time with every day. Many people who have latent TB infection never develop TB disease. Some people develop TB disease soon after becoming infected (within weeks) before their immune system can fight the TB bacteria. Other people may get sick years later, when their immune system becomes weak for another reason. For persons whose immune systems are weak, especially those with HIV infection, the risk of developing TB disease is much higher than for persons with normal immune systems.

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The Difference Between Latent TB Infection And TB Disease

A Person with Latent TB Infection	A Person with TB Disease
<ul style="list-style-type: none"> • Has no symptoms 	Has symptoms that may include: <ul style="list-style-type: none"> ▪ a bad cough that lasts 3 weeks or longer ▪ pain in the chest ▪ coughing up blood or sputum ▪ weakness or fatigue ▪ weight loss ▪ no appetite ▪ chills ▪ fever ▪ sweating at night
<ul style="list-style-type: none"> • Does not feel sick 	<ul style="list-style-type: none"> • Usually feels sick
<ul style="list-style-type: none"> • Cannot spread TB bacteria to others 	<ul style="list-style-type: none"> • May spread TB bacteria to others
<ul style="list-style-type: none"> • Usually has a skin test or blood test result indicating TB infection 	<ul style="list-style-type: none"> • Usually has a skin test or blood test result indicating TB infection
<ul style="list-style-type: none"> • Has a normal chest x-ray and a negative sputum smear 	<ul style="list-style-type: none"> • May have an abnormal chest x-ray, or positive sputum smear or culture
<ul style="list-style-type: none"> • Needs treatment for latent TB infection to prevent active TB disease 	<ul style="list-style-type: none"> • Needs treatment to treat active TB disease

Testing for TB

There are two kinds of tests that can be used to help detect TB infection – the TB skin test (TST) and special TB blood tests. A positive TB skin test or TB blood test only tells that a person has been infected with TB bacteria. **It does not tell whether or not the person has progressed to TB disease.** Other tests, such as a chest x-ray and a sample of sputum, are needed to see whether the person has TB disease.

Who Should Get Tested for TB:

Persons should get tested for TB by their doctor or local health department if they:

- have spent time with a person known or suspected to have active TB disease; or
- have HIV infection or another condition that weakens the immune system and puts them at high risk for active TB disease; or
- have symptoms of active TB disease; or
- are from a country where active TB disease is very common (most countries in Latin America and the Caribbean, Africa, Asia, Eastern Europe, and Russia); or
- live somewhere in the United States where active TB disease is more common such as a homeless shelter, migrant farm camp, prison or jail, or some nursing homes); or
- inject illegal drugs.

DIRECTORY OF UTAH LOCAL HEALTH DEPARTMENTS			
<p>BEAR RIVER</p> <p>655 East 1300 North Logan, Utah 84341 Phone: (435) 792-6500 Fax: (435) 792-6600</p>	<p>SALT LAKE VALLEY</p> <p>610 South 200 East, Room 209 Salt Lake City, Utah 84111 Phone: (801) 534-4600 Fax: (801) 534-4557</p>	<p>SUMMIT COUNTY</p> <p>110 North Main St. Kamas, Utah 84036 Phone: (435) 783-4351 Fax: (435) 783-6021</p>	<p>UTAH COUNTY</p> <p>151 South University Avenue, Suite 1800 Provo, Utah 84601 Phone: (801) 851-7029 Fax: (801) 343-8729</p>
<p>CENTRAL UTAH</p> <p>70 Westview Drive Richfield, Utah 84701 Phone: (435) 896-5451 Fax: (435) 896-4353</p>	<p>SOUTHEASTERN UTAH</p> <p>28 South 100 East PO Box 800 Price, Utah 84501 Phone: (435) 637-3671 Fax: (435) 637-1933</p>	<p>TOOELE COUNTY</p> <p>151 North Main Street Tooele, Utah 84074 Phone: (435) 277-2310 Fax: (435) 277-2314</p>	<p>WASATCH COUNTY</p> <p>55 South 500 East Heber City, Utah 84032 Phone: (435) 654-2700 Fax: (435) 654-2705</p>
<p>DAVIS COUNTY</p> <p>Courthouse Annex 50 East State St. – Basement PO Box 618 Farmington, Utah 84025 Phone: (801) 451-3393 Fax: (801) 451-3464</p>	<p>SOUTHWEST UTAH</p> <p>620 South 400 East, Suite 400 St. George, Utah 84770 Phone: (435) 986-2551 Fax: (435) 652-4069</p>	<p>TRI COUNTY</p> <p>133 South 500 East Vernal, Utah 84078 Phone: (435) 247 1177 Fax: (435) 781-0536</p>	<p>WEBER-MORGAN</p> <p>477 23rd Street Ogden, Utah 84401 Phone: (801) 399-7252 Fax: (801) 399-7260</p>

Public Testing Locations

***Note:** This is not a comprehensive list of all public TB testing locations in Utah; please call the phone number for the location nearest you to learn about other testing locations.

CHAPTER 4: TUBERCULOSIS

Internet Resources for Tuberculosis

The internet is one of the quickest and easiest ways to locate accurate information on tuberculosis. The following is a list of websites that may be useful:

American Thoracic Society
www.thoracic.org/

Brown University TB-HIV Research Laboratory
research.brown.edu/research/labs.php

Centers for Disease Control and Prevention, Division of Tuberculosis Elimination
cdc.gov/tb/

EthnoMed
www.ethnomed.org/

Francis J. Curry National Tuberculosis Center
www.nationaltbcenter.edu/

International Union Against Tuberculosis and Lung Disease
www.theunion.org/

National Institute for Occupational Safety and Health
www.cdc.gov/niosh/npptl/topics/respirators/

National Jewish Medical and Research Center
www.nationaljewish.org/

National Library of Medicine
www.ncbi.nlm.nih.gov/PubMed/

New Jersey Medical School, National Tuberculosis Center
www.umdnj.edu/globaltb/home.htm

Occupational Safety and Health Administration
www.osha.gov/SLTC/tuberculosis/index.html

Stanford Center for Tuberculosis Research
www.stanford.edu/group/molepi/

The Stop TB Partnership
www.stoptb.org/

Surveillance of Tuberculosis in Europe
www.eurotb.org/

TB Education & Training Resources
www.findtbresources.org/

Utah Department of Health, Tuberculosis Control
health.utah.gov/cdc/tb_home.htm

WHO Global TB Programme
www.who.int/tb/en/