A Guide To This Report

Four pages of the report are devoted to each measure. This "Guide" outlines what is covered on each page.

This label describes the measure being addressed and is present on each page.

General Health Status

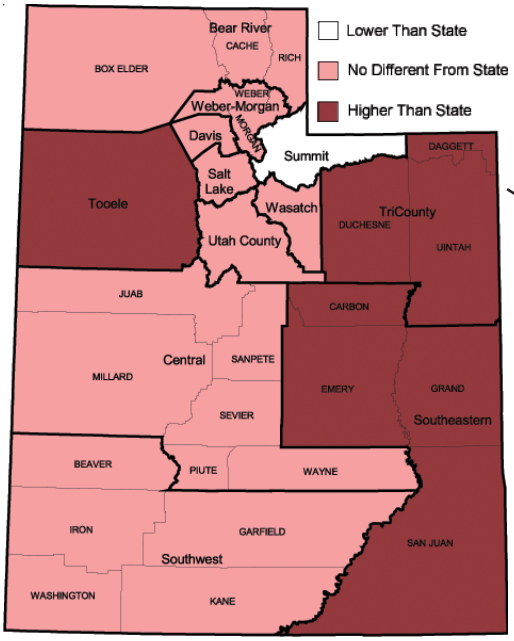
Question: *Would you say that in general your health is: excellent, very good, good, fair, or poor?*

This text contains the BRFSS question(s) that were used to calculate the measure.

This text further defines and describes the measure being addressed.

General health status is considered to be a reliable indicator of a person's health, quality of life, and general well being. Self-rated health (SRH) has been collected for many years on National Center for Health Statistics surveys and since 1993 on the state-based BRFSS. SRH is an independent predictor of important health outcomes, including mortality, functional status, and health services utilization. SRH has been found to be a good proxy index for chronic physical health conditions in populations. The Institute of Medicine Committee on Using Performance Monitoring to Improve Community Health proposed that the proportion of adults reporting that their general health is good to excellent be included in a basic set of 25 Community Health Profile Indicators.

Fair or Poor Health Status by Whether the Local Health District Percentage Differed From the State, Utah Adults Ages 18+, 1999-2001



Age adjusted to the U.S. 2000 standard population.
Percentage for a local health district was considered different from the state percentage if its 95% confidence interval did not include the state percentage.
Source: Behavioral Risk Factor Surveillance System

The bulleted text summarizes findings from the map and the graph and table on the next page.

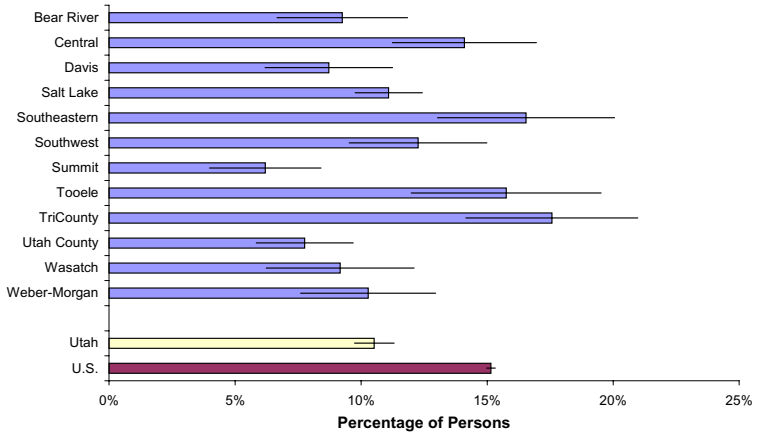
- After adjusting for age, persons in Summit County Health District were less likely to report fair or poor health when compared to the entire state. Persons in TriCounty, Tooele County, and Southeastern Utah Health Districts were more likely to report fair or poor health.
- Utah adults were less likely to report fair or poor health than adults in the entire U.S. The magnitude of the crude difference was due in part to the fact that Utah has a younger population. However, the difference remained significant even after age adjustment.
- Persons living in the Summit County Health District were least likely to report fair or poor health (6.2%). Persons living in the TriCounty Health District were most likely to report fair or poor health (17.6%).

The map of Utah's 12 local health districts (LHDs) uses shading to indicate whether for the particular BRFSS measure the LHD rate was lower, higher, or no different from the state rate. The comparison was done using age-adjusted data. The percentage for the LHD was considered different from the state if its 95% confidence interval did not include the state percentage.

This graph displays the crude rate by LHD, state, and U.S. (where available). The crude rate was used because it more accurately reflects the actual disease or risk burden in the community.

General Health Status

Percentage of Persons Who Reported Fair or Poor General Health Status*
by Local Health District, Utah, and U.S., Adults Ages 18+, 1999-2001



* crude rates
Source: Behavioral Risk Factor Surveillance System

District	Sample Size	Total Number of Adults	Crude Rates: Number With Fair or Poor Health Status	Crude Rates: Percent	Crude Rates: 95% CI Range		Age-adjusted Rates**: Percent	Age-adjusted Rates**: 95% CI Range	
Bear River	616	91,817	8,500	9.3%	6.7%	11.8%	10.7%	7.9%	13.5%
Central	612	43,286	6,100	14.1%	11.2%	17.0%	13.7%	11.1%	16.3%
Davis	587	155,816	13,600	8.7%	6.2%	11.3%	9.5%	6.9%	12.1%
Salt Lake	2,689	627,857	69,600	11.1%	9.8%	12.4%	11.7%	10.3%	13.1%
Southeastern	583	36,451	6,000	16.5%	13.0%	20.1%	16.5%	13.1%	19.8%
Southwest	648	97,595	12,000	12.3%	9.5%	15.0%	11.9%	9.2%	14.6%
Summit	605	21,092	1,300	6.2%	4.0%	8.4%	7.5%	4.9%	10.2%
Tooele	710	27,012	4,300	15.8%	12.0%	19.5%	16.6%	13.2%	20.0%
TriCounty	597	26,359	4,600	17.6%	14.2%	21.0%	18.4%	15.1%	21.6%
Utah County	877	245,264	19,000	7.8%	5.8%	9.7%	9.4%	7.1%	11.7%
Wasatch	552	10,154	900	9.2%	6.2%	12.1%	9.4%	6.5%	12.4%
Weber-Morgan	614	140,822	14,500	10.3%	7.6%	13.0%	10.6%	7.9%	13.2%
Utah	9,690	1,523,525	160,300	10.5%	9.7%	11.3%	11.3%	10.5%	12.1%
U.S.				15.2%	15.0%	15.3%	15.1%	15.0%	15.3%

** Age adjusted to U.S. 2000 standard population

This table contains the data used to create the map and graph. It also includes the sample size, total number of adults in the relevant population, and the estimated number of those adults who obtained a positive (or negative) score on the measure.

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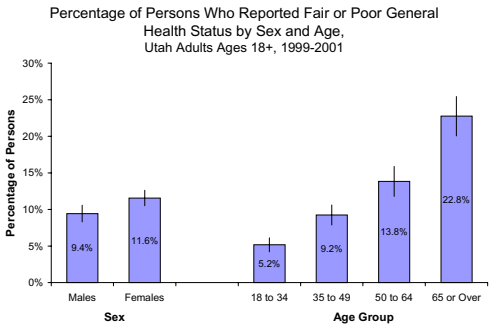
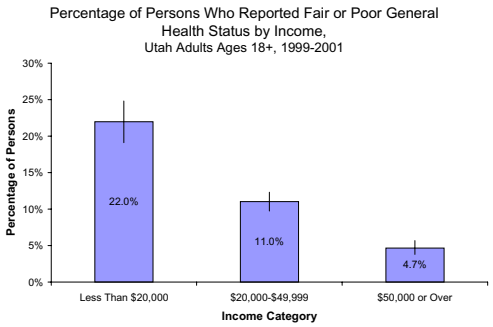
- The likelihood that an individual reported fair or poor health increased with age, rising from 5.2% among persons 18 to 34, to 22.8% among persons 65 or over.
- Women were more likely to report fair or poor health (11.6%) than men (9.4%).



- Those persons earning less than $20,000 were four times as likely to report fair or poor health (22.0%) than persons earning more than $50,000 (4.7%).
- Those persons with less than a high school education were also four times as likely to report fair or poor health (24.5%) than persons who were college graduates (5.9%) (not graphed).



The Utah Department of Health in collaboration with Utah's 12 local health districts works to prevent avoidable illness, injury, disability, and premature death, to assure access to affordable quality health care and to promote healthy lifestyles.

Utah Objective: No objective listed.
HP2010 Objective: Overarching: Improve the quality and years of healthy life and eliminate health disparities.

This bulleted text summarizes demographic differences for the measure using statewide data.

These two graphs display the measure by selected demographic subgroups using state-level data.

Utah Department of Health program information related to the measure is included in unbulleted text above the text box when available.

This text box contains Utah Department of Health and Healthy People 2010 objectives that relate to the BRFSS measure. If the objective utilizes age-adjusted data, that is also indicated in this text box.

The last page for each measure is a table of the combined available state-level data for years 1999-2001 for the demographic subgroups. The applicable response category row(s) is/are shaded. The shaded columns show the percentage of people who obtained a positive (or negative) score on the measure and includes the 95% confidence intervals.

General Health Status

Percentage of Persons Who Reported Fair or Poor General Health Status
by Selected Demographic Characteristics, Utah Adults Ages 18+, 1999 - 2001.

	Utah Population		Survey Estimates				
			Percentage of Persons Who Reported Fair or Poor Health Status[2]				
Demographic Subgroup	Distribution	Number of Persons[1]		95% Confidence Intervals Lower	Upper	Number of Persons[1, 3]	Distribution of Persons Who Reported Fair or Poor Health Status by Category
General Health Status							
Excellent	25.0%	381,300					
Very Good	36.5%	556,200					
Good	27.9%	425,700					
Fair	7.9%	121,000					
Poor	2.6%	39,300					
Total, All Adults	100.0%	1,523,500					
Sex							
Males	49.5%	753,700	9.4%	8.3%	10.6%	71,100	44.4%
Females	50.5%	769,800	11.6%	10.5%	12.6%	89,000	55.6%
Total, All Adults	100.0%	1,523,500	10.5%	9.7%	11.3%	160,300	100.0%
Age Group							
18 to 34	42.6%	648,500	5.2%	4.2%	6.1%	33,500	22.1%
35 to 49	28.5%	433,700	9.2%	7.9%	10.6%	40,000	26.4%
50 to 64	16.4%	250,000	13.8%	11.8%	15.9%	34,600	22.8%
65 or Over	12.6%	191,300	22.8%	20.1%	25.5%	43,500	28.7%
Total, All Adults	100.0%	1,523,500	10.5%	9.7%	11.3%	160,300	100.0%
Race/Ethnicity							
White, Non-Hispanic	88.4%	1,346,000	10.5%	9.7%	11.3%	141,600	88.5%
Hispanic	8.3%	126,000	9.7%	6.9%	12.6%	12,300	7.7%
Non-White, Non-Hispanic	3.4%	51,500	11.9%	7.1%	16.7%	6,100	3.8%
Total, All Adults	100.0%	1,523,500	10.5%	9.7%	11.3%	160,300	100.0%
Income							
Less Than $20,000	13.6%	207,700	22.0%	19.1%	24.8%	45,600	29.8%
$20,000-$49,999	47.8%	727,500	11.0%	9.7%	12.3%	80,200	52.3%
$50,000 or Over	38.6%	588,400	4.7%	3.8%	5.7%	27,400	17.9%
Total, All Adults	100.0%	1,523,500	10.5%	9.7%	11.3%	160,300	100.0%
Education							
Less Than High School	6.0%	91,700	24.5%	19.6%	29.5%	22,500	14.1%
H.S. Grad or G.E.D.	30.1%	458,100	13.9%	12.4%	15.5%	63,900	39.9%
Some Post High School	35.1%	534,100	8.9%	7.7%	10.2%	47,700	29.8%
College Graduate	28.9%	439,500	5.9%	4.8%	7.0%	25,900	16.2%
Total, All Adults	100.0%	1,523,500	10.5%	9.7%	11.3%	160,300	100.0%

1 Rounded to the nearest 100 persons.

2 Plus or minus 95% confidence interval.

3 Figures in these columns may not sum to the total because some surveyed individuals had missing values on the grouping variables.

Population counts for age, sex, and total population were the 2000 estimates provided by the Governor's Office of Planning and Budget. Population count estimates for race/ethnicity, income, and education populations were derived from averaging three years of the BRFSS surveys from 1999-2001.