



Central Utah Health District



Central Utah Health District*

Table 1. General Health Status: Percentage of Persons

Who Were in Fair or Poor Health

by Selected Demographic Characteristics, Central Utah Health District, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons Who Were in Fair/Poor Health		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District	100.0%	67,207	9.2% ± 1.8%	6,200	100.0%
Sex					
Male	50.4%	33,893	8.1% ± 2.1%	2,700	44.3%
Female	49.6%	33,314	10.3% ± 2.3%	3,400	55.7%
Total, All Central Utah HD	100.0%	67,207	9.2% ± 1.8%	6,200	100.0%
Age Group					
17 and Under	33.9%	22,796	1.3% ± 0.9%	300	4.7%
18 to 34	23.1%	15,502	6.5% ± 2.7%	1,000	15.6%
35 to 49	18.1%	12,157	6.6% ± 3.4%	800	12.5%
50 to 64	13.1%	8,803	18.8% ± 6.3%	1,700	26.6%
65 and Over	11.8%	7,949	32.6% ± 8.2%	2,600	40.6%
Total, All Central Utah HD	100.0%	67,207	9.2% ± 1.8%	6,200	100.0%
Sex and Age					
Males, 17 and Under	17.4%	11,692	*** ± ***	***	***
Males, 18 to 34	11.8%	7,948	6.6% ± 4.0%	500	8.1%
Males, 35 to 49	9.2%	6,188	7.0% ± 4.3%	400	6.5%
Males, 50 to 64	6.6%	4,403	17.8% ± 7.6%	800	12.9%
Males, 65 and Over	5.4%	3,662	26.0% ± 10.4%	1,000	16.1%
Females, 17 and Under	16.5%	11,104	1.7% ± 1.5%	200	3.2%
Females, 18 to 34	11.2%	7,554	6.4% ± 3.8%	500	8.1%
Females, 35 to 49	8.9%	5,969	6.3% ± 4.2%	400	6.5%
Females, 50 to 64	6.5%	4,400	19.8% ± 7.5%	900	14.5%
Females, 65 and Over	6.4%	4,287	38.5% ± 10.8%	1,700	27.4%
Total, All Central Utah HD	100.0%	67,207	9.2% ± 1.8%	6,200	100.0%
Annual Household Income					
Under \$20,000	14.2%	9,554	20.2% ± 7.7%	1,900	30.6%
\$20,000 to <\$45,000	43.9%	29,514	10.0% ± 3.1%	2,900	46.8%
\$45,000 to <\$65,000	26.0%	17,504	6.0% ± 3.1%	1,100	17.7%
\$65,000 and Over	15.8%	10,635	*** ± ***	***	***
Total, All Central Utah HD	100.0%	67,207	9.2% ± 1.8%	6,200	100.0%
Education Level					
Some High School	7.9%	3,505	26.3% ± 10.3%	900	15.0%
High School Grad/Some College	63.9%	28,368	14.1% ± 3.2%	4,000	66.7%
Technical/Vocational Degree	9.3%	4,120	11.9% ± 7.4%	500	8.3%
4 Year College Degree or More	19.0%	8,418	7.3% ± 3.8%	600	10.0%
Total, Central Utah HD, Age 18+	100.0%	44,411	13.6% ± 2.6%	6,000	100.0%
Employment Status					
Full Time	52.1%	23,146	6.1% ± 2.7%	1,400	23.3%
Part Time	13.9%	6,157	6.4% ± 4.2%	400	6.7%
Retired	15.9%	7,070	28.2% ± 8.3%	2,000	33.3%
Keeping House	9.7%	4,308	14.4% ± 7.3%	600	10.0%
Student	2.7%	1,200	*** ± ***	***	***
Unemployed/Other	5.7%	2,530	60.0% ± 13.9%	1,500	25.0%
Total, Central Utah HD, Age 18+	100.0%	44,411	13.6% ± 2.6%	6,000	100.0%
Hispanic Status					
Hispanic	4.8%	3,202	8.3% ± 6.3%	300	4.8%
Non-Hispanic	95.2%	64,005	9.2% ± 1.9%	5,900	95.2%
Total, All Central Utah HD	100.0%	67,207	9.2% ± 1.8%	6,200	100.0%
Marital Status					
Married	75.5%	33,509	13.8% ± 3.1%	4,600	76.7%
Never Married	12.9%	5,714	3.8% ± 3.4%	200	3.3%
Divorced/Separated/Widowed	11.7%	5,188	22.5% ± 7.8%	1,200	20.0%
Total, Central Utah HD, Age 18+	100.0%	44,411	13.6% ± 2.6%	6,000	100.0%

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Central Utah Health District*

Table 2. General Physical Functional Status: Percentage of Adults Who

Accomplished Less as a Result of Their Physical Health

by Selected Demographic Characteristics, Central Utah Residents Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons Who Accomplished Less		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District, Age 18+	100.0%	44,411	23.0% ± 4.1%	10,200	100.0%
Sex					
Male	50.0%	22,201	17.3% ± 6.3%	3,800	37.3%
Female	50.0%	22,210	28.7% ± 5.2%	6,400	62.7%
Total, Central Utah HD, Age 18+	100.0%	44,411	23.0% ± 4.1%	10,200	100.0%
Age Group					
18 to 34	34.9%	15,502	17.0% ± 6.8%	2,600	25.2%
35 to 49	27.4%	12,157	17.0% ± 7.3%	2,100	20.4%
50 to 64	19.8%	8,803	27.3% ± 8.4%	2,400	23.3%
65 and Over	17.9%	7,949	40.3% ± 11.2%	3,200	31.1%
Total, Central Utah HD, Age 18+	100.0%	44,411	23.0% ± 4.1%	10,200	100.0%
Sex and Age					
Males, 18 to 34 [§]	17.9%	7,948	12.2% ± 10.3%	1,000	9.7%
Males, 35 to 49	13.9%	6,188	16.3% ± 10.8%	1,000	9.7%
Males, 50 to 64 [§]	9.9%	4,403	20.0% ± 13.2%	900	8.7%
Males, 65 and Over [§]	8.2%	3,662	27.9% ± 18.6%	1,000	9.7%
Females, 18 to 34	17.0%	7,554	22.2% ± 8.5%	1,700	16.5%
Females, 35 to 49	13.4%	5,969	17.9% ± 9.2%	1,100	10.7%
Females, 50 to 64	9.9%	4,400	32.9% ± 10.7%	1,400	13.6%
Females, 65 and Over	9.7%	4,287	50.7% ± 12.6%	2,200	21.4%
Total, Central Utah HD, Age 18+	100.0%	44,411	23.0% ± 4.1%	10,200	100.0%
Annual Household Income					
Under \$20,000	15.7%	7,061	28.6% ± 12.8%	2,000	20.0%
\$20,000 to <\$45,000	43.4%	21,117	25.1% ± 7.1%	5,300	53.0%
\$45,000 to <\$65,000	24.7%	9,699	18.3% ± 8.0%	1,800	18.0%
\$65,000 and Over	16.1%	6,528	13.1% ± 10.0%	900	9.0%
Total, Central Utah HD, Age 18+	100.0%	44,411	23.0% ± 4.1%	10,200	100.0%
Education Level					
Some High School	7.9%	3,637	28.8% ± 15.9%	1,000	9.8%
High School Grad/Some College	63.9%	28,356	24.9% ± 5.3%	7,100	69.6%
Technical/Vocational Degree	9.3%	4,145	22.1% ± 13.9%	900	8.8%
4 Year College Degree or More	19.0%	8,273	14.2% ± 7.6%	1,200	11.8%
Total, Central Utah HD, Age 18+	100.0%	44,411	23.0% ± 4.1%	10,200	100.0%
Employment Status					
Full Time	52.1%	23,077	11.1% ± 4.6%	2,600	25.5%
Part Time	13.9%	6,099	24.0% ± 10.6%	1,500	14.7%
Retired	15.9%	7,100	40.5% ± 11.8%	2,900	28.4%
Keeping House	9.7%	4,221	26.8% ± 12.0%	1,100	10.8%
Student	2.7%	1,189	*** ± ***	***	***
Unemployed/Other	5.7%	2,726	61.3% ± 23.7%	1,700	16.7%
Total, Central Utah HD, Age 18+	100.0%	44,411	23.0% ± 4.1%	10,200	100.0%
Hispanic Status					
Hispanic	3.7%	1,663	27.0% ± 25.8%	400	4.0%
Non-Hispanic	96.3%	42,748	22.8% ± 4.1%	9,700	96.0%
Total, Central Utah HD, Age 18+	100.0%	44,411	23.0% ± 4.1%	10,200	100.0%
Marital Status					
Married	75.5%	33,394	24.0% ± 4.9%	8,000	77.7%
Never Married	12.9%	5,794	10.7% ± 8.2%	600	5.8%
Divorced/Separated/Widowed	11.7%	5,223	32.1% ± 10.5%	1,700	16.5%
Total, Central Utah HD, Age 18+	100.0%	44,411	23.0% ± 4.1%	10,200	100.0%

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

§ These estimates are based on fewer than 50 sample cases in the denominator and should be considered statistically unreliable.

Central Utah Health District*

Table 3. General Mental Functional Status: Percentage of Adults Who

Accomplished Less as a Result of Their Mental Health

by Selected Demographic Characteristics, Central Utah Residents Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons Who Accomplished Less		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District, Age 18+	100.0%	44,411	14.5% ± 3.4%	6,500	100.0%
Sex					
Male	50.0%	22,201	10.8% ± 5.1%	2,400	36.9%
Female	50.0%	22,210	18.3% ± 4.5%	4,100	63.1%
Total, Central Utah HD, Age 18+	100.0%	44,411	14.5% ± 3.4%	6,500	100.0%
Age Group					
18 to 34	34.9%	15,502	14.8% ± 6.2%	2,300	34.8%
35 to 49	27.4%	12,157	11.9% ± 5.9%	1,400	21.2%
50 to 64	19.8%	8,803	8.4% ± 4.9%	700	10.6%
65 and Over	17.9%	7,949	27.1% ± 10.6%	2,200	33.3%
Total, Central Utah HD, Age 18+	100.0%	44,411	14.5% ± 3.4%	6,500	100.0%
Sex and Age					
Males, 18 to 34	17.9%	7,948	*** ± ***	***	***
Males, 35 to 49	13.9%	6,188	*** ± ***	***	***
Males, 50 to 64	9.9%	4,403	*** ± ***	***	***
Males, 65 and Over [§]	8.2%	3,662	33.3% ± 19.2%	1,200	18.5%
Females, 18 to 34	17.0%	7,554	21.3% ± 8.4%	1,600	24.6%
Females, 35 to 49	13.4%	5,969	19.0% ± 9.8%	1,100	16.9%
Females, 50 to 64	9.9%	4,400	11.3% ± 6.8%	500	7.7%
Females, 65 and Over	9.7%	4,287	21.7% ± 10.2%	900	13.8%
Total, Central Utah HD, Age 18+	100.0%	44,411	14.5% ± 3.4%	6,500	100.0%
Annual Household Income					
Under \$20,000	15.7%	7,061	21.6% ± 11.3%	1,500	23.1%
\$20,000 to <\$45,000	43.4%	21,117	13.0% ± 5.4%	2,700	41.5%
\$45,000 to <\$65,000	24.7%	9,699	15.2% ± 8.5%	1,500	23.1%
\$65,000 and Over	16.1%	6,528	*** ± ***	***	***
Total, Central Utah HD, Age 18+	100.0%	44,411	14.5% ± 3.4%	6,500	100.0%
Education Level					
Some High School	7.9%	3,637	29.5% ± 15.6%	1,100	16.9%
High School Grad/Some College	63.9%	28,356	17.2% ± 4.8%	4,900	75.4%
Technical/Vocational Degree	9.3%	4,145	*** ± ***	***	***
4 Year College Degree or More	19.0%	8,273	3.7% ± 3.3%	300	4.6%
Total, Central Utah HD, Age 18+	100.0%	44,411	14.5% ± 3.4%	6,500	100.0%
Employment Status					
Full Time	52.1%	23,077	8.5% ± 4.2%	2,000	30.8%
Part Time	13.9%	6,099	17.3% ± 9.1%	1,100	16.9%
Retired	15.9%	7,100	20.3% ± 9.7%	1,400	21.5%
Keeping House	9.7%	4,221	15.0% ± 9.6%	600	9.2%
Student	2.7%	1,189	*** ± ***	***	***
Unemployed/Other	5.7%	2,726	37.1% ± 19.4%	1,000	15.4%
Total, Central Utah HD, Age 18+	100.0%	44,411	14.5% ± 3.4%	6,500	100.0%
Hispanic Status					
Hispanic	3.7%	1,663	*** ± ***	***	***
Non-Hispanic	96.3%	42,748	*** ± ***	***	***
Total, Central Utah HD, Age 18+	100.0%	44,411	14.5% ± 3.4%	6,500	100.0%
Marital Status					
Married	75.5%	33,394	12.5% ± 3.7%	4,200	64.6%
Never Married	12.9%	5,794	13.3% ± 11.2%	800	12.3%
Divorced/Separated/Widowed	11.7%	5,223	29.0% ± 11.3%	1,500	23.1%
Total, Central Utah HD, Age 18+	100.0%	44,411	14.5% ± 3.4%	6,500	100.0%

¹ Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

² Plus or minus 95% confidence interval.

³ Rounded to the nearest 100 persons.

⁴ Figures in these columns do not sum to the total because of missing values on the grouping variables.

⁵ These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

[§] These estimates are based on fewer than 50 sample cases in the denominator and should be considered statistically unreliable.

Central Utah Health District*

Table 4a. Health Insurance: Percentage of Persons

With No Health Insurance Coverage

by Selected Demographic Characteristics, Central Utah Health District, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons Without Health Insurance		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District	100.0%	67,207	12.0% ± 3.2%	8,000	100.0%
Sex					
Male	50.4%	33,893	11.8% ± 3.4%	4,000	49.4%
Female	49.6%	33,314	12.2% ± 3.4%	4,100	50.6%
Total, All Central Utah HD	100.0%	67,207	12.0% ± 3.2%	8,000	100.0%
Age Group					
17 and Under	33.9%	22,796	9.3% ± 4.0%	2,100	26.3%
18 to 34	23.1%	15,502	23.3% ± 6.6%	3,600	45.0%
35 to 49	18.1%	12,157	12.1% ± 4.8%	1,500	18.8%
50 to 64	13.1%	8,803	9.4% ± 4.4%	800	10.0%
65 and Over	11.8%	7,949	*** ± ***	***	***
Total, All Central Utah HD	100.0%	67,207	12.0% ± 3.2%	8,000	100.0%
Sex and Age					
Males, 17 and Under	17.4%	11,692	8.4% ± 3.9%	1,000	12.5%
Males, 18 to 34	11.8%	7,948	23.0% ± 8.1%	1,800	22.5%
Males, 35 to 49	9.2%	6,188	14.6% ± 6.1%	900	11.3%
Males, 50 to 64	6.6%	4,403	5.6% ± 4.4%	200	2.5%
Males, 65 and Over	5.4%	3,662	*** ± ***	***	***
Females, 17 and Under	16.5%	11,104	10.2% ± 4.9%	1,100	13.8%
Females, 18 to 34	11.2%	7,554	23.7% ± 7.3%	1,800	22.5%
Females, 35 to 49	8.9%	5,969	9.6% ± 5.4%	600	7.5%
Females, 50 to 64	6.5%	4,400	12.9% ± 6.5%	600	7.5%
Females, 65 and Over	6.4%	4,287	*** ± ***	***	***
Total, All Central Utah HD	100.0%	67,207	12.0% ± 3.2%	8,000	100.0%
Annual Household Income					
Under \$20,000	14.2%	9,554	27.3% ± 11.9%	2,600	32.5%
\$20,000 to <\$45,000	43.9%	29,514	14.1% ± 5.6%	4,200	52.5%
\$45,000 to <\$65,000	26.0%	17,504	6.8% ± 4.5%	1,200	15.0%
\$65,000 and Over	15.8%	10,635	*** ± ***	***	***
Total, All Central Utah HD	100.0%	67,207	12.0% ± 3.2%	8,000	100.0%
Education Level					
Some High School	7.9%	3,505	19.7% ± 10.6%	700	12.1%
High School Grad/Some College	63.9%	28,368	14.6% ± 4.2%	4,100	70.7%
Technical/Vocational Degree	9.3%	4,120	9.1% ± 6.7%	400	6.9%
4 Year College Degree or More	19.0%	8,418	7.7% ± 4.8%	600	10.3%
Total, Central Utah HD, Age 18+	100.0%	44,411	13.1% ± 3.2%	5,800	100.0%
Employment Status					
Full Time	52.1%	23,146	13.9% ± 4.2%	3,200	55.2%
Part Time	13.9%	6,157	17.9% ± 8.5%	1,100	19.0%
Retired	15.9%	7,070	*** ± ***	***	***
Keeping House	9.7%	4,308	17.5% ± 8.2%	800	13.8%
Student	2.7%	1,200	*** ± ***	***	***
Unemployed/Other	5.7%	2,530	20.9% ± 10.6%	500	8.6%
Total, Central Utah HD, Age 18+	100.0%	44,411	13.1% ± 3.2%	5,800	100.0%
Hispanic Status					
Hispanic	4.8%	3,202	45.5% ± 29.7%	1,500	18.1%
Non-Hispanic	95.2%	64,005	10.6% ± 2.8%	6,800	81.9%
Total, All Central Utah HD	100.0%	67,207	12.0% ± 3.2%	8,000	100.0%
Marital Status					
Married	75.5%	33,509	11.1% ± 3.5%	3,700	62.7%
Never Married	12.9%	5,714	22.3% ± 8.2%	1,300	22.0%
Divorced/Separated/Widowed	11.7%	5,188	18.0% ± 7.5%	900	15.3%
Total, Central Utah HD, Age 18+	100.0%	44,411	13.1% ± 3.2%	5,800	100.0%

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Central Utah Health District*

Table 4b. Health Insurance Carrier: Percentage of Persons With Each Type of Health Insurance

Persons With Health Insurance, Central Utah Health District, 2001.

Health Insurance Carrier	Survey Estimates of Persons by Insurance Carrier	
	Percentage of Persons With Each Type of Plan ^{2,3}	Number of Persons With Each Type of Plan ¹
Private Plan ⁴	72.9% ± 4.4%	49,000
Current or Former Employer or Union	59.6% ± 4.9%	40,000
Medicare	12.6% ± 2.4%	8,500
Medicaid	7.0% ± 1.9%	4,700
Other Government Plan ⁵	2.9% ± 1.2%	2,000
CHIP ⁶	3.6% ± 1.8%	2,400
Total, All Central Utah Health District With Health Insurance	100.0%	59,100

1 Rounded to the nearest 100 persons.

2 Plus or minus 95% confidence interval.

3 Because individuals could have more than one plan, figures in this column do not sum to 100%.

4 "Private plan" consists of insurance through current or former employer or union, insurance purchased directly from an insurance company, and insurance through someone who does not live in the household.

5 "Other government plan" includes Military, CHAMPUS/Tricare, the V.A., or Indian Health Services.

6 Children's Health Insurance Program.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

Central Utah Health District*

Table 4c. Reasons for Lack of Health Insurance: Percentage of Persons Who Gave Each Reason as a Reason That They Lacked Health Insurance Persons Who Lacked Health Insurance Coverage, Central Utah Health District, 2001.

Reasons for Lack of Insurance	Survey Estimates of Persons by Reason for Lack of Health Insurance	
	Percentage of Persons Who Gave Each Reason ^{2,3}	Number of Persons Who Gave Each Reason ¹
Cannot Afford Insurance	46.1% ± 13.3%	3,700
Employer Does Not Offer Insurance	31.0% ± 12.7%	2,500
Lost Job	29.7% ± 13.3%	2,400
Don't Need/Don't Want Insurance	19.4% ± 12.7%	1,600
Employed Part Time	8.2% ± 4.7%	700
Lost Eligibility	5.4% ± 5.4%	400
Insurance Company Refused to Cover ⁴	*** ± ***	***
Total, All Central Utah Health District Who Lacked Insurance	100.0%	8,000

1 Rounded to the nearest 100 households.

2 Plus or minus 95% confidence interval.

3 Because individuals could choose more than one reason, figures sum to greater than 100%.

4 Reasons an insurance company would refuse to cover an individual included 1) because of a pre-existing condition, 2) the individual exceeded lifetime benefits, or 3) due to some other reason.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Central Utah Health District*

Table 5. Adequacy of Health Insurance: Percentage of Insured Persons Who Were Unable to Get Needed Medical, Dental, or Mental Health Care in the Previous 12 Months by Selected Demographic Characteristics, Persons With Health Insurance, Central Utah Health District, 2001.**

Demographic Subgroup	Population Size		Survey Estimates of Persons With an Access Problem		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Insured Central Utah HD**	100.0%	59,160	16.1% ± 2.7%	9,500	100.0%
Sex					
Male	50.5%	29,900	13.8% ± 3.2%	4,100	43.2%
Female	49.5%	29,261	18.4% ± 3.4%	5,400	56.8%
Total, Insured Central Utah HD	100.0%	59,160	16.1% ± 2.7%	9,500	100.0%
Age Group					
17 and Under	36.1%	21,357	6.4% ± 3.4%	1,400	14.6%
18 to 34	18.3%	10,832	23.6% ± 6.3%	2,600	27.1%
35 to 49	17.5%	10,371	20.7% ± 6.2%	2,100	21.9%
50 to 64	15.4%	9,128	24.6% ± 7.2%	2,200	22.9%
65 and Over	12.6%	7,472	16.8% ± 6.8%	1,300	13.5%
Total, Insured Central Utah HD	100.0%	59,160	16.1% ± 2.7%	9,500	100.0%
Sex and Age					
Males, 17 and Under	19.1%	11,276	7.5% ± 4.6%	900	9.4%
Males, 18 to 34	9.2%	5,425	17.4% ± 7.6%	900	9.4%
Males, 35 to 49	8.7%	5,153	17.1% ± 7.0%	900	9.4%
Males, 50 to 64	7.8%	4,638	22.4% ± 8.7%	1,000	10.4%
Males, 65 and Over	5.8%	3,449	13.2% ± 8.1%	500	5.2%
Females, 17 and Under	17.0%	10,081	5.0% ± 3.5%	500	5.2%
Females, 18 to 34	9.1%	5,407	29.7% ± 8.4%	1,600	16.7%
Females, 35 to 49	8.8%	5,218	24.2% ± 8.1%	1,300	13.5%
Females, 50 to 64	7.6%	4,490	26.8% ± 9.1%	1,200	12.5%
Females, 65 and Over	6.8%	4,023	20.0% ± 8.6%	800	8.3%
Total, Insured Central Utah HD	100.0%	59,160	16.1% ± 2.7%	9,500	100.0%
Annual Household Income					
Under \$20,000	12.4%	7,341	28.8% ± 9.0%	2,100	21.4%
\$20,000 to <\$45,000	45.6%	26,951	18.9% ± 5.3%	5,100	52.0%
\$45,000 to <\$65,000	25.2%	14,902	12.3% ± 4.8%	1,800	18.4%
\$65,000 and Over	16.8%	9,966	8.0% ± 4.2%	800	8.2%
Total, Insured Central Utah HD	100.0%	59,160	16.1% ± 2.7%	9,500	100.0%
Education Level					
Some High School	6.8%	2,615	21.6% ± 11.1%	600	7.1%
High School Grad/Some College	63.0%	24,287	21.8% ± 4.1%	5,300	63.1%
Technical/Vocational Degree	9.8%	3,792	33.2% ± 11.2%	1,300	15.5%
4 Year College Degree or More	20.4%	7,881	15.8% ± 6.5%	1,200	14.3%
Total, Insured Central Utah HD, Age 18+	100.0%	38,575	21.7% ± 3.5%	8,400	100.0%
Employment Status					
Full Time	51.0%	19,687	18.5% ± 4.4%	3,600	42.4%
Part Time	12.7%	4,881	25.9% ± 8.6%	1,300	15.3%
Retired	19.0%	7,342	20.1% ± 7.8%	1,500	17.6%
Keeping House	9.3%	3,571	27.5% ± 10.5%	1,000	11.8%
Student	2.7%	1,023	19.4% ± 17.8%	200	2.4%
Unemployed/Other	5.4%	2,071	43.9% ± 16.8%	900	10.6%
Total, Insured Central Utah HD, Age 18+	100.0%	38,575	21.7% ± 3.5%	8,400	100.0%
Hispanic Status					
Hispanic	2.5%	1,485	*** ± ***	***	***
Non-Hispanic	97.5%	57,675	*** ± ***	***	***
Total, Insured Central Utah HD	100.0%	59,160	16.1% ± 2.7%	9,500	100.0%
Marital Status					
Married	78.2%	30,170	22.7% ± 4.1%	6,900	83.1%
Never Married	10.5%	4,031	9.9% ± 6.4%	400	4.8%
Divorced/Separated/Widowed	11.3%	4,374	23.6% ± 8.7%	1,000	12.0%
Total, Insured Central Utah HD, Age 18+	100.0%	38,575	21.7% ± 3.5%	8,400	100.0%

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

** An individual was defined as unable to get care if they indicated that they delayed or were unable to obtain care because (1) their insurance would not cover the service, (2) the service was not available in their area, or (3) they could not afford to pay for the service.

*** Insufficient sample size for calculation of population estimates.

Central Utah Health District*

Table 6. Health Care Utilization: Average Number of Medical Visits in the Previous 12 Months by Selected Demographic Characteristics, Central Utah Health District, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Average Number of Medical Visits in Previous 12 Months		
	Percentage Distribution	Number of Persons ¹	Average Number of Medical Visits, Last 12 Months ²	Total Number of Medical Visits ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District	100.0%	67,207	3.6 ± 0.3	241,000	100.0%
Sex					
Male	50.4%	33,893	3.1 ± 0.4	103,500	42.9%
Female	49.6%	33,314	4.1 ± 0.4	137,500	57.1%
Total, All Central Utah HD	100.0%	67,207	3.6 ± 0.3	241,000	100.0%
Age Group					
17 and Under	33.9%	22,796	2.9 ± 0.4	65,500	26.9%
18 to 34	23.1%	15,502	3.7 ± 0.7	58,000	23.8%
35 to 49	18.1%	12,157	2.9 ± 0.6	35,800	14.7%
50 to 64	13.1%	8,803	4.8 ± 1.1	42,200	17.3%
65 and Over	11.8%	7,949	5.3 ± 1.2	42,400	17.4%
Total, All Central Utah HD	100.0%	67,207	3.6 ± 0.3	241,000	100.0%
Sex and Age					
Males, 17 and Under	17.4%	11,692	3.1 ± 0.6	36,600	15.0%
Males, 18 to 34	11.8%	7,948	2.1 ± 0.8	16,600	6.8%
Males, 35 to 49	9.2%	6,188	2.2 ± 0.8	13,700	5.6%
Males, 50 to 64	6.6%	4,403	3.9 ± 1.3	17,200	7.1%
Males, 65 and Over	5.4%	3,662	5.4 ± 1.8	19,800	8.1%
Females, 17 and Under	16.5%	11,104	2.6 ± 0.5	28,900	11.9%
Females, 18 to 34	11.2%	7,554	5.4 ± 1.1	41,000	16.9%
Females, 35 to 49	8.9%	5,969	3.7 ± 0.8	22,000	9.0%
Females, 50 to 64	6.5%	4,400	5.7 ± 1.7	25,000	10.3%
Females, 65 and Over	6.4%	4,287	5.3 ± 1.5	22,500	9.2%
Total, All Central Utah HD	100.0%	67,207	3.6 ± 0.3	241,000	100.0%
Annual Household Income					
Under \$20,000	14.2%	9,554	4.3 ± 0.9	41,100	17.0%
\$20,000 to <\$45,000	43.9%	29,514	3.9 ± 0.5	116,400	48.1%
\$45,000 to <\$65,000	26.0%	17,504	3.0 ± 0.5	52,600	21.7%
\$65,000 and Over	15.8%	10,635	3.0 ± 0.7	31,900	13.2%
Total, All Central Utah HD	100.0%	67,207	3.6 ± 0.3	241,000	100.0%
Education Level					
Some High School	7.9%	3,505	4.5 ± 1.6	15,700	8.8%
High School Grad/Some College	63.9%	28,368	4.2 ± 0.6	119,300	66.8%
Technical/Vocational Degree	9.3%	4,120	2.9 ± 0.8	11,800	6.6%
4 Year College Degree or More	19.0%	8,418	3.8 ± 1.0	31,800	17.8%
Total, Central Utah HD, Age 18+	100.0%	44,411	4.0 ± 0.4	178,600	100.0%
Employment Status					
Full Time	52.1%	23,146	3.0 ± 0.5	68,700	38.7%
Part Time	13.9%	6,157	4.2 ± 1.0	25,600	14.4%
Retired	15.9%	7,070	5.1 ± 1.1	36,100	20.3%
Keeping House	9.7%	4,308	4.9 ± 1.4	20,900	11.8%
Student	2.7%	1,200	2.2 ± 1.0	2,600	1.5%
Unemployed/Other	5.7%	2,530	9.3 ± 3.3	23,600	13.3%
Total, Central Utah HD, Age 18+	100.0%	44,411	4.0 ± 0.4	178,600	100.0%
Hispanic Status					
Hispanic	4.8%	3,202	1.9 ± 0.6	6,200	2.6%
Non-Hispanic	95.2%	64,005	3.7 ± 0.3	234,900	97.4%
Total, All Central Utah HD	100.0%	67,207	3.6 ± 0.3	241,000	100.0%
Marital Status					
Married	75.5%	33,509	4.0 ± 0.5	132,700	74.4%
Never Married	12.9%	5,714	3.4 ± 1.3	19,600	11.0%
Divorced/Separated/Widowed	11.7%	5,188	5.0 ± 1.7	26,000	14.6%
Total, Central Utah HD, Age 18+	100.0%	44,411	4.0 ± 0.4	178,600	100.0%

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

Note: Does not include overnight hospital stays.

Central Utah Health District*

Table 7. Preventive Medical Visit: Percentage of Persons Who Received a Routine Medical Check-up in the Previous 12 Months by Selected Demographic Characteristics, Central Utah Health District, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons With a Routine Exam		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District	100.0%	67,207	68.7% ± 3.5%	46,200	100.0%
Sex					
Male	50.4%	33,893	70.9% ± 4.3%	24,000	51.9%
Female	49.6%	33,314	66.6% ± 4.3%	22,200	48.1%
Total, All Central Utah HD	100.0%	67,207	68.7% ± 3.5%	46,200	100.0%
Age Group					
17 and Under	33.9%	22,796	69.3% ± 6.0%	15,800	34.3%
18 to 34	23.1%	15,502	63.8% ± 6.4%	9,900	21.5%
35 to 49	18.1%	12,157	65.3% ± 6.9%	7,900	17.1%
50 to 64	13.1%	8,803	72.9% ± 7.4%	6,400	13.9%
65 and Over	11.8%	7,949	77.2% ± 7.9%	6,100	13.2%
Total, All Central Utah HD	100.0%	67,207	68.7% ± 3.5%	46,200	100.0%
Sex and Age					
Males, 17 and Under	17.4%	11,692	74.7% ± 7.0%	8,700	19.0%
Males, 18 to 34	11.8%	7,948	60.6% ± 9.9%	4,800	10.5%
Males, 35 to 49	9.2%	6,188	62.4% ± 9.6%	3,900	8.5%
Males, 50 to 64	6.6%	4,403	78.0% ± 9.2%	3,400	7.4%
Males, 65 and Over	5.4%	3,662	79.8% ± 10.5%	2,900	6.3%
Females, 17 and Under	16.5%	11,104	63.1% ± 8.2%	7,000	15.3%
Females, 18 to 34	11.2%	7,554	66.4% ± 8.1%	5,000	10.9%
Females, 35 to 49	8.9%	5,969	67.7% ± 8.7%	4,000	8.7%
Females, 50 to 64	6.5%	4,400	68.1% ± 10.0%	3,000	6.5%
Females, 65 and Over	6.4%	4,287	74.9% ± 10.2%	3,200	7.0%
Total, All Central Utah HD	100.0%	67,207	68.7% ± 3.5%	46,200	100.0%
Annual Household Income					
Under \$20,000	14.2%	9,554	75.0% ± 9.9%	7,200	15.4%
\$20,000 to <\$45,000	43.9%	29,514	71.1% ± 5.1%	21,000	44.9%
\$45,000 to <\$65,000	26.0%	17,504	65.6% ± 7.1%	11,500	24.6%
\$65,000 and Over	15.8%	10,635	66.9% ± 10.3%	7,100	15.2%
Total, All Central Utah HD	100.0%	67,207	68.7% ± 3.5%	46,200	100.0%
Education Level					
Some High School	7.9%	3,505	68.4% ± 13.1%	2,400	7.9%
High School Grad/Some College	63.9%	28,368	68.2% ± 4.7%	19,300	63.3%
Technical/Vocational Degree	9.3%	4,120	70.4% ± 11.3%	2,900	9.5%
4 Year College Degree or More	19.0%	8,418	69.8% ± 7.7%	5,900	19.3%
Total, Central Utah HD, Age 18+	100.0%	44,411	68.7% ± 3.8%	30,500	100.0%
Employment Status					
Full Time	52.1%	23,146	68.7% ± 5.2%	15,900	51.6%
Part Time	13.9%	6,157	58.9% ± 9.4%	3,600	11.7%
Retired	15.9%	7,070	80.4% ± 7.8%	5,700	18.5%
Keeping House	9.7%	4,308	71.5% ± 10.8%	3,100	10.1%
Student	2.7%	1,200	68.9% ± 25.6%	800	2.6%
Unemployed/Other	5.7%	2,530	65.6% ± 15.0%	1,700	5.5%
Total, Central Utah HD, Age 18+	100.0%	44,411	68.7% ± 3.8%	30,500	100.0%
Hispanic Status					
Hispanic	4.8%	3,202	79.1% ± 15.4%	2,500	5.4%
Non-Hispanic	95.2%	64,005	68.4% ± 3.5%	43,800	94.6%
Total, All Central Utah HD	100.0%	67,207	68.7% ± 3.5%	46,200	100.0%
Marital Status					
Married	75.5%	33,509	69.4% ± 4.2%	23,300	76.4%
Never Married	12.9%	5,714	57.4% ± 10.8%	3,300	10.8%
Divorced/Separated/Widowed	11.7%	5,188	74.3% ± 9.6%	3,900	12.8%
Total, Central Utah HD, Age 18+	100.0%	44,411	68.7% ± 3.8%	30,500	100.0%

¹ Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

² Plus or minus 95% confidence interval.

³ Rounded to the nearest 100 persons.

⁴ Figures in these columns do not sum to the total because of missing values on the grouping variables.

⁵ These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

Central Utah Health District*

Table 8. Place of Care: Percentage of Persons Who Had No Usual Place of Medical Care by Selected Demographic Characteristics, Central Utah Health District, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons With No Primary Care Provider			
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²		Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District	100.0%	67,207	5.3% ± 2.0%		3,600	100.0%
Sex						
Male	50.4%	33,893	6.6% ± 2.3%		2,200	62.9%
Female	49.6%	33,314	4.0% ± 2.1%		1,300	37.1%
Total, All Central Utah HD	100.0%	67,207	5.3% ± 2.0%		3,600	100.0%
Age Group						
17 and Under	33.9%	22,796	2.9% ± 2.1%		700	18.4%
18 to 34	23.1%	15,502	8.1% ± 4.9%		1,300	34.2%
35 to 49	18.1%	12,157	5.9% ± 3.2%		700	18.4%
50 to 64	13.1%	8,803	4.4% ± 2.8%		400	10.5%
65 and Over	11.8%	7,949	8.3% ± 5.4%		700	18.4%
Total, All Central Utah HD	100.0%	67,207	5.3% ± 2.0%		3,600	100.0%
Sex and Age						
Males, 17 and Under	17.4%	11,692	2.3% ± 1.8%		300	8.3%
Males, 18 to 34	11.8%	7,948	10.9% ± 6.2%		900	25.0%
Males, 35 to 49	9.2%	6,188	8.5% ± 4.7%		500	13.9%
Males, 50 to 64	6.6%	4,403	5.9% ± 4.5%		300	8.3%
Males, 65 and Over	5.4%	3,662	10.7% ± 7.4%		400	11.1%
Females, 17 and Under	16.5%	11,104	3.5% ± 2.5%		400	11.1%
Females, 18 to 34	11.2%	7,554	5.3% ± 5.0%		400	11.1%
Females, 35 to 49	8.9%	5,969	3.3% ± 3.2%		200	5.6%
Females, 50 to 64	6.5%	4,400	*** ± ***		***	***
Females, 65 and Over	6.4%	4,287	6.2% ± 5.2%		300	8.3%
Total, All Central Utah HD	100.0%	67,207	5.3% ± 2.0%		3,600	100.0%
Annual Household Income						
Under \$20,000	14.2%	9,554	15.1% ± 11.4%		1,400	38.9%
\$20,000 to <\$45,000	43.9%	29,514	2.9% ± 1.8%		900	25.0%
\$45,000 to <\$65,000	26.0%	17,504	4.1% ± 3.2%		700	19.4%
\$65,000 and Over	15.8%	10,635	*** ± ***		***	***
Total, All Central Utah HD	100.0%	67,207	5.3% ± 2.0%		3,600	100.0%
Education Level						
Some High School	7.9%	3,505	7.6% ± 6.4%		300	9.7%
High School Grad/Some College	63.9%	28,368	6.2% ± 2.9%		1,800	58.1%
Technical/Vocational Degree	9.3%	4,120	12.0% ± 7.3%		500	16.1%
4 Year College Degree or More	19.0%	8,418	5.4% ± 4.0%		500	16.1%
Total, Central Utah HD, Age 18+	100.0%	44,411	6.7% ± 2.3%		3,000	100.0%
Employment Status						
Full Time	52.1%	23,146	7.9% ± 3.5%		1,800	60.0%
Part Time	13.9%	6,157	*** ± ***		***	***
Retired	15.9%	7,070	9.5% ± 5.5%		700	23.3%
Keeping House	9.7%	4,308	6.0% ± 5.0%		300	10.0%
Student	2.7%	1,200	*** ± ***		***	***
Unemployed/Other	5.7%	2,530	*** ± ***		***	***
Total, Central Utah HD, Age 18+	100.0%	44,411	6.7% ± 2.3%		3,000	100.0%
Hispanic Status						
Hispanic	4.8%	3,202	*** ± ***		***	***
Non-Hispanic	95.2%	64,005	*** ± ***		***	***
Total, All Central Utah HD	100.0%	67,207	5.3% ± 2.0%		3,600	100.0%
Marital Status						
Married	75.5%	33,509	6.0% ± 2.6%		2,000	69.0%
Never Married	12.9%	5,714	7.5% ± 5.5%		400	13.8%
Divorced/Separated/Widowed	11.7%	5,188	10.4% ± 6.2%		500	17.2%
Total, Central Utah HD, Age 18+	100.0%	44,411	6.7% ± 2.3%		3,000	100.0%

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Central Utah Health District*

Table 9. Point of Access to Medical Care: Percentage of Persons Whose Usual Point of Access to Medical Care Was a Hospital Emergency Department or an Urgent Care Center by Selected Demographic Characteristics, Central Utah Health District, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons Who Accessed Care in ED or Urgent Care Center		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District	100.0%	67,207	1.2% ± 0.8%	800	100.0%
Sex					
Male	50.4%	33,893	1.5% ± 1.0%	500	62.5%
Female	49.6%	33,314	1.0% ± 0.8%	300	37.5%
Total, All Central Utah HD	100.0%	67,207	1.2% ± 0.8%	800	100.0%
Age Group					
17 and Under	33.9%	22,796	*** ± ***	***	***
18 to 34	23.1%	15,502	*** ± ***	***	***
35 to 49	18.1%	12,157	*** ± ***	***	***
50 to 64	13.1%	8,803	3.4% ± 3.1%	300	37.5%
65 and Over	11.8%	7,949	*** ± ***	***	***
Total, All Central Utah HD	100.0%	67,207	1.2% ± 0.8%	800	100.0%
Sex and Age					
Males, 17 and Under	17.4%	11,692	*** ± ***	***	***
Males, 18 to 34	11.8%	7,948	2.8% ± 2.7%	200	28.6%
Males, 35 to 49	9.2%	6,188	*** ± ***	***	***
Males, 50 to 64	6.6%	4,403	*** ± ***	***	***
Males, 65 and Over	5.4%	3,662	*** ± ***	***	***
Females, 17 and Under	16.5%	11,104	*** ± ***	***	***
Females, 18 to 34	11.2%	7,554	*** ± ***	***	***
Females, 35 to 49	8.9%	5,969	*** ± ***	***	***
Females, 50 to 64	6.5%	4,400	3.8% ± 3.6%	200	28.6%
Females, 65 and Over	6.4%	4,287	*** ± ***	***	***
Total, All Central Utah HD	100.0%	67,207	1.2% ± 0.8%	800	100.0%
Annual Household Income					
Under \$20,000	14.2%	9,554	*** ± ***	***	***
\$20,000 to <\$45,000	43.9%	29,514	1.7% ± 1.7%	500	62.5%
\$45,000 to <\$65,000	26.0%	17,504	*** ± ***	***	***
\$65,000 and Over	15.8%	10,635	*** ± ***	***	***
Total, All Central Utah HD	100.0%	67,207	1.2% ± 0.8%	800	100.0%
Education Level					
Some High School	7.9%	3,505	*** ± ***	***	***
High School Grad/Some College	63.9%	28,368	1.6% ± 1.2%	400	50.0%
Technical/Vocational Degree	9.3%	4,120	*** ± ***	***	***
4 Year College Degree or More	19.0%	8,418	*** ± ***	***	***
Total, Central Utah HD, Age 18+	100.0%	44,411	1.8% ± 1.2%	800	100.0%
Employment Status					
Full Time	52.1%	23,146	*** ± ***	***	***
Part Time	13.9%	6,157	*** ± ***	***	***
Retired	15.9%	7,070	*** ± ***	***	***
Keeping House	9.7%	4,308	*** ± ***	***	***
Student	2.7%	1,200	*** ± ***	***	***
Unemployed/Other	5.7%	2,530	*** ± ***	***	***
Total, Central Utah HD, Age 18+	100.0%	44,411	1.8% ± 1.2%	800	100.0%
Hispanic Status					
Hispanic	4.8%	3,202	*** ± ***	***	***
Non-Hispanic	95.2%	64,005	*** ± ***	***	***
Total, All Central Utah HD	100.0%	67,207	1.2% ± 0.8%	800	100.0%
Marital Status					
Married	75.5%	33,509	1.9% ± 1.4%	600	75.0%
Never Married	12.9%	5,714	*** ± ***	***	***
Divorced/Separated/Widowed	11.7%	5,188	*** ± ***	***	***
Total, Central Utah HD, Age 18+	100.0%	44,411	1.8% ± 1.2%	800	100.0%

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Central Utah Health District*

Table 10. Blood Pressure Check: Percentage of Adults Who Did

Not Receive a Blood Pressure Check in the Previous Year

by Selected Demographic Characteristics, Central Utah Residents Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons With No BP Check		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District, Age 18+	100.0%	44,411	17.1% ± 3.0%	7,600	100.0%
Sex					
Male	50.0%	22,201	21.1% ± 4.2%	4,700	61.8%
Female	50.0%	22,210	13.2% ± 3.2%	2,900	38.2%
Total, Central Utah HD, Age 18+	100.0%	44,411	17.1% ± 3.0%	7,600	100.0%
Age Group					
18 to 34	34.9%	15,502	22.3% ± 4.8%	3,500	46.1%
35 to 49	27.4%	12,157	19.6% ± 5.6%	2,400	31.6%
50 to 64	19.8%	8,803	14.2% ± 5.3%	1,200	15.8%
65 and Over	17.9%	7,949	6.3% ± 4.7%	500	6.6%
Total, Central Utah HD, Age 18+	100.0%	44,411	17.1% ± 3.0%	7,600	100.0%
Sex and Age					
Males, 18 to 34	17.9%	7,948	28.4% ± 7.8%	2,300	30.3%
Males, 35 to 49	13.9%	6,188	23.1% ± 7.2%	1,400	18.4%
Males, 50 to 64	9.9%	4,403	16.4% ± 7.4%	700	9.2%
Males, 65 and Over	8.2%	3,662	7.9% ± 6.5%	300	3.9%
Females, 18 to 34	17.0%	7,554	16.0% ± 6.0%	1,200	15.8%
Females, 35 to 49	13.4%	5,969	16.1% ± 6.5%	1,000	13.2%
Females, 50 to 64	9.9%	4,400	12.2% ± 6.2%	500	6.6%
Females, 65 and Over	9.7%	4,287	*** ± ***	***	***
Total, Central Utah HD, Age 18+	100.0%	44,411	17.1% ± 3.0%	7,600	100.0%
Annual Household Income					
Under \$20,000	15.7%	7,061	21.0% ± 8.4%	1,500	19.0%
\$20,000 to <\$45,000	43.4%	21,117	18.6% ± 5.0%	3,900	49.4%
\$45,000 to <\$65,000	24.7%	9,699	15.9% ± 6.2%	1,500	19.0%
\$65,000 and Over	16.1%	6,528	15.3% ± 7.6%	1,000	12.7%
Total, Central Utah HD, Age 18+	100.0%	44,411	17.1% ± 3.0%	7,600	100.0%
Education Level					
Some High School	7.9%	3,637	24.0% ± 10.9%	900	11.8%
High School Grad/Some College	63.9%	28,356	15.9% ± 3.4%	4,500	59.2%
Technical/Vocational Degree	9.3%	4,145	19.9% ± 8.9%	800	10.5%
4 Year College Degree or More	19.0%	8,273	16.7% ± 6.2%	1,400	18.4%
Total, Central Utah HD, Age 18+	100.0%	44,411	17.1% ± 3.0%	7,600	100.0%
Employment Status					
Full Time	52.1%	23,077	19.2% ± 3.9%	4,400	57.9%
Part Time	13.9%	6,099	16.3% ± 6.9%	1,000	13.2%
Retired	15.9%	7,100	11.9% ± 6.0%	800	10.5%
Keeping House	9.7%	4,221	16.7% ± 7.9%	700	9.2%
Student	2.7%	1,189	31.8% ± 20.9%	400	5.3%
Unemployed/Other	5.7%	2,726	*** ± ***	***	***
Total, Central Utah HD, Age 18+	100.0%	44,411	17.1% ± 3.0%	7,600	100.0%
Hispanic Status					
Hispanic	3.7%	1,663	33.9% ± 18.6%	600	7.9%
Non-Hispanic	96.3%	42,748	16.4% ± 3.0%	7,000	92.1%
Total, Central Utah HD, Age 18+	100.0%	44,411	17.1% ± 3.0%	7,600	100.0%
Marital Status					
Married	75.5%	33,394	16.0% ± 3.1%	5,400	70.1%
Never Married	12.9%	5,794	22.1% ± 8.7%	1,300	16.9%
Divorced/Separated/Widowed	11.7%	5,223	18.2% ± 8.0%	1,000	13.0%
Total, Central Utah HD, Age 18+	100.0%	44,411	17.1% ± 3.0%	7,600	100.0%

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Central Utah Health District*

Table 11. High Cholesterol: Percentage of Adults Age 35 and Over

**Who Had Been Diagnosed With High Blood Cholesterol
by Selected Demographic Characteristics, Central Utah Residents Age 35 and Over, 2001.**

Demographic Subgroup	Population Size		Survey Estimates of Persons With High Blood Cholesterol		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District, Age 35+	100.0%	28,909	28.1% ± 3.6%	8,100	100.0%
Sex					
Male	49.3%	14,253	24.8% ± 4.9%	3,500	43.2%
Female	50.7%	14,656	31.3% ± 5.1%	4,600	56.8%
Total, Central Utah HD, Age 35+	100.0%	28,909	28.1% ± 3.6%	8,100	100.0%
Age Group					
35 to 49	42.1%	12,157	17.9% ± 4.5%	2,200	26.8%
50 to 64	30.5%	8,803	29.7% ± 5.9%	2,600	31.7%
65 and Over	27.5%	7,949	42.6% ± 8.3%	3,400	41.5%
Total, Central Utah HD, Age 35+	100.0%	28,909	28.1% ± 3.6%	8,100	100.0%
Sex and Age					
Males, 35 to 49	21.4%	6,188	19.5% ± 6.8%	1,200	14.6%
Males, 50 to 64	15.2%	4,403	24.5% ± 8.2%	1,100	13.4%
Males, 65 and Over	12.7%	3,662	34.4% ± 11.3%	1,300	15.9%
Females, 35 to 49	20.6%	5,969	16.2% ± 6.5%	1,000	12.2%
Females, 50 to 64	15.2%	4,400	34.9% ± 9.0%	1,500	18.3%
Females, 65 and Over	14.8%	4,287	49.9% ± 10.6%	2,100	25.6%
Total, Central Utah HD, Age 35+	100.0%	28,909	28.1% ± 3.6%	8,100	100.0%
Annual Household Income					
Under \$20,000	15.8%	4,563	30.0% ± 9.4%	1,400	17.3%
\$20,000 to <\$45,000	42.6%	12,309	27.4% ± 6.2%	3,400	42.0%
\$45,000 to <\$65,000	23.5%	6,805	26.3% ± 8.0%	1,800	22.2%
\$65,000 and Over	18.1%	5,232	28.0% ± 8.5%	1,500	18.5%
Total, Central Utah HD, Age 35+	100.0%	28,909	28.1% ± 3.6%	8,100	100.0%
Education Level					
Some High School	6.7%	1,946	22.1% ± 12.1%	400	4.9%
High School Grad/Some College	61.0%	17,632	28.6% ± 4.7%	5,100	63.0%
Technical/Vocational Degree	9.9%	2,850	22.3% ± 10.2%	600	7.4%
4 Year College Degree or More	22.4%	6,481	30.9% ± 7.5%	2,000	24.7%
Total, Central Utah HD, Age 35+	100.0%	28,909	28.1% ± 3.6%	8,100	100.0%
Employment Status					
Full Time	49.2%	14,222	23.5% ± 4.8%	3,300	40.7%
Part Time	10.9%	3,157	22.7% ± 10.0%	700	8.6%
Retired	23.9%	6,918	42.4% ± 8.2%	2,900	35.8%
Keeping House	9.6%	2,769	21.3% ± 10.7%	600	7.4%
Student	0.4%	122	*** ± ***	***	***
Unemployed/Other	6.0%	1,721	25.4% ± 14.9%	400	4.9%
Total, Central Utah HD, Age 35+	100.0%	28,909	28.1% ± 3.6%	8,100	100.0%
Hispanic Status					
Hispanic	2.9%	844	30.3% ± 23.1%	300	3.7%
Non-Hispanic	97.1%	28,065	28.1% ± 3.7%	7,900	96.3%
Total, Central Utah HD, Age 35+	100.0%	28,909	28.1% ± 3.6%	8,100	100.0%
Marital Status					
Married	83.6%	24,173	28.5% ± 4.0%	6,900	85.2%
Never Married	1.9%	552	*** ± ***	***	***
Divorced/Separated/Widowed	14.5%	4,184	28.3% ± 9.6%	1,200	14.8%
Total, Central Utah HD, Age 35+	100.0%	28,909	28.1% ± 3.6%	8,100	100.0%

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Central Utah Health District*

Table 12. Arthritis: Percentage of Persons

Who Had Ever Been Diagnosed With Arthritis

by Selected Demographic Characteristics, Central Utah Residents Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons Who Had Ever Had Arthritis			
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup	
2001 Central Utah Health District, Age 18+	100.0%	44,411	20.6% ± 2.8%	9,100	100.0%	
Sex						
Male	50.0%	22,201	14.3% ± 3.3%	3,200	34.8%	
Female	50.0%	22,210	26.8% ± 3.9%	6,000	65.2%	
Total, Central Utah HD, Age 18+	100.0%	44,411	20.6% ± 2.8%	9,100	100.0%	
Age Group						
18 to 34	34.9%	15,502	6.0% ± 2.9%	900	9.8%	
35 to 49	27.4%	12,157	15.3% ± 4.3%	1,900	20.7%	
50 to 64	19.8%	8,803	28.0% ± 5.9%	2,500	27.2%	
65 and Over	17.9%	7,949	49.4% ± 8.1%	3,900	42.4%	
Total, Central Utah HD, Age 18+	100.0%	44,411	20.6% ± 2.8%	9,100	100.0%	
Sex and Age						
Males, 18 to 34	17.9%	7,948	4.1% ± 3.2%	300	3.3%	
Males, 35 to 49	13.9%	6,188	11.9% ± 5.4%	700	7.6%	
Males, 50 to 64	9.9%	4,403	17.4% ± 7.1%	800	8.7%	
Males, 65 and Over	8.2%	3,662	37.4% ± 11.5%	1,400	15.2%	
Females, 18 to 34	17.0%	7,554	8.0% ± 4.2%	600	6.5%	
Females, 35 to 49	13.4%	5,969	18.8% ± 6.7%	1,100	12.0%	
Females, 50 to 64	9.9%	4,400	38.5% ± 9.2%	1,700	18.5%	
Females, 65 and Over	9.7%	4,287	59.9% ± 10.3%	2,600	28.3%	
Total, Central Utah HD, Age 18+	100.0%	44,411	20.6% ± 2.8%	9,100	100.0%	
Annual Household Income						
Under \$20,000	15.7%	7,061	26.8% ± 8.6%	1,900	22.1%	
\$20,000 to <\$45,000	43.4%	21,117	21.9% ± 4.6%	4,600	53.5%	
\$45,000 to <\$65,000	24.7%	9,699	12.1% ± 4.9%	1,200	14.0%	
\$65,000 and Over	16.1%	6,528	13.7% ± 6.6%	900	10.5%	
Total, Central Utah HD, Age 18+	100.0%	44,411	20.6% ± 2.8%	9,100	100.0%	
Education Level						
Some High School	7.9%	3,637	21.0% ± 9.1%	800	8.7%	
High School Grad/Some College	63.9%	28,356	23.6% ± 3.6%	6,700	72.8%	
Technical/Vocational Degree	9.3%	4,145	12.9% ± 6.6%	500	5.4%	
4 Year College Degree or More	19.0%	8,273	13.9% ± 5.6%	1,200	13.0%	
Total, Central Utah HD, Age 18+	100.0%	44,411	20.6% ± 2.8%	9,100	100.0%	
Employment Status						
Full Time	52.1%	23,077	12.3% ± 3.0%	2,800	30.8%	
Part Time	13.9%	6,099	17.5% ± 6.4%	1,100	12.1%	
Retired	15.9%	7,100	43.8% ± 8.2%	3,100	34.1%	
Keeping House	9.7%	4,221	24.2% ± 8.8%	1,000	11.0%	
Student	2.7%	1,189	*** ± ***	***	***	
Unemployed/Other	5.7%	2,726	42.1% ± 15.2%	1,100	12.1%	
Total, Central Utah HD, Age 18+	100.0%	44,411	20.6% ± 2.8%	9,100	100.0%	
Hispanic Status						
Hispanic	3.7%	1,663	*** ± ***	***	***	
Non-Hispanic	96.3%	42,748	*** ± ***	***	***	
Total, Central Utah HD, Age 18+	100.0%	44,411	20.6% ± 2.8%	9,100	100.0%	
Marital Status						
Married	75.5%	33,394	20.5% ± 3.2%	6,800	74.7%	
Never Married	12.9%	5,794	7.3% ± 4.7%	400	4.4%	
Divorced/Separated/Widowed	11.7%	5,223	36.6% ± 9.0%	1,900	20.9%	
Total, Central Utah HD, Age 18+	100.0%	44,411	20.6% ± 2.8%	9,100	100.0%	

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Central Utah Health District*

Table 13. Asthma: Percentage of Persons Who Were

Under Medical Care for Asthma

by Selected Demographic Characteristics, Central Utah Health District, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons Who Were Under Medical Care for Asthma			
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup	
2001 Central Utah Health District	100.0%	67,207	5.1% ± 1.3%	3,500	100.0%	
Sex						
Male	50.4%	33,893	5.0% ± 1.6%	1,700	48.6%	
Female	49.6%	33,314	5.3% ± 1.8%	1,800	51.4%	
Total, All Central Utah HD	100.0%	67,207	5.1% ± 1.3%	3,500	100.0%	
Age Group						
17 and Under	33.9%	22,796	4.7% ± 1.9%	1,100	31.4%	
18 to 34	23.1%	15,502	3.8% ± 2.1%	600	17.1%	
35 to 49	18.1%	12,157	4.4% ± 2.4%	500	14.3%	
50 to 64	13.1%	8,803	6.6% ± 3.7%	600	17.1%	
65 and Over	11.8%	7,949	8.9% ± 4.4%	700	20.0%	
Total, All Central Utah HD	100.0%	67,207	5.1% ± 1.3%	3,500	100.0%	
Sex and Age						
Males, 17 and Under	17.4%	11,692	5.0% ± 2.5%	600	16.7%	
Males, 18 to 34	11.8%	7,948	3.4% ± 2.9%	300	8.3%	
Males, 35 to 49	9.2%	6,188	4.2% ± 3.3%	300	8.3%	
Males, 50 to 64	6.6%	4,403	6.5% ± 4.7%	300	8.3%	
Males, 65 and Over	5.4%	3,662	7.6% ± 6.1%	300	8.3%	
Females, 17 and Under	16.5%	11,104	4.4% ± 2.6%	500	13.9%	
Females, 18 to 34	11.2%	7,554	4.1% ± 3.0%	300	8.3%	
Females, 35 to 49	8.9%	5,969	4.6% ± 3.6%	300	8.3%	
Females, 50 to 64	6.5%	4,400	6.8% ± 4.6%	300	8.3%	
Females, 65 and Over	6.4%	4,287	10.0% ± 6.3%	400	11.1%	
Total, All Central Utah HD	100.0%	67,207	5.1% ± 1.3%	3,500	100.0%	
Annual Household Income						
Under \$20,000	14.2%	9,554	11.6% ± 5.6%	1,100	32.4%	
\$20,000 to <\$45,000	43.9%	29,514	4.6% ± 1.9%	1,400	41.2%	
\$45,000 to <\$65,000	26.0%	17,504	1.4% ± 1.1%	200	5.9%	
\$65,000 and Over	15.8%	10,635	6.4% ± 3.9%	700	20.6%	
Total, All Central Utah HD	100.0%	67,207	5.1% ± 1.3%	3,500	100.0%	
Education Level						
Some High School	7.9%	3,505	5.5% ± 5.2%	200	8.0%	
High School Grad/Some College	63.9%	28,368	5.8% ± 2.0%	1,700	68.0%	
Technical/Vocational Degree	9.3%	4,120	4.0% ± 3.6%	200	8.0%	
4 Year College Degree or More	19.0%	8,418	4.7% ± 3.4%	400	16.0%	
Total, Central Utah HD, Age 18+	100.0%	44,411	5.4% ± 1.5%	2,400	100.0%	
Employment Status						
Full Time	52.1%	23,146	3.6% ± 1.6%	800	33.3%	
Part Time	13.9%	6,157	7.7% ± 4.5%	500	20.8%	
Retired	15.9%	7,070	7.3% ± 4.1%	500	20.8%	
Keeping House	9.7%	4,308	3.6% ± 4.0%	200	8.3%	
Student	2.7%	1,200	*** ± ***	***	***	
Unemployed/Other	5.7%	2,530	17.0% ± 10.9%	400	16.7%	
Total, Central Utah HD, Age 18+	100.0%	44,411	5.4% ± 1.5%	2,400	100.0%	
Hispanic Status						
Hispanic	4.8%	3,202	*** ± ***	***	***	
Non-Hispanic	95.2%	64,005	*** ± ***	***	***	
Total, All Central Utah HD	100.0%	67,207	5.1% ± 1.3%	3,500	100.0%	
Marital Status						
Married	75.5%	33,509	5.6% ± 1.7%	1,900	79.2%	
Never Married	12.9%	5,714	*** ± ***	***	***	
Divorced/Separated/Widowed	11.7%	5,188	7.5% ± 4.8%	400	16.7%	
Total, Central Utah HD, Age 18+	100.0%	44,411	5.4% ± 1.5%	2,400	100.0%	

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Central Utah Health District*

Table 14. Heart Disease: Percentage of Persons

Who Had Been Diagnosed With Heart Disease

by Selected Demographic Characteristics, Central Utah Health District, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons Who Had Heart Disease			Percentage Distribution by Demographic Subgroup
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}		
2001 Central Utah Health District	100.0%	67,207	4.8% ± 1.2%	3,200	100.0%	
Sex						
Male	50.4%	33,893	5.0% ± 1.6%	1,700	53.1%	
Female	49.6%	33,314	4.6% ± 1.6%	1,500	46.9%	
Total, All Central Utah HD	100.0%	67,207	4.8% ± 1.2%	3,200	100.0%	
Age Group						
17 and Under	33.9%	22,796	*** ± ***	***	***	
18 to 34	23.1%	15,502	*** ± ***	***	***	
35 to 49	18.1%	12,157	2.2% ± 1.7%	300	9.4%	
50 to 64	13.1%	8,803	8.3% ± 4.0%	700	21.9%	
65 and Over	11.8%	7,949	28.6% ± 7.2%	2,300	71.9%	
Total, All Central Utah HD	100.0%	67,207	4.8% ± 1.2%	3,200	100.0%	
Sex and Age						
Males, 17 and Under	17.4%	11,692	*** ± ***	***	***	
Males, 18 to 34	11.8%	7,948	*** ± ***	***	***	
Males, 35 to 49	9.2%	6,188	3.6% ± 3.1%	200	6.3%	
Males, 50 to 64	6.6%	4,403	7.4% ± 4.9%	300	9.4%	
Males, 65 and Over	5.4%	3,662	31.3% ± 11.0%	1,100	34.4%	
Females, 17 and Under	16.5%	11,104	*** ± ***	***	***	
Females, 18 to 34	11.2%	7,554	*** ± ***	***	***	
Females, 35 to 49	8.9%	5,969	*** ± ***	***	***	
Females, 50 to 64	6.5%	4,400	9.2% ± 5.4%	400	12.5%	
Females, 65 and Over	6.4%	4,287	26.2% ± 9.8%	1,100	34.4%	
Total, All Central Utah HD	100.0%	67,207	4.8% ± 1.2%	3,200	100.0%	
Annual Household Income						
Under \$20,000	14.2%	9,554	12.4% ± 5.7%	1,200	37.5%	
\$20,000 to <\$45,000	43.9%	29,514	4.3% ± 1.8%	1,300	40.6%	
\$45,000 to <\$65,000	26.0%	17,504	1.1% ± 1.1%	200	6.3%	
\$65,000 and Over	15.8%	10,635	*** ± ***	***	***	
Total, All Central Utah HD	100.0%	67,207	4.8% ± 1.2%	3,200	100.0%	
Education Level						
Some High School	7.9%	3,505	14.1% ± 8.5%	500	15.2%	
High School Grad/Some College	63.9%	28,368	7.0% ± 2.2%	2,000	60.6%	
Technical/Vocational Degree	9.3%	4,120	7.0% ± 5.1%	300	9.1%	
4 Year College Degree or More	19.0%	8,418	5.9% ± 3.5%	500	15.2%	
Total, Central Utah HD, Age 18+	100.0%	44,411	7.3% ± 1.8%	3,200	100.0%	
Employment Status						
Full Time	52.1%	23,146	2.3% ± 1.4%	500	15.6%	
Part Time	13.9%	6,157	*** ± ***	***	***	
Retired	15.9%	7,070	25.7% ± 7.0%	1,800	56.3%	
Keeping House	9.7%	4,308	*** ± ***	***	***	
Student	2.7%	1,200	*** ± ***	***	***	
Unemployed/Other	5.7%	2,530	27.0% ± 12.7%	700	21.9%	
Total, Central Utah HD, Age 18+	100.0%	44,411	7.3% ± 1.8%	3,200	100.0%	
Hispanic Status						
Hispanic	4.8%	3,202	*** ± ***	***	***	
Non-Hispanic	95.2%	64,005	*** ± ***	***	***	
Total, All Central Utah HD	100.0%	67,207	4.8% ± 1.2%	3,200	100.0%	
Marital Status						
Married	75.5%	33,509	6.9% ± 2.0%	2,300	69.7%	
Never Married	12.9%	5,714	3.5% ± 3.4%	200	6.1%	
Divorced/Separated/Widowed	11.7%	5,188	15.0% ± 6.7%	800	24.2%	
Total, Central Utah HD, Age 18+	100.0%	44,411	7.3% ± 1.8%	3,200	100.0%	

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Note: Heart disease includes angina, congestive heart failure, and heart attack.

Central Utah Health District*

Table 15. Diabetes: Percentage of Persons

Who Had Been Diagnosed With Diabetes

by Selected Demographic Characteristics, Central Utah Health District, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons Who Had Diabetes		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District	100.0%	67,207	4.3% ± 1.0%	2,900	100.0%
Sex					
Male	50.4%	33,893	3.5% ± 1.3%	1,200	41.4%
Female	49.6%	33,314	5.1% ± 1.6%	1,700	58.6%
Total, All Central Utah HD	100.0%	67,207	4.3% ± 1.0%	2,900	100.0%
Age Group					
17 and Under	33.9%	22,796	*** ± ***	***	***
18 to 34	23.1%	15,502	1.6% ± 1.4%	300	10.3%
35 to 49	18.1%	12,157	2.4% ± 1.9%	300	10.3%
50 to 64	13.1%	8,803	9.8% ± 3.7%	900	31.0%
65 and Over	11.8%	7,949	18.8% ± 5.9%	1,500	51.7%
Total, All Central Utah HD	100.0%	67,207	4.3% ± 1.0%	2,900	100.0%
Sex and Age					
Males, 17 and Under	17.4%	11,692	*** ± ***	***	***
Males, 18 to 34	11.8%	7,948	*** ± ***	***	***
Males, 35 to 49	9.2%	6,188	3.1% ± 3.0%	200	6.9%
Males, 50 to 64	6.6%	4,403	8.5% ± 5.3%	400	13.8%
Males, 65 and Over	5.4%	3,662	12.2% ± 7.6%	400	13.8%
Females, 17 and Under	16.5%	11,104	*** ± ***	***	***
Females, 18 to 34	11.2%	7,554	*** ± ***	***	***
Females, 35 to 49	8.9%	5,969	*** ± ***	***	***
Females, 50 to 64	6.5%	4,400	11.1% ± 5.8%	500	17.2%
Females, 65 and Over	6.4%	4,287	24.4% ± 9.1%	1,000	34.5%
Total, All Central Utah HD	100.0%	67,207	4.3% ± 1.0%	2,900	100.0%
Annual Household Income					
Under \$20,000	14.2%	9,554	5.9% ± 3.4%	600	21.4%
\$20,000 to <\$45,000	43.9%	29,514	4.6% ± 1.8%	1,400	50.0%
\$45,000 to <\$65,000	26.0%	17,504	2.4% ± 1.6%	400	14.3%
\$65,000 and Over	15.8%	10,635	3.4% ± 2.5%	400	14.3%
Total, All Central Utah HD	100.0%	67,207	4.3% ± 1.0%	2,900	100.0%
Education Level					
Some High School	7.9%	3,505	4.9% ± 4.8%	200	6.9%
High School Grad/Some College	63.9%	28,368	7.1% ± 2.0%	2,000	69.0%
Technical/Vocational Degree	9.3%	4,120	*** ± ***	***	***
4 Year College Degree or More	19.0%	8,418	7.0% ± 3.5%	600	20.7%
Total, Central Utah HD, Age 18+	100.0%	44,411	6.5% ± 1.5%	2,900	100.0%
Employment Status					
Full Time	52.1%	23,146	2.8% ± 1.5%	600	20.7%
Part Time	13.9%	6,157	6.0% ± 3.9%	400	13.8%
Retired	15.9%	7,070	20.2% ± 6.2%	1,400	48.3%
Keeping House	9.7%	4,308	5.9% ± 4.7%	300	10.3%
Student	2.7%	1,200	*** ± ***	***	***
Unemployed/Other	5.7%	2,530	6.7% ± 6.4%	200	6.9%
Total, Central Utah HD, Age 18+	100.0%	44,411	6.5% ± 1.5%	2,900	100.0%
Hispanic Status					
Hispanic	4.8%	3,202	*** ± ***	***	***
Non-Hispanic	95.2%	64,005	*** ± ***	***	***
Total, All Central Utah HD	100.0%	67,207	4.3% ± 1.0%	2,900	100.0%
Marital Status					
Married	75.5%	33,509	6.7% ± 1.8%	2,200	75.9%
Never Married	12.9%	5,714	*** ± ***	***	***
Divorced/Separated/Widowed	11.7%	5,188	11.7% ± 6.0%	600	20.7%
Total, Central Utah HD, Age 18+	100.0%	44,411	6.5% ± 1.5%	2,900	100.0%

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Note: Does not include gestational diabetes.

Central Utah Health District*

Table 16. Chronic Obstructive Pulmonary Disease: Percentage of Persons Who Were Under Medical Care for Chronic Obstructive Pulmonary Disease (COPD) by Selected Demographic Characteristics, Central Utah Health District, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons Who Were Under Medical Care for COPD		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District	100.0%	67,207	1.9% ± 0.8%	1,300	100.0%
Sex					
Male	50.4%	33,893	2.0% ± 1.0%	700	53.8%
Female	49.6%	33,314	1.9% ± 1.0%	600	46.2%
Total, All Central Utah HD	100.0%	67,207	1.9% ± 0.8%	1,300	100.0%
Age Group					
17 and Under	33.9%	22,796	*** ± ***	***	***
18 to 34	23.1%	15,502	*** ± ***	***	***
35 to 49	18.1%	12,157	2.2% ± 1.8%	300	23.1%
50 to 64	13.1%	8,803	5.4% ± 3.6%	500	38.5%
65 and Over	11.8%	7,949	5.2% ± 3.4%	400	30.8%
Total, All Central Utah HD	100.0%	67,207	1.9% ± 0.8%	1,300	100.0%
Sex and Age					
Males, 17 and Under	17.4%	11,692	*** ± ***	***	***
Males, 18 to 34	11.8%	7,948	*** ± ***	***	***
Males, 35 to 49	9.2%	6,188	*** ± ***	***	***
Males, 50 to 64	6.6%	4,403	7.0% ± 4.9%	300	23.1%
Males, 65 and Over	5.4%	3,662	5.3% ± 5.2%	200	15.4%
Females, 17 and Under	16.5%	11,104	*** ± ***	***	***
Females, 18 to 34	11.2%	7,554	*** ± ***	***	***
Females, 35 to 49	8.9%	5,969	2.9% ± 2.9%	200	15.4%
Females, 50 to 64	6.5%	4,400	3.8% ± 3.6%	200	15.4%
Females, 65 and Over	6.4%	4,287	5.0% ± 4.7%	200	15.4%
Total, All Central Utah HD	100.0%	67,207	1.9% ± 0.8%	1,300	100.0%
Annual Household Income					
Under \$20,000	14.2%	9,554	6.5% ± 3.9%	600	46.2%
\$20,000 to <\$45,000	43.9%	29,514	1.5% ± 1.3%	400	30.8%
\$45,000 to <\$65,000	26.0%	17,504	*** ± ***	***	***
\$65,000 and Over	15.8%	10,635	*** ± ***	***	***
Total, All Central Utah HD	100.0%	67,207	1.9% ± 0.8%	1,300	100.0%
Education Level					
Some High School	7.9%	3,505	*** ± ***	***	***
High School Grad/Some College	63.9%	28,368	3.7% ± 1.6%	1,000	83.3%
Technical/Vocational Degree	9.3%	4,120	*** ± ***	***	***
4 Year College Degree or More	19.0%	8,418	*** ± ***	***	***
Total, Central Utah HD, Age 18+	100.0%	44,411	2.8% ± 1.2%	1,200	100.0%
Employment Status					
Full Time	52.1%	23,146	1.1% ± 0.9%	200	16.7%
Part Time	13.9%	6,157	*** ± ***	***	***
Retired	15.9%	7,070	5.0% ± 3.5%	400	33.3%
Keeping House	9.7%	4,308	*** ± ***	***	***
Student	2.7%	1,200	*** ± ***	***	***
Unemployed/Other	5.7%	2,530	20.2% ± 11.2%	500	41.7%
Total, Central Utah HD, Age 18+	100.0%	44,411	2.8% ± 1.2%	1,200	100.0%
Hispanic Status					
Hispanic	4.8%	3,202	*** ± ***	***	***
Non-Hispanic	95.2%	64,005	*** ± ***	***	***
Total, All Central Utah HD	100.0%	67,207	1.9% ± 0.8%	1,300	100.0%
Marital Status					
Married	75.5%	33,509	3.2% ± 1.5%	1,100	91.7%
Never Married	12.9%	5,714	*** ± ***	***	***
Divorced/Separated/Widowed	11.7%	5,188	3.3% ± 3.3%	200	16.7%
Total, Central Utah HD, Age 18+	100.0%	44,411	2.8% ± 1.2%	1,200	100.0%

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Note: COPD includes emphysema and chronic bronchitis.

Central Utah Health District*

Table 17. Stroke: Percentage of Persons Who Had Been Diagnosed as Having Had a Stroke by Selected Demographic Characteristics, Central Utah Health District, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons Who Had a Stroke			
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup	
2001 Central Utah Health District	100.0%	67,207	1.6% ± 0.7%	1,100	100.0%	
Sex						
Male	50.4%	33,893	1.9% ± 1.0%	600	60.0%	
Female	49.6%	33,314	1.3% ± 0.8%	400	40.0%	
Total, All Central Utah HD	100.0%	67,207	1.6% ± 0.7%	1,100	100.0%	
Age Group						
17 and Under	33.9%	22,796	*** ± ***	***	***	
18 to 34	23.1%	15,502	*** ± ***	***	***	
35 to 49	18.1%	12,157	*** ± ***	***	***	
50 to 64	13.1%	8,803	1.9% ± 1.9%	200	18.2%	
65 and Over	11.8%	7,949	11.4% ± 4.9%	900	81.8%	
Total, All Central Utah HD	100.0%	67,207	1.6% ± 0.7%	1,100	100.0%	
Sex and Age						
Males, 17 and Under	17.4%	11,692	*** ± ***	***	***	
Males, 18 to 34	11.8%	7,948	*** ± ***	***	***	
Males, 35 to 49	9.2%	6,188	*** ± ***	***	***	
Males, 50 to 64	6.6%	4,403	*** ± ***	***	***	
Males, 65 and Over	5.4%	3,662	13.0% ± 7.9%	500	45.5%	
Females, 17 and Under	16.5%	11,104	*** ± ***	***	***	
Females, 18 to 34	11.2%	7,554	*** ± ***	***	***	
Females, 35 to 49	8.9%	5,969	*** ± ***	***	***	
Females, 50 to 64	6.5%	4,400	*** ± ***	***	***	
Females, 65 and Over	6.4%	4,287	10.0% ± 6.5%	400	36.4%	
Total, All Central Utah HD	100.0%	67,207	1.6% ± 0.7%	1,100	100.0%	
Annual Household Income						
Under \$20,000	14.2%	9,554	3.5% ± 2.8%	300	27.3%	
\$20,000 to <\$45,000	43.9%	29,514	1.5% ± 1.0%	400	36.4%	
\$45,000 to <\$65,000	26.0%	17,504	*** ± ***	***	***	
\$65,000 and Over	15.8%	10,635	*** ± ***	***	***	
Total, All Central Utah HD	100.0%	67,207	1.6% ± 0.7%	1,100	100.0%	
Education Level						
Some High School	7.9%	3,505	*** ± ***	***	***	
High School Grad/Some College	63.9%	28,368	2.2% ± 1.2%	600	54.5%	
Technical/Vocational Degree	9.3%	4,120	5.3% ± 4.5%	200	18.2%	
4 Year College Degree or More	19.0%	8,418	2.4% ± 2.3%	200	18.2%	
Total, Central Utah HD, Age 18+	100.0%	44,411	2.5% ± 1.0%	1,100	100.0%	
Employment Status						
Full Time	52.1%	23,146	*** ± ***	***	***	
Part Time	13.9%	6,157	*** ± ***	***	***	
Retired	15.9%	7,070	9.9% ± 4.7%	700	63.6%	
Keeping House	9.7%	4,308	*** ± ***	***	***	
Student	2.7%	1,200	*** ± ***	***	***	
Unemployed/Other	5.7%	2,530	12.9% ± 9.0%	300	27.3%	
Total, Central Utah HD, Age 18+	100.0%	44,411	2.5% ± 1.0%	1,100	100.0%	
Hispanic Status						
Hispanic	4.8%	3,202	*** ± ***	***	***	
Non-Hispanic	95.2%	64,005	*** ± ***	***	***	
Total, All Central Utah HD	100.0%	67,207	1.6% ± 0.7%	1,100	100.0%	
Marital Status						
Married	75.5%	33,509	2.7% ± 1.2%	900	81.8%	
Never Married	12.9%	5,714	*** ± ***	***	***	
Divorced/Separated/Widowed	11.7%	5,188	4.2% ± 3.6%	200	18.2%	
Total, Central Utah HD, Age 18+	100.0%	44,411	2.5% ± 1.0%	1,100	100.0%	

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Central Utah Health District*

Table 18. Exposure to Cigarette Smoke: Percentage of Children

Who Had Been Exposed to Cigarette Smoke Inside the Home

Children, Age 17 and Under, Central Local Health District, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Children Who Had Been Exposed to Cigarette Smoke Inside the Home		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District, Age 17 and Under	100.0%	22,796	7.4% ± 3.6%	1,700	100.0%
Age Group					
5 and Under	31.0%	7,056	4.8% ± 3.8%	300	17.6%
6 to 12	38.2%	8,698	7.5% ± 5.2%	700	41.2%
13 to 17	30.9%	7,042	9.9% ± 5.7%	700	41.2%
Total, Central Utah HD, Age 17 and Under	100.0%	22,796	7.4% ± 3.6%	1,700	100.0%
Annual Household Income					
Under \$20,000	11.9%	2,705	*** ± ***	***	***
\$20,000 to <\$45,000	44.5%	10,146	10.3% ± 6.6%	1,000	58.8%
\$45,000 to <\$65,000	28.4%	6,474	*** ± ***	***	***
\$65,000 and Over	15.2%	3,471	*** ± ***	***	***
Total, Central Utah HD, Age 17 and Under	100.0%	22,796	7.4% ± 3.6%	1,700	100.0%
Hispanic Status					
Hispanic	6.2%	1,408	*** ± ***	***	***
Non-Hispanic	93.8%	21,388	*** ± ***	***	***
Total, Central Utah HD, Age 17 and Under	100.0%	22,796	7.4% ± 3.6%	1,700	100.0%

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Local Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Central Utah Health District*

Table 19a. Physical Activity: Percentage of Persons

Who Reported Regular Moderate Exercise

by Selected Demographic Characteristics, Central Utah Residents, Age 12 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons Who Reported Regular Moderate Exercise		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District, Age 12+	100.0%	52,725	60.8% ± 3.3%	32,000	100.0%
Sex					
Male	50.1%	26,440	68.3% ± 4.2%	18,100	56.4%
Female	49.9%	26,285	53.3% ± 4.3%	14,000	43.6%
Total, Central Utah HD, Age 12+	100.0%	52,725	60.8% ± 3.3%	32,000	100.0%
Age Group					
12 to 17	15.8%	8,314	68.4% ± 7.8%	5,700	17.8%
18 to 34	29.4%	15,502	63.4% ± 5.6%	9,800	30.5%
35 to 49	23.1%	12,157	57.9% ± 5.7%	7,000	21.8%
50 to 64	16.7%	8,803	54.5% ± 7.1%	4,800	15.0%
65 and Over	15.1%	7,949	60.0% ± 8.4%	4,800	15.0%
Total, Central Utah HD, Age 12+	100.0%	52,725	60.8% ± 3.3%	32,000	100.0%
Sex and Age					
Males, 12 to 17	8.0%	4,239	71.7% ± 10.1%	3,000	9.3%
Males, 18 to 34	15.1%	7,948	72.8% ± 7.2%	5,800	18.1%
Males, 35 to 49	11.7%	6,188	64.7% ± 8.0%	4,000	12.5%
Males, 50 to 64	8.4%	4,403	58.9% ± 9.4%	2,600	8.1%
Males, 65 and Over	6.9%	3,662	74.8% ± 10.3%	2,700	8.4%
Females, 12 to 17	7.7%	4,075	65.2% ± 10.8%	2,700	8.4%
Females, 18 to 34	14.3%	7,554	53.8% ± 7.5%	4,100	12.8%
Females, 35 to 49	11.3%	5,969	50.9% ± 8.7%	3,000	9.3%
Females, 50 to 64	8.3%	4,400	50.2% ± 9.4%	2,200	6.9%
Females, 65 and Over	8.1%	4,287	46.9% ± 11.0%	2,000	6.2%
Total, Central Utah HD, Age 12+	100.0%	52,725	60.8% ± 3.3%	32,000	100.0%
Annual Household Income					
Under \$20,000	14.8%	7,825	55.5% ± 9.6%	4,300	13.4%
\$20,000 to <\$45,000	42.3%	22,318	60.8% ± 5.3%	13,600	42.2%
\$45,000 to <\$65,000	25.7%	13,531	61.5% ± 6.4%	8,300	25.8%
\$65,000 and Over	17.2%	9,051	66.1% ± 9.6%	6,000	18.6%
Total, Central Utah HD, Age 12+	100.0%	52,725	60.8% ± 3.3%	32,000	100.0%
Education Level					
Some High School	7.9%	3,505	61.8% ± 11.7%	2,200	8.3%
High School Grad/Some College	63.9%	28,368	58.1% ± 4.2%	16,500	62.5%
Technical/Vocational Degree	9.3%	4,120	56.5% ± 10.7%	2,300	8.7%
4 Year College Degree or More	19.0%	8,418	64.0% ± 6.9%	5,400	20.5%
Total, Central Utah HD, Age 18+	100.0%	44,411	59.3% ± 3.4%	26,300	100.0%
Employment Status					
Full Time	52.1%	23,146	64.5% ± 4.4%	14,900	56.4%
Part Time	13.9%	6,157	57.7% ± 9.2%	3,600	13.6%
Retired	15.9%	7,070	57.7% ± 8.5%	4,100	15.5%
Keeping House	9.7%	4,308	55.1% ± 10.2%	2,400	9.1%
Student	2.7%	1,200	48.8% ± 21.0%	600	2.3%
Unemployed/Other	5.7%	2,530	32.1% ± 14.0%	800	3.0%
Total, Central Utah HD, Age 18+	100.0%	44,411	59.3% ± 3.4%	26,300	100.0%
Hispanic Status					
Hispanic	4.1%	2,154	46.2% ± 14.8%	1,000	3.1%
Non-Hispanic	95.9%	50,571	61.4% ± 3.4%	31,100	96.9%
Total, Central Utah HD, Age 12+	100.0%	52,725	60.8% ± 3.3%	32,000	100.0%
Marital Status					
Married	75.5%	33,509	58.4% ± 3.9%	19,600	74.2%
Never Married	12.9%	5,714	69.9% ± 8.4%	4,000	15.2%
Divorced/Separated/Widowed	11.7%	5,188	53.9% ± 9.6%	2,800	10.6%
Total, Central Utah HD, Age 18+	100.0%	44,411	59.3% ± 3.4%	26,300	100.0%

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

Note: Regular moderate exercise was defined as 'physical activities which were done 5 or more days per week for 30 minutes or more per occasion, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes small increases in breathing or heart rate.'

Central Utah Health District*
Table 19b. Physical Activity: Percentage of Persons
Who Reported Regular Vigorous Exercise
by Selected Demographic Characteristics, Central Utah Residents, Age 12 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons Who Reported Regular Vigorous Exercise		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District, Age 12+	100.0%	52,725	42.2% ± 3.5%	22,300	100.0%
Sex					
Male	50.1%	26,440	50.9% ± 4.5%	13,500	60.5%
Female	49.9%	26,285	33.6% ± 4.1%	8,800	39.5%
Total, Central Utah HD, Age 12+	100.0%	52,725	42.2% ± 3.5%	22,300	100.0%
Age Group					
12 to 17	15.8%	8,314	61.5% ± 7.9%	5,100	22.8%
18 to 34	29.4%	15,502	50.6% ± 6.2%	7,800	34.8%
35 to 49	23.1%	12,157	41.9% ± 6.6%	5,100	22.8%
50 to 64	16.7%	8,803	26.1% ± 5.9%	2,300	10.3%
65 and Over	15.1%	7,949	25.9% ± 7.6%	2,100	9.4%
Total, Central Utah HD, Age 12+	100.0%	52,725	42.2% ± 3.5%	22,300	100.0%
Sex and Age					
Males, 12 to 17	8.0%	4,239	69.4% ± 9.8%	2,900	12.9%
Males, 18 to 34	15.1%	7,948	61.4% ± 8.0%	4,900	21.9%
Males, 35 to 49	11.7%	6,188	51.9% ± 8.5%	3,200	14.3%
Males, 50 to 64	8.4%	4,403	28.1% ± 8.4%	1,200	5.4%
Males, 65 and Over	6.9%	3,662	36.4% ± 11.5%	1,300	5.8%
Females, 12 to 17	7.7%	4,075	53.5% ± 10.5%	2,200	9.8%
Females, 18 to 34	14.3%	7,554	39.5% ± 7.5%	3,000	13.4%
Females, 35 to 49	11.3%	5,969	31.5% ± 8.1%	1,900	8.5%
Females, 50 to 64	8.3%	4,400	24.1% ± 7.9%	1,100	4.9%
Females, 65 and Over	8.1%	4,287	16.8% ± 8.1%	700	3.1%
Total, Central Utah HD, Age 12+	100.0%	52,725	42.2% ± 3.5%	22,300	100.0%
Annual Household Income					
Under \$20,000	14.8%	7,825	35.0% ± 9.0%	2,700	12.2%
\$20,000 to <\$45,000	42.3%	22,318	40.3% ± 5.6%	9,000	40.5%
\$45,000 to <\$65,000	25.7%	13,531	41.2% ± 7.3%	5,600	25.2%
\$65,000 and Over	17.2%	9,051	54.7% ± 9.2%	4,900	22.1%
Total, Central Utah HD, Age 12+	100.0%	52,725	42.2% ± 3.5%	22,300	100.0%
Education Level					
Some High School	7.9%	3,505	33.7% ± 11.1%	1,200	7.0%
High School Grad/Some College	63.9%	28,368	37.9% ± 4.3%	10,800	62.8%
Technical/Vocational Degree	9.3%	4,120	35.3% ± 10.4%	1,500	8.7%
4 Year College Degree or More	19.0%	8,418	44.2% ± 7.7%	3,700	21.5%
Total, Central Utah HD, Age 18+	100.0%	44,411	38.5% ± 3.6%	17,100	100.0%
Employment Status					
Full Time	52.1%	23,146	45.9% ± 4.9%	10,600	62.0%
Part Time	13.9%	6,157	38.5% ± 8.6%	2,400	14.0%
Retired	15.9%	7,070	23.4% ± 7.3%	1,700	9.9%
Keeping House	9.7%	4,308	35.0% ± 9.8%	1,500	8.8%
Student	2.7%	1,200	53.7% ± 20.8%	600	3.5%
Unemployed/Other	5.7%	2,530	13.7% ± 9.6%	300	1.8%
Total, Central Utah HD, Age 18+	100.0%	44,411	38.5% ± 3.6%	17,100	100.0%
Hispanic Status					
Hispanic	4.1%	2,154	36.0% ± 16.1%	800	3.6%
Non-Hispanic	95.9%	50,571	42.5% ± 3.5%	21,500	96.4%
Total, Central Utah HD, Age 12+	100.0%	52,725	42.2% ± 3.5%	22,300	100.0%
Marital Status					
Married	75.5%	33,509	36.8% ± 4.1%	12,300	71.5%
Never Married	12.9%	5,714	59.0% ± 9.4%	3,400	19.8%
Divorced/Separated/Widowed	11.7%	5,188	28.6% ± 8.7%	1,500	8.7%
Total, Central Utah HD, Age 18+	100.0%	44,411	38.5% ± 3.6%	17,100	100.0%

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

Note: Regular vigorous exercise was defined as 'physical activities which were done 3 or more days per week for 20 minutes or more per occasion, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate.'

Central Utah Health District*

**Table 20. Obesity: Percentage of Adults Who Were Obese
by Selected Demographic Characteristics, Central Utah Residents Age 18 and Over, 2001.**

Demographic Subgroup	Population Size		Survey Estimates of Persons Who Were Obese		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District, Age 18+	100.0%	44,411	15.7% ± 2.6%	7,000	100.0%
Sex					
Male	50.0%	22,201	17.0% ± 3.6%	3,800	54.3%
Female	50.0%	22,210	14.4% ± 3.3%	3,200	45.7%
Total, Central Utah HD, Age 18+	100.0%	44,411	15.7% ± 2.6%	7,000	100.0%
Age Group					
18 to 34	34.9%	15,502	8.6% ± 3.2%	1,300	19.1%
35 to 49	27.4%	12,157	17.2% ± 5.0%	2,100	30.9%
50 to 64	19.8%	8,803	27.9% ± 6.8%	2,500	36.8%
65 and Over	17.9%	7,949	11.6% ± 5.2%	900	13.2%
Total, Central Utah HD, Age 18+	100.0%	44,411	15.7% ± 2.6%	7,000	100.0%
Sex and Age					
Males, 18 to 34	17.9%	7,948	9.2% ± 4.8%	700	10.4%
Males, 35 to 49	13.9%	6,188	20.9% ± 6.9%	1,300	19.4%
Males, 50 to 64	9.9%	4,403	27.9% ± 8.6%	1,200	17.9%
Males, 65 and Over	8.2%	3,662	11.6% ± 7.6%	400	6.0%
Females, 18 to 34	17.0%	7,554	7.9% ± 4.3%	600	9.0%
Females, 35 to 49	13.4%	5,969	13.0% ± 6.1%	800	11.9%
Females, 50 to 64	9.9%	4,400	28.0% ± 8.9%	1,200	17.9%
Females, 65 and Over	9.7%	4,287	11.6% ± 7.1%	500	7.5%
Total, Central Utah HD, Age 18+	100.0%	44,411	15.7% ± 2.6%	7,000	100.0%
Annual Household Income					
Under \$20,000	15.7%	7,061	18.1% ± 7.3%	1,300	17.6%
\$20,000 to <\$45,000	43.4%	21,117	14.8% ± 4.1%	3,100	41.9%
\$45,000 to <\$65,000	24.7%	9,699	17.8% ± 6.5%	1,700	23.0%
\$65,000 and Over	16.1%	6,528	19.3% ± 8.0%	1,300	17.6%
Total, Central Utah HD, Age 18+	100.0%	44,411	15.7% ± 2.6%	7,000	100.0%
Education Level					
Some High School	7.9%	3,637	16.8% ± 9.3%	600	8.6%
High School Grad/Some College	63.9%	28,356	15.1% ± 3.0%	4,300	61.4%
Technical/Vocational Degree	9.3%	4,145	21.3% ± 9.1%	900	12.9%
4 Year College Degree or More	19.0%	8,273	14.8% ± 5.2%	1,200	17.1%
Total, Central Utah HD, Age 18+	100.0%	44,411	15.7% ± 2.6%	7,000	100.0%
Employment Status					
Full Time	52.1%	23,077	17.0% ± 3.6%	3,900	55.7%
Part Time	13.9%	6,099	12.9% ± 6.0%	800	11.4%
Retired	15.9%	7,100	15.9% ± 6.2%	1,100	15.7%
Keeping House	9.7%	4,221	12.7% ± 7.4%	500	7.1%
Student	2.7%	1,189	*** ± ***	***	***
Unemployed/Other	5.7%	2,726	23.1% ± 12.3%	600	8.6%
Total, Central Utah HD, Age 18+	100.0%	44,411	15.7% ± 2.6%	7,000	100.0%
Hispanic Status					
Hispanic	3.7%	1,663	15.4% ± 15.1%	300	4.3%
Non-Hispanic	96.3%	42,748	15.8% ± 2.6%	6,700	95.7%
Total, Central Utah HD, Age 18+	100.0%	44,411	15.7% ± 2.6%	7,000	100.0%
Marital Status					
Married	75.5%	33,394	16.7% ± 3.1%	5,600	80.0%
Never Married	12.9%	5,794	9.2% ± 5.4%	500	7.1%
Divorced/Separated/Widowed	11.7%	5,223	17.7% ± 7.2%	900	12.9%
Total, Central Utah HD, Age 18+	100.0%	44,411	15.7% ± 2.6%	7,000	100.0%

¹ Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

² Plus or minus 95% confidence interval.

³ Rounded to the nearest 100 persons.

⁴ Figures in these columns do not sum to the total because of missing values on the grouping variables.

⁵ These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Note: Obesity was defined as a BMI of 30 or more. BMI is calculated by dividing weight in kilograms by the square of height in meters. For example, a male or female who is 5'8" is considered obese if he or she weighs 197.5 or more pounds. Respondents tend to overestimate their height and underestimate their weight leading to underestimation of BMI and the prevalence of obesity.

Central Utah Health District*
Table 21. Injury: Percentage of Persons Who Sustained
One or More Injuries in the Previous 12 Months
by Selected Demographic Characteristics, Central Utah Health District, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Persons Who Were Injured		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001 Central Utah Health District	100.0%	67,207	12.2% ± 1.8%	8,200	100.0%
Sex					
Male	50.4%	33,893	14.4% ± 2.7%	4,900	59.8%
Female	49.6%	33,314	10.0% ± 2.3%	3,300	40.2%
Total, All Central Utah HD	100.0%	67,207	12.2% ± 1.8%	8,200	100.0%
Age Group					
17 and Under	33.9%	22,796	12.2% ± 2.8%	2,800	33.7%
18 to 34	23.1%	15,502	16.4% ± 4.3%	2,500	30.1%
35 to 49	18.1%	12,157	9.7% ± 3.9%	1,200	14.5%
50 to 64	13.1%	8,803	13.3% ± 4.5%	1,200	14.5%
65 and Over	11.8%	7,949	6.9% ± 3.8%	600	7.2%
Total, All Central Utah HD	100.0%	67,207	12.2% ± 1.8%	8,200	100.0%
Sex and Age					
Males, 17 and Under	17.4%	11,692	15.6% ± 4.5%	1,800	22.0%
Males, 18 to 34	11.8%	7,948	21.5% ± 6.6%	1,700	20.7%
Males, 35 to 49	9.2%	6,188	9.6% ± 4.8%	600	7.3%
Males, 50 to 64	6.6%	4,403	10.3% ± 5.6%	500	6.1%
Males, 65 and Over	5.4%	3,662	9.2% ± 6.6%	300	3.7%
Females, 17 and Under	16.5%	11,104	8.6% ± 3.7%	1,000	12.2%
Females, 18 to 34	11.2%	7,554	11.2% ± 4.9%	800	9.8%
Females, 35 to 49	8.9%	5,969	9.9% ± 5.3%	600	7.3%
Females, 50 to 64	6.5%	4,400	16.4% ± 7.0%	700	8.5%
Females, 65 and Over	6.4%	4,287	5.0% ± 4.4%	200	2.4%
Total, All Central Utah HD	100.0%	67,207	12.2% ± 1.8%	8,200	100.0%
Annual Household Income					
Under \$20,000	14.2%	9,554	12.4% ± 5.7%	1,200	14.5%
\$20,000 to <\$45,000	43.9%	29,514	11.6% ± 3.0%	3,400	41.0%
\$45,000 to <\$65,000	26.0%	17,504	15.6% ± 4.5%	2,700	32.5%
\$65,000 and Over	15.8%	10,635	9.0% ± 3.6%	1,000	12.0%
Total, All Central Utah HD	100.0%	67,207	12.2% ± 1.8%	8,200	100.0%
Education Level					
Some High School	7.9%	3,505	12.1% ± 7.4%	400	7.3%
High School Grad/Some College	63.9%	28,368	13.8% ± 2.8%	3,900	70.9%
Technical/Vocational Degree	9.3%	4,120	6.1% ± 5.1%	300	5.5%
4 Year College Degree or More	19.0%	8,418	10.7% ± 4.7%	900	16.4%
Total, Central Utah HD, Age 18+	100.0%	44,411	12.4% ± 2.2%	5,500	100.0%
Employment Status					
Full Time	52.1%	23,146	12.1% ± 3.1%	2,800	50.9%
Part Time	13.9%	6,157	18.7% ± 7.3%	1,200	21.8%
Retired	15.9%	7,070	8.0% ± 4.3%	600	10.9%
Keeping House	9.7%	4,308	10.0% ± 6.2%	400	7.3%
Student	2.7%	1,200	*** ± ***	***	***
Unemployed/Other	5.7%	2,530	16.9% ± 9.9%	400	7.3%
Total, Central Utah HD, Age 18+	100.0%	44,411	12.4% ± 2.2%	5,500	100.0%
Hispanic Status					
Hispanic	4.8%	3,202	5.0% ± 4.8%	200	2.4%
Non-Hispanic	95.2%	64,005	12.6% ± 1.9%	8,100	97.6%
Total, All Central Utah HD	100.0%	67,207	12.2% ± 1.8%	8,200	100.0%
Marital Status					
Married	75.5%	33,509	10.7% ± 2.4%	3,600	65.5%
Never Married	12.9%	5,714	22.4% ± 7.6%	1,300	23.6%
Divorced/Separated/Widowed	11.7%	5,188	12.3% ± 6.1%	600	10.9%
Total, Central Utah HD, Age 18+	100.0%	44,411	12.4% ± 2.2%	5,500	100.0%

1 Estimates of Sex and Age Groups based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget; all others based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.

Note: An injury was defined as 'any accidental or intentional injury to a person during the last 12 months that limited their usual activities for a day or longer or caused them to require medical attention.'

Central Utah Health District*

Table 22. Gun Storage: Percentage of Households That Had Loaded Guns Not Stored in a Locked Location by Income and Children in Household, Central Utah Health District 2001.

Demographic Subgroup	Population Distribution of Households		Survey Estimates of Households With Unlocked, Loaded Guns		
	Percentage Distribution	Number of Households ¹	Percentage of Households ²	Number of Households ^{3,4}	Percentage Distribution of Households by Demographic
2001 Central Utah Health District Households					
No Guns in Household				7,000	33.6%
Guns in Locked Location				10,000	48.2%
Guns Not Locked, No Ammunition in Household				100	0.5%
Guns Not Locked, Not Loaded, Ammunition in Household				3,300	16.0%
Loaded Guns Not Stored in a Locked Location				400	1.8%
Total, All Central Utah HD Households				20,700	100.0%
Annual Household Income					
Under \$15,000	18.8%	3,893	*** ± ***	***	***
\$15,000 to <\$35,000	45.2%	9,372	*** ± ***	***	***
\$35,000 to <\$60,000	21.5%	4,451	*** ± ***	***	***
\$60,000 and Over	14.5%	3,004	*** ± ***	***	***
Total, All Central Utah HD Households	100.0%	20,720	1.8% ± 1.2%	400	100.0%
Children in Household					
One or More Children	45.8%	9,488	*** ± ***	***	***
No Children	54.2%	11,232	2.7% ± 2.0%	300	75.0%
Total, All Central Utah HD Households	100.0%	20,720	1.8% ± 1.2%	400	100.0%

1 Estimates are based on the 2001 Utah Health Status Survey.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns may not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

* The Central Utah Health District includes all residents of Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties.

*** Insufficient sample size for calculation of population estimates.