

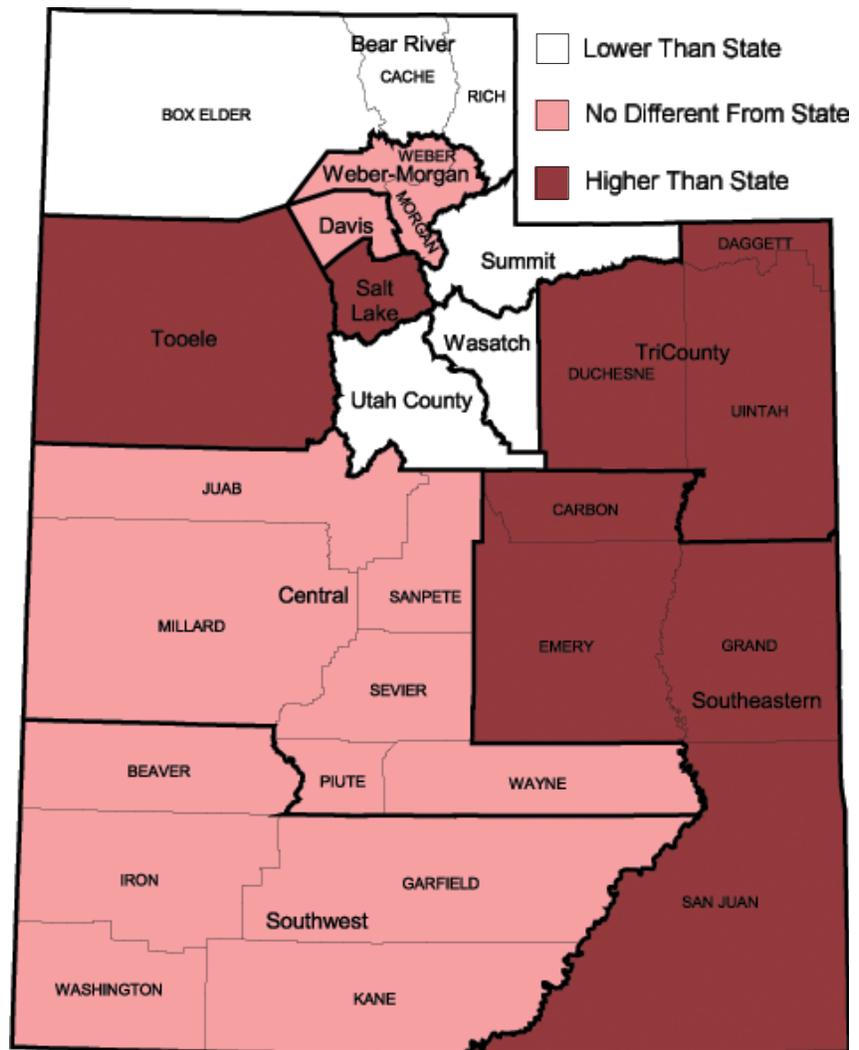
Current Cigarette Smoking



Questions: *Have you smoked at least 100 cigarettes in your entire life? Do you now smoke cigarettes every day, some days, or not at all?*

More than 440,000 U.S. deaths each year are attributed to cigarette smoking, making it the leading preventable cause of death in the United States. Smoking increases the risk for chronic lung disease, coronary heart disease, and stroke, as well as cancer of the lungs, larynx, esophagus, mouth, and bladder. In addition, smoking contributes to cancer of the cervix, pancreas, and kidneys. Smoking during pregnancy is associated with miscarriage, low birth weight, and sudden infant death syndrome. The BRFSS defines current smokers as anyone who has ever smoked 100 cigarettes or more and currently smokes every day or some days.

Current Cigarette Smoking by Whether the Local Health District Percentage Differed From the State, Utah Adults Ages 18+, 1999-2001



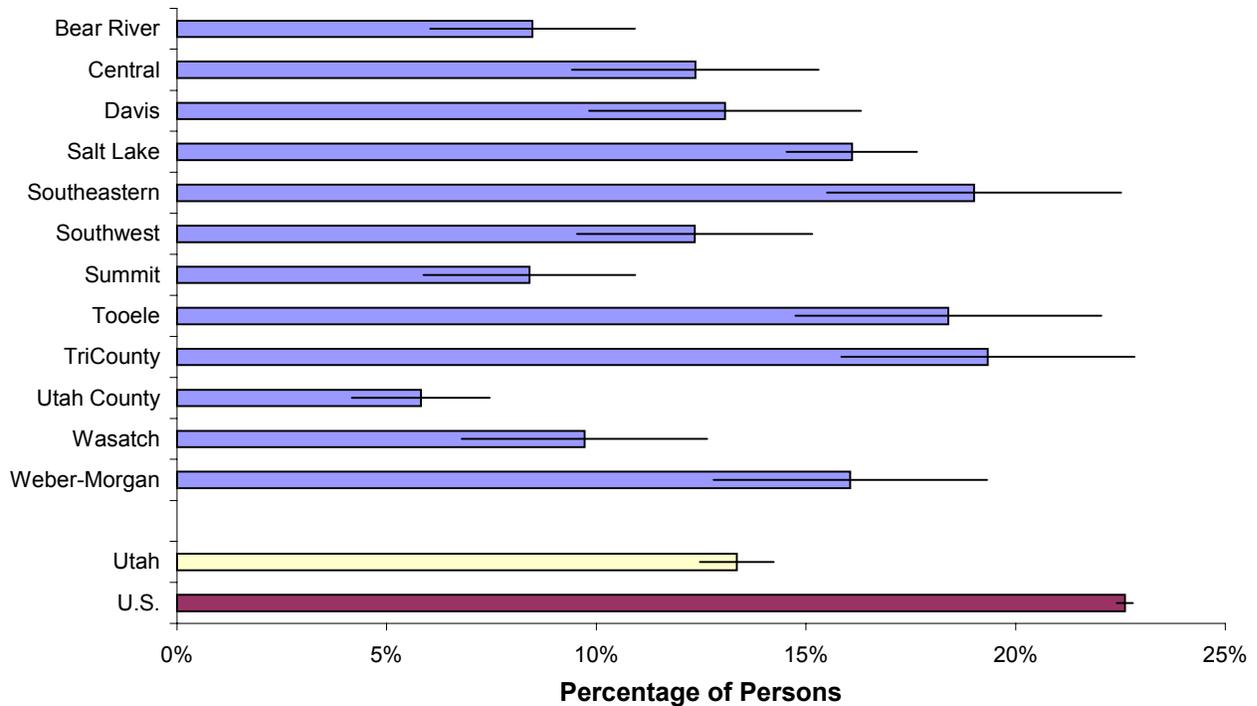
Age adjusted to the U.S. 2000 standard population. Percentage for a local health district was considered different from the state percentage if its 95% confidence interval did not include the state percentage. Note: Current cigarette smoking is defined as anyone who has smoked 100 cigarettes or more and currently smokes every day or some days. Source: Behavioral Risk Factor Surveillance System

- Adults in the Salt Lake Valley, Tooele County, TriCounty and Southeastern Utah Health Districts were more likely to report current cigarette smoking than the state average, while in Bear River, Summit County, Wasatch County, and Utah County Health Districts, adults were less likely to report current smoking.
- Utah's age adjusted smoking rate (13.0%) was significantly less than the U.S. rate (22.7%). Utah has had the lowest smoking rate of the participating states for all years that the BRFSS has been conducted.
- The graph with crude rates illustrates a large variation in adult smoking rates with a low of 5.8% in Utah County Health District up to 19.3% in TriCounty Health District.



Current Cigarette Smoking

Percentage of Persons Who Reported Current Cigarette Smoking*
by Local Health District, Utah, and U.S., Adults Ages 18+, 1999-2001



* crude rates

Note: Current cigarette smoking is defined as anyone who has smoked 100 cigarettes or more and currently smokes every day or some days.

Source: Behavioral Risk Factor Surveillance System

District	Sample Size	Total Number of Adults	Crude Rates			Age-adjusted Rates**		
			Number of Adults Who Smoke	Percent	95% CI Range	Percent	95% CI Range	
Bear River	616	91,817	7,800	8.5%	6.0% 10.9%	7.9%	5.7% 10.2%	
Central	615	43,286	5,400	12.4%	9.4% 15.3%	13.0%	9.9% 16.0%	
Davis	587	155,816	20,400	13.1%	9.8% 16.3%	12.8%	9.7% 15.8%	
Salt Lake	2,690	627,857	101,100	16.1%	14.5% 17.7%	15.6%	14.1% 17.1%	
Southeastern	583	36,451	6,900	19.0%	15.5% 22.5%	19.1%	15.7% 22.6%	
Southwest	648	97,595	12,100	12.4%	9.5% 15.2%	12.5%	9.6% 15.3%	
Summit	605	21,092	1,800	8.4%	5.9% 10.9%	8.2%	5.7% 10.7%	
Tooele	709	27,012	5,000	18.4%	14.8% 22.1%	18.2%	14.7% 21.7%	
TriCounty	598	26,359	5,100	19.3%	15.8% 22.8%	19.2%	15.7% 22.6%	
Utah County	877	245,264	14,300	5.8%	4.2% 7.5%	5.8%	4.1% 7.5%	
Wasatch	552	10,154	1,000	9.7%	6.8% 12.7%	9.7%	6.9% 12.6%	
Weber-Morgan	614	140,822	22,600	16.1%	12.8% 19.3%	16.1%	12.9% 19.3%	
Utah	9,694	1,523,525	203,400	13.4%	12.5% 14.2%	13.0%	12.1% 13.8%	
U.S.				22.6%	22.4% 22.8%	22.7%	22.5% 22.9%	

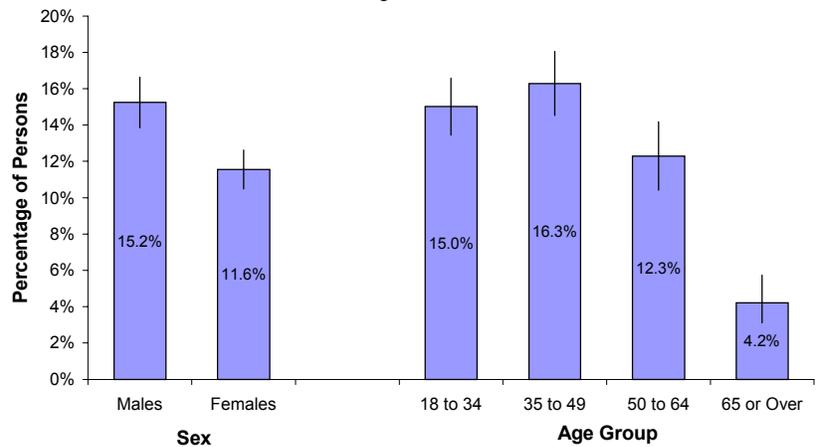
** Age adjusted to U.S. 2000 standard population

Current Cigarette Smoking



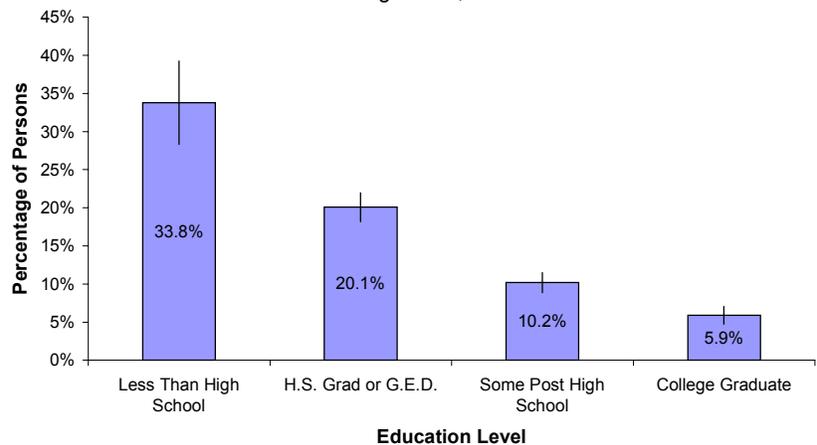
- Men were more likely to report current smoking (15.2%) than women (11.6%).
- Current smoking was higher in the younger age groups; 15.0% for ages 18-34 and 16.3% for ages 35-49. It then decreased to 12.3% for ages 50-64 and was only 4.2% for ages 65+.

Percentage of Persons Who Reported Current Cigarette Smoking* by Sex and Age, Utah Adults Ages 18+, 1999-2001



- Smoking prevalence decreased with increased education. It was highest among those with less than a high school education (33.8%).

Percentage of Persons Who Reported Current Cigarette Smoking* by Education, Utah Adults Ages 18+, 1999-2001



* Current cigarette smoking is defined as anyone who has smoked 100 cigarettes or more and currently smokes everyday or somedays.

The Tobacco Prevention and Control Program (TPCP) at the Utah Department of Health oversees a comprehensive statewide tobacco control program. This program includes the “Truth About Tobacco” media campaign, statewide and local prevention and cessation services, and initiatives to improve tobacco-related policies. To receive more information about tobacco prevention and control programs in Utah, call the Tobacco Free Resource Line at 1-877-220-3466. To receive help or information on quitting tobacco use, call the Utah Tobacco Quit Line at 1-888-567-TRUTH.

Utah Objective: same as HP2010.

HP2010 Objective (related) 27-1a: Reduce adult cigarette smoking to 12% (age adjusted to the U.S. 2000 standard population).



Current Cigarette Smoking

Percentage of Persons Who Reported Current Cigarette Smoking* by Selected Demographic Characteristics, Utah Adults Ages 18+, 1999 - 2001.

Demographic Subgroup	Utah Population		Survey Estimates				
	Distribution	Number of Persons ¹	Percentage of Persons Who Reported Current Smoking ²			Number of Persons ^{1,3}	Distribution of Persons Who Reported Current Smoking by Category
			95% Confidence Intervals				
			Lower	Upper			
Cigarette Smoking Status							
Current Daily Smokers	9.7%	147,200					
Current Some Day Smokers	3.7%	56,200					
Former Smokers	17.6%	267,700					
Never Smoked	69.1%	1,052,400					
Total, All Adults	100.0%	1,523,500					
Sex							
Males	49.5%	753,700	15.2%	13.8%	16.6%	114,900	56.4%
Females	50.5%	769,800	11.6%	10.5%	12.6%	88,900	43.6%
Total, All Adults	100.0%	1,523,500	13.4%	12.5%	14.2%	203,400	100.0%
Age Group							
18 to 34	42.6%	648,500	15.0%	13.5%	16.6%	97,400	47.1%
35 to 49	28.5%	433,700	16.3%	14.5%	18.1%	70,600	34.1%
50 to 64	16.4%	250,000	12.3%	10.4%	14.2%	30,700	14.8%
65 or Over	12.6%	191,300	4.2%	3.1%	5.7%	8,100	3.9%
Total, All Adults	100.0%	1,523,500	13.4%	12.5%	14.2%	203,400	100.0%
Race/Ethnicity							
White, Non-Hispanic	88.4%	1,346,000	12.8%	11.9%	13.8%	172,800	84.6%
Hispanic	8.3%	126,000	16.8%	12.7%	20.8%	21,100	10.3%
Non-White, Non-Hispanic	3.4%	51,500	20.1%	14.4%	25.8%	10,300	5.0%
Total, All Adults	100.0%	1,523,500	13.4%	12.5%	14.2%	203,400	100.0%
Income							
Less Than \$20,000	13.6%	207,700	20.2%	17.4%	23.1%	42,000	20.7%
\$20,000-\$49,999	47.8%	727,500	14.7%	13.4%	16.1%	107,000	52.7%
\$50,000 or Over	38.6%	588,400	9.2%	7.9%	10.6%	54,100	26.6%
Total, All Adults	100.0%	1,523,500	13.4%	12.5%	14.2%	203,400	100.0%
Education							
Less Than High School	6.0%	91,700	33.8%	28.3%	39.3%	31,000	15.2%
H.S. Grad or G.E.D.	30.1%	458,100	20.1%	18.2%	22.0%	92,000	45.3%
Some Post High School	35.1%	534,100	10.2%	8.9%	11.5%	54,400	26.8%
College Graduate	28.9%	439,500	5.9%	4.7%	7.1%	25,900	12.7%
Total, All Adults	100.0%	1,523,500	13.4%	12.5%	14.2%	203,400	100.0%

1 Rounded to the nearest 100 persons.

2 Plus or minus 95% confidence interval.

3 Figures in these columns may not sum to the total because some surveyed individuals had missing values on the grouping variables.

* Current cigarette smoking is defined as anyone who has smoked 100 cigarettes or more and currently smokes everyday or somedays.

Population counts for age, sex, and total population were the 2000 estimates provided by the Governor's Office of Planning and Budget. Population count estimates for race/ethnicity, income, and education populations were derived from averaging three years of the BRFSS surveys from 1999-2001.