Why Commute By Bike?

Fight Pollution

Bicycling is earth friendly.

Stay Fit

Bicycle commuting allows you to include your workout in your daily schedule by burning calories – not gasoline on your commute.

Save Money

Save on car maintenance, gas, parking, tickets, and a membership to a gym.

Enjoy Your Commute

Arrive at work refreshed and full of energy, ride off stress after work.

Avoid Traffic Delays

Bike lanes and shoulders allow you to ride past the traffic. Bike commuting takes less time when you account for car parking and traffic.

Summary of Utah Bicycle Laws

Bicyclists are subject to all the rights and duties applicable to the operator of any other vehicle.

Bicyclists traveling less than the normal speed of traffic must ride as near as practicable to the right-hand edge of the roadway except: to pass, make a left turn, when there is a right-turn only lane, and to avoid hazards.

Bicyclists may turn left like a motor vehicle or like a pedestrian.

A bicycle may not carry more persons than it was designed for.

A bicyclist may not attach to moving vehicles.

Bicyclists may not ride more than two abreast.

Bicyclists must keep at least one hand on the handlebars at all times and may not carry a package or bundle which prevents the use of both hands.

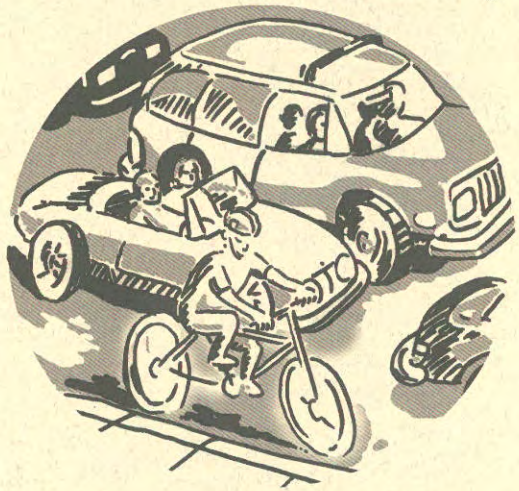
Bicyclists must yield the right-of-way to a pedestrian on a sidewalk or in a crosswalk, and shall give an audible signal when overtaking a pedestrian.

A person my not operate a bicycle upon a sidewalk or upon a crosswalk if prohibited. If not prohibited, then the bicyclist has the same rights and duties as a pedestrian.

Every bicycle must be equipped with brakes.

Every bicycle in use after dark must be equipped with a front light, a rear red reflector or taillight, and reflective materials on both sides that are all visible for 500 feet.

Driving a Bike in Traffic



Utah Highway Safety

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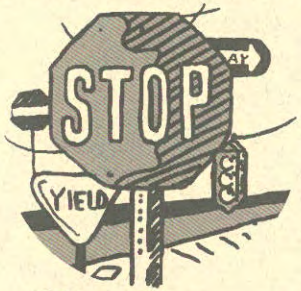
TEN Simple Lifesavers

I. Wear A Helmet.

Head injury is the leading cause of death in bicycle crashes. Bicycle helmets can reduce the risk of head injury by 85%.



II. Obey All Traffic Signs and Signals.

If you want to be safe in traffic, you have to act like traffic. Bicyclists must follow the same laws as other vehicle operators.

III. Be Predictable.

Maintain a straight line, change direction without swerving, and use hand signals when turning.

IV. Travel with the Flow of Traffic.

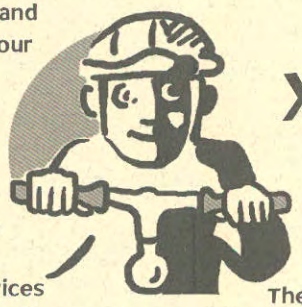
Motorists do not look for or expect bicyclists riding on the wrong side of the roadway.

V. Be Visible.

Use lights at night. Wear bright colors and put reflectors and reflective tape on your bicycle.

VI. Pay Attention.

Use your eyes and ears as warning devices alerting you to potential hazards in time to take action.



VII. Use Proper Hand Signals.

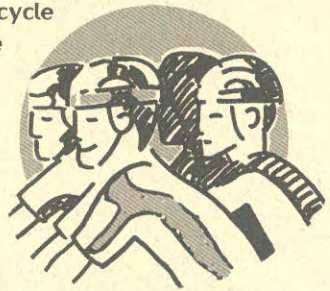
Hand signals tell motorists what you intend to do.

VIII. Scan The Road Behind You.

Scan for traffic. Learn to look back over your shoulder without losing your balance or swerving.

IX. Do Not Pass On The Right.

Motorists turning right may not look for or see a bicycle passing on the right.



X. Be Courteous To Motorists and Pedestrians.

They may return the favor and/or look more favorably on the next bicyclist down the road.