Think of a stroke as a time bomb. And 911 as the hotline to the bomb squad.

As soon as you or a loved one experiences even one sign of stroke, **call 911 immediately**. New treatments may prevent death or disability, but only if they are given within the first three vital hours after the first sign of stroke. The signs of stroke are:

- Numbness or weakness on one side of the body
- Confusion or trouble speaking
- Loss of balance or coordination
- Blurred vision
- Severe and sudden headache

For more information,
visit www.hearthighway.org,
or call 1-866-88-STROKE.

UTAH DEPARTMENT OF HEALTH

-Stroke, it's a time bomb-