Reading Wranglers Go The Extra Mile

Reading Wranglers Go the Extra Mile is the theme for Reading Elementary this year. Students are being encouraged to go the extra mile not just in the classroom, but also in their physical activities. Students were introduced to the "Mileage Club" at the kick off assembly that the PTA had put together.

The assembly started with kids looking for clues on how to become physically fit. They first came upon cavemen who were running around looking and hunting for food. The kids decided running was a great way to get in shape.

Next they came upon a baseball team practicing. Kelly Downs a former pro baseball player encouraged the students to exercise and stay away from drugs to help stay fit.

The wrestling coach from Centerville Jr. High was next to visit and brought some of the wrestling team to show the kids how to do push-ups and sit-ups. They also showed some wrestling moves that got the students really excited. The coach talked about building strong muscles and importance of eating healthy.

A biker circled the stage on his bike next. He talked about the importance of wearing a helmet when you bike and how biking is a great way to stay in shape.

The Football coach from Viewmont High brought along some players and had some of the Reading Elementary staff come and learn and complete a play. Principal Lund made a great catch for the touchdown.

Last to visit were some gymnast that showed the students some impressive flips. At the end of the assembly everyone stood up to do the chicken dance to get their bodies moving. The PTA encouraged the students to walk and participate in other types of physical activities to accrue miles to advance in the "Mileage Club" that ranges from 5 to 1000 miles.