

# Newborn Screening Specimen Collection



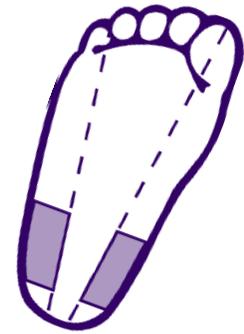
Newborn Screening Follow-up Program: 801-584-8256

Newborn Screening Laboratory: 801-965-2400

## I.P.O.D.S.

### I- Include all of the information on the card

- ◆ All of the information is important and needed for testing.
- ◆ Use BLUE or BLACK ink only. Use legible block letters, no cursive.
- ◆ Commonly missed information:
  - ◆ Date of Collection
  - ◆ Provider/Clinic information
  - ◆ Baby's Date of Birth
  - ◆ Mother's information
- ◆ Check the expiration date of the card, make sure it is not expired.



### P- Poke the baby in the heel

- ◆ The heel of an infant is used because it is the safest to avoid infection.
- ◆ Results are validated only for specimens collected using the **heel stick method**.
- ◆ Capillary tube collection is NEVER acceptable. It will:
  - ◆ result in an unsatisfactory specimen.
  - ◆ cause uneven distribution of blood on the card.
  - ◆ cause tearing or scratching of the filter paper.

### O- ONE large drop of blood per circle

- ◆ Do not overlap the blood or put more than one drop in a circle
  - ◆ Do not overfill circle (this will cause wrinkling of the filter paper).
  - ◆ Do not under fill the circle (tiny drops of blood will not be enough sample to run the tests).
  - ◆ Apply blood to only one side of the card.
  - ◆ Bring along a miscellaneous replacement card just in case the collection does not go well. If a miscellaneous card is needed, cross out miscellaneous card number and write in original kit number. Original kit number can be obtained by calling the follow-up program.
- For more information about miscellaneous card collection, please see the misc. card sheet.



### D- Dry the card

- ◆ Dry the card for 3-4 hours before sending it to the State Laboratory.
- ◆ Do not use a fan, heater, or any other method to speed up the drying process.
- ◆ Drying racks are available, free of charge through our website.

### S- Send the specimen to the lab

- ◆ Use a strong, durable envelope for sending.
- ◆ Send the specimen to the laboratory within 24 hours of collection.
- ◆ Do not use a biohazard bag for sending specimens.
- ◆ Before sending, look over the card once more to ensure all of the information has been filled out.