



Gary Richard Herbert

Governor

Declaration

Whereas, despite advances in medical technology and research, men continue to live an average of nearly six years less than women with African-American men having the lowest life expectancy;

Whereas, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems can result in reducing mortality rates from disease;

Whereas, men who are educated about the value of preventive health issues will be more likely to participate in health screening;

Whereas, the Men's Health Network worked with the United States Congress to develop National Men's Health Week to help educate men and their families about the importance of positive health attitudes and preventative health practices;

Whereas, Utah Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, prostate, testicular and colon cancer; and

Whereas, Utahns are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

Now, Therefore, I, Gary R. Herbert, Governor of the State of Utah, do hereby declare June 14 - 20, 2010 as

Men's Health Week

Gary R. Herbert  
Governor