

# ZIKA AND SEXUAL TRANSMISSION



## BASICS OF ZIKA VIRUS AND SEX



### How Zika is spread through sex

- Zika can be passed through sex from a person who has Zika to his or her sex partners. Sex includes vaginal, anal, and oral sex and the sharing of sex toys.
- Zika can be passed through sex, even if the infected person does not have symptoms at the time. It can be passed from a person with Zika before their symptoms start, while they have symptoms, and after their symptoms end and may also be passed by a person who never develops symptoms.
- Zika can remain in semen longer than in other body fluids, including vaginal fluids, urine, and blood.



### Studies are underway to find out

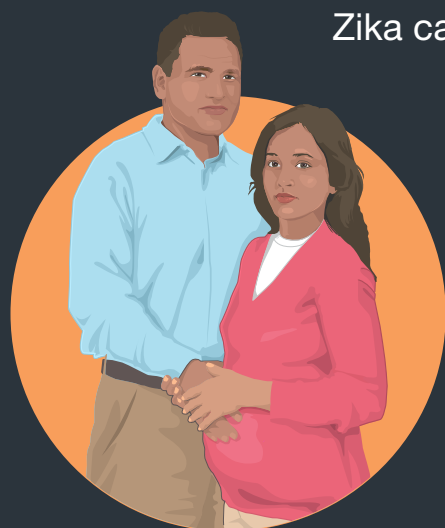
- How long Zika stays in the semen and vaginal fluids of people who have Zika.
- How long Zika can be passed to sex partners.
- If Zika passed to a pregnant woman during sex has a different risk for birth defects than Zika transmitted by a mosquito bite.



### Pregnant?

#### What you should know about Zika and sex.

Zika can be passed through sex by a person infected with Zika to his or her sex partners.



#### If you have a partner who lives in or has traveled to an area with Zika, protect your pregnancy.

If you have vaginal, anal, or oral sex, use a condom every time during your pregnancy.

**OR**

Don't have sex with your partner during your pregnancy.

#### If you think your partner may have or had Zika, tell your doctor or healthcare provider about

- His or her travel history
- If he or she took steps to prevent mosquito bites
- How long your partner stayed in an area with Zika
- If you had sex without a condom



### Do you have a pregnant partner?

Zika virus can be spread by a person infected with Zika to his or her sex partners. Because Zika can cause certain birth defects, take steps to prevent your partner from getting Zika during her pregnancy.



#### If you live in or travel to an area with Zika, protect your partner's pregnancy.

If you have vaginal, anal, or oral sex, use a condom every time you have sex during the pregnancy.

**OR**

Don't have sex with your pregnant partner during the pregnancy.



#### If you think you may have or had Zika, tell your doctor or healthcare provider about

- Your travel history
- If you took steps to prevent mosquito bites
- How long you stayed in an area with Zika
- If you had sex without a condom