

## Utah Directory of Resources

### Consultation and Referral

#### Identifying Pain Management, Mental Health, and Substance Abuse Providers

**1) The 211 Information and Referral Bank**

<http://www.informationandreferral.org>

The 211 Info Bank strives to ease the process of locating available and appropriate resources.

**2) Utah Cares: State Online Services**

[https://utahcares.utah.gov/erepucpub/en/ServiceSupplier\\_searchPage.do?\\_o3rpu=ScreenReferralHomePage.do](https://utahcares.utah.gov/erepucpub/en/ServiceSupplier_searchPage.do?_o3rpu=ScreenReferralHomePage.do)

This site allows you to do a search on providers by type and county.

**3) Utah Resources Hotline: 2-1-1**

Dial 2-1-1 and someone can direct you to providers by specialty in any county in Utah.

**4) Utah Medicaid Pain Management Providers**

<http://health.utah.gov/medicaid/pharmacy/documents/chronic.php>

**5) Utah Mental health providers**

<http://mentalhealth.samhsa.gov/databases/facility-search.aspx?state=UT&fullname=Utah>

**6) Substance Abuse Providers**

<http://www.dsamh.utah.gov/locationsmap.htm>

This link allows you to seek providers by location using an interactive map.

#### Referral Services

**1) Substance Abuse Hotline: 1-866-633-HOPE (4673)**

**2) Utah Medicaid Restriction Program**

<http://health.utah.gov/medicaid/pharmacy/Restriction/restriction.php>

**3) University of Utah Assessment & Referral Services**

Assessment & Referral Services is a University of Utah Clinic within the Department of Psychiatry that provides high-quality, objective substance abuse assessments and referrals for individuals with possible substance abuse problems.

### Laws Governing Use of Controlled Substances

#### Federal/DEA laws – [www.dea.gov](http://www.dea.gov)

**1) Practitioner Manual**

[http://www.deadiversion.usdoj.gov/pubs/manuals/pract/pract\\_manual012508.pdf](http://www.deadiversion.usdoj.gov/pubs/manuals/pract/pract_manual012508.pdf)

This manual has been prepared by the Drug Enforcement Administration to assist practitioners and other registrants authorized to prescribe, dispense, and administer controlled substances. A summary of the act can be found below in Appendix C.

**2) Schedules of Controlled Substances**

[http://www.access.gpo.gov/nara/cfr/waisidx\\_01/21cfr1308\\_01.html](http://www.access.gpo.gov/nara/cfr/waisidx_01/21cfr1308_01.html)

Schedules of controlled substances can be found in Title 21, Chapter II.

**3) Prescriptions**

[http://www.access.gpo.gov/nara/cfr/waisidx\\_01/21cfr1306\\_01.html](http://www.access.gpo.gov/nara/cfr/waisidx_01/21cfr1306_01.html)

Contains the rules governing the issuance, filling and filing of prescriptions pursuant to section 309 of the Act (21 U.S.C. 829)

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### **4) Administering and Dispensing of Controlled Substances**

[http://edocket.access.gpo.gov/cfr\\_2001/aprqr/pdf/21cfr1306.07.pdf](http://edocket.access.gpo.gov/cfr_2001/aprqr/pdf/21cfr1306.07.pdf)

Persons who are entitled to fill prescriptions are described in this document found at the link above.

### **State of Utah Laws – State legislation and regulations**

#### **1) Utah Medical Practice Act Rules**

<http://www.dopl.utah.gov/laws/R156-67.pdf>

#### **2) Utah Controlled Substance Act 58-37**

<http://www.dopl.utah.gov/laws/58-37.pdf>

#### **3) Utah Controlled Substance Rules R156-37**

<http://www.dopl.utah.gov/laws/R156-37.pdf>

#### **4) Reporting Prescription Fraud and/or Prescription Related Crime**

<http://www.urxnet.org/> or <http://www.urxnet.org/tip/addtip.asp>

#### **5) Division of Occupational and Professional Licensure**

<http://dopl.utah.gov/>

#### **6) Utah Controlled Substance Database**

<https://csdb.utah.gov/>

#### **7) Model Policy for the Use of Controlled Substances for the Treatment of Pain—Federation of State Medical Boards**

[http://www.fsmb.org/pdf/2004\\_grpol\\_Controlled\\_Substances.pdf](http://www.fsmb.org/pdf/2004_grpol_Controlled_Substances.pdf)

The Model Policy, which was adopted by the Utah Medical Board of Examiners, is designed to communicate certain messages to licensees: that the state medical board views pain management to be important and integral to the practice of medicine; that opioid analgesics may be necessary for the relief of pain; that physicians have a responsibility to minimize the potential for the abuse and diversion of controlled substances; and that physicians will not be sanctioned solely for prescribing opioid analgesics for legitimate medical purposes. This policy is not meant to constrain or dictate medical decision making.

\*If there are legal or workplace concerns, it is recommended that patients go to the industrial clinic

## **Additional Tools**

### **Pain Assessment Tools**

#### **1) Beckman Research Institute**

[http://prc.coh.org/pain\\_assessment.asp](http://prc.coh.org/pain_assessment.asp)

#### **2) Tools from Utah Clinical Guidelines on Prescribing Opioids**

<http://health.utah.gov/prescription/>

#### **3) Inflexxion**

<http://painedu.org/>