

Minimum Data Set (MDS) 3.0

Section Q

Community Resource Information

Medicaid Home and Community Based (HCBS) Waiver Programs

Utah Has Six Medicaid 1915(c) HCBS Waivers:

Waiver for Individuals Age 65 or Older

Acquired Brain Injury Waiver

Community Supports Waiver for Individuals with Intellectual Disabilities or Other Related Conditions

Physical Disabilities Waiver

New Choices Waiver

Waiver for Technologically Dependent Children

Included in this packet are the fact sheets for each of the Utah Medicaid HCBS Waivers. Each fact sheet includes the following waiver information:

- General Waiver Information
- Purpose
- Eligibility Requirements
- Services
- Limitations
- Contact Information

Other Programs and Resources

Area Agencies on Aging (AAAs)

Aging and Adult Services administers a wide variety of home and community-based services for Utah residents who are 60 or older. Programs and services are primarily delivered by a network of 12 Area Agencies on Aging which reach all geographic areas of the state. Their goal is to provide services that allow people to remain independent.

Your local Area Agency on Aging can best answer inquiries about the following:

- Availability of services
- Eligibility for services
- Schedule of various activities
- Local demographics
- List and description of facilities serving seniors
- Benefits, Social Security, Medicare, Insurance

**DIVISION OF AGING AND ADULT SERVICES
UTAH DEPARTMENT OF HUMAN SERVICES
195 North 1950 West, Salt Lake City, Utah 84116
PHONE: 801-538-3910
TOLL FREE: 1-877-424-4640
FAX: 801-538-4395
Website: hsdaas.utah.gov**

Director:Assistant Director: OAA
Nels Holmgren
E-mail: nholmgren@utah.gov

Assistant Director: APS
Michael S. Styles
mstyles@utah.gov

Nan Mendenhall
nmendenh@utah.gov

AREA AGENCIES ON AGING

January 4, 2012

Bear River Area Agency on Aging
Box Elder, Cache, Rich

Michelle Benson, Aging Svcs. Dir.
170 North Main
Logan, UT 84321
Phone: 435-752-7242 or
1-877-772-7242
Fax: 435-752-6962
E-Mail: michelleb@brag.utah.gov
Website: www.brag.utah.gov

Davis County Health Dept., Family
Health and Senior Services
Division

Davis
Sally Kershnik, Director of Family
Health and Senior Services
22 South State Street
Clearfield UT 84015
PO Box 618 - Farmington UT 84025-0618
Phone: 801-525-5050
Fax: 801-525-5061
E-Mail:
skershnik@daviscountyutah.gov
Website: www.daviscountyutah.gov

Five-County Area Agency on Aging
Beaver, Garfield, Iron, Kane, Washington

Carrie Schonlaw, Director
1070 West 1600 South, Bldg. B
(P. O. Box 1550, ZIP 84771-1550)
St. George, UT 84770
Phone: 435-673-3548
Fax: 435-673-3540
E-Mail:
cschonlaw@fivecounty.utah.gov

Mountainland Dept. of Aging and
Family Services

Summit, Utah, Wasatch
Scott McBeth, Director
586 East 800 North
Orem, UT 84097-4146
Phone: 801-229-3800
Fax: 801-229-3671
Website: www.mountainland.org
E-Mail: smcbeth@mountainland.org

Salt Lake County Aging Services
Salt Lake

Sarah Brenna, Director
2001 South State, #S1500
Salt Lake City, UT 84190-2300
Phone: 385-468-3210
Fax: 385-468-3186
E-Mail: sbrenna@slco.org
Website: www.aging.slco.org

San Juan County Area Agency on
Aging

San Juan
Tammy Gallegos, Director
117 South Main (P. O. Box 9)
Monticello, UT 84535-0009
Phone: 435-587-3225
Fax: 435-587-2447
E-Mail:
tgallegos@sanjuancounty.org

Six-County Area Agency on Aging
Juab, Millard, Piute, Sanpete, Sevier,
Wayne

Scott Christensen, Director
250 North Main
(P. O. Box 820)
Richfield, UT 84701
Phone: 435-893-0700
Toll free: 1-888-899-4447
Fax: 435-893-0701
E-Mail:
schristensen5@sixcounty.com

Southeastern Utah AAA
Carbon, Emery, Grand

Maughan Guymon, Director
Technical Assistance Center
375 South Carbon Avenue
(P. O. Box 1106)
Price, UT 84501
Phone: 435-637-4268 or 5444
Fax: 435-637-5448
E-Mail: mguymon@seualg.utah.gov

Tooele Co. Div. of Aging and Adult
Services

Tooele
Josh Maher, (435) 843-4125
59 East Vine Street
Tooele, UT 84074
Phone: 435-843-4110
Fax: 435-882-6971
E-Mail: jmaher@co.tooele.ut.us

Uintah Basin Area Agency on Aging
Daggett, Duchesne

Louise Warburton, Director
330 East 100 South
Roosevelt, UT 84066
Phone: 435-722-4518
Fax: 435-722-4890
E-Mail: louisew@ubaog.org

Council on Aging - Golden Age
Center - (Uintah County
PSA)

Uintah County
Louise Martin, Director
330 South Aggie Blvd.
Vernal, UT 84078
Phone: 435-789-2169
Fax: 435-789-2171
E-Mail: lmartin@co.uintah.ut.us

Weber Area Agency on Aging
Morgan, Weber

Paula Price, Director
237 26th Street, Suite 320
Ogden, UT 84401
Phone: 801-625-3770
Fax: 801-778-6830
E-Mail: paulap@weberhs.org

Aging and Disability Resource Centers (ADRCs): ADRCs assist people of all incomes and ages.

Bear River Area Agency on Aging

Box Elder, Cache, Rich

170 North Main

Logan, Utah 84321

Phone: 435-752-7242 or

1-877-772-7242

Fax: 435-752-6962

Website: www.brag.utah.gov

Central Utah Center for Independent Living (CUCIL)

Provo Area

491 N. Freedom Blvd.

Provo, Utah 84601

Phone: 801-373-5044

Fax: 801-373-5094

Mountainland Dept of Aging & Family Svcs

Summit, Utah, Wasatch

586 East 800 North

Orem, Utah 84097

Phone: 801-229-3800

Fax: 801-229-3671

Website: www.mountainland.org

Active Re-Entry, Moab Satellite Office

Moab Area

182 North 500 West

P.O. Box 122

Moab, Utah 84532

Voice/TTY: 435-259-0245

Salt Lake County Aging Services

Salt Lake Area

2001 South State, #S1500

Salt Lake City, Utah 84190

Phone: 385-468-3200

Fax: 385-468-3186

Website: www.aging.slco.org

State Health Insurance and Assistance Programs (SHIP)

A SHIP is a state-based program that provides information to help guide you in making decisions regarding your health insurance options. You can visit the SHIP website at

http://www.hsdaas.utah.gov/insurance_programs.htm. If you do not find the information you need from this website, please call them directly toll free: 1-800-541-7735.

Medicare

Medicare is a federal health insurance program for people 65 years of age and older; certain younger people with disabilities; and people with End-Stage Renal Disease (those with permanent kidney failure who need dialysis or a transplant), sometimes called ESRD. For more information about the Medicare Program, call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. You can also visit www.medicare.gov/LongTermCare/Static/Counseling.asp.

National Council on Aging (NCOA)

NCOA has information on benefits and how to enroll in federal, state, local, and private programs that help pay for prescription drugs, utility bills, meals, health care, and other needs. For more information, visit <http://www.benefitscheckup.org>.

Centers for Independent Living (CILs)

CILs assist people with disabilities Utah is served by six Centers for Independent Living in Utah (CILs). The staff of each center eagerly awaits the opportunity to provide information and services to potential clients and their caregivers.

Logan and Brigham City Areas

Options - Northern Utah Center for Independent Living
1095 North Main Street
Logan, Utah 84341
Voice & TTY: 435.753.5353
Fax: 435.753.5390

Provo Area

Central Utah Center for Independent Living (CUCIL)
491 N. Freedom Blvd.
Provo, Utah 84601
Phone: 801-373-5044
Fax: 801-373-5094

Price, Castle Dale, Moab, and Vernal Areas

Active Re-Entry Main Office
10 South Fairgrounds Road
Price, Utah 84501
Voice/TTY: 435-637-4950
Fax: 435-637-4952

Moab Satellite Office

182 North 500 West
P.O. Box 122 Moab, Utah 84532
Voice/TTY: 435-259-0245

Uintah Basin Satellite Office

510 East Main, Suite 3
Vernal, Utah 84078
Voice/TDD: 435-789-4021

Emery County Satellite Office

40 South Center Street
P.O. Box 1172
Castle Dale, UT 84513
(435) 381-4510 (V, TTY)
(435) 381-2170 (FAX)

St. George Area

Red Rock Center for Independence
515 West 300 North Suite A
St. George, Utah 84770
Voice/TTY: 435-673-7501
Fax: 435-673-8808

Ogden Area

Tri County Independent Living Center of Utah
2726 Washington Blvd (rear)
Ogden, Utah 84401
Voice: (801) 612-3215
TTY: (801) 612-3215
Fax: (801) 612-3732
Toll Free: (866) 734-5678

Salt Lake City; Tooele

Utah Independent Living Center
3445 South Main Street
Salt Lake City, Utah 84115-4453
801-466-5565 Voice/TTY
801-466-2363 Fax
800-355-2195 (Utah only) Toll-Free

Tooele Satellite Office

33 South Main Street
Tooele, UT 84074
(435) 843-7353 Voice
(435) 843-7359 Fax

Waiver for Individuals Age 65 or Older

Waiver Services

- Adult Companion Services
- Adult Day Health Services
- Case Management
- Chore Services
- Community Transition Services
- Emergency Response Systems
- Environmental Accessibility Adaptations
- Fiscal Management Services
- Homemaker Services
- Medication Reminder Systems
- Non-medical Transportation
- Personal Attendant Program Training
- Personal Attendant Services
- Personal Budget Assistance
- Respite Care Services
- Specialized Medical Equipment
- Supplemental Meals
- Supportive Maintenance Home Health Aide

Purpose and Eligibility

Purpose

This waiver is designed to provide services statewide to help older adults remain in their homes or other community based settings. Individuals are able to live as independently as possible with supportive services provided through this waiver program.

Eligibility

Requirements

- Be 65 years of age or older.
- Require nursing facility level of care.
- Meet financial eligibility requirements for Medicaid.

Limitations and Contact Info

Limitations

- A limited number of individuals are served.
- There is a waiting list for this waiver program.
- Individuals can use only those services they are assessed as needing.

Contact Information

Division of Aging and Adult Services
195 North 1950 West
SLC, UT 84116
(801) 538-3910
DAAS@utah.gov



UTAH DEPARTMENT OF
HEALTH

Acquired Brain Injury Waiver

Waiver Services

- Behavioral Consultation
- Chore Services
- Cognitive Retraining Services
- Community Living Supports
- Companion Services
- Consumer Preparation
- Environmental Adaptations
- Extended Living Supports
- Financial Management Services
- Homemaker Services
- Living Start Up Costs
- Medication Monitoring
- Non-medical Transportation
- Occupational and Physical Therapy
- Personal Budget Assistance
- Personal Emergency Response System
- Residential Habilitation
- Respite Care
- Specialized Medical Equipment
- Speech Language Services
- Structured Day Program
- Support Coordination
- Supported Employment

Purpose and Eligibility

Purpose

This waiver is designed to provide services statewide to help people with an acquired brain injury remain in their homes or other community based settings. Individuals are able to live as independently as possible with supportive services provided through this waiver program.

Eligibility Requirements

- Be 18 Years of Age or older.
- Have a documented brain injury.
- Require nursing facility level of care.
- Meet financial eligibility requirements for Medicaid.
- Primary condition cannot be attributable to a mental illness.

Limitations and Contact Info

Limitations

- A limited number of individuals are served.
- There is a waiting list for this waiver program.
- Individuals can use only those services they are assessed as needing.

Contact Information

Division of Services for People with Disabilities
195 North 1950 West
SLC, UT 84116
(801) 538-4200
dspd@utah.gov



Community Supports Waiver

Waiver Services

- Behavioral Consultation
- Chore Services
- Companion Services
- Day Supports
- Emergency Response Systems
- Environmental Adaptations
- Extended Living Supports
- Family/Ind. Training and Preparation
- Financial Management Services
- Homemaker Services
- Living Start-up Costs
- Massage Therapy
- Medication Monitoring
- Non-medical Transportation
- Personal Assistance
- Personal Budget Assistance
- Residential Habilitation
- Respite Care
- Specialized Medical Equipment
- Supported Employment
- Supported Living
- Waiver Support Coordination

What is the Community Supports Waiver

- This is a program for individuals with intellectual disabilities or other related conditions.
- It is designed to provide services throughout the state which help people with intellectual disabilities, or conditions related to intellectual disabilities, to remain in their homes or other community based settings.
- Individuals are able to live as independently as possible with supportive services provided through this waiver program.

Who is eligible for waiver services

- A person must demonstrate functional impairment in 3 or more of the major areas of life activities,
- Onset of intellectual disability must occur before age 18 for intellectual disabilities, or before age 22 for other related conditions,
- Primary condition must not be attributable to a mental illness,
- A person must meet level of care criteria for admission to an intermediate care facility for people with intellectual disabilities (ICF/ID),
- Must meet financial eligibility requirements for Medicaid, and
- Must be able to live safely in the community.

What else should I know about this program

- A limited number of individuals are served.
- There is a waiting list for this waiver program.
- Individuals can use only those services they are assessed as needing.

For more information, contact:

Division of Services for People with Disabilities
195 North 1950 West
SLC, UT 84116
(801) 538-4200
dspd@utah.gov



Physical Disabilities Waiver

Waiver Services

- Consumer Preparation Services
- Financial Management Services
- Local Area Support Coordination Liaison
- Personal Attendant Services
- Personal Emergency Response Systems (PERS)

Purpose and Eligibility

Purpose

This waiver is designed to provide services statewide to help people with physical disabilities remain in their homes or other community based settings. Individuals are able to live as independently as possible with supportive services provided through this waiver program. It is designed to be consistent with a service delivery system that promotes and supports participant self-determination.

Eligibility

Requirements

- Be 18 years of age or older.
- Have a physician certify the physical disability of the individual.
- Have a physical impairment resulting in the functional loss of 2 or more limbs, and requiring at least 14 hours per week of personal assistance.
- Be capable of selecting, training and supervising his/her own attendant(s).
- Be capable of managing his/her own financial and legal matters.
- Require nursing facility level of care.
- Meet financial eligibility requirements for Medicaid.
- Have at least one personal attendant trained (or willing to be trained) and available to provide the authorized waiver services in a residence that is safe and adequately equipped for care of the individual.

Limitations and Contact Info

Limitations

- A limited number of individuals are served.
- There is a waiting list for this waiver program.
- Individuals can use only those services they are assessed as needing.

Contact Information

Division of Services for People with Disabilities
195 North 1950 West
SLC, UT 84116
(801) 538-4200
dspd@utah.gov



Waiver Services

- Adult Day Care
- Adult Residential Services
- Assistive Technology Devices
- Attendant Care
- Caregiver Training
- Case Management
- Chore Services
- Consumer Preparation Services
- Community Transition Services
- Emergency Response Systems
- Environmental Accessibility Adaptations
- Financial Management Services
- Habilitation Services
- Home Delivered Meals
- Homemaker Services
- Medication Assistance Services
- Non-medical Transportation
- Personal Budget Assistance
- Respite Care
- Specialized Medical Equipment
- Supportive Maintenance

New Choices Waiver

Purpose

This waiver is designed to serve people who meet nursing facility level of care and who have been residing long term in a nursing facility or assisted living facility. The program provides supportive services to enable individuals to live in their own homes or in other community-based settings.

Eligibility

- Applicants must be at least 18 years old;
- Applicants must be Utah Medicaid recipients;
- The primary condition must not be attributable to a mental illness;
- The individual does not meet 'Intensive Skilled' level of care criteria; and
- The individual does not meet level of care criteria for admission to an intermediate care facility for people with intellectual disabilities (ICF/ID).

In addition to the above criteria, eligible individuals must be:

- Receiving Utah Medicaid reimbursed nursing facility care on an extended stay basis of 90 days or more; or
- Receiving Medicare reimbursed care in a licensed Utah medical institution (that is not an Institution for Mental Disease), on an extended stay of at least 30 days, and will discharge to a Medicaid certified nursing facility for an extended stay of at least 60 days; or
- Receiving Medicaid reimbursed services through another of Utah's 1915(c) waivers and have been identified as in need of immediate or impending nursing facility care; or
- Residing in a licensed assisted living facility on an extended stay basis of 180 days or more.

Limitations to the waiver

- Serves a limited number of individuals (1400).
- Individuals can receive only those services they are assessed to need.

Contact Information

Salt Lake City area: 801-538-6155
Outside of the Salt Lake City area and
in neighboring states: 1-800-662-9651
Fax 801-323-1586
newchoiceswaiver@utah.gov
www.health.utah.gov/ltc



Technology Dependent Waiver

Waiver Services

- Extended Private Duty Nursing
- Family Directed Support
- Family Support Services
- Financial Management Services
- In-Home Feeding Therapy
- Home Health Certified Nursing Assistant
- Skilled Nursing Respite Care

Purpose and Eligibility

Purpose

This waiver provides services statewide to help technology dependent, medically fragile individuals remain in their homes or other community based settings. Individuals receive services through this waiver program in order to prevent institutionalization and relieve primary caregivers from continuous care. It is designed to be consistent with a service delivery system that promotes and supports participant/family self-determination.

Eligibility

Requirements

- Be under 21 years of age at the time of admission.
- Require nursing facility level of care.
- Meet financial eligibility requirements for Medicaid.
- Have at least one caregiver trained and available to provide authorized waiver services.
- Require skilled nursing and/or rehabilitative services at least five days per week and be dependent upon one or more of the following:
 - Mechanical ventilator,
 - Tracheostomy based respiratory support,
 - Continuous or intermittent positive airway pressure support (C-PAP or Bi-PAP), or
 - Intravenous administration of nutritional therapy or medication through a central line.

Limitations and Contact Info

Limitations

- A limited number of individuals are served.
- There is a waiting list for this waiver program.
- Individuals can use only those services they are assessed as needing.

Contact Information

Carrie Carter (801) 584-8505, carriecarter@utah.gov
DeDee Schrenk (801) 584-8506, dschrenk@utah.gov
Toll free 1-800-829-8200
UDOH Bureau of Children with Special Health Care Needs
P.O. Box 144650
44 North Mario Capecchi Drive
SLC, UT 84114-4650
Fax: (801) 584-8282



UTAH DEPARTMENT OF
HEALTH