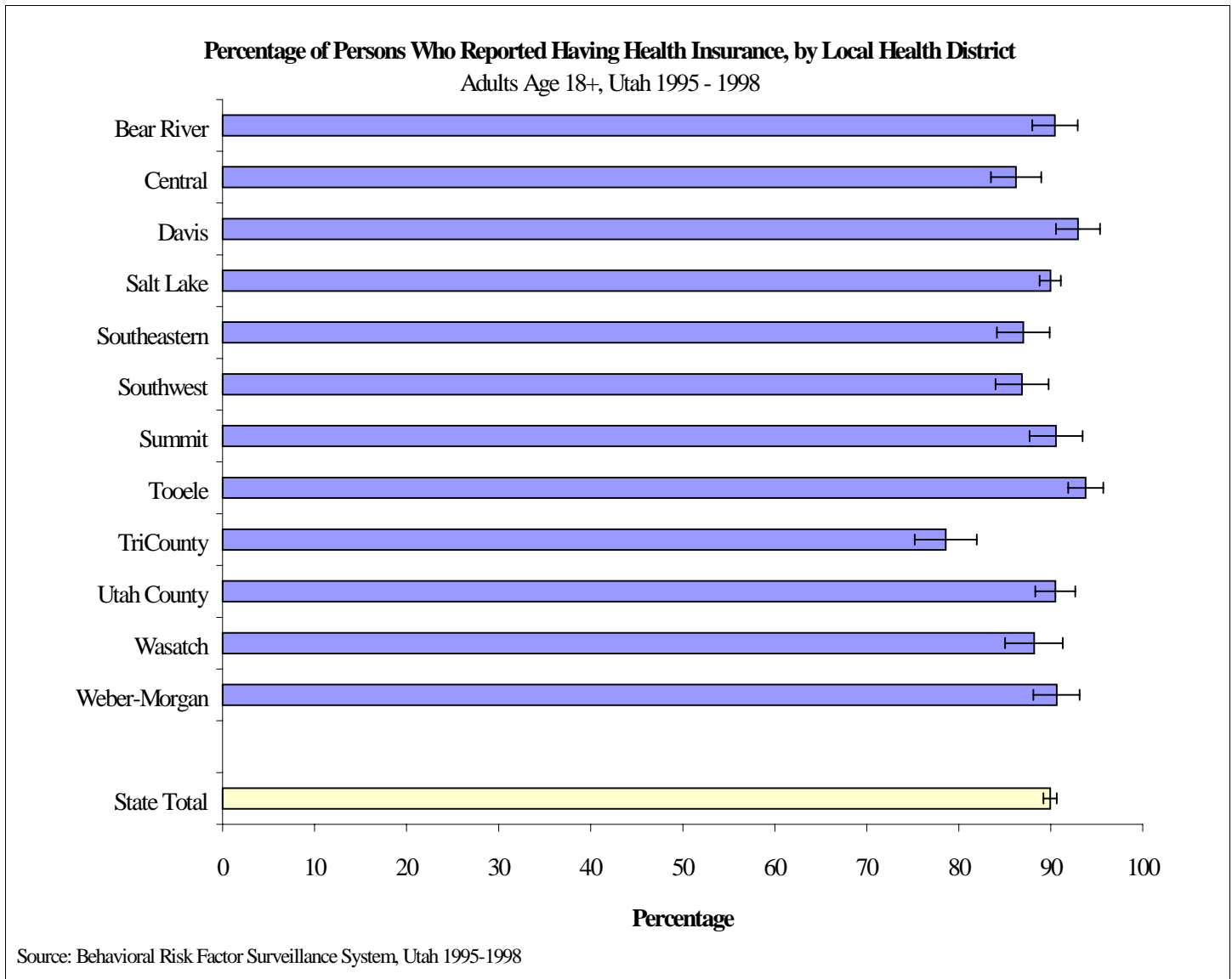


# Health Care Coverage

**Question:** Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

Appendix B, pp. 62, Q5 and Q7a

In 1997, one of six Americans had no insurance coverage for health care costs. This was true despite the fact that health care represented nearly 14% of the nation's gross domestic product, and our per capita expenditures on health care were 50% higher than in any other country. Without health insurance, costs associated with the treatment of injuries or severe or chronic illnesses could easily exceed the ability of a person to pay or to borrow. Different surveys provide slightly different measures of health insurance coverage due to differences in the questions, survey sample, or other reasons.

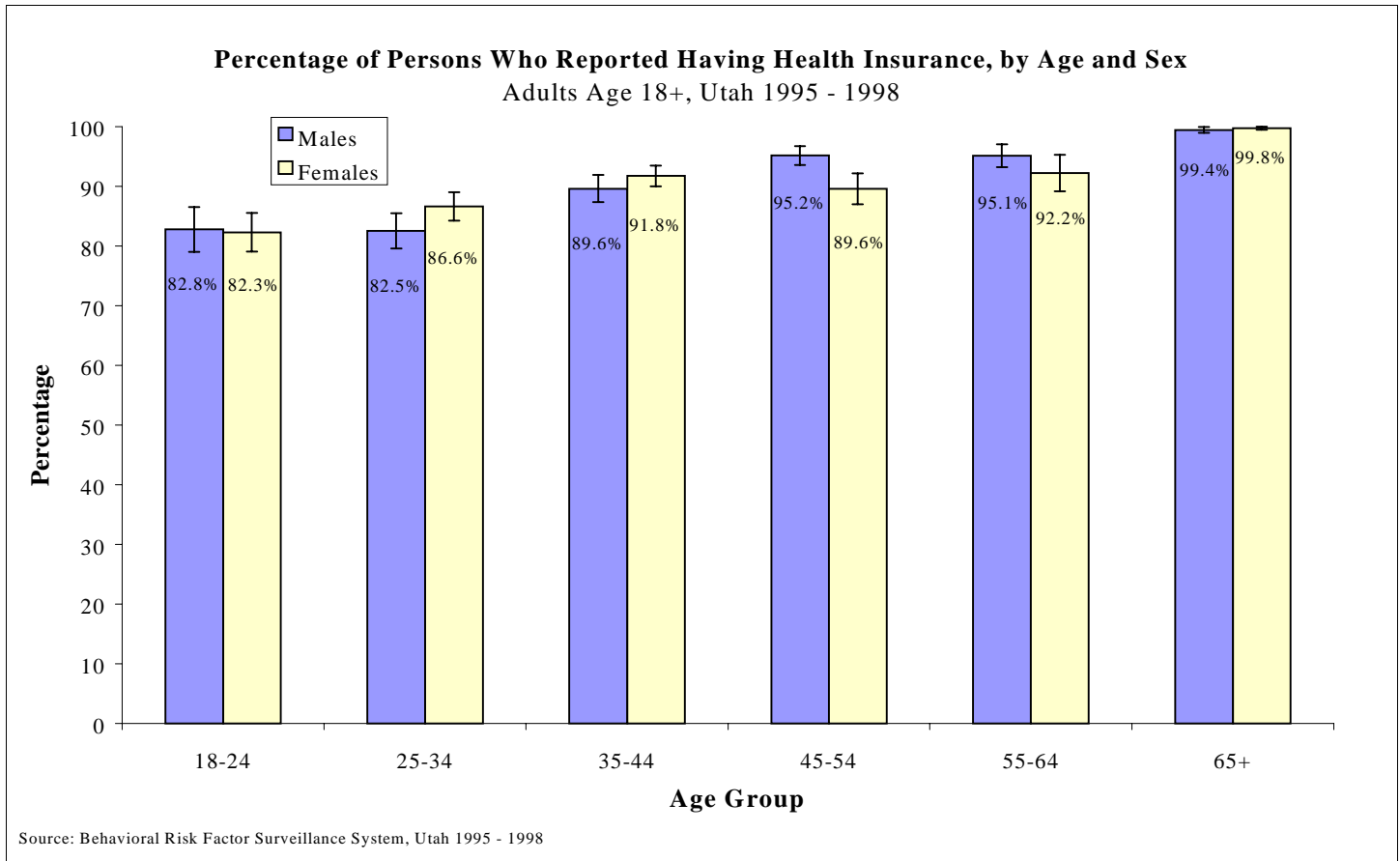


**UTAH OBJECTIVE:** No objective listed.

**YEAR 2000 OBJECTIVE:** No objective listed.

**YEAR 2010 OBJECTIVE 10.A.1:** Increase to 100% the proportion of children and adults under 65 with health care coverage.

# Health Care Coverage



District	Total Number of Adults in District	Number of Adults with Health Ins.	Percentage of Adults with Health Ins.	95% Confidence Intervals	
				Lower	Upper
Bear River	81,406	73,624	90.4%	88.0%	92.9%
Central	41,172	35,501	86.2%	83.5%	89.0%
Davis	143,725	133,590	92.9%	90.6%	95.3%
Salt Lake	554,471	498,765	90.0%	88.8%	91.1%
Southeastern	36,691	31,925	87.0%	84.2%	89.9%
Southwest	82,591	71,747	86.9%	84.0%	89.7%
Summit	16,948	15,349	90.6%	87.7%	93.4%
Tooele	21,716	20,369	93.8%	91.9%	95.7%
TriCounty	25,089	19,717	78.6%	75.2%	81.9%
Utah County	205,605	186,047	90.5%	88.3%	92.6%
Wasatch	8,535	7,525	88.2%	85.0%	91.3%
Weber-Morgan	126,711	114,836	90.6%	88.1%	93.1%
State Total	1,344,659	1,209,249	89.9%	89.2%	90.7%

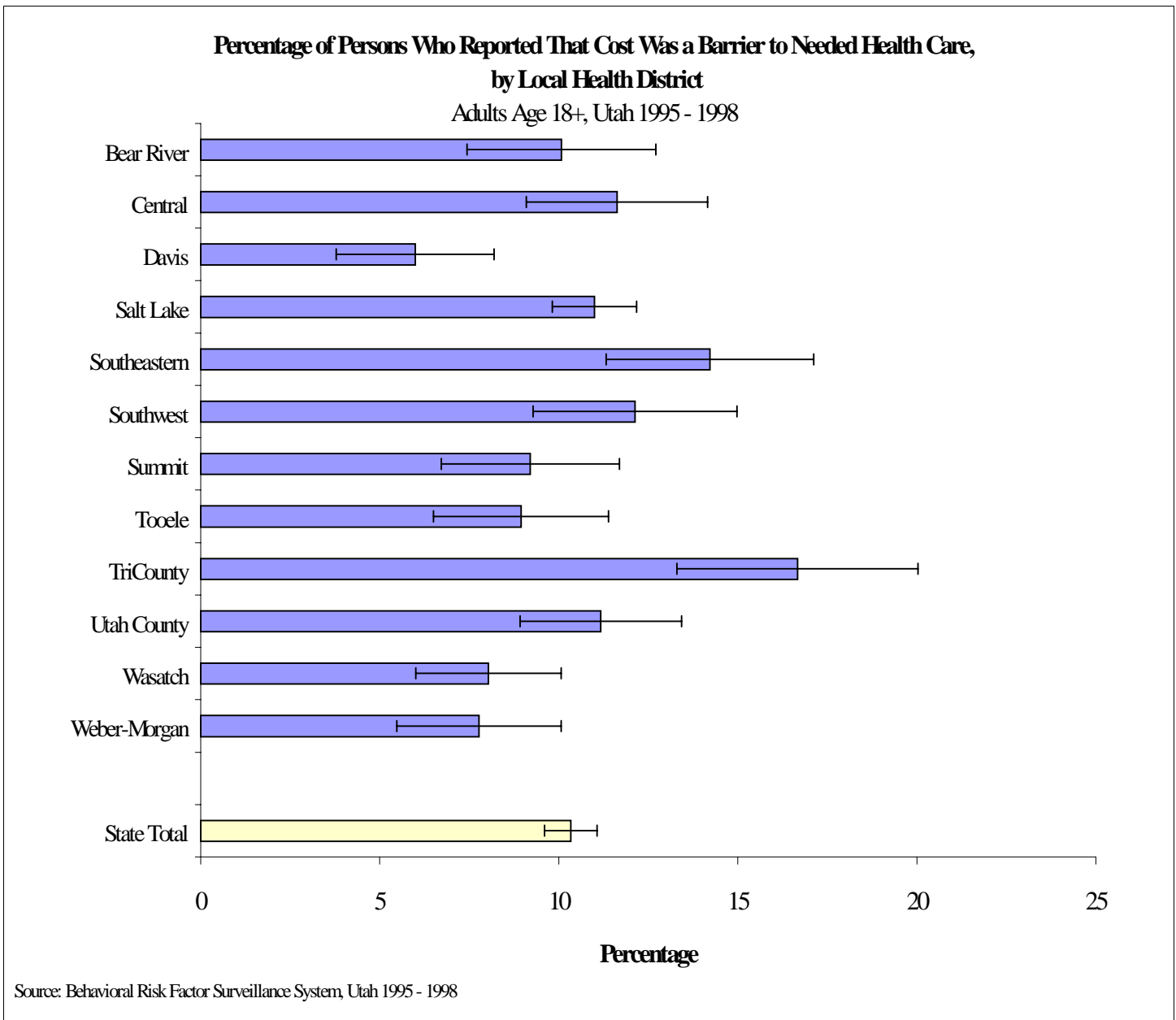
- In addition to limiting access to care for relatively serious medical conditions, lack of health insurance remains a major determinant of access to necessary health services, including preventive care, primary care, tertiary care, and emergency care.
- Utahns living in Tri-County Health District were the least likely to have health care coverage.

# Unable to Get Needed Health Care Because of Cost

**Questions:** Was there a time during the last 12 months when you needed to see a doctor, but could not because of the cost?

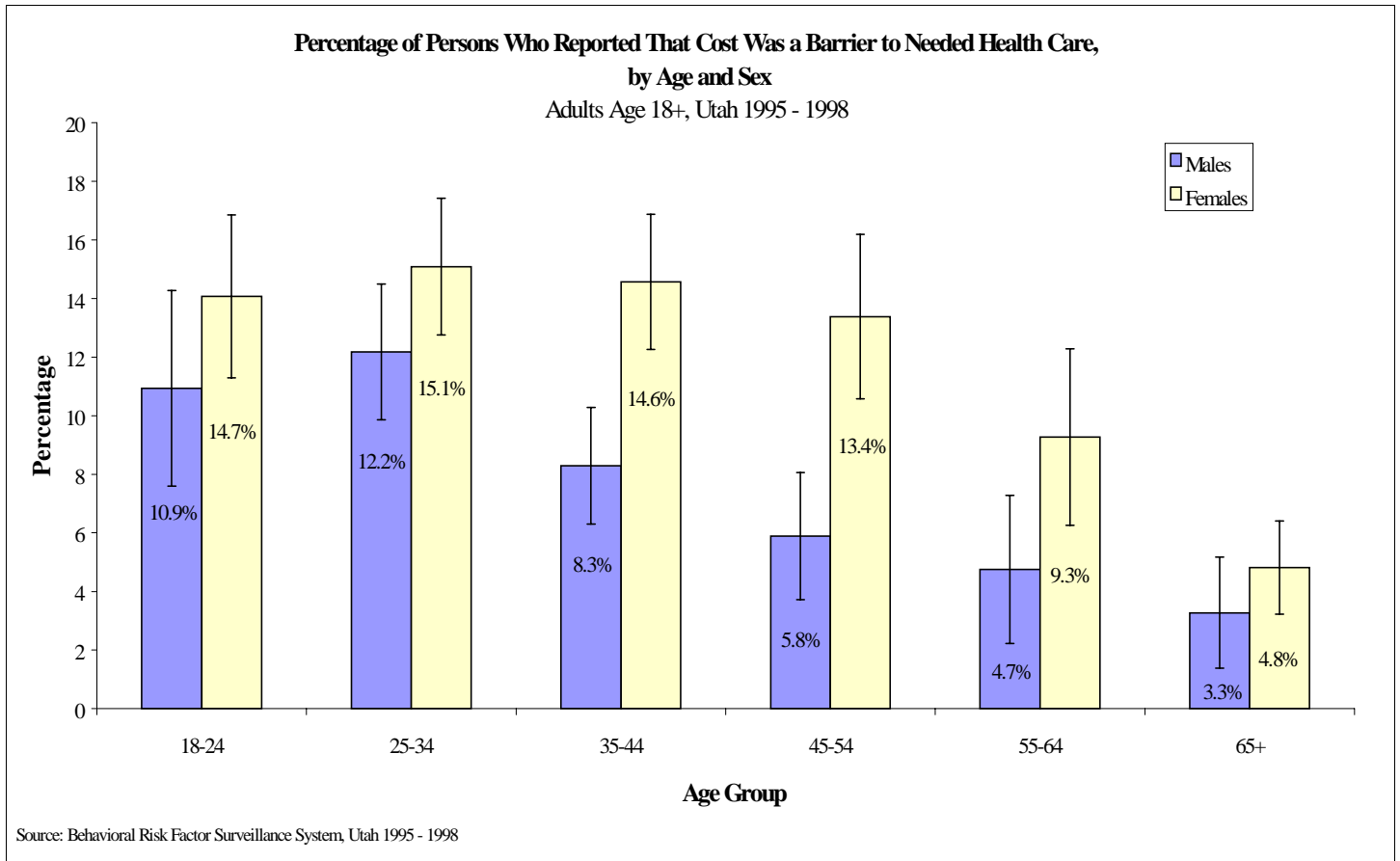
Appendix B, pp. 62

In addition to a lack of insurance and under-insurance, barriers to health care include lack of appropriate referrals, travel distance to provider, lack of transportation, and availability of specialists. The 1996 Medical Expenditure Panel Survey (MEPS) reported that 59.9% of those surveyed cited inability to afford health care as a major barrier. According to the 1996 Utah Health Status Survey 1.2% of Utahns with insurance and 9.2% of those without insurance reported that they were unable to obtain needed medical care because of the cost of health care.



**UTAH OBJECTIVE:** No objective listed.  
**YEAR 2000 OBJECTIVE:** No objective listed.  
**YEAR 2010 OBJECTIVE:** No objective listed.

# Unable to Get Needed Health Care Because of Cost



District	Total Number of Adults in District	Number with Access Problem	Percentage with Access Problem	95% Confidence Intervals	
				Lower	Upper
Bear River	81,406	8,201	10.1%	7.5%	12.7%
Central	41,172	4,785	11.6%	9.1%	14.1%
Davis	143,725	8,608	6.0%	3.8%	8.2%
Salt Lake	554,471	60,962	11.0%	9.8%	12.2%
Southeastern	36,691	5,218	14.2%	11.3%	17.1%
Southwest	82,591	10,018	12.1%	9.3%	15.0%
Summit	16,948	1,560	9.2%	6.7%	11.7%
Tooele	21,716	1,942	8.9%	6.5%	11.4%
TriCounty	25,089	4,181	16.7%	13.3%	20.0%
Utah County	205,605	22,971	11.2%	8.9%	13.4%
Wasatch	8,535	686	8.0%	6.0%	10.1%
Weber-Morgan	126,711	9,848	7.8%	5.5%	10.1%
State Total	1,344,659	138,989	10.3%	9.6%	11.1%

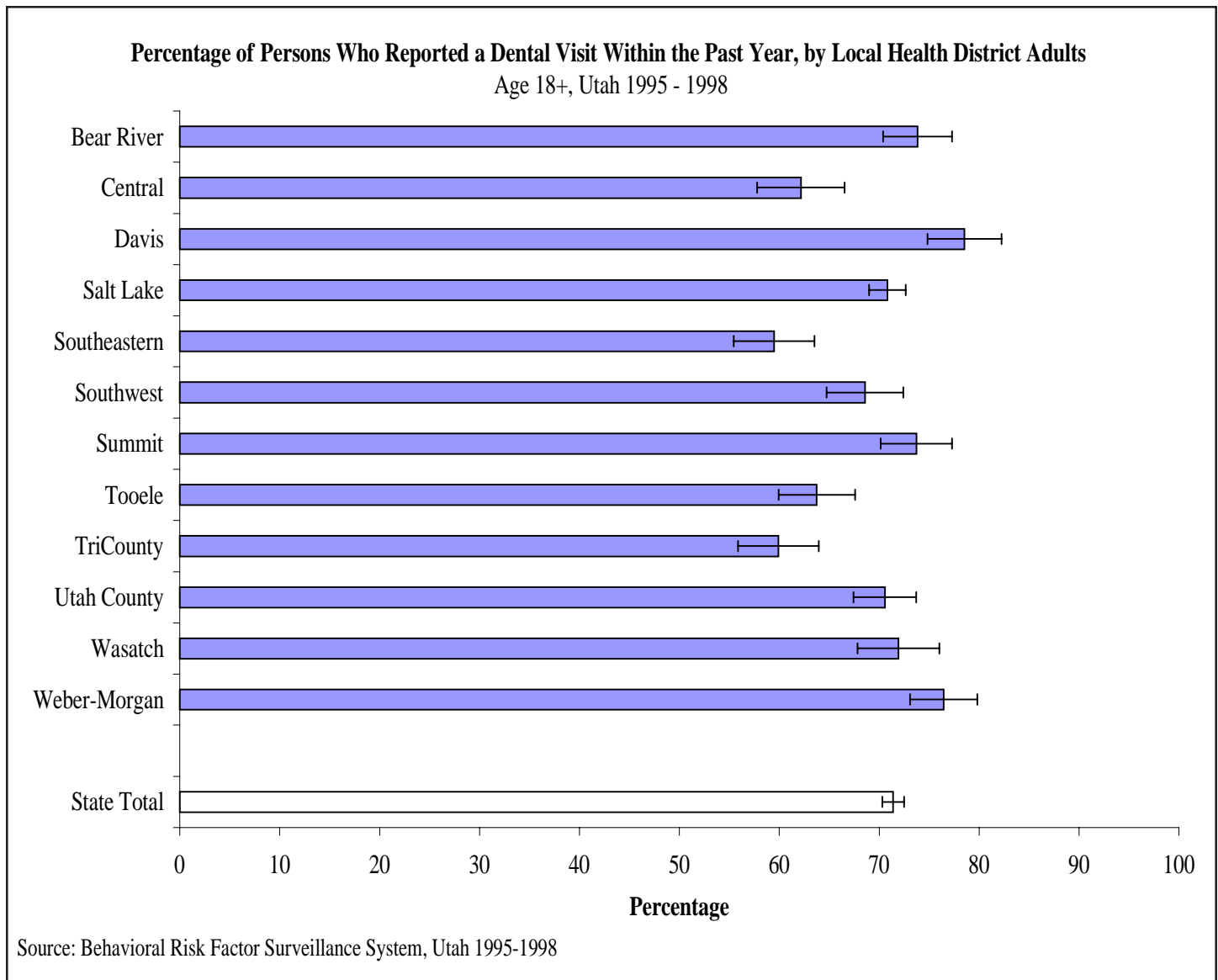
- Utahns in Tri-County and Southeastern Health Districts were more likely to be unable to visit the doctor because of cost than Utahns in Davis, Wasatch, and Weber-Morgan Health Districts.
- The ability to afford a doctors care increased with age for both males and females with rates being slightly higher for males. This despite the fact that women age 25-44 were more likely to have health insurance than men in the same age groups.

# Routine Dental Health Care

Question: How long has it been since you last visited the dentist or a dental clinic?

Appendix B, pp. 67

Millions of Americans suffer from diseases and conditions of the oral cavity that result in pain and suffering, difficulty speaking, chewing, and/or swallowing, increased costs of care, loss of self esteem, decreased economic productivity through lost work and school days, and, in extreme cases, death. Oral diseases and conditions, including dental caries (cavities), periodontal disease, and tooth loss afflict more persons than any other single disease in the United States. Cost, fear, and a person's belief that he or she does not need to see a dentist are barriers to obtaining needed dental care.



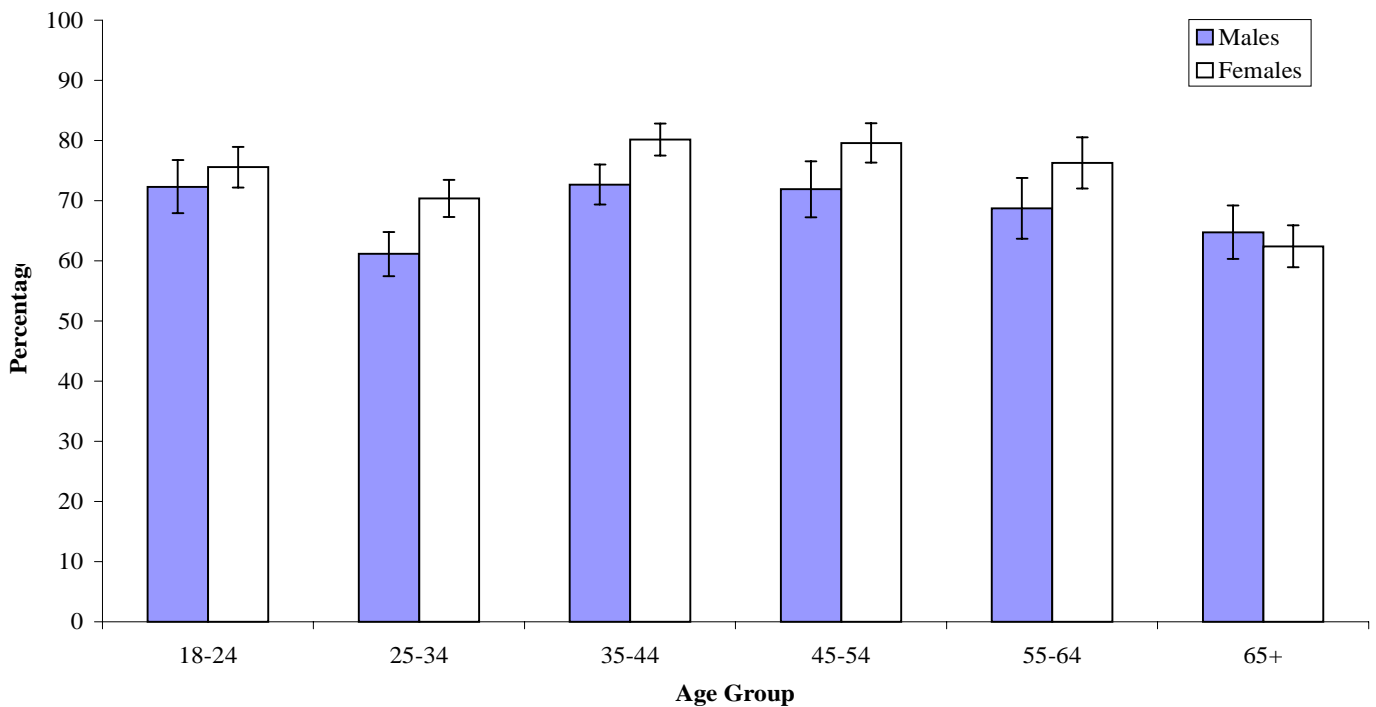
**UTAH OBJECTIVE:** No objective listed.

**YEAR 2000 OBJECTIVE 13.14:** Increase to at least 70% the proportion of adults aged 35 and older using the oral health care system (Not used above because data include all adults aged 18 and older).

**YEAR 2010 OBJECTIVE 9.14:** Increase to at least 70% the proportion of adults aged 18 and older using the oral health care system each year.

# Routine Dental Health Care

**Percentage of Persons Who Reported a Dental Visit Within the Past Year,  
by Age and Sex**  
Adults Age 18+, Utah 1995 - 1998



Source: Behavioral Risk Factor Surveillance System, Utah 1995-1998

District	Total Number of Adults in District	Number Who Visited Dentist	Percentage Who Visited Dentist	95% Confidence Intervals	
				Lower	Upper
Bear River	81,406	60,110	73.8%	70.4%	77.3%
Central	41,172	25,593	62.2%	57.8%	66.5%
Davis	143,725	112,882	78.5%	74.8%	82.2%
Salt Lake	554,471	392,732	70.8%	69.0%	72.7%
Southeastern	36,691	21,827	59.5%	55.5%	63.5%
Southwest	82,591	56,633	68.6%	64.7%	72.4%
Summit	16,948	12,494	73.7%	70.2%	77.3%
Tooele	21,716	13,844	63.8%	59.9%	67.6%
TriCounty	25,089	15,033	59.9%	55.9%	64.0%
Utah County	205,605	145,095	70.6%	67.4%	73.7%
Wasatch	8,535	6,139	71.9%	67.8%	76.0%
Weber-Morgan	126,711	96,871	76.5%	73.1%	79.8%
State Total	1,344,659	959,952	71.4%	70.3%	72.5%

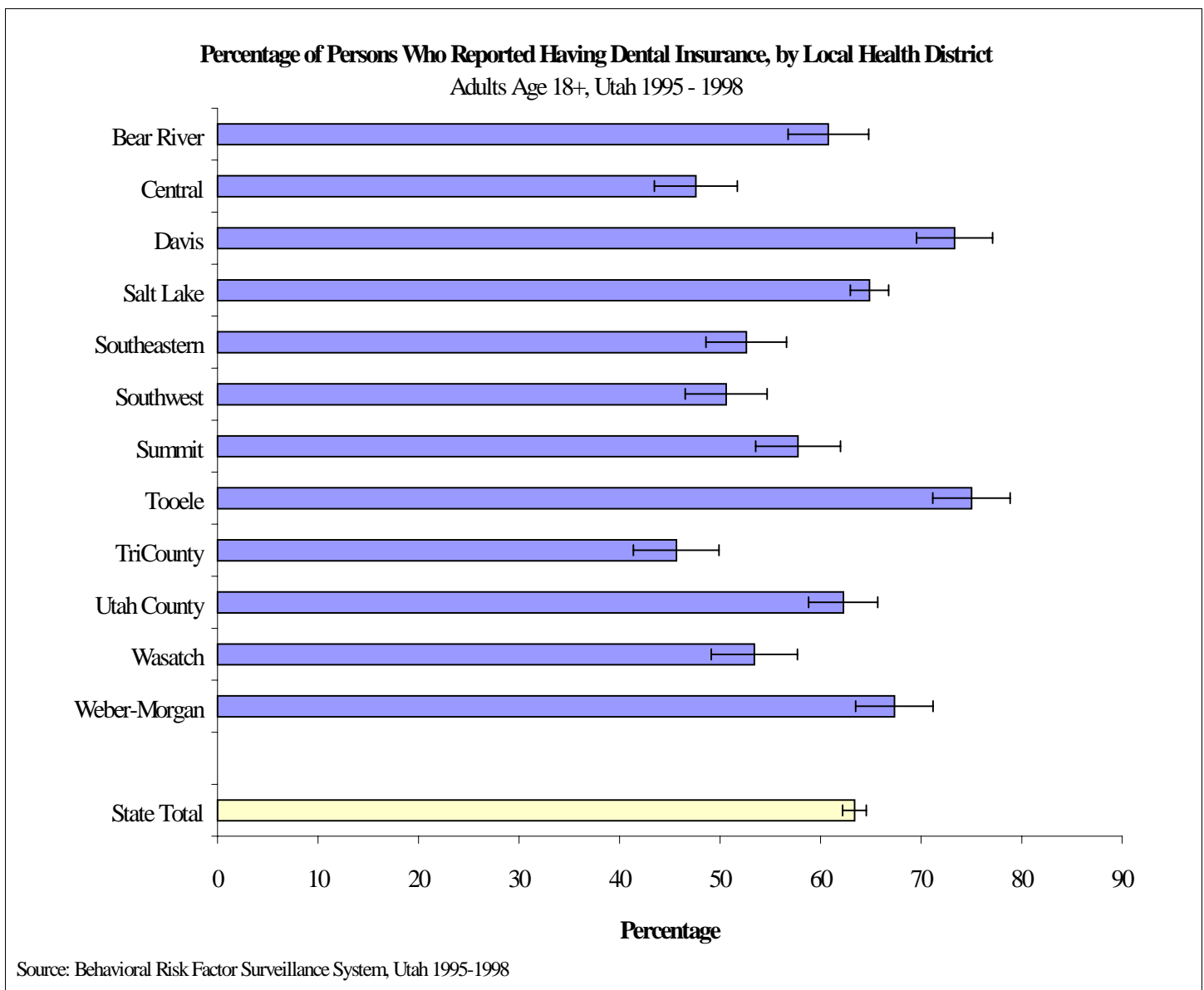
- Dental caries can be completely prevented by taking appropriate measures, including fluoride supplementation, sealant placement, brushing with fluoride toothpaste, flossing, swishing with fluoride mouthwash, regular dental visits, and limiting the frequency of carbohydrate snacking.
- The percentage of Utah adults who reported seeing a dentist within the past year was lowest in Central, Southeastern, and TriCounty Health Districts.

# Dental Health Care Coverage

**Question:** Do you have any kind of insurance coverage that pays for some or all of your routine dental care, including dental insurance, pre-paid plans such as HMOs, or government plans such as Medicaid?

Appendix B, pp. 67

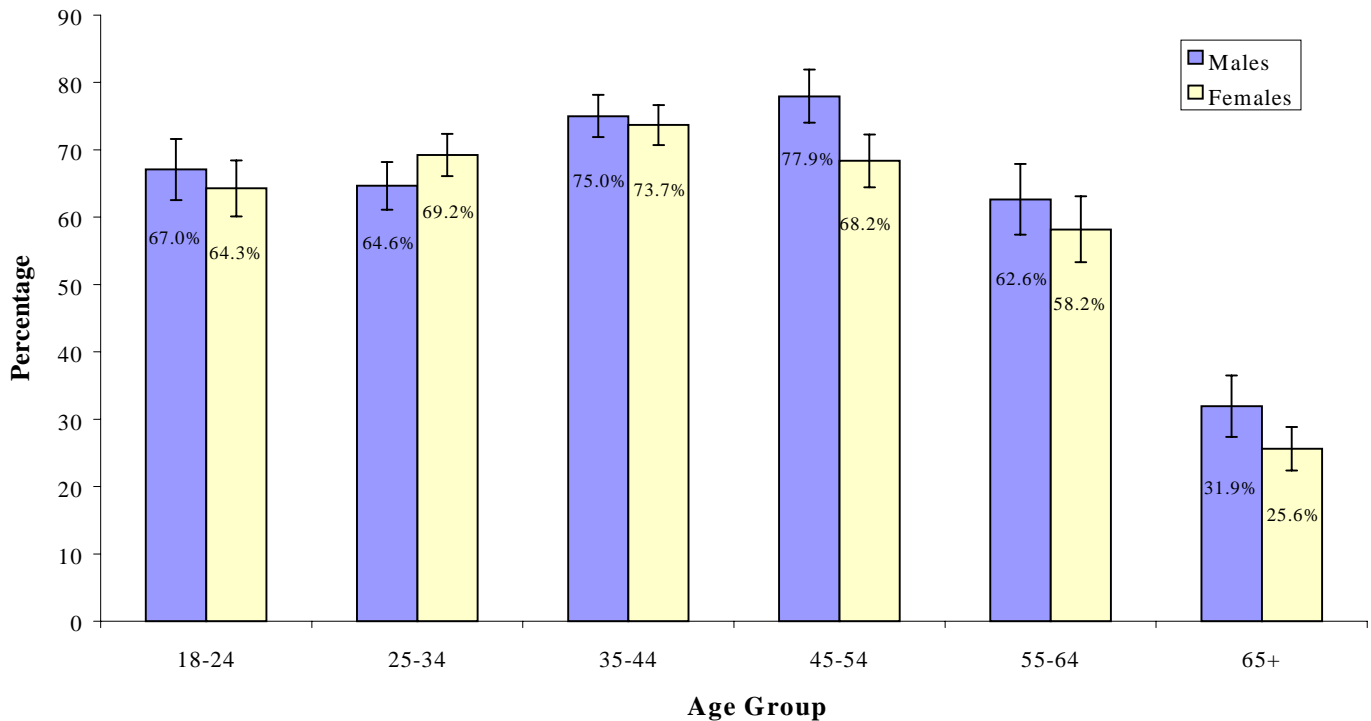
Approximately 40% of Americans have some form of dental insurance, although it often is with limited coverage and high co-payments. Since dental insurance coverage is usually employment based, persons who do not work or work part-time are less likely to be insured. Those who are unable to afford dental care, are often those who have limited or no dental insurance, who are at highest risk of dental and oral diseases, and least likely to receive dental care. There needs to be improved access to primary preventive and early intervention services, and removal of barriers to the dental care system.



**UTAH OBJECTIVE:** No objective listed.  
**YEAR 2000 OBJECTIVE:** No objective listed.  
**YEAR 2010 OBJECTIVE:** No objective listed.

# Dental Health Care Coverage

**Percentage of Persons Who Reported Having Dental Insurance, by Age and Sex**  
Adults Age 18+, Utah 1995 - 1998



Source: Behavioral Risk Factor Surveillance System, Utah 1995-1998

District	Total Number of Adults in District	Number of Adults with Dental Ins.	Percentage of Adults with Dental Ins.	95% Confidence Intervals	
				Lower	Upper
Bear River	81,406	49,469	60.8%	56.8%	64.8%
Central	41,172	19,596	47.6%	43.5%	51.7%
Davis	143,725	105,393	73.3%	69.6%	77.1%
Salt Lake	554,471	359,590	64.9%	63.0%	66.7%
Southeastern	36,691	19,301	52.6%	48.6%	56.6%
Southwest	82,591	41,798	50.6%	46.6%	54.7%
Summit	16,948	9,788	57.8%	53.6%	61.9%
Tooele	21,716	16,288	75.0%	71.2%	78.8%
TriCounty	25,089	11,451	45.6%	41.4%	49.9%
Utah County	205,605	127,997	62.3%	58.8%	65.7%
Wasatch	8,535	4,558	53.4%	49.1%	57.7%
Weber-Morgan	126,711	85,334	67.3%	63.5%	71.2%
State Total	1,344,659	852,037	63.4%	62.2%	64.5%

- Utahns in Davis and Tooele Health Districts were more likely to have dental insurance.
- The number of Utahns having dental insurance is lower for both males and females over 55 years of age.