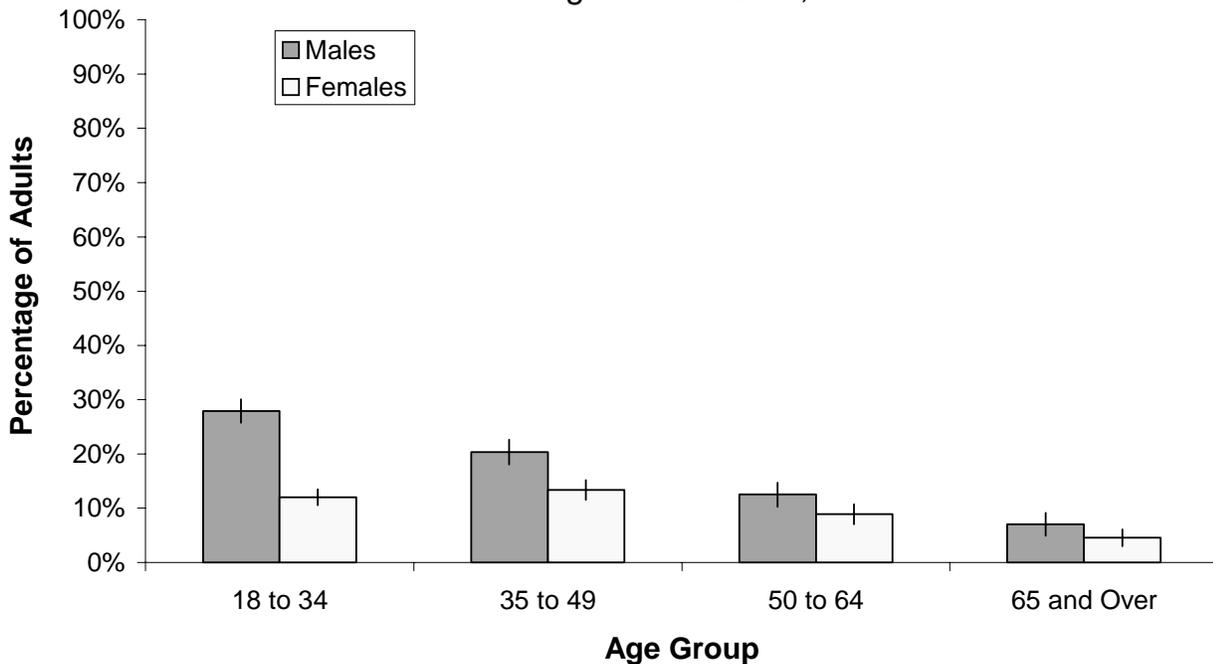




Blood Pressure Check: Percentage of Adults Who Did Not Receive a Blood Pressure Check in the Previous Year by Sex and Age  
Utah Adults Age 18 and Over, 2001



- Adults should have their blood pressure checked about once a year, unless more frequent monitoring is recommended by a doctor. 16% of Utah adults age 18 and over indicated that they had not had their blood pressure checked in the previous year.
- Men were almost twice as likely as women to have gone without a blood pressure check (21% versus 11%, respectively), and younger people were more likely than older to have gone without.

# Preventive Health Screening



**Table 10. Blood Pressure Check: Percentage of Adults Who Did Not Receive a Blood Pressure Check in the Previous Year by Sex, Age, and Local Health District, Adult Utahns Age 18 and Over, 2001.**

Demographic Subgroup	Utah Population Distribution		Survey Estimates of Utahns With No BP Check		
	Percentage Distribution	Number of Persons <sup>1</sup>	Percentage of Persons With No BP Check <sup>2</sup>	Number of Persons <sup>3,4</sup>	Percentage Distribution of Persons With No BP Check by Subgroup <sup>4</sup>
2001 Utah Population, Adults 18+	100.0%	1,565,550	15.5% ± 0.8%	242,300	100.0%
<b>Sex</b>					
Male	49.5%	775,120	20.5% ± 1.3%	158,500	65.1%
Female	50.5%	790,430	10.8% ± 0.9%	85,100	34.9%
Total, All Adult Utahns	100.0%	1,565,550	15.5% ± 0.8%	242,300	100.0%
<b>Age Group</b>					
18 to 34	42.7%	669,170	19.9% ± 1.4%	133,100	54.1%
35 to 49	28.1%	439,986	16.8% ± 1.6%	74,000	30.1%
50 to 64	16.7%	262,021	10.6% ± 1.5%	27,900	11.3%
65 and Over	12.4%	194,373	5.6% ± 1.4%	11,000	4.5%
Total, All Adult Utahns	100.0%	1,565,550	15.5% ± 0.8%	242,300	100.0%
<b>Sex and Age</b>					
Males, 18 to 34	21.6%	338,358	27.9% ± 2.2%	94,500	38.2%
Males, 35 to 49	14.2%	222,338	20.3% ± 2.3%	45,200	18.3%
Males 50 to 64	8.3%	129,263	12.5% ± 2.2%	16,200	6.5%
Males, 65 and Over	5.4%	85,161	7.0% ± 2.1%	6,000	2.4%
Females, 18 to 34	21.1%	330,812	12.0% ± 1.5%	39,800	16.1%
Females, 35 to 49	13.9%	217,648	13.4% ± 1.8%	29,100	11.8%
Females 50 to 64	8.5%	132,758	8.9% ± 1.8%	11,800	4.8%
Females, 65 and Over	7.0%	109,212	4.5% ± 1.6%	5,000	2.0%
Total, All Adult Utahns	100.0%	1,565,550	15.5% ± 0.8%	242,300	100.0%
<b>Local Health District<sup>5</sup></b>					
Bear River	6.0%	93,555	16.0% ± 2.3%	15,000	6.2%
Central	2.8%	44,411	17.1% ± 3.0%	7,600	3.1%
Davis	10.3%	160,801	14.7% ± 2.7%	23,600	9.7%
Salt Lake	40.9%	640,654	16.2% ± 1.5%	103,500	42.7%
Southeastern	2.3%	35,968	16.3% ± 2.7%	5,900	2.4%
Southwest	6.5%	101,940	14.6% ± 2.7%	14,900	6.1%
Summit	1.4%	22,186	12.9% ± 2.4%	2,900	1.2%
Tooele	1.9%	29,436	13.4% ± 2.2%	3,900	1.6%
TriCounty	1.8%	27,434	16.1% ± 2.4%	4,400	1.8%
Utah County	16.3%	254,723	15.5% ± 2.1%	39,600	16.3%
Wasatch	0.7%	10,662	17.7% ± 2.8%	1,900	0.8%
Weber-Morgan	9.2%	143,780	13.4% ± 2.7%	19,200	7.9%
Total, All Adult Utahns	100.0%	1,565,550	15.5% ± 0.8%	242,300	100.0%

1 Population estimates are based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget.

2 Plus or minus 95% confidence interval.

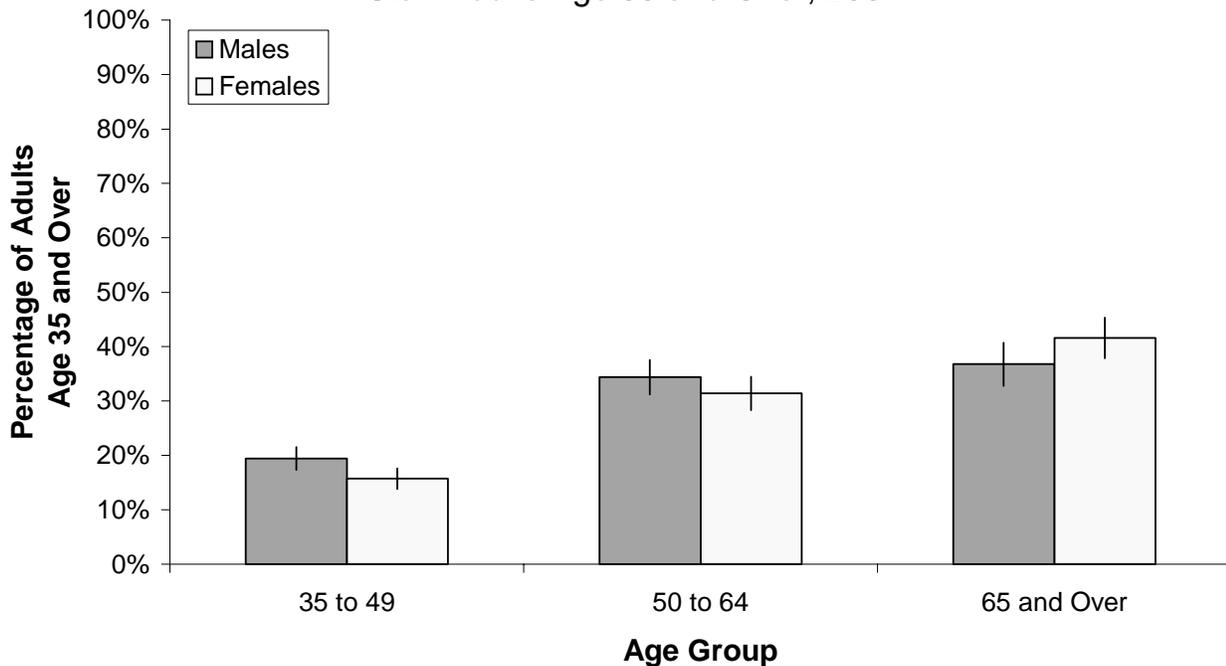
3 Rounded to the nearest 100 persons.

4 Figures in these columns may not sum to the total because of data weighting and missing values on the grouping variables.

5 These rates have not been age-adjusted. Age-adjusted rates are available upon request.



High Cholesterol: Percentage of Adults Age 35 and Over  
Who Had Been Diagnosed With High Blood  
Cholesterol by Sex and Age  
Utah Adults Age 35 and Over, 2001



- Unless more frequent monitoring is indicated for some medical reason, guidelines for clinical preventive care recommend that adults age 35 and older should have their blood cholesterol tested at least once every five years. 27% of surveyed Utah adults age 35 and over indicated that they had been told by a doctor or other health professional that their blood cholesterol level was high.
- Men and women were about equally likely to have high blood cholesterol, and the likelihood of having been diagnosed with high blood cholesterol increased with age.

# Preventive Health Screening



**Table 11. High Cholesterol: Percentage of Adults Age 35 and Over Who Had Been Diagnosed With High Blood Cholesterol by Sex, Age, and Local Health District, Adults Utahns Age 35 and Over, 2001.**

Demographic Subgroup	Utah Population Distribution		Survey Estimates of Utahns With High Blood Cholesterol		
	Percentage Distribution	Number of Persons <sup>1</sup>	Percentage of Persons With High Blood Cholesterol <sup>2</sup>	Number of Persons <sup>3,4</sup>	Percentage Distribution of Persons With High Blood Cholesterol by Subgroup <sup>4</sup>
2001 Utah Population, Adults 35+	100.0%	896,380	26.9% ± 1.2%	240,800	100.0%
<b>Sex</b>					
Male	48.7%	436,762	27.4% ± 1.6%	119,700	49.7%
Female	51.3%	459,618	26.4% ± 1.6%	121,100	50.3%
Total, All Utahns Age 35+	100.0%	896,380	26.9% ± 1.2%	240,800	100.0%
<b>Age Group</b>					
35 to 49	49.1%	439,986	17.6% ± 1.4%	77,400	32.2%
50 to 64	29.2%	262,021	32.9% ± 2.2%	86,100	35.9%
65 and Over	21.7%	194,373	39.4% ± 2.7%	76,600	31.9%
Total, All Utahns Age 35+	100.0%	896,380	26.9% ± 1.2%	240,800	100.0%
<b>Sex and Age</b>					
Males, 35 to 49	24.8%	222,338	19.4% ± 2.1%	43,200	18.0%
Males 50 to 64	14.4%	129,263	34.4% ± 3.2%	44,400	18.5%
Males, 65 and Over	9.5%	85,161	36.8% ± 4.0%	31,300	13.0%
Females, 35 to 49	24.3%	217,648	15.7% ± 1.9%	34,200	14.2%
Females 50 to 64	14.8%	132,758	31.4% ± 3.1%	41,700	17.4%
Females, 65 and Over	12.2%	109,212	41.6% ± 3.7%	45,400	18.9%
Total, All Utahns Age 35+	100.0%	896,380	26.9% ± 1.2%	240,800	100.0%
<b>Local Health District<sup>5</sup></b>					
Bear River	5.4%	48,783	25.7% ± 3.3%	12,500	5.2%
Central	3.2%	28,909	27.6% ± 3.6%	8,000	3.3%
Davis	10.6%	95,408	29.0% ± 4.0%	27,700	11.5%
Salt Lake	41.8%	374,650	26.3% ± 2.1%	98,500	40.9%
Southeastern	2.7%	24,444	26.0% ± 3.4%	6,300	2.6%
Southwest	7.2%	64,119	28.1% ± 3.5%	18,000	7.5%
Summit	1.7%	14,885	22.8% ± 3.2%	3,400	1.4%
Tooele	1.9%	16,871	30.7% ± 3.4%	5,200	2.2%
TriCounty	2.0%	18,156	26.4% ± 3.2%	4,800	2.0%
Utah County	12.9%	115,293	25.2% ± 3.0%	29,100	12.1%
Wasatch	0.8%	6,749	20.9% ± 3.1%	1,400	0.6%
Weber-Morgan	9.8%	88,113	29.4% ± 4.1%	25,900	10.8%
Total, All Utahns Age 35+	100.0%	896,380	26.9% ± 1.2%	240,800	100.0%

1 Population estimates are based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns may not sum to the total because of data weighting and missing values on the grouping variables.

5 These rates have not been age-adjusted. Age-adjusted rates are available upon request.