

# Fact Sheet

## Introduction

During the 2016 – 2017 school year, the Oral Health Program (OHP) launched an Adolescent Oral Health Campaign to educate middle school and high school aged students about oral health care with *the vision* of encouraging positive oral health behaviors and increasing participation and utilization of dental services.

## Methods

A one-time oral health intervention was designed specifically for middle school students with a modified presentation designed for high school students. The effectiveness of the Adolescent Oral Health Campaign was measured through pre- and post-tests, completed by students in the classroom in paper format.

## Conclusion

The Adolescent Oral Health Campaign is an effective way to assess and increase adolescents' knowledge of oral health topics. Offering this intervention on a yearly basis will allow OHP to track trends in changes in knowledge of oral health topics among Utah adolescents.

## Demographics

2,876

Students Participated

19

Schools Participated

29.1%

Hispanic/ Latino Participants

## Results

532

Reported Participants Haven't Been to a Dentist Within the Past 12 Months

68.3%

Reported Participants Who Drink Soda Between 3X per Day and 3X per Week

32.1%

Average Increase in Correct Answers on Post-Test in Comparison with Pre-Test

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## Demographics

2,876

Students Participated

18

Schools Participated

28.5%

Hispanic/ Latino Participants

## Results

517

Reported Participants Haven't Been to a Dentist Within the Past 12 Months

448

Reported Participants Said That Within the Past 12 Months, They Needed Dental Care But Could Not Get It

33.3%

Average Increase in Correct Answers on Post-Test in Comparison to Pre-Test