



The information in this report is based on data collected in the 2001 Utah Health Status Survey. The survey represents the fourth in a series, with previous surveys conducted in 1986, 1991, and 1996. It provides information on a variety of topics related to health status and health care access at statewide and health district levels. The Utah Health Status Survey is important because it provides information for Utah's local health districts and children. Certain topics will be presented in separate reports due to be released in 2002 and 2003 under the headings listed below.

*Health Insurance Coverage*

*Health Care Access and Utilization*

*Chronic Medical Conditions*

*Injuries in Utah*

*Health Status in Utah: Medical Outcomes Study SF-12*

*Lifestyle Factors: Exercise, Exposure to Second Hand Smoke*

*Health Screening: Hypertension and Cholesterol*

*Overview for Children*

*Overview by Race and Ethnicity*

*Overview by Local Health District*

The survey was funded by a legislative appropriation and was designed, analyzed, and reported by the Utah Department of Health, Center for Health Data. The survey sample was designed to be representative of Utahns, and is perhaps best described as a weighted probability sample consisting of 7,520 households disproportionately stratified by twelve local health districts that cover the entire state.

PEGUS Research Inc. of Salt Lake City conducted the telephone interviews using computer-assisted random digit dialing techniques. In each household, one adult (age 18 or older) was randomly selected to respond to survey questions about themselves, about the household as a unit, and with regard to each household member. The survey results were weighted to reflect the age, sex, geographic distribution, and Hispanic ethnicity of the population. Interviews were conducted over a seven-month period from May to November, 2001. A detailed description of the methodology can be found in the Technical Notes section of this report. The entire survey questionnaire may be found on-line at [http://health.utah.gov/ibis-ph/opha\\_pubs.html](http://health.utah.gov/ibis-ph/opha_pubs.html).

The information in this report can be used to facilitate policy and planning decisions. While it is intended primarily for public health program managers, administrators, and other health care professionals in the public and private health care sectors, the report may also be of interest to anyone wishing to inform themselves on the current health status of Utahns.