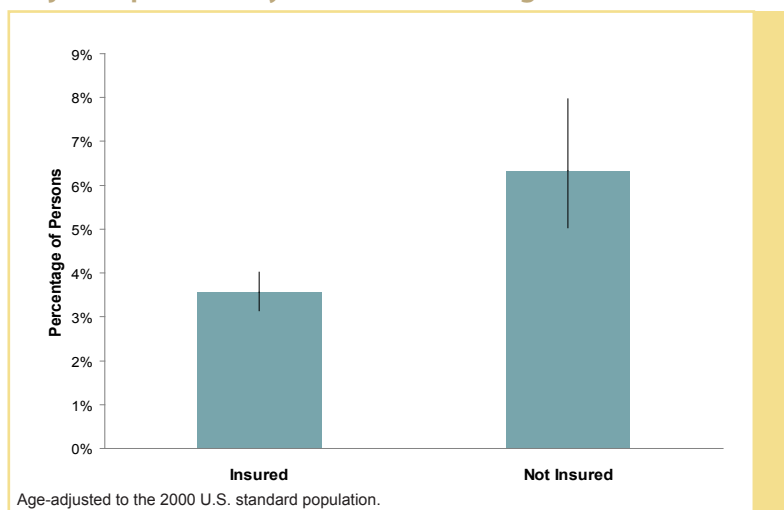


## Access to Health Care

According to the 1999 Report, *Mental Health: A Report of the Surgeon General*, adequate mental health treatment resources for large population groups require a wide range of services in a variety of settings, with sufficient flexibility to permit movement to the appropriate level of care. Private and public insurance policies have been pieced together to meet the public's need for mental health services.<sup>16</sup>

### Major Depression by Insurance Coverage, Utah, 2005–2007



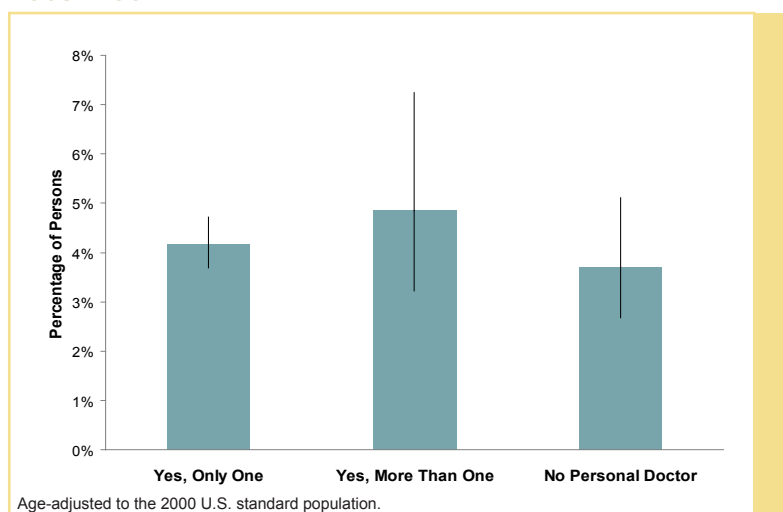
#### Insurance Coverage

Of those persons who reported not having health insurance, 6.3% had major depression. Of those persons who reported having health insurance, 3.6% had major depression. These rates were statistically significantly different.

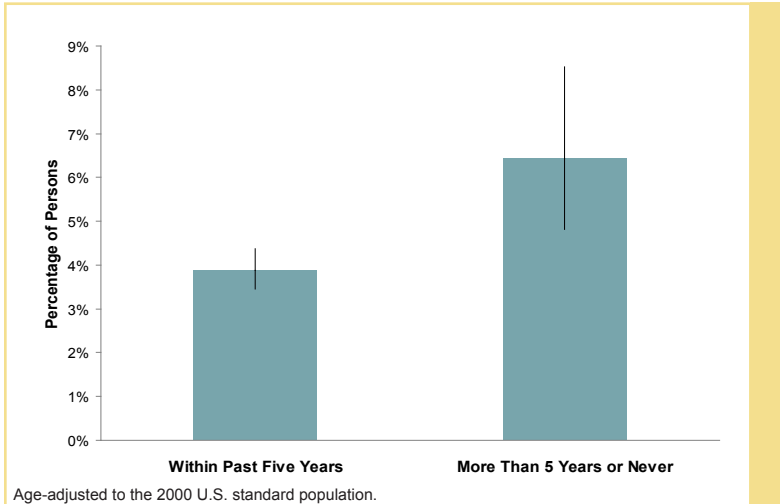
### Primary Care Provider

There was no difference in the percentage of individuals with major depression based on personal doctor categories (3.7% for having no personal doctor, 4.2% for having one personal doctor, and 4.9% for having more than one personal doctor).

### Major Depression by Having a Personal Doctor, Utah, 2005–2007



### Major Depression by Routine Checkup in the Past Five Years, Utah, 2005–2007



### Recent Routine Medical Checkup

Of those persons who reported not having a routine checkup in the past five years or never having a routine checkup, 6.4% had major depression. Of those persons who reported having a routine checkup in the past five years, 3.9% had major depression. These rates were statistically significantly different.