



For more information for you and your parents, call your doctor, your local health department or Immunization Hotline:

1-800-275-0659

The following vaccines are recommended to stay healthy:

- Pertussis
- Chickenpox
- Hepatitis A
- Hepatitis B
- Measles, Mumps, Rubella
- Tetanus
- Influenza
- Meningococcal
- Pneumococcal
- Human Papillomavirus



Utah Department of Health
IMMUNIZATION PROGRAM
Immunize for healthy lives

www.immunize-utah.org

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got VaXed?



Get the facts on
Teen Vaccination

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Get the facts on Teen Vaccination



Are you
11-18
years old?

If yes, then you may need protection against the following vaccine preventable diseases.

Varicella (Chickenpox)

Chickenpox is a virus that can cause serious infections of the skin, and may cause brain damage, pneumonia and even death. The chickenpox vaccine is recommended for anyone who has not had chickenpox disease or the vaccine. Chickenpox vaccine or proof of immunity is required for 7th grade entry in Utah schools.

Hepatitis A

Hepatitis A is a virus that is spread by personal contact with an infected person, or through contaminated food or water. Two doses of the hepatitis A vaccine are recommended for those not previously vaccinated.

Hepatitis B

Hepatitis B is a virus that can cause serious liver infection, liver cancer and even death. Hepatitis B is spread by coming in contact with infected blood or body fluids. Three doses of the hepatitis B vaccine are required for 7th grade entry in Utah schools.

Measles, Mumps, Rubella (MMR)

Measles, mumps, and rubella are viruses that may cause hearing loss, brain damage or serious birth defects. Two doses of the MMR vaccine are required for all Utah students.

Tetanus, Diphtheria, Pertussis (Tdap)

Tetanus (lockjaw) is caused by a germ that enters the body through a cut or wound. Diphtheria and pertussis (whooping cough) is caused by bacteria and is spread through coughing or sneezing. One dose of the tetanus, diphtheria, pertussis (Tdap) vaccine is recommended for teens 11-18 years of

age followed by Td booster doses every ten years thereafter. Tdap vaccine is required for 7th grade entry in Utah schools.

Influenza (Flu)

A yearly flu vaccine is recommended for all teens.

Meningococcal Disease

Meningococcal disease is spread by bacteria that can cause serious illness such as pneumonia and can even result in hearing loss. The meningococcal vaccine is recommended at 11-12 years of age with a booster dose at 16 years of age. Teens 13-18 years of age who have not been previously vaccinated should get one dose. A single dose is recommended if you are moving into a college dorm or military barracks.

Pneumococcal Disease

Pneumococcal disease is caused by bacteria. It can cause infections of the brain and blood, pneumonia, and death. One dose of the pneumococcal vaccine is recommended for children 6-18 years of age with certain medical conditions.

Human Papillomavirus (HPV)

HPV is a virus that causes cervical cancer and genital warts. The HPV vaccine is recommended for females 11-12 years of age and may be given to males 9-26 years of age. Catch-up vaccination is recommended for females 13-26 years of age who have not been previously vaccinated or have not completed the full vaccine series.