



## News Release

For Immediate Release:  
July 29, 2005  
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### **Utah Department of Health Offers Bioterrorism Planning Guides**

(Salt Lake City, UT) - The Utah Department of Health (UDOH) is now distributing a free emergency planning guide entitled, “Battling Back: Taking on Bioterrorism in Utah.” The brochure-style guide is designed to help Utahns prepare for a bioterrorist attack or a natural disease outbreak and is now available at the UDOH, local health departments across Utah and online at [www.health.utah.gov/bt/video](http://www.health.utah.gov/bt/video).

“The UDOH, local health departments, and all of their partners are continually preparing to protect the health of Utahns,” said Cody Craynor, Risk Communication Coordinator, UDOH. “But Utah’s public health agencies need help from all of the state’s citizens. This planning guide provides important information that could save lives if the unthinkable ever happened, and Utah were the target of a bioterrorist attack.”

The guide includes tips about the two most important things the public can do to prepare for bioterrorism- how to make an emergency plan and what to include in a mobile emergency kit. The guide also includes space where people can list important phone numbers, contact information and health information for family members. In addition, the brochure describes the six most dangerous diseases likely to be used in a bioterrorist attack.

The “Battling Back: Taking on Bioterrorism in Utah” brochure was produced as a companion piece to a documentary-style television program that can still be seen on Comcast Video On Demand. For more information, visit: [www.health.utah.gov/bt/video](http://www.health.utah.gov/bt/video).

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*The mission of the Utah Department of Health is to protect the public’s health through preventing avoidable illness, injury, disability and premature death, assuring access to affordable, quality health care, and promoting healthy lifestyles.*