Every person is unique, yet we all have traits we share in common with others. Families share many traits in common because they are related. But unrelated individuals will also have traits in common.

Traits Trivia includes two activities that can be done with any family or group of individuals. Using the Traits Trivia game cards, you’ll identify traits you have inherited and traits you share in common with others. Then, try to be the last one standing as you discover a combination of traits that is unique to you!

### Did You Know?

Traits can be inherited from a parent, or acquired through learning and experience. Every individual inherits a unique combination of traits.

---

### Preparation

- Cut out the game cards. You may wish to glue or tape them on heavy paper first.

### Instructions

- Invite your group to sit in a circle. Hold up one game card at a time to show a picture of an inherited trait. All who have this trait should stand or raise their hand. Continue with each game card to find similarities and differences among individuals in your group.
  - Did you share a trait with another family member? An unrelated individual?
  - Did you find a trait that was unique to you?
  - Did each person in your group have a different combination of the traits described?

**Once the group is familiar with all of the inherited traits described, try this second activity!**

- Shuffle the game cards then draw a card from the top of the deck. Invite your group to stand up and form a circle. Show everyone the picture of the trait.
  - Everyone who has this trait should stay standing. Those who do not have the trait should sit down. Once a person sits down, they should not get up again. Continue with each game card until only one person is left standing.
    - How many cards did it take to find one person with a unique combination of traits?
- Shuffle the cards and play again as many times as you would like.

---

This project is supported by grant U33MC00157 from the Health Resources and Services Administration, Maternal and Child Health Bureau, Genetic Services Branch and the March of Dimes.
Attached earlobes  Can roll tongue  Dimples  Right-handed

Freckles  Naturally curly hair  Cleft chin  Allergies

Cross left thumb over right  Can see red & green