

Mosquito



Prevention & Protection

Different mosquitoes spread different viruses and bite at different times of the day.



For more information:

Contact your local health department, tribal health department or Utah Department of Health at health.utah.gov or 801-538-6191.

Use insect repellent

- ▶ Use mosquito repellents with active ingredients like DEET, picaridin, IR3535, oil of lemon eucalyptus, or para-menthane-diol when outdoors. Follow the label instructions carefully.
- ▶ Active ingredient repellents are safe to use during pregnancy and when breastfeeding.
- ▶ Do not use products containing oil of lemon eucalyptus or para-menthane-diol on children younger than 3 years old.
- ▶ Do not use insect repellent on children younger than 2 months old.

Cover Up

- ▶ Wear long-sleeved shirts and long pants while outdoors.
- ▶ Treat clothing and gear with permethrin or buy permethrin-treated items. Do not use permethrin directly on skin.
- ▶ Use mosquito netting when sleeping outdoors to protect infants and young children any time.

Mosquito-proof your home

- ▶ Drain and clean items that hold water where mosquitoes can lay eggs weekly (*tires, cans, puddles, barrels, flowerpots, planters, birdbaths, etc.*).
- ▶ Tightly cover water storage containers (*buckets, rain barrels, etc.*).
- ▶ Repair holes in screens.
- ▶ Repair cracks or gaps in septic tanks. Cover open vent or plumbing pipes using wire mesh with holes smaller than an adult mosquito.