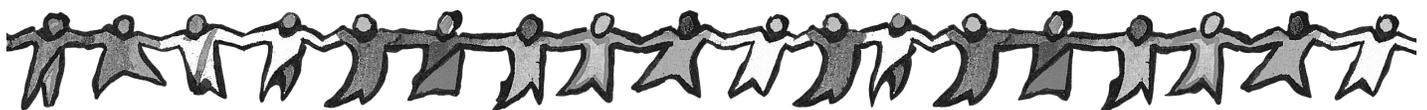




A Profile of Utahns With Poor Health Status

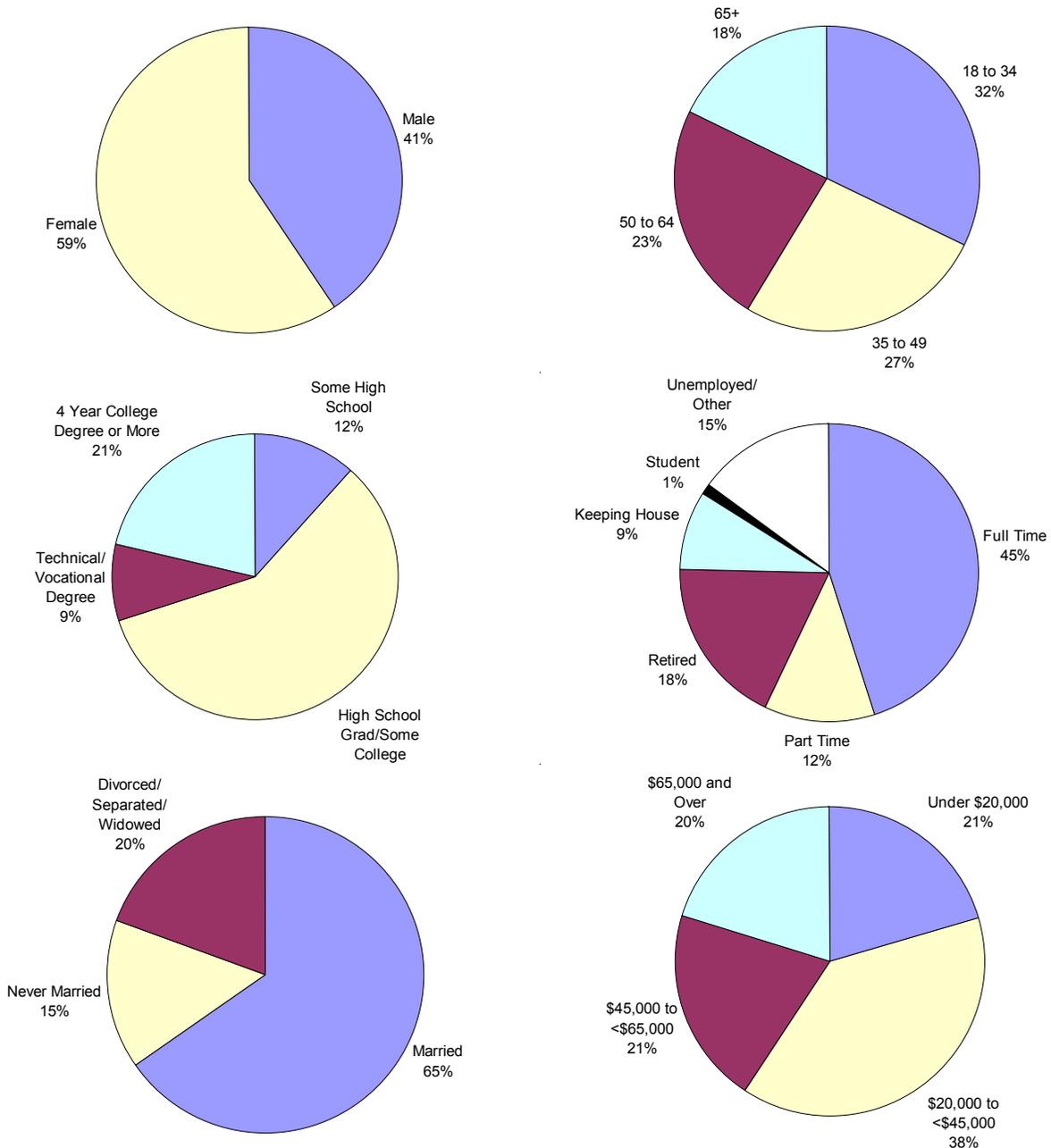
This section uses the age specific difference scores for the PCS and MCS scores, and statistically categorizes them into three types of poor health. These groups include: those with poor physical health, those with poor mental health and those with poor physical and mental health. It provides a demographic and social picture of the populations in Utah with poor health. This section also provides tables to illustrate how individuals with poor health seek health care services disproportionately. Several indicators such as average number of doctor's visits, and whether or not a person has had an overnight hospital stay are presented for different health groups.



A Profile of Utahns With Poor Health Status



The Distribution of Persons With Poor Physical Health by Sex, Age, Education, Employment, Marital Status, and Income Category: Adults Age 18 or Over, 2001.



- 17.3% of adult Utahns reported poor physical health.
- Women made up nearly 3/5 of all adult Utahns with poor physical health.
- Full time workers made up the greatest proportion of adult Utahns with poor physical health.
- Married persons made up the highest proportion of adults with poor physical health, but divorced/separated/widowed persons were the most likely to have poor health out of all three categories.

A Profile of Utahns With Poor Health Status



Table 8. A Profile of Utahns With Poor Physical Health, Percentage of Utahns 18 and Over With Poor Physical Health by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Adult Utahns With Poor Physical Health		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001, Utah Population, All Utahns, 18 Years and Over	100.0%	1,565,550	17.3% ± 1.2%	271,000	100.0%
Sex					
Male	49.5%	775,120	14.2% ± 1.7%	110,200	40.6%
Female	50.5%	790,430	20.4% ± 1.6%	160,900	59.4%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	17.3% ± 1.2%	271,000	100.0%
Age Group					
18 to 34	42.7%	669,170	13.0% ± 1.7%	87,000	32.1%
35 to 49	28.1%	439,986	16.4% ± 2.2%	72,000	26.6%
50 to 64	16.7%	262,021	24.3% ± 3.0%	63,600	23.5%
65+	12.4%	194,373	24.8% ± 3.6%	48,200	17.8%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	17.3% ± 1.2%	271,000	100.0%
Sex and Age					
Males, 18 to 34	21.6%	338,358	9.6% ± 2.4%	32,600	12.0%
Males, 35 to 49	14.2%	222,338	14.0% ± 3.1%	31,100	11.5%
Males, 50 to 64	8.3%	129,263	20.7% ± 4.2%	26,800	9.9%
Males, 65+	5.4%	85,161	22.7% ± 5.9%	19,300	7.1%
Females, 18 to 34	21.1%	330,812	16.4% ± 2.4%	54,300	20.1%
Females, 35 to 49	13.9%	217,648	18.8% ± 2.9%	40,800	15.1%
Females, 50 to 64	8.5%	132,758	27.5% ± 4.2%	36,600	13.5%
Females, 65+	7.0%	109,212	26.8% ± 4.4%	29,200	10.8%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	17.3% ± 1.2%	271,000	100.0%
Education					
Some High School	6.7%	105,543	29.9% ± 6.2%	31,500	11.6%
High School Grad/Some College	54.6%	854,487	18.6% ± 1.6%	159,300	58.5%
Technical/Vocational Degree	9.5%	148,993	15.7% ± 3.6%	23,400	8.6%
4 Year College Degree or More	29.2%	456,525	12.8% ± 1.8%	58,300	21.4%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	17.3% ± 1.2%	271,000	100.0%
Annual Household Income					
Under \$20,000	11.3%	176,750	32.6% ± 4.4%	57,600	20.6%
\$20,000 to <\$45,000	35.7%	559,527	19.3% ± 2.2%	107,800	38.6%
\$45,000 to <\$65,000	22.7%	355,693	16.1% ± 2.6%	57,400	20.5%
\$65,000 and Over	30.2%	473,578	12.0% ± 2.1%	56,600	20.3%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	17.3% ± 1.2%	271,000	100.0%

A Profile of Utahns With Poor Health Status



Table 8 (continued). A Profile of Utahns With Poor Physical Health, Percentage of Utahns 18 and Over With Poor Physical Health by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Adult Utahns With Poor Physical Health		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
Marital Status					
Married	68.9%	1,078,794	16.5% ± 1.4%	177,900	65.3%
Never Married	18.6%	291,692	14.1% ± 3.0%	41,200	15.1%
Divorced/Separated/Widowed	12.5%	195,064	27.3% ± 3.4%	53,200	19.5%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	17.3% ± 1.2%	271,000	100.0%
Employment Status					
Full Time	57.0%	892,245	13.8% ± 1.5%	123,600	45.1%
Part Time	13.8%	216,631	15.0% ± 3.0%	32,400	11.8%
Retired	12.1%	189,178	26.7% ± 3.7%	50,600	18.5%
Keeping House	9.5%	148,259	15.8% ± 3.2%	23,400	8.5%
Student	2.8%	43,181	7.4% ± 4.6%	3,200	1.2%
Unemployed/Other	4.9%	76,056	53.8% ± 7.9%	40,900	14.9%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	17.3% ± 1.2%	271,000	100.0%
Local Health District*					
Bear River	6.0%	93,555	13.5% ± 2.9%	12,600	4.7%
Central	2.8%	44,411	19.5% ± 4.3%	8,600	3.2%
Davis	10.3%	160,801	16.7% ± 3.6%	26,800	9.9%
Salt Lake	40.9%	640,654	18.0% ± 2.1%	115,000	42.5%
Southeastern	2.3%	35,968	21.9% ± 4.4%	7,900	2.9%
Southwest	6.5%	101,940	20.2% ± 4.1%	20,600	7.6%
Summit	1.4%	22,186	10.4% ± 2.9%	2,300	0.8%
Tooele	1.9%	29,436	20.2% ± 3.5%	6,000	2.2%
TriCounty	1.8%	27,434	23.9% ± 4.0%	6,600	2.4%
Utah County	16.3%	254,723	15.5% ± 2.8%	39,400	14.5%
Wasatch	0.7%	10,662	17.4% ± 3.9%	1,900	0.7%
Weber-Morgan	9.2%	143,780	16.1% ± 3.8%	23,200	8.6%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	17.3% ± 1.2%	271,000	100.0%
Poverty Level					
<100% Federal Poverty Level	6.9%	108,256	33.0% ± 5.9%	35,800	13.2%
101-200% Federal Poverty Level	19.6%	307,257	23.3% ± 3.1%	71,600	26.4%
201-300% Federal Poverty Level	27.3%	427,857	14.8% ± 2.3%	63,200	23.3%
>300% Federal Poverty Level	46.1%	722,180	13.9% ± 1.7%	100,200	37.0%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	17.3% ± 1.2%	271,000	100.0%
Hispanic Status					
Hispanic	7.8%	122,449	23.2% ± 5.2%	28,400	10.5%
Non-Hispanic	92.2%	1,443,099	16.8% ± 1.2%	242,100	89.5%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	17.3% ± 1.2%	271,000	100.0%

A Profile of Utahns With Poor Health Status



Table 8 (continued). A Profile of Utahns With Poor Physical Health, Percentage of Utahns 18 and Over With Poor Physical Health by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Adult Utahns With Poor Physical Health		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
Insurance Coverage					
Insured	90.3%	1,413,071	17.5% ± 1.2%	246,800	90.5%
Uninsured	9.7%	152,479	16.9% ± 3.9%	25,800	9.5%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	17.3% ± 1.2%	271,000	100.0%
Religion					
Protestant	10.2%	160,282	17.8% ± 3.5%	28,500	10.5%
Catholic	9.1%	142,774	19.3% ± 4.5%	27,600	10.2%
LDS	65.0%	1,018,202	17.0% ± 1.4%	172,700	63.8%
Jehovah Witness	0.3%	4,773	*** ± ***	***	***
Other	3.1%	48,160	18.7% ± 6.9%	9,000	3.3%
No Religion	12.2%	191,359	16.8% ± 3.5%	32,100	11.8%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	17.3% ± 1.2%	271,000	100.0%

1 Population Estimates based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age adjusted.

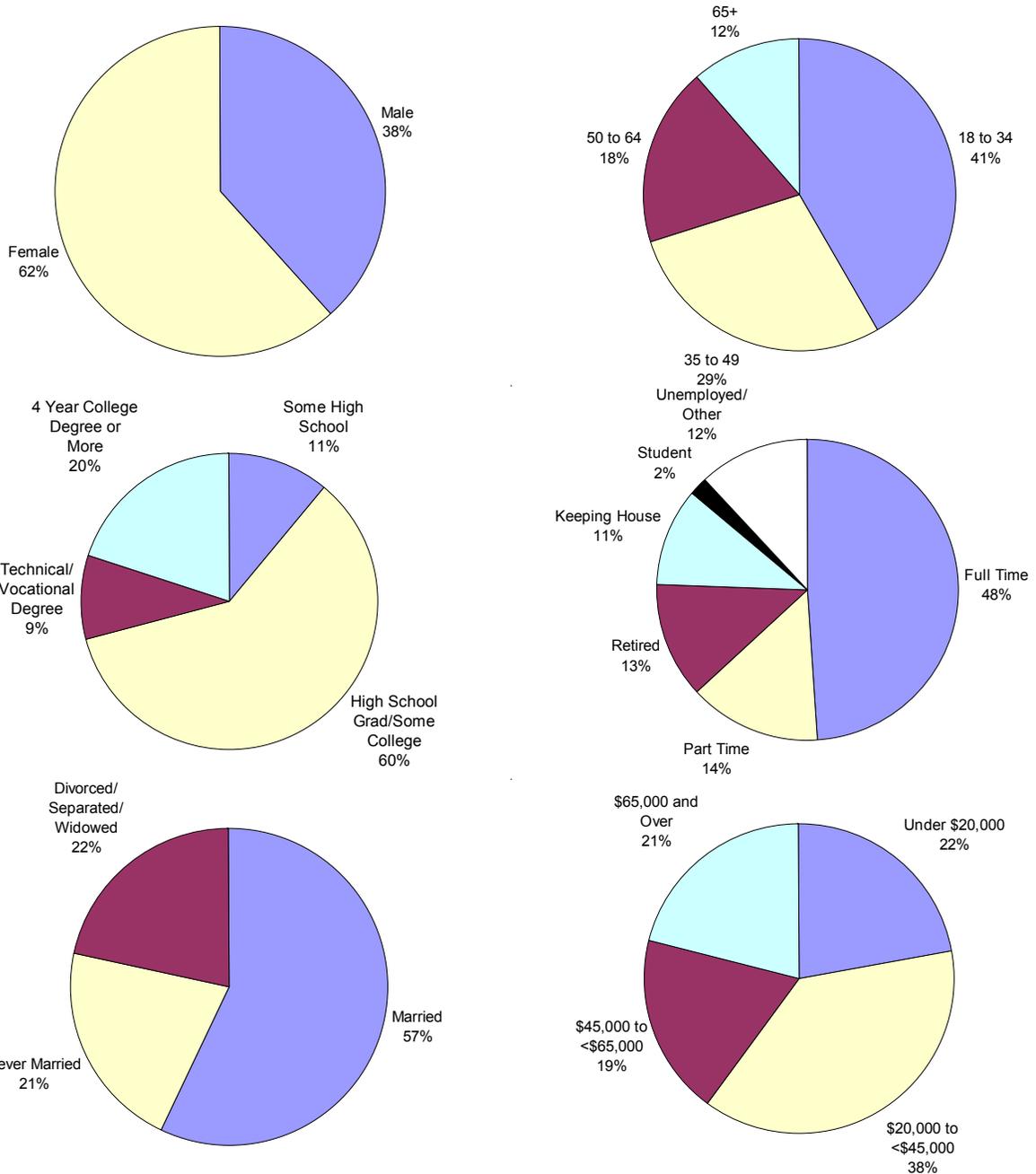
*** Insufficient sample size for calculation of population estimates.

2001 Utah Health Status Survey, Utah Department of Health

A Profile of Utahns With Poor Health Status



The Distribution of Persons With Poor Mental Health by Sex, Age, Education, Employment, Marital Status, and Income Category: Adults Age 18 or Over, 2001.



- Full time workers made up nearly half of adult Utahns with poor mental health. However, the unemployed were most likely to suffer poor mental health (20.5%).
- Those with incomes between \$20,000 and \$45,000 made up the largest proportion of adult Utahns with poor mental health.
- Women made up two thirds of adult Utahns with poor mental health. However, those with incomes under \$20,000 were most likely to report poor mental health.

A Profile of Utahns With Poor Health Status



Table 9. A Profile of Utahns With Poor Mental Health, Percentage of Utahns 18 and Over With Poor Mental Health by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Adult Utahns With Poor Mental Health		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001, Utah Population, All Utahns, 18 Years and Over	100.0%	1,565,550	18.2% ± 1.2%	285,500	100.0%
Sex					
Male	49.5%	775,120	14.2% ± 1.7%	109,700	38.4%
Female	50.5%	790,430	22.3% ± 1.7%	175,900	61.6%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	18.2% ± 1.2%	285,500	100.0%
Age Group					
18 to 34	42.7%	669,170	17.7% ± 2.0%	118,500	41.6%
35 to 49	28.1%	439,986	18.5% ± 2.2%	81,300	28.5%
50 to 64	16.7%	262,021	20.0% ± 2.9%	52,400	18.4%
65+	12.4%	194,373	16.9% ± 3.0%	32,800	11.5%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	18.2% ± 1.2%	285,500	100.0%
Sex and Age					
Males, 18 to 34	21.6%	338,358	12.7% ± 2.8%	43,100	15.1%
Males, 35 to 49	14.2%	222,338	15.7% ± 3.3%	34,900	12.2%
Males, 50 to 64	8.3%	129,263	15.8% ± 3.9%	20,500	7.2%
Males, 65+	5.4%	85,161	13.3% ± 4.5%	11,300	4.0%
Females, 18 to 34	21.1%	330,812	22.8% ± 2.7%	75,300	26.4%
Females, 35 to 49	13.9%	217,648	21.3% ± 3.0%	46,400	16.3%
Females, 50 to 64	8.5%	132,758	23.9% ± 4.1%	31,700	11.1%
Females, 65+	7.0%	109,212	20.1% ± 3.9%	21,900	7.7%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	18.2% ± 1.2%	285,500	100.0%
Education					
Some High School	6.7%	105,543	30.3% ± 6.5%	31,900	11.1%
High School Grad/Some College	54.6%	854,487	20.1% ± 1.7%	171,600	59.8%
Technical/Vocational Degree	9.5%	148,993	17.5% ± 3.8%	26,100	9.1%
4 Year College Degree or More	29.2%	456,525	12.6% ± 1.8%	57,400	20.0%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	18.2% ± 1.2%	285,500	100.0%
Annual Household Income					
Under \$20,000	11.3%	176,750	36.3% ± 4.7%	64,200	22.2%
\$20,000 to <\$45,000	35.7%	559,527	19.5% ± 2.3%	109,000	37.7%
\$45,000 to <\$65,000	22.7%	355,693	15.5% ± 2.6%	55,200	19.1%
\$65,000 and Over	30.2%	473,578	12.8% ± 2.0%	60,800	21.0%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	18.2% ± 1.2%	285,500	100.0%

A Profile of Utahns With Poor Health Status



Table 9 (continued). A Profile of Utahns With Poor Mental Health, Percentage of Utahns 18 and Over With Poor Mental Health by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Adult Utahns With Poor Mental Health		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
Marital Status					
Married	68.9%	1,078,794	15.3% ± 1.3%	164,900	57.0%
Never Married	18.6%	291,692	21.1% ± 3.7%	61,600	21.3%
Divorced/Separated/Widowed	12.5%	195,064	32.2% ± 3.6%	62,900	21.7%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	18.2% ± 1.2%	285,500	100.0%
Employment Status					
Full Time	57.0%	892,245	15.8% ± 1.6%	140,700	48.9%
Part Time	13.8%	216,631	18.7% ± 3.3%	40,500	14.1%
Retired	12.1%	189,178	19.1% ± 3.3%	36,100	12.6%
Keeping House	9.5%	148,259	20.5% ± 3.7%	30,400	10.6%
Student	2.8%	43,181	13.3% ± 7.2%	5,800	2.0%
Unemployed/Other	4.9%	76,056	44.8% ± 7.7%	34,100	11.9%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	18.2% ± 1.2%	285,500	100.0%
Local Health District*					
Bear River	6.0%	93,555	14.4% ± 3.1%	13,500	4.7%
Central	2.8%	44,411	15.1% ± 3.4%	6,700	2.3%
Davis	10.3%	160,801	15.7% ± 3.5%	25,200	8.8%
Salt Lake	40.9%	640,654	19.5% ± 2.1%	125,000	43.8%
Southeastern	2.3%	35,968	19.3% ± 3.9%	7,000	2.5%
Southwest	6.5%	101,940	14.8% ± 3.4%	15,100	5.3%
Summit	1.4%	22,186	11.2% ± 2.9%	2,500	0.9%
Tooele	1.9%	29,436	18.4% ± 3.3%	5,400	1.9%
TriCounty	1.8%	27,434	19.0% ± 3.6%	5,200	1.8%
Utah County	16.3%	254,723	18.3% ± 3.3%	46,700	16.4%
Wasatch	0.7%	10,662	15.0% ± 3.5%	1,600	0.6%
Weber-Morgan	9.2%	143,780	21.8% ± 4.6%	31,400	11.0%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	18.2% ± 1.2%	285,500	100.0%
Poverty Level					
<100% Federal Poverty Level	6.9%	108,256	39.5% ± 6.4%	42,700	15.0%
101-200% Federal Poverty Level	19.6%	307,257	22.0% ± 3.2%	67,700	23.8%
201-300% Federal Poverty Level	27.3%	427,857	17.7% ± 2.6%	75,600	26.6%
>300% Federal Poverty Level	46.1%	722,180	13.6% ± 1.6%	98,200	34.6%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	18.2% ± 1.2%	285,500	100.0%
Hispanic Status					
Hispanic	7.8%	122,449	24.2% ± 5.2%	29,700	10.4%
Non-Hispanic	92.2%	1,443,099	17.7% ± 1.2%	255,300	89.6%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	18.2% ± 1.2%	285,500	100.0%

A Profile of Utahns With Poor Health Status



Table 9 (continued). A Profile of Utahns With Poor Mental Health, Percentage of Utahns 18 and Over With Poor Mental Health by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Adult Utahns With Poor Mental Health		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
Insurance Coverage					
Insured	90.3%	1,413,071	16.8% ± 1.2%	237,200	84.4%
Uninsured	9.7%	152,479	28.8% ± 4.8%	43,900	15.6%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	18.2% ± 1.2%	285,500	100.0%
Religion					
Protestant	10.2%	160,282	17.8% ± 3.5%	28,500	10.0%
Catholic	9.1%	142,774	22.3% ± 4.8%	31,800	11.1%
LDS	65.0%	1,018,202	16.5% ± 1.4%	167,700	58.7%
Jehovah Witness	0.3%	4,773	*** ± ***	***	***
Other	3.1%	48,160	26.6% ± 8.1%	12,800	4.5%
No Religion	12.2%	191,359	22.0% ± 4.0%	42,100	14.7%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	18.2% ± 1.2%	285,500	100.0%

1 Population Estimates based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age adjusted.

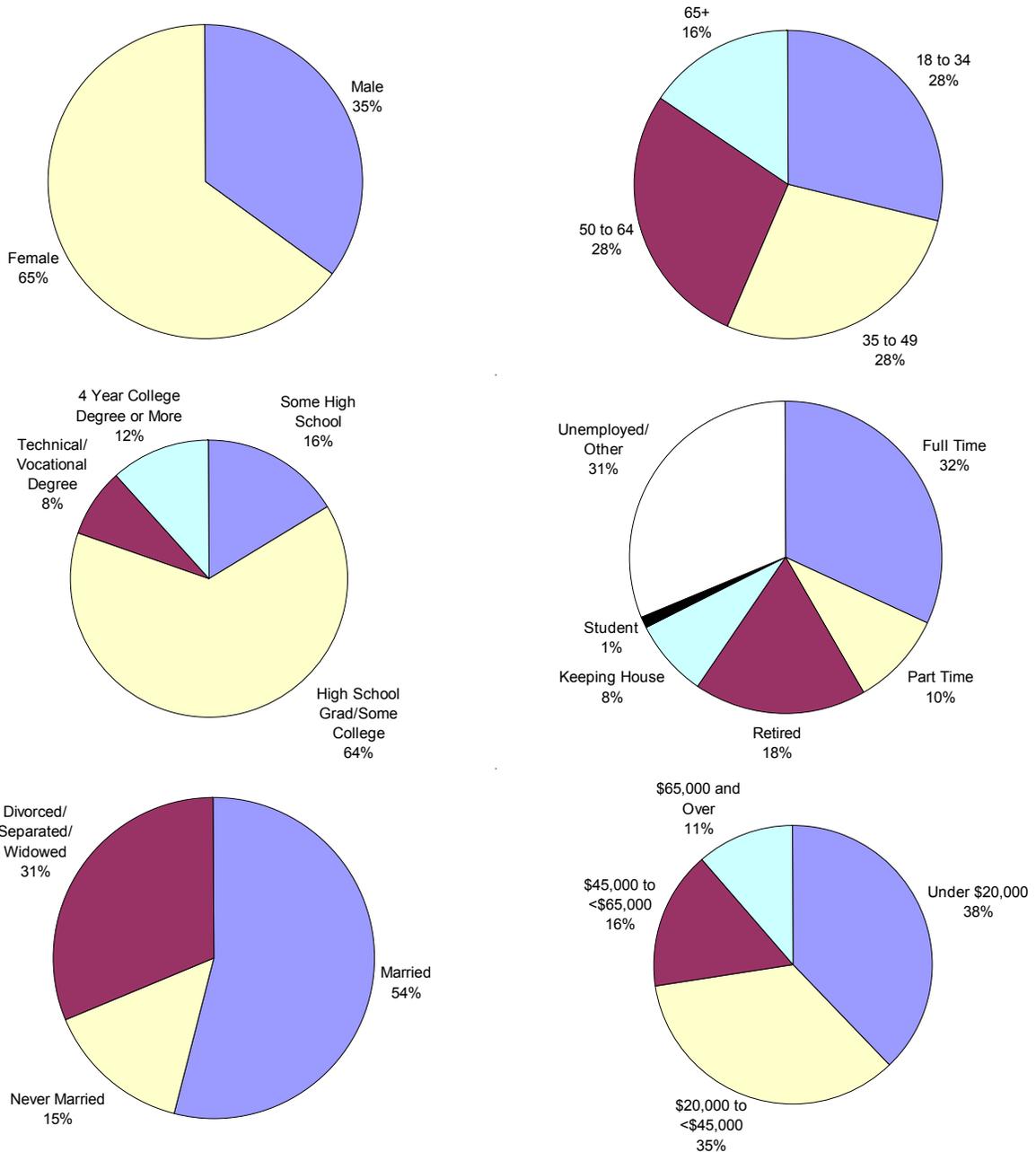
*** Insufficient sample size for calculation of population estimates.

2001 Utah Health Status Survey, Utah Department of Health

A Profile of Utahns With Poor Health Status



The Distribution of Persons With Poor Physical and Mental Health by Sex, Age, Education, Employment, Marital Status, and Income Category: Adults Age 18 or Over, 2001.



- Women made up 65% of all adult Utahns with both poor physical and mental health. Nearly twice as many women as men suffer both poor physical and mental health.
- While divorced/separated/widowed individuals made up one third of all adults with poor physical and mental health, they were three times more likely than either married or never married individuals to report both poor physical and mental health.

A Profile of Utahns With Poor Health Status



Table 10. A Profile of Utahns With Poor Physical and Mental Health, Percentage of Utahns 18 and Over With Poor Physical and Mental Health by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Adult Utahns With Poor Physical and Mental Health		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001, Utah Population, All Utahns, 18 Years and Over	100.0%	1,565,550	6.9% ± 0.9%	107,900	100.0%
Sex					
Male	49.5%	775,120	5.0% ± 1.1%	38,600	35.1%
Female	50.5%	790,430	9.0% ± 1.4%	71,300	64.9%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	6.9% ± 0.9%	107,900	100.0%
Age Group					
18 to 34	42.7%	669,170	4.7% ± 1.2%	31,200	28.8%
35 to 49	28.1%	439,986	6.8% ± 1.6%	30,000	27.7%
50 to 64	16.7%	262,021	11.6% ± 2.7%	30,300	28.0%
65+	12.4%	194,373	8.6% ± 2.6%	16,800	15.5%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	6.9% ± 0.9%	107,900	100.0%
Sex and Age					
Males, 18 to 34	21.6%	338,358	2.4% ± 1.5%	8,100	7.3%
Males, 35 to 49	14.2%	222,338	5.7% ± 2.2%	12,700	11.5%
Males, 50 to 64	8.3%	129,263	9.3% ± 3.4%	12,000	10.9%
Males, 65+	5.4%	85,161	7.2% ± 4.1%	6,200	5.6%
Females, 18 to 34	21.1%	330,812	7.3% ± 2.1%	24,100	21.8%
Females, 35 to 49	13.9%	217,648	8.1% ± 2.3%	17,600	16.0%
Females, 50 to 64	8.5%	132,758	14.0% ± 4.3%	18,600	16.9%
Females, 65+	7.0%	109,212	10.1% ± 3.2%	11,000	10.0%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	6.9% ± 0.9%	107,900	100.0%
Education					
Some High School	6.7%	105,543	17.5% ± 6.2%	18,500	16.5%
High School Grad/Some College	54.6%	854,487	8.4% ± 1.3%	71,500	63.7%
Technical/Vocational Degree	9.5%	148,993	6.2% ± 2.7%	9,200	8.2%
4 Year College Degree or More	29.2%	456,525	2.9% ± 1.0%	13,100	11.7%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	6.9% ± 0.9%	107,900	100.0%
Annual Household Income					
Under \$20,000	11.3%	176,750	26.4% ± 5.1%	46,600	37.9%
\$20,000 to <\$45,000	35.7%	559,527	7.6% ± 1.8%	42,700	34.7%
\$45,000 to <\$65,000	22.7%	355,693	5.5% ± 1.9%	19,600	15.9%
\$65,000 and Over	30.2%	473,578	3.0% ± 1.2%	14,100	11.5%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	6.9% ± 0.9%	107,900	100.0%

A Profile of Utahns With Poor Health Status



Table 10 (continued). A Profile of Utahns With Poor Physical and Mental Health, Percentage of Utahns 18 and Over With Poor Physical and Mental Health by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Adult Utahns With Poor Physical and Mental Health		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
Marital Status					
Married	68.9%	1,078,794	5.7% ± 1.0%	61,100	53.8%
Never Married	18.6%	291,692	5.7% ± 2.4%	16,800	14.8%
Divorced/Separated/Widowed	12.5%	195,064	18.3% ± 3.7%	35,600	31.4%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	6.9% ± 0.9%	107,900	100.0%
Employment Status					
Full Time	57.0%	892,245	4.2% ± 1.0%	37,800	31.9%
Part Time	13.8%	216,631	5.3% ± 2.3%	11,400	9.6%
Retired	12.1%	189,178	11.2% ± 3.3%	21,100	17.8%
Keeping House	9.5%	148,259	6.5% ± 2.6%	9,600	8.1%
Student	2.8%	43,181	3.0% ± 3.2%	1,300	1.1%
Unemployed/Other	4.9%	76,056	48.9% ± 10.0%	37,200	31.4%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	6.9% ± 0.9%	107,900	100.0%
Local Health District*					
Bear River	6.0%	93,555	4.6% ± 2.1%	4,300	4.0%
Central	2.8%	44,411	7.0% ± 2.7%	3,100	2.9%
Davis	10.3%	160,801	4.6% ± 2.3%	7,400	6.8%
Salt Lake	40.9%	640,654	7.4% ± 1.7%	47,600	44.0%
Southeastern	2.3%	35,968	8.5% ± 3.2%	3,000	2.8%
Southwest	6.5%	101,940	7.7% ± 3.0%	7,900	7.3%
Summit	1.4%	22,186	2.5% ± 1.6%	500	0.5%
Tooele	1.9%	29,436	7.5% ± 2.6%	2,200	2.0%
TriCounty	1.8%	27,434	11.1% ± 3.5%	3,100	2.9%
Utah County	16.3%	254,723	6.0% ± 2.1%	15,200	14.1%
Wasatch	0.7%	10,662	5.2% ± 2.4%	600	0.6%
Weber-Morgan	9.2%	143,780	9.2% ± 3.6%	13,200	12.2%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	6.9% ± 0.9%	107,900	100.0%
Poverty Level					
<100% Federal Poverty Level	6.9%	108,256	28.5% ± 7.2%	30,900	26.7%
101-200% Federal Poverty Level	19.6%	307,257	12.2% ± 2.8%	37,400	32.3%
201-300% Federal Poverty Level	27.3%	427,857	5.6% ± 1.7%	24,100	20.8%
>300% Federal Poverty Level	46.1%	722,180	3.2% ± 1.0%	23,300	20.1%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	6.9% ± 0.9%	107,900	100.0%
Hispanic Status					
Hispanic	7.8%	122,449	11.3% ± 4.6%	13,800	12.8%
Non-Hispanic	92.2%	1,443,099	6.5% ± 0.9%	94,300	87.2%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	6.9% ± 0.9%	107,900	100.0%

A Profile of Utahns With Poor Health Status



Table 10 (continued). A Profile of Utahns With Poor Physical and Mental Health, Percentage of Utahns 18 and Over With Poor Physical and Mental Health by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Adult Utahns With Poor Physical and Mental Health		
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
Insurance Coverage					
Insured	90.3%	1,413,071	6.5% ± 0.9%	91,900	85.4%
Uninsured	9.7%	152,479	10.3% ± 3.9%	15,700	14.6%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	6.9% ± 0.9%	107,900	100.0%
Religion					
Protestant	10.2%	160,282	5.9% ± 2.4%	9,500	8.7%
Catholic	9.1%	142,774	10.2% ± 4.1%	14,500	13.4%
LDS	65.0%	1,018,202	6.3% ± 1.0%	64,400	59.3%
Jehovah Witness	0.3%	4,773	*** ± ***	***	***
Other	3.1%	48,160	7.7% ± 5.3%	3,700	3.4%
No Religion	12.2%	191,359	7.8% ± 2.9%	14,900	13.7%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	6.9% ± 0.9%	107,900	100.0%

1 Population Estimates based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age adjusted.

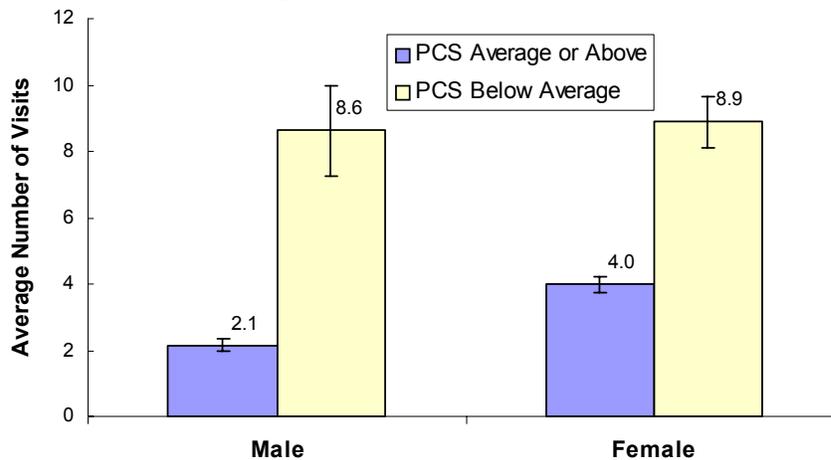
*** Insufficient sample size for calculation of population estimates.

2001 Utah Health Status Survey, Utah Department of Health

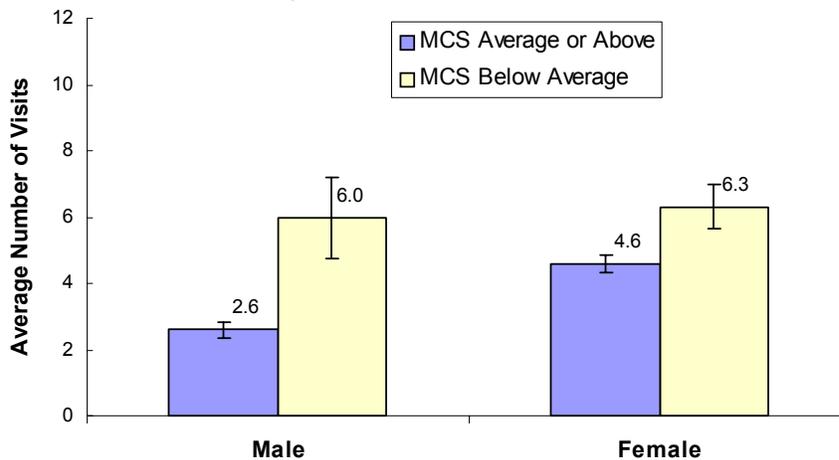
A Profile of Utahns With Poor Health Status



Average Number of Outpatient Medical Visits in Past Twelve Months by Physical Health Status and Sex, Adults Age 18 or Over, Utah, 2001



Average Number of Outpatient Medical Visits in Past Twelve Months by Mental Health Status and Sex, Adults Age 18 or Over, Utah, 2001



- Poor physical and mental health status was associated with greater numbers of outpatient medical visits. Those with poor physical or mental health had significantly more outpatient medical visits than those with above average physical or mental health.
- Among those with above average physical or mental health, women had significantly more outpatient medical visits than men. However, this difference largely disappears for those with poor physical or mental health.

A Profile of Utahns With Poor Health Status



Table 11. Average Number of Outpatient Medical Visits in the Last 12 Months for Utahns 18 and Over by Physical Health Status

by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Average Outpatient Medical Visits for Adults by Physical Health Status			
	Percentage Distribution	Number of Persons ¹	Average Number of Medical Visits, Last 12 Months ²	±	Total Number of Medical Visits ^{3,4}	Percentage Distribution by Demographic Subgroup
2001, Utah Population, All Utahns, 18 Years and Over	100.0%	1,565,550	4.1	± 0.18	6,353,700	100.0%
Physical Health Status						
Average or Above	82.7%	1,294,541	3.0	± 0.15	3,933,000	62.3%
Below Average	17.3%	271,009	8.8	± 0.73	2,379,100	37.7%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	4.1	± 0.18	6,353,700	100.0%
Physical Health Status and Sex						
Average or Above, Males	42.6%	666,411	2.1	± 0.18	1,431,300	22.7%
Females	40.1%	628,130	4.0	± 0.23	2,503,300	39.6%
Below Average, Males	7.1%	110,494	8.6	± 1.36	953,500	15.1%
Females	10.3%	160,514	8.9	± 0.78	1,425,700	22.6%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	4.1	± 0.18	6,353,700	100.0%
Physical Health Status and Age Group						
Average or Above, 18 to 34 Years	37.6%	588,870	3.3	± 0.24	1,920,300	30.4%
35 to 49 Years	22.8%	356,597	2.5	± 0.22	880,000	13.9%
50 to 64	13.6%	213,017	3.0	± 0.41	634,800	10.1%
65+	8.7%	136,057	3.7	± 0.41	498,800	7.9%
Below Average, 18 to 34 Years	5.6%	88,037	7.7	± 1.31	681,700	10.8%
35 to 49 Years	4.5%	69,801	8.9	± 1.40	620,600	9.8%
50 to 64	4.4%	68,249	9.8	± 1.36	665,600	10.5%
65+	2.9%	44,922	9.1	± 1.82	410,800	6.5%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	4.1	± 0.18	6,353,700	100.0%

1 Population Estimates based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age adjusted.

2001 Utah Health Status Survey, Utah Department of Health

A Profile of Utahns With Poor Health Status



Table 12. Average Number of Outpatient Medical Visits in the Last 12 Months for Utahns 18 and Over by Mental Health Status
by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Average Outpatient Medical Visits for Adults by Mental Health Status			
	Percentage Distribution	Number of Persons ¹	Average Number of Medical Visits, Last 12 Months ²	±	Total Number of Medical Visits ^{3,4}	Percentage Distribution by Demographic Subgroup
2001, Utah Population, All Utahns, 18 Years and Over	100.0%	1,565,550	4.1	± 0.18	6,353,700	100.0%
Mental Health Status						
Average or Above	81.8%	1,280,076	3.5	± 0.18	4,537,300	72.0%
Below Average	18.2%	285,474	6.2	± 0.62	1,767,300	28.0%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	4.1	± 0.18	6,353,700	100.0%
Mental Health Status and Sex						
Average or Above, Males	42.6%	666,962	2.6	± 0.23	1,726,300	27.4%
Females	39.2%	613,115	4.6	± 0.26	2,813,600	44.6%
Below Average, Males	7.0%	109,944	6.0	± 1.22	658,400	10.4%
Females	11.2%	175,530	6.3	± 0.65	1,109,000	17.6%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	4.1	± 0.18	6,353,700	100.0%
Mental Health Status and Age Group						
Average or Above, 18 to 34 Years	35.6%	557,006	3.4	± 0.26	1,915,900	30.4%
35 to 49 Years	22.2%	347,590	3.0	± 0.31	1,046,500	16.6%
50 to 64	14.4%	225,029	3.9	± 0.46	870,400	13.8%
65+	9.6%	150,452	4.7	± 0.58	704,700	11.2%
Below Average, 18 to 34 Years	7.7%	119,902	5.7	± 0.98	684,700	10.9%
35 to 49 Years	5.0%	78,808	5.7	± 1.00	450,800	7.1%
50 to 64	3.6%	56,237	7.6	± 1.51	426,800	6.8%
65+	1.9%	30,527	6.7	± 1.89	205,200	3.3%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	4.1	± 0.18	6,353,700	100.0%

1 Population Estimates based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

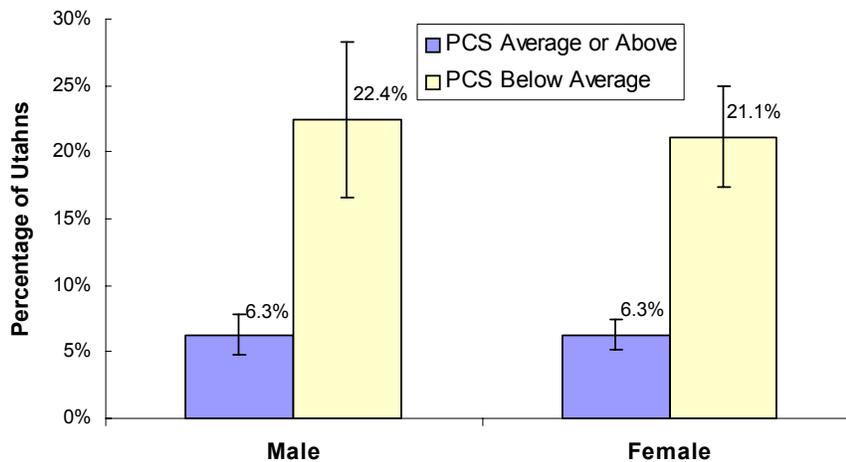
5 These rates have not been age adjusted.

2001 Utah Health Status Survey, Utah Department of Health

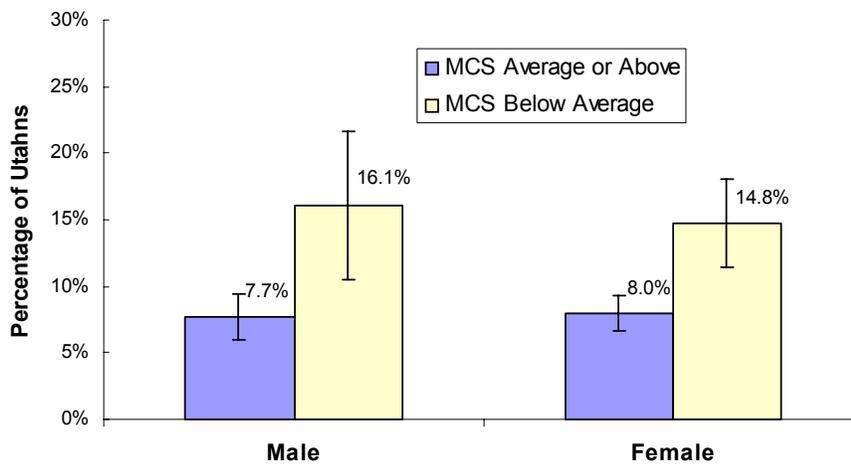
A Profile of Utahns With Poor Health Status



Percentage of Utahns With an Overnight Hospital Stay by Physical Health Status and Sex, Adults Age 18 or Over, Utah, 2001



Percentage of Utahns With an Overnight Hospital Stay by Physical Health Status and Sex, Adults Age 18 or Over, Utah, 2001



- Persons with below average physical and mental health were significantly more likely to have had at least one overnight hospital stay in the last 12 months. This was true for both men and women.

A Profile of Utahns With Poor Health Status



Table 13. Percentage of Utahns 18 and Over With an Overnight Hospital Stay in the Last 12 Months by Physical Health Status by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Number of Adults Who Had an Overnight Hospital Stay by Physical Health Status			
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup	
2001, Utah Population, All Utahns, 18 Years and Over	100.0%	1,565,550	10.0% ± 0.7%	156,800	100.0%	
Physical Health Status						
Average or Above	82.7%	1,294,541	6.3% ± 1.0%	81,400	58.1%	
Below Average	17.3%	271,009	21.6% ± 3.2%	58,600	41.9%	
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	9.4% ± 1.0%	147,000	100.0%	
Physical Health Status and Sex						
Average or Above, Males	42.6%	666,411	6.3% ± 1.6%	42,000	30.0%	
Females	40.1%	628,130	6.3% ± 1.1%	39,500	28.2%	
Below Average, Males	7.1%	110,494	22.4% ± 5.9%	24,700	17.6%	
Females	10.3%	160,514	21.1% ± 3.8%	33,900	24.2%	
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	9.4% ± 1.0%	147,000	100.0%	
Physical Health Status and Age Group						
Average or Above, 18 to 34 Years	37.6%	588,870	4.3% ± 1.2%	25,600	18.6%	
35 to 49 Years	22.8%	356,597	4.7% ± 1.6%	16,600	12.0%	
50 to 64	13.6%	213,017	8.2% ± 2.6%	17,500	12.7%	
65+	8.7%	136,057	14.6% ± 4.0%	19,900	14.4%	
Below Average, 18 to 34 Years	5.6%	88,037	17.3% ± 5.6%	15,200	11.0%	
35 to 49 Years	4.5%	69,801	16.6% ± 5.9%	11,600	8.4%	
50 to 64	4.4%	68,249	32.6% ± 7.2%	22,300	16.2%	
65+	2.9%	44,922	20.4% ± 6.6%	9,200	6.7%	
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	9.4% ± 1.0%	147,000	100.0%	

1 Population Estimates based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age adjusted.

2001 Utah Health Status Survey, Utah Department of Health

A Profile of Utahns With Poor Health Status



Table 14. Percentage of Utahns 18 and Over With an Overnight Hospital Stay in the Last 12 Months by Mental Health Status

by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Number of Adults Who Had an Overnight Hospital Stay by Mental Health Status			
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²	Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup	
2001, Utah Population, All Utahns, 18 Years and Over	100.0%	1,565,550	10.0% ± 0.7%	156,800	100.0%	
Mental Health Status						
Average or Above	81.8%	1,280,076	7.8% ± 1.0%	100,200	69.7%	
Below Average	18.2%	285,474	15.2% ± 2.9%	43,500	30.3%	
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	9.4% ± 1.0%	147,000	100.0%	
Mental Health Status and Sex						
Average or Above, Males	42.6%	666,962	7.7% ± 1.7%	51,300	35.7%	
Females	39.2%	613,115	8.0% ± 1.3%	48,800	34.0%	
Below Average, Males	7.0%	109,944	16.1% ± 5.6%	17,700	12.3%	
Females	11.2%	175,530	14.8% ± 3.3%	25,900	18.0%	
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	9.4% ± 1.0%	147,000	100.0%	
Mental Health Status and Age Group						
Average or Above, 18 to 34 Years	35.6%	557,006	4.6% ± 1.2%	25,600	18.2%	
35 to 49 Years	22.2%	347,590	6.7% ± 1.9%	23,400	16.7%	
50 to 64	14.4%	225,029	11.9% ± 2.9%	26,800	19.1%	
65+	9.6%	150,452	14.4% ± 3.7%	21,600	15.4%	
Below Average, 18 to 34 Years	7.7%	119,902	13.0% ± 4.5%	15,500	11.0%	
35 to 49 Years	5.0%	78,808	7.6% ± 3.7%	6,000	4.3%	
50 to 64	3.6%	56,237	24.9% ± 8.1%	14,000	10.0%	
65+	1.9%	30,527	24.7% ± 8.5%	7,500	5.3%	
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	9.4% ± 1.0%	147,000	100.0%	

1 Population Estimates based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

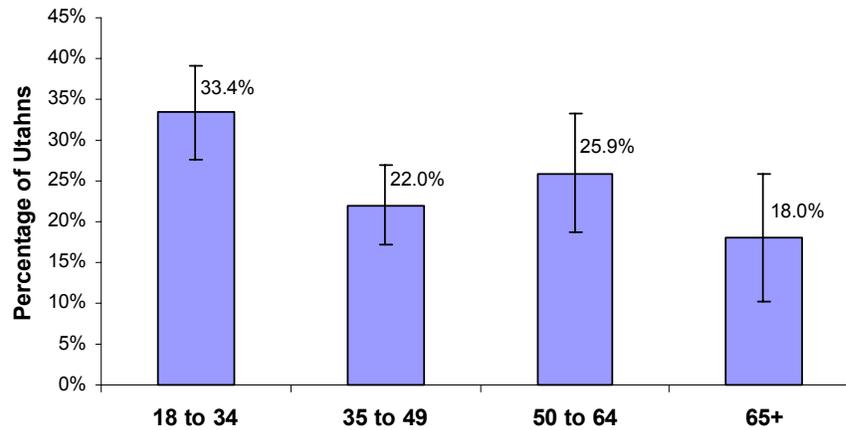
5 These rates have not been age adjusted.

2001 Utah Health Status Survey, Utah Department of Health

A Profile of Utahns With Poor Health Status



Percentage of Utahns With Below Average Mental Health Who Sought Professional Care in the Past 12 Months by Age, Adults Age 18 or Over, Utah, 2001



- People with below average mental health were less likely to seek professional care as age increased.



Table 15. Percentage of Utahns 18 and Over With Below Average Mental Health Who Sought Professional Counseling in the Last 12 Months by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2001.

Demographic Subgroup	Population Size		Survey Estimates of Number of Adults With Below Average Mental Health Who Sought Professional Counseling in the Last 12 Months			
	Percentage Distribution	Number of Persons ¹	Percentage of Persons ²		Number of Persons ^{3,4}	Percentage Distribution by Demographic Subgroup
2001, Utah Population, All Utahns, 18 Years and Over	100.0%	1,565,550	27.1%	± 3.3%	424,800	100.0%
Sex						
Male	49.5%	775,120	26.1%	± 6.0%	202,700	48.0%
Female	50.5%	790,430	27.8%	± 3.8%	219,400	52.0%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	27.1%	± 3.3%	424,800	100.0%
Age Group						
18 to 34	42.7%	669,170	33.4%	± 5.8%	223,300	52.8%
35 to 49	28.1%	439,986	22.0%	± 5.0%	97,000	22.9%
50 to 64	16.7%	262,021	25.9%	± 7.3%	67,900	16.0%
65+	12.4%	194,373	18.0%	± 7.8%	35,000	8.3%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	27.1%	± 3.3%	424,800	100.0%
Sex and Age						
Males, 18 to 34	21.6%	338,358	34.5%	± 11.4%	116,800	27.6%
Males, 35 to 49	14.2%	222,338	13.5%	± 6.9%	30,000	7.1%
Males, 50 to 64	8.3%	129,263	31.4%	± 12.9%	40,600	9.6%
Males, 65+	5.4%	85,161	21.7%	± 15.7%	18,500	4.4%
Females, 18 to 34	21.1%	330,812	32.7%	± 6.5%	108,200	25.6%
Females, 35 to 49	13.9%	217,648	28.4%	± 6.6%	61,900	14.6%
Females, 50 to 64	8.5%	132,758	22.5%	± 8.5%	29,900	7.1%
Females, 65+	7.0%	109,212	15.8%	± 8.1%	17,300	4.1%
Total, All Utahns, Age 18 and Over	100.0%	1,565,550	27.1%	± 3.3%	424,800	100.0%

1 Population Estimates based on the 2001 UHSS.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age adjusted.

2001 Utah Health Status Survey, Utah Department of Health