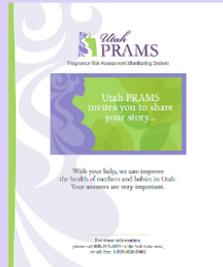


# How to Share Your Story

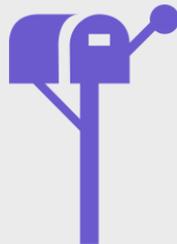
and help mothers and babies in Utah



If you have recently had a baby...

You may be selected to participate in a highly respected health survey called Utah PRAMS\*...

OR



If chosen, you may receive our survey in the mail. It's simple! Just fill it out and send it back in the pre-paid envelope...

Or, you may be contacted by phone to complete the interview then.



The purpose of this survey is to find out why some babies are born healthy and others are not. The results will be used to plan programs to help mothers and babies in Utah. Thank you for your help!

\*The Pregnancy Risk Assessment Monitoring System (PRAMS) is a research project sponsored by the Centers for Disease Control and Prevention and the Utah Department of Health.

