

**PCS12 and MCS12 Difference Scores for Persons With Various Medical Problems
and Lifestyle Characteristics: Adults Age 18 or Over, Utah, 1996**

Chronic Medical Conditions	PCS12 Difference Score		MCS12 Difference Score		% of Utah Adults (age 18 and over) with Condition
	Male	Female	Male	Female	
Diabetes diagnosed by a doctor	-4.5 ± 2.65	-5.0 ± 2.51	+0.6 ± 2.08	-2.3 ± 2.70	4.9%
Currently under medical care for asthma	-6.8 ± 3.10	-6.5 ± 2.31	+0.3 ± 2.63	-2.5 ± 1.98	4.7%
Currently under medical care for obstructive pulmonary disease (such as chronic bronchitis or emphysema)	-9.0 ± 4.53	-16.5 ± 6.29	-4.6 ± 3.74	-6.4 ± 6.74	1.3%
Currently under medical care for arthritis	-6.6 ± 3.00	-9.1 ± 1.65	-0.6 ± 1.80	-1.9 ± 1.76	9.0%
Stroke diagnosed by a doctor	-9.0 ± 4.19	-15.0 ± 3.51	+0.8 ± 5.72	-5.1 ± 6.45	1.1%
Heart disease, such as angina, congestive heart failure, or heart attack diagnosed by a doctor	-6.4 ± 3.49	-8.9 ± 3.23	-0.5 ± 2.18	-4.0 ± 2.98	4.6%

Medical Problems	PCS12 Difference Score		MCS12 Difference Score		% of Utah Adults (age 18 and over) with Condition
	Male	Female	Male	Female	
Current hearing loss in one or both ears	-1.2 ± 1.49	-2.7 ± 2.04	-1.2 ± 1.31	-2.3 ± 1.67	12.5%
Difficulty seeing, even when wearing glasses or contact lenses	-2.3 ± 2.21	-5.3 ± 2.47	-2.2 ± 2.74	-3.7 ± 2.04	4.3%
Current speech impairment	-3.7 ± 6.13	-8.6 ± 11.84	-1.2 ± 4.25	-8.0 ± 6.84	0.7%
Injured during the last 12 months	-2.4 ± 1.69	-3.9 ± 1.67	+0.7 ± 1.16	-1.7 ± 1.33	12.4%
Obesity (Body Mass Index ≥ 27.8 for males, 27.3 for females)	-1.5 ± 1.08	-3.9 ± 1.10	+1.1 ± 0.76	-1.0 ± 1.02	26.9%
Limited in usual activities by back/neck pain	-6.9 ± 4.39	-20.2 ± 6.35	+3.4 ± 3.84	-16.1 ± 14.68	88.2%
Hypertension diagnosed by a doctor	-0.7 ± 1.37	-3.1 ± 1.23	-0.2 ± 1.25	-2.0 ± 1.12	19.0%
High blood cholesterol diagnosed by a doctor	-0.7 ± 1.31	-3.2 ± 1.39	-0.5 ± 1.22	-1.6 ± 1.14	25.7%

Lifestyle Characteristic	PCS12 Difference Score		MCS12 Difference Score		% of Utah Adults (age 18 and over) with Condition
	Male	Female	Male	Female	
Exercises vigorously for 20 minutes at least three times a week	+1.8 ± 0.65	+1.1 ± 0.57	+1.0 ± 0.61	-0.3 ± 0.61	51.4%
Had at least one alcoholic beverage during the past month, but no more than 2 per day, on average	+0.8 ± 0.90	+0.3 ± 1.08	+0.5 ± 0.84	-1.6 ± 1.00	25.9%
Had 61 or more drinks during the last month	-1.6 ± 4.68	-1.7 ± 3.94	-1.9 ± 3.06	-6.5 ± 8.68	2.1%
Smokes cigarettes now	-2.4 ± 1.88	-4.1 ± 2.02	-1.3 ± 1.76	-4.0 ± 1.84	11.7%
Eats at least five servings of fruits or vegetables on a typical day	+2.2 ± 2.10	-0.9 ± 1.43	+1.0 ± 1.41	+0.3 ± 1.02	12.9%