Comprehensive Resource Directory
HIV/AIDS, Hepatitis C & TB

For HIV Prevention Providers, HIV/AIDS Treatment & Care Providers and Hepatitis C and TB Consumers

Utah Department of Health
Bureau of Epidemiology
2011
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Comprehensive Resource Directory 2011

UTAH DEPARTMENT OF HEALTH

Utah Department of Health
Bureau of Epidemiology

Building Address: 801-538-6096
288 North 1460 West  Fax: (801) 538-9913
Salt Lake City, UT 84116  www.health.utah.gov/cdc

Mailing Address:
PO Box 142104
Salt Lake City, UT 84114-2104

Division Director
Teresa Garrett, RN, MS

Bureau Director
Jennifer Brown, MS, JD

Treatment and Care Program
Cristie Chesler  Program Manager
Rachel Reynolds  Supportive Services Administrator
Mike Lowe, MSPH  ADAP Administrator
Karin Parker  Client Services Coordinator
Anna Baldwin  Accountant
Kathy Hills  Office Specialist
Ruth Fullmer  Program Support

Communicable Disease Prevention Program
Lynn M. Meinor  HIV Prevention Program Manager
Edwin Espinel  Contract Manager
Rebecca Fronberg  HIV Counseling/Testing Coordinator
Heather Bush  Hepatitis Prevention/Education & Training Coordinator
Erin Hellstrom  STD Prevention
Robert Sonoda  Rapid Testing Coordinator
Peggy Montague  HIV Prevention Support Services
Emily Holmes  STD Prevention Coordinator
Claudia Gonzalez  Outreach Coordinator
UTAH DEPARTMENT OF HEALTH

Utah Department of Health Administration

288 North 1460 West
Salt Lake City, UT 84116

David Patton
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   Deputy Director
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Robert Rolfs, MD, MPH
   Division of Disease Prevention and Control, Director
Marc E. Babitz, MD
   Division of Family Health & Preparedness, Director
Todd C. Grey, MD
   Office of the Medical Examiner, Chief Medical Examiner
Barry Nangle, PhD
   Center for Health Data, Director
UTAH LOCAL HEALTH DEPARTMENTS

BEAR RIVER HEALTH DEPT.
LaPriel Clark, RN, NP  
Preventive Services Director  
Diane Poulson, RN, Disease Intervention Specialist  
655 East 1300 North  
Logan, UT 84341  
Interventions: HIV counseling and testing, individual-level education/discussion, behavior modification, risk reduction/harm reduction, HIV/STI prevention literature and other materials.

CENTRAL UTAH PUBLIC HEALTH DEPT.
Leslie Abraham, RN, Preventive Services Director  
70 Westview Drive  
Richfield, UT 84701  
Interventions: HIV counseling and testing, HIV/STI prevention literature and other materials.

DAVIS COUNTY HEALTH DEPT.
Wendy Garcia, RN  
22 South State Street  
Clearfield, UT 84015  
Interventions: HIV counseling and testing, individual-level education/discussion, behavior modification, risk reduction/harm reduction, community events, outreach, referrals, provide HIV/STI prevention literature and other materials.

SALT LAKE VALLEY HEALTH DEPT.
Lynn Beltran, HIV/STI Program Manager  
610 South 200 East Room 200  
Salt Lake City, UT 84111  
Interventions: group-level education/discussion (single-session, multi-session and peer educator), individual-level education/discussion (single-session and multi-session), outreach, risk reduction/harm reduction, community events, referrals, HIV/STI prevention literature and other material.

SOUTHEASTERN UTAH DISTRICT HEALTH DEPT.
Debbie Turner, RN  
28 South 100 East  
Price, UT 84501  
Interventions: HIV counseling and testing, individual-level education/discussion, behavior modification, referrals, HIV/STI literature.

CEDAR CITY SOUTHWEST UTAH PUBLIC HEALTH DEPT. LOCAL UNIT
Susan Peck, RN, Public Health Nurse  
260 East DL Sargent  
Cedar City, UT 84720  
Interventions: HIV counseling and testing, group education/discussion, individual-level education/discussion, behavior modification, referrals, HIV/STI prevention literature and other materials.

SUMMIT COUNTY PUBLIC HEALTH DEPT.
Myra Starkey, Nurse Practitioner  
650 Round Valley Drive  
Park City, UT 84060  
Interventions: HIV counseling and testing, group education/discussion, individual-level education/discussion, behavior modification, referrals, HIV/STI prevention literature and other materials.
UTAH LOCAL HEALTH DEPARTMENTS

TOOELE COUNTY HEALTH DEPT. (435) 843-2300
Amy Royal, RN, Public Health Nurse (435) 277-2303
151 North Main Street Fax: (435) 843-2304
Tooele, UT 84074
Interventions: HIV counseling and testing, HIV/STI prevention literature and other materials.

TRICOUNTY HEALTH DEPT. (435) 247-1177
Lynn Gagon, RN, Public Health Nursing Director
Diane Miller, RN, Public Health Nurse Fax: (435) 781-0536
133 So. 500 East
Vernal, UT 84078
Interventions: HIV counseling and testing, Individual-level education/discussion, risk reduction/harm reduction (individual-level), HIV/STI prevention literature, some presentation in schools.

UTAH COUNTY HEALTH DEPT. (801) 851-7025
Lynn Flinders, RN, BSN (801) 851-7050
Lisa Guerra (801) 851-7037
Director, Family & Personal Health Fax: (801) 851-7055
151 South University Avenue
Provo, UT 84601

WASATCH CITY/COUNTY HEALTH DEPT. (435) 654-2700
Gina Tuttle, Public Health Nursing Director (435) 657-3257
55 South 500 East Fax: (435) 654-2705
Heber City, UT 84032

WEBER-MORGAN HEALTH DEPT. (801) 399-7237
Gwen Hadley, Assistant Nursing Director (801) 399-7230
477 23rd Street Fax: (801) 399-8306
Ogden, UT 84401
Interventions: HIV counseling and testing, individual-level education/discussion, behavior modification, risk reduction/harm reduction, outreach, referrals, HIV/STI prevention literature and other materials.
CHAPTER 1: HIV/AIDS TREATMENT AND CARE

The Ryan White HIV/AIDS Treatment Modernization Act is intended to help communities and states make it easier for those infected by HIV to get health care and supportive services.

RYAN WHITE PART B PROGRAMS

AIDS Drug Assistance Program (ADAP)
The ADAP program can help you pay for all or part of your HIV medications if you meet the program requirements.

Health Insurance Continuation Program
The Treatment and Care Program can pay your COBRA payments if you meet the program requirements.

Premium Payment Program (HIP)
The ADAP Private Insurance program can pay your co-pays for HIV medications if you have private health insurance, but can’t afford to pay for them yourself. You must meet the program requirements.

For information on any of the above programs, please contact:

Karin Parker
Client Services Coordinator
(801) 538-6197
Fax: (801) 538-9913

Michael Lowe
ADAP Administrator
(801) 538-6225
Fax: (801) 538-9913

Utah Department of Health
288 North 1460 West
Salt Lake City, UT 84116
Mailing Address: PO Box 142104 SLC, UT 84114-2104

Supportive Services Program
The following services are available under the Supportive Services Program:

- Case Management
- Home Health Services
- Lab Tests
- Transportation/Bus Tokens/Cab/Rural Gas Card

For information on the Supportive Services Program, please contact:

Rachel Reynolds
Supportive Services Coordinator
(801) 538-6834
Fax: (801) 538-9913

Utah Department of Health
288 North 1460 West
Salt Lake City, UT 84116
Mailing Address: PO Box 142104 SLC, UT 84114-2104

Now Available Online At: www.health.utah.gov/cdc/hivtreatment/resources.htm
CHAPTER 1: HIV/AIDS TREATMENT AND CARE

RYAN WHITE PART B SUPPORTIVE SERVICES PROVIDERS

Case Management

Clinic 1A
UUHSC, 30 North 1900 East
Salt Lake City, UT 84132
(801) 585-2670
Fax: (801) 585-7315

Utah AIDS Foundation
1408 South 1100 East
Salt Lake City, UT 84105
(801) 487-2323
Fax: (801) 586-3978
Ogden: (801) 334-7423
Toll free: 1-800-865-5004

Veterans Medical Center*
Karen Kone
500 Foothill Blvd
Salt Lake City, UT 84108
(801) 582-1565 x1184
(*services available to VA patients only)

Home Health Care

Contact your Case Manager if you need Home Health Care assistance.

Lab Tests

Primary Care Alliance
Tiffani Pestotnik, BS
University of Utah Health Sciences Center
30 North 1900 East
Salt Lake City, UT 84132
(801) 581-8479
Fax: (801) 585-3377

Transportation/Bus Tokens/Cab/Rural Gas Card

Clinic 1A
UUHSC, 30 North 1900 East
Salt Lake City, UT 84132
(801) 585-2670
Fax: (801) 585-7315

Utah AIDS Foundation
1408 South 1100 East
Salt Lake City, UT 84105
(801) 487-2323
Fax: (801) 586-3978
Toll Free: 1-800-865-5004
CHAPTER 1: HIV/AIDS TREATMENT AND CARE

MEDICAL PROVIDERS

Igor Z. Abolnik, MD
Central Utah Medical Center
1055 North 500 West
Provo, UT 84604
(801) 374-2367
Fax: (801) 429-8015

Claudia Goulston, MD
University of Utah Health Sciences Center
Division of Infectious Diseases
30 North 1900 East
Salt Lake City, UT 84132
(801) 585-3203
Fax: (801) 585-5481

Richard Gregoire, MD
Midtown Community Health
670 28th Street
Ogden, UT 84401
(801) 393-5355
Fax: (801) 394-4609

John Kriesel, MD
University of Utah Health Sciences Center
Division of Infectious Diseases
30 North 1900 East
Salt Lake City, UT 84132
(801) 585-7314
Fax: (801) 585-3377

Tom Kurrus, MD
1160 East 3900 South, #1F
Salt Lake City, UT 84124
(801) 261-9651
Fax: (801) 261-9656

Michael Lahey, MD
8th Avenue & C Street
Salt Lake City, UT 84143
(801) 408-1767

Bert Lopansri, MD
University of Utah Health Sciences Center
Division of Infectious Diseases
30 North 1900 East
Salt Lake City, UT 84132
(801) 585-2867
Fax: (801) 585-3377

Molly Mooers, MD
City Creek Internal Medicine
324 10th Avenue, #160
Salt Lake City, UT 84103
(801) 408-5151
Fax: (801) 408-3598

Tim Odell, MD
University of Utah Madsen Clinic
555 South Foothill Blvd.
Salt Lake City, UT 84112
(801) 581-7790
Fax: (801) 581-8937

Mark Oliver, MD
1160 East 3900 South, #1F
Salt Lake City, UT 84124
(801) 261-9651
Fax: (801) 261-9656
CHAPTER 1: HIV/AIDS TREATMENT AND CARE

Larry Reimer, MD  
University of Utah Health Sciences Center  
Division of Infectious Diseases  
30 North 1900 East  
Salt Lake City, UT 84132  
(801) 585-2031  
Fax: (801) 585-3377

Larry Reimer, MD  
VA Medical Center  
Infectious Diseases & Microbiology  
500 Foothill Drive  
Salt Lake City, UT 84148  
(801) 582-1565 x1466  
Fax: (801) 584-1297

Kurt E. Rifleman, MD  
Midtown Community Health  
670 28th Street  
Ogden, UT 84403  
(801) 393-5355  
Fax: (801) 394-4609

Harry Rosado, MD  
University of Utah Health Sciences Center  
Division of Infectious Diseases  
30 North 1900 East  
Salt Lake City, UT 84132  
(801) 585-9814  
Fax: (801) 585-3377

Dana Smith, PAC  
University of Utah Health Sciences Center  
Division of Infectious Diseases  
30 North 1900 South  
Salt Lake City, UT 84132  
(801) 585-3207  
Fax: (801) 585-3377

C. Maggie Snyder, PAC  
University of Utah Health Sciences Center  
Division of Infectious Diseases, Rm. 4B319  
30 North 1900 East  
Salt Lake City, UT 84132  
(801) 581-6396  
Fax: (801) 585-5481

Joel Trachtenberg, MD  
1160 East 3900 South, #1F  
Salt Lake City, UT 84124  
(801) 261-9651  
Fax: (801) 261-9656

Wanda Updike, MD  
24 South 1100 East, Suite 304  
Salt Lake City, UT 84102  
(801) 328-1260  
Fax: (801) 350-4361
CHAPTER 1: HIV/AIDS TREATMENT AND CARE

RYAN WHITE PART C

Tiffani Pestotnik BS, Primary Care Alliance
PCA, Program Director (801) 581-8479
University of Utah Health Sciences Center Fax: (801) 585-3377
Division of Infectious Diseases, Rm 4B319
30 North 1900 East
Salt Lake City, UT 84132

Harry Rosado, MD
PCA Medical Director (801) 585-3203
University of Utah Health Sciences Center Fax: (801) 585-5481
Division of Infectious Diseases, Rm 4B319
30 North 1900 East
Salt Lake City, UT 84132

Melanie Barnhart
PCA Reimbursement Specialist (801) 531-8289
University of Utah Health Sciences Center Fax: (801) 581-7931
Division of Infectious Diseases, Rm AC 257
30 North 1900 East
Salt Lake City, UT 84132

PRIMARY CARE ALLIANCE (PCA)
PART C PARTICIPATING PHARMACIES

University Hospital Outpatient Pharmacy (801) 581-2277
30 North 1900 East
Salt Lake City, UT 84132

University of Utah Health Network Pharmacies:

UUHN Centerville (801) 693-7950
26 S Main Street
Centerville, UT 84014

UUHN Greenwood (801) 213-9540
7495 S State Street
Midvale, UT 84047

UUHN Madsen (801) 581-7652
555 S. Foothill Boulevard
Salt Lake City, UT 84112

UUHN Parkway (801) 234-8510
145 West 1300 South
Orem, UT 84058
CHAPTER 1: HIV/AIDS TREATMENT AND CARE

Red Butte Health Center Pharmacy
546 Chipeta Way
Salt Lake City, UT 84108
(801) 585-0544

UUHN Redstone
1743 W. Redstone Center Drive, #115
Park City, UT 84098
(435) 658-9280

UUHN Redwood
1525 West 2100 South
Salt Lake City, UT 84119
(801) 213-9950

UUHN South Jordan
1091 W. South Jordan Parkway, Suite 500
South Jordan, 84095
(801) 213-9850

UUHN Stansbury
220 Millpond Road
Stansbury Park, UT 84074
(435) 843-3052

Student Union Pharmacy
South Central Campus Drive, Room 156
Salt Lake City, UT 84112
(801) 587-3363

UUHN Westridge
3730 West 4700 South
West Valley City, UT 84118
(801) 213-9250

RYAN WHITE PART F

University of Utah Health Sciences Center
(801) 581-5310
AIDS ETC & SPINS
Fax: (801) 585-5481
Dept of Family & Preventive Medicine
Tiffany Pestotnik, BS
Tiffany.pestotnik@hsc.utah.edu
375 Chipeta Way, Suite A
30 North 1900 East
Salt Lake City, UT 84108

HOUSING SERVICES

Community Action Program (CAP)
(801) 359-2444 x219
Nancy Parsons
Fax: (801) 355-1798
764 South 200 West
Salt Lake City, UT 84101

Catholic Community Services
(801) 394-5944 x1055
Marcie Valdez
Fax: (801) 394-5948
2504 F Avenue
SLC: (801) 977-9119
Ogden, UT 84401
CHAPTER 1: HIV/AIDS TREATMENT AND CARE

Housing Authorities:

**Bear River Regional Housing Authority**
170 North Main St
Logan, UT 84321

**Beaver City Housing Authority**
80 North 300 East
Beaver, UT 84713

**Carbon County Housing Authority**
251 South 1600 East, Apt. 2647
Price, UT 84501

**Cedar City Housing Authority**
2390 West Highway 56, #7
Cedar City, UT 84720

**Davis Housing Authority**
352 South 200 West, Suite 1
Farmington, UT 84025

**Emery County Housing Authority**
PO Box 551
95 East Main St
Castle Dale, UT 84513

**Grand County Housing Authority**
1075 South Highway 191
Moab, UT 84532

**Housing Authority Salt Lake City**
1776 South West Temple
Salt Lake City, UT 84115

**Myton City Housing Authority**
58 East 100 North
Roosevelt, UT 84066

**Ogden Housing Authority**
2661 Washington Blvd, Suite 102
Ogden, UT 84401

**Provo City Housing Authority**
650 West 100 North
Provo, UT 84601

**Roosevelt City Housing Authority**
58 East 100 North
Roosevelt, UT 84066

**Salt Lake County Housing Authority**
3595 South Main St
Salt Lake City, UT 84115

**Bear River Regional Housing Authority**
(435) 752-7242

**Beaver City Housing Authority**
(435) 438-5080

**Carbon County Housing Authority**
(435) 637-5170

**Cedar City Housing Authority**
(435) 586-8462

**Davis Housing Authority**
(801) 451-2587

**Emery County Housing Authority**
(435) 381-2902

**Grand County Housing Authority**
(435) 259-5891

**Housing Authority Salt Lake City**
(801) 487-2161

**Myton City Housing Authority**
(435) 722-3951

**Ogden Housing Authority**
(801) 627-5851

**Provo City Housing Authority**
(801) 343-7080

**Roosevelt City Housing Authority**
(435) 722-0749

**Salt Lake County Housing Authority**
(801) 284-4400
CHAPTER 1: HIV/AIDS TREATMENT AND CARE

St. George Housing Authority
975 North 1725 West
St. George, UT 84770
(435) 628-3648

Tooele County Housing Authority
47 South Main St, #121
Tooele, UT 84074
(435) 882-9199

Utah County Housing Authority
240 East Center St
Provo, UT 84606-3162
(801) 373-8333

Weber County Housing Authority
2380 Washington Blvd, Suite 240
Ogden, UT 84401
(801) 399-8710

West Valley City Housing Authority
3600 Constitution Blvd
West Valley City, UT 84119-3720
(801) 963-3518

VETERANS SERVICES

Karen Kone, RN, BSN
Veterans Medical Center
500 Foothill Blvd
Salt Lake City, UT 84148
(801) 582-1565 x1184

Lucy Ormond, RN
382 South Bluff Street, Suite 250
St. George, UT 84770
(435) 634-7608
Fax:(801) 584-2592
CHAPTER 2: HIV PREVENTION

HIV Exposure Response

For immediate assistance with evaluating a recent HIV exposure, call personal physician or:

**Infectious Diseases Clinic**
University of Utah Health Sciences Center
30 North 1900 East, Rm. 4B319
Salt Lake City, UT 84132
(801) 585-2031
Fax: (801) 585-5481

For questions about possible exposure to HIV, call:

**Rebecca Fronberg**
HIV Counseling and Testing Coordinator
Utah Dept. of Health
Box 142105
Salt Lake City, Utah 84114
(801) 538-6299

**Lynn Beltran**
HIV/STD Program Manager
Salt Lake Valley Health Department
610 So 200 East Std 200
Salt Lake City, Utah 84111
(801) 534-4601

For assistance with rape or sexual assault, call personal physician or:

**Rape Recovery Center**
24-hour Crisis Line (Salt Lake City, Utah)
Utah 24-hour Crisis & Information Line
(801) 467-7273

Agencies that provide medical care should have updated guidelines for their agency for responding to possible occupational HIV exposure.

For questions about OSHA guidelines:

- See your agency guidelines
- Contact the designated safety coordinator for your agency
- Contact your agency’s designated OSHA representative in Utah
- Or call: **Eldon Tryon**
  Occupational Safety and Health Administration (OSHA)
  (801) 530-6834

For physician consultation on how to give HIV positive test results, call:

**Rebecca Fronberg**
HIV Counseling and Testing Coordinator
Utah Dept. of Health
Box 142105
Salt Lake City, Utah 84114
(801) 538-6299

**Lynn Beltran**
Salt Lake Valley Health Dept.
610 South 200 East
Salt Lake City, UT 84111
(801) 534-4601
Fax: (801) 534-4502
CHAPTER 2: HIV PREVENTION

Utah Department of Health HIV Prevention Contractors

UTAH PRIDE CENTER
355 North 300 West (lower level) Salt Lake City, UT 84103
(801) 539-8800 Fax: (801) 521-5215

Valerie Larabee, Executive Director valerie@glbtccu.org
Lillian Rodriguez, HIV Program Coordinator lillian@utahpridecenter.org

Interventions: Mpowerment, multi-session group and individual-level education/discussion (single session, multi-session and peer educator), provide prevention materials, risk reduction/harm reduction, community events, and referrals
Test Site: Yes
Program Focus: Resources, programs and services for LGBT youth and adults in Utah, including HIV prevention and testing, STI prevention and testing
Areas Served: Salt Lake Area; provide resources and referrals throughout Utah
Targeted Populations: Lesbian, gay, bisexual, and transgender people, Hispanic
Populations Served: Youth ages 14-18, Adult and Latino MSM

CORNERSTONE COUNSELING CENTER
660 South 200 East, Suite 308 Salt Lake City, UT 84111
(801) 355-2846 Fax: (801) 359-3244

John Bonner (801) 355-2846 x111

Interventions: Comprehensive Risk Counselling Service
Targeted Populations: MSM, MSM/IDU, IDU, HIV+
Program focus: HIV risk reduction counselling

NORTHERN UTAH COALITION
536 24th Street, Suite 2B Ogden, UT 84401
(801) 393-4153 Fax: (801) 393-5004

Sarah McClellan, Director smcclel621@aol.com
Mary Saenz, Outreach Coordinator (801) 393-4153

Interventions: Healthy Relationships, CTRPN, Safety Counts
Program Focus: HIV prevention (a main focus), HIV testing, substance abuse prevention
Effective Behavioral Intervention: Healthy Relationships
Interventions: Multi-session group and individual-level education/discussion, risk reduction/harm reduction, community events, outreach, public information campaigns, referrals, literature
Evaluation: Statistical report/analysis, pre/post testing
Areas Served: Ogden and surrounding areas
Targeted Populations: African-American and Hispanic: youth, women, IDU, persons involved with substance abuse, persons who have other risk for STI
Funding Sources: Region VIII, Office of Minority Health, Utah Dept. of Health
Other Resources: Annual walk-a-thon
Interagency Collaboration: Northern Red Cross Chapter, Utah AIDS Foundation, Utah African-American Faith Initiative
Test Site: Yes
CHAPTER 2: HIV PREVENTION

PROJECT REALITY
150 East 700 South Utah 84111
(801) 364-8080
Fax: (801) 364-8098

Erin Norris
enorris@projectreality.net
Therapist, Prevention Specialist
(801) 364-8080 Ext. 249

Interventions: Safety Counts, CTR, HC/PI, RESPECT, group and individual-level education/discussion, outreach, literature
Program Focus: Substance abuse prevention, testing and treatment (a main focus); HIV testing (secondary to other activities)
Areas Served: Salt Lake County, Utah County
Targeted Populations: IDU, Substance Use (non IDU) Latino MSM

CLINIC 1A
UUHSC, 30 North 1900 East
Salt Lake City, UT 84132

Meredith White, CSW, LISW-S
Ryan White Case Management Coordinator
Division of Infectious Diseases/Clinic 1A
University of Utah
30 North 1900 East
Room AC265 SOM
Salt Lake City, Utah 84132
(801) 581-8287 Direct Line
(801) 585-7315 Fax
Meredith.white@hsc.utah.edu

Nena Rose St. Jean, CPCI
Prevention Coordinator
Division of Infectious Diseases/Clinic 1A
University of Utah
30 North 1900 East
Room AC257 SOM
Salt Lake City, Utah 84132
(801) 581-8780 Direct Line
(801) 585-7315 Fax
Nena.stjean@hsc.utah.edu

Interventions: Incorporating HIV Prevention into the Medical Care of Persons living with HIV
Area Served: Statewide
Targeted Populations: HIV (+) individuals

CENTRO HISPANO
817 South Freedom Blvd.
Provo, Utah 84601
(801) 655-0258
Fax: (801) 691-5291

Teresa Tavares
teretavares@gmail.com
Executive Director

Angelica Nash
angelica@centrohispanouc.org
Health and Wellness Coordinator
(801) 427-3993
CHAPTER 2: HIV PREVENTION

Interventions: HIV Prevention Education, NC/PI & CTRPN
Testing site: Yes
Area Served: Utah County
Targeted Populations: Youth and adults in Utah County, individuals at very high risk for HIV, IDU, MSM, MSN/IDU, Hispanic and African American populations.
Program Focus: HIV Education and Prevention

DAVIS COUNTY HEALTH DEPARTMENT
22 South State Street (801) 525-5000
Clearfield, UT 84015 Fax: (801) 525-5210

Isa Kaluhikaua, MPH, CHES
Communicable Disease Specialist
Davis County Health Department
22 S State Street, Room2132
Clearfield, Utah 84015
isa@daviscountyutah.gov
New Office Number: 801-525-5212
Interventions: HIV Prevention Education, HC/PI & CTRPN
Testing Site: No
Area Served: Davis County
Targeted Populations: Youth and adults in Davis County, individuals at very high risk for HIV, IDU, MSM, MSM/ICU, incarcerated and Hispanic and African American Populations.
Program Focus: HIV Education and Prevention

SALT LAKE VALLEY HEALTH DEPARTMENT – HIV PREVENTION
610 South 200 East (801) 534-4600
Salt Lake City, UT 84111 Fax: (801) 534-4502

Lynn Beltran lbeltran@slco.org
HIV/STI Program Manager (801) 534-4601

Veronica Fire vwilliams@slco.org
Health Educator (801) 534-4594

Reese Serr rserr.slco.org
Health Educator (801) 534-4517

Program Focus: HIV prevention education and HIV testing; STI prevention, testing and treatment; hepatitis prevention and testing
Interventions: Group-level education/discussion (single-session, multi-session and peer educator), individual-level education/discussion (single-session and multi-session, risk reduction/harm reduction, community events
Areas Served: Salt Lake County
targeted Populations: Women, Hispanic, youth, women, men, IDU, persons involved with substance abuse, MSM, persons who exchange sex for money or drugs, persons who have other risk for STI, incarcerated men

UTAH DEPARTMENT OF HEALTH, COMMUNICABLE DISEASE PREVENTION PROGRAM
288 North 1460 West (801) 538-6096
Box 142104 Fax: (801) 538-9913
Salt Lake City, Utah 84114-2104
www.health.utah.gov/cdc/hiv_prev.htm
CHAPTER 2: HIV PREVENTION

Lynn Meinor  
Manager, HIV Prevention Program  
Cell: (801) 557-1785  
lsmeinor@utah.gov  
(801) 538-6198

Sherrie Staley  
Hepatitis C Coordinator  
(801) 538-6264  
shstaley@utah.gov

Edwin Espinel  
Contract Manager  
(801) 538-9480  
eespinel@utah.gov

Heather Busch  
Education and Training Coordinator  
(801) 538-6194  
hbush@utah.gov

Erin Hellstrom  
STD Program  
(801) 538-6207  
ehellstrom@utah.gov

Peggy Montague  
Support Services  
(801) 538-6118  
pmontagu@utah.gov

Rebecca Fronberg  
HIV Counseling & Testing Coordinator  
(801) 538-6299  
rfronberg@utah.gov

Rob Sonoda  
Rapid Testing Coordinator  
(801) 538-6987  
rsonoda@utah.gov

Missy Russell  
HB 15 Coordinator  
(801) 538-6223  
mcrussell@utah.gov

Emily Holmes  
STD Program Coordinator  
(801) 538-6701  
eholmes@utah.gov

Utah Confidential HIV Counseling and Testing Sites

Salt Lake Valley
Salt Lake Valley Health Department  
610 South 200 East, SLC  
(801) 534-4666  
(Fee: $15.00 – Anonymous or Confidential testing)  
Appointment/Walk-In Schedule  
Mon-Fri: 12:00-5:00pm

Utah AIDS Foundation  
1408 South 1100 East  
(801) 487-2323  
Rapid HIV Testing, Chlamydia, Gonorrhea, Syphilis and Hepatitis C Testing  
Mon 5:00 p.m. – 7:00 p.m. (also Thurs. by appointment)

Utah Pride Center  
361 North 300 West  
(801) 539-8800  
2nd and 4th Wed of every month 5:00 p.m. – 7:00 p.m.

Planned Parenthood  
654 South 900 East, SLC  
(801) 322-5571  
(Fee: based on ability to pay)  
Walk-Ins Welcome. Call for clinic schedule.
Project Reality
150 East 700 South
Salt Lake City, Utah 84111
(801) 364-8080

Indian Walk-In Center (natives only)
120 West 1300 South
Salt Lake City, Utah 84111
(801)486-4877

University Of Utah Student Health Service
Madsen Health Center
555 Foothill Blvd, Level One
Call for appointment.
(801) 581-6432

PARK CITY
Summit City/County Health Department
650 Round Valley Drive
Park City
Call for appointment.
(435) 333-1500

Planned Parenthood
1670 Bonanza Dr.
Walk-Ins Welcome. Call for clinic schedule.
(435) 649-5989

LOGAN/BRIGHAM CITY
Bear River District Health Department—Logan
655 East 1300 North
Call for appointment.
(435) 792-6500

Bear River District Health Department—Brigham City
817 West 950 South
Call for appointment.
(435) 734-0845

Planned Parenthood—Logan
550 North Main Street, Suite 117
(Fee: based on ability to pay)
Walk-Ins Welcome. Call for clinic schedule.
(435) 753-0824

FARMINGTON - DAVIS COUNTY
Davis County Health Department
22 So State Street
Clearfield, UT 84015
Walk-Ins Welcome. M-F 8-12, 2-5
(801) 525-5000

OGDEN
Weber-Morgan District Health Department
2570 Grant Ave.
Appointment Only
(801) 399-8854

Northern Utah HIV/AIDS Coalition
536 East 24th Street, Suite 2B
(801) 393-4153

Planned Parenthood
4387 Harrison Blvd, Suite D-8
(801) 479-7721
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PROVO/OREM
Utah County Health Department
151 South University Avenue (801) 851-7025

Centro Hispano
817 South 200 West (801) 655-0258

Planned Parenthood
1086 North 1200 West (801) 226-5246

RICHFIELD
Central Utah Public Health Department
70 Westview Drive (435) 896-5451

TOOELE
Tooele County Health Department
151 North Main Street (435) 843-2300

VERNAL
Tri-County Public Health Department
133 South 500 East (435) 781-5475

PRICE
Southeastern Utah District Health Department
28 South 100 East (435) 637-3671 Ext. 21
Call for appointment.

HEALTH AND WELLNESS CLINIC
College of Eastern Utah Department of Health
Walk-ins Welcome (435) 613-5629

Utah HIV Prevention Community Planning Committee (CPC)

Utah has one statewide HIV prevention planning committee with 26 members. CDC recommends that members of HIV prevention planning groups reflect the characteristics of the epidemic in the state. This means that for Utah the planning committee should be composed of individuals who represent men who have sex with men (MSM), injecting drug users (IDU), women at risk, youth, and ethnic populations (particularly Hispanic and African American). This representation can come from individuals in those categories, or from organizations which serve the populations listed. CDC also recommends that individuals with experience in social and behavioral sciences and/or experience in program planning and evaluation be included for effective committee representation. Applications for membership are taken in late summer/early fall of each year.
CHAPTER 2: HIV PREVENTION

HIV Education Resources

AMERICAN RED CROSS
HIV/AIDS Prevention Coordinator (801) 323-7000 Ext. 3011
465 South 400 East Fax: (801) 323-7018
Salt Lake City, UT 84111

HIV Courses
- HIV/AIDS Starter Facts (English or Spanish)
- Basic HIV/AIDS Education and Prevention Instructor Course
- Hispanic HIV/AIDS Education and Prevention Instructor Course
- African American HIV/AIDS Education Prevention Instructor Course

UTAH AIDS FOUNDATION (801) 487-2323
1408 South 1100 East (801) 366-2437
Salt Lake City, Utah 84105 Hotline:1-800-FON-AIDS

Resources
- Speakers bureau
- Workshops and training
- Support groups

UTAH DEPARTMENT OF HEALTH (801) 538-6096
HIV Prevention Program, Box 142105
Salt Lake City, Utah 84114

Education Resources
- Community Education
- Outreach
- Health Fairs - representative will bring table top display and HIV, STD, Hepatitis, and TB brochures, male and female condoms also available for distribution (no charge to the public).
- HIV Testing
- Materials
- HB 15 Control & Prevention of STDs
  - A campaign (catchtheanswers.com) aimed at educating youth, parents, health care providers about the health consequences of untreated STDs, medical options for treatment, as well as services.
  - Medical benefits that are available for treatment.

Workshops and Training
- Fundamentals of HIV Prevention Counseling
- HIV Prevention Counseling: Issues of Clients Who Test Positive,
- Rapid HIV Testing, Partner and Referral Services
- Medical Interpreters—Bridging the Gap

Substance Abuse Services

Substance Abuse - ASSESSMENT AND REFERRAL

*Clients residing in the Salt Lake County area must have an assessment completed at the Salt Lake County Division of Substance Abuse before they can access treatment services for substance abuse.

Contact Aurora Reyes below:
CHAPTER 2: HIV PREVENTION

Division of Substance Abuse Assessment & Referral Unit
Aurora Reyes  (801) 468-2009
Salt Lake County Govt. Ctr.  Fax: (801) 468-2006
2001 South State Street, Suite S2300
Salt Lake City, UT 84190-2250

Substance Abuse - OUTPATIENT
Alcohol & Drug Abuse Clinic  (801) 581-6228
University of Utah School of Medicine  Fax: (801) 585-5757
30 North 1900 East, #1R52
Salt Lake City, UT 84132
Program Focus: Substance abuse treatment
Interventions: Group, individual and couple counseling
Areas Served: Statewide
Populations Served: adult men and women

Catholic Community Services—Women’s Treatment Program
Robert Ingram  (801) 977-9119
250 East 300 South, Suite 380  Fax: (801) 977-8227
Salt Lake City, UT 84111
http://www.ccsutah.org
Program Focus: Substance abuse treatment with priority given to women who are pregnant or have HIV infection; agency also has an adoption program that includes pregnancy counseling and parenting counseling
Interventions: HIV education, substance abuse treatment, referrals
Areas Served: Wasatch Front
Populations Served: women, injecting drug users, persons who have risk for sexually transmitted infection
Agency Capacity: Women’s Treatment Program serves approx. 32 women per year in drug/alcohol treatment
Interagency Collaboration: Division of Child and Family Services (DCFS); Salt Lake County Division of Substance Abuse (DSA)

Positive Adjustments  (801) 466-4484
Steven K McGeeney  Fax: (801) 466-4472
*ask for Tandra
2995 South West Temple, Suite A
Salt Lake City, UT 84115
Program Focus: Substance abuse treatment and intervention; domestic violence services; HIV prevention is not a focus
Interventions: Group and individual-level education/discussion; counseling; classes for DUI, anger management, and misdemeanors (theft)
Areas Served: Statewide, usually Wasatch Front
Populations Served: Men and women ages 17 and older

Valley Mental Health Alcohol and Drug Unit  (801) 263-7100
5965 South 900 East, Suite 240  Fax: (801) 263-7279
Murray, Utah 84121
Interventions: Individual-level education/discussion, HIV/STI prevention materials
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Substance Abuse - OUTPATIENT - METHADONE

Bountiful Treatment Center
Cammy Notarianni
146 West 300 South
Bountiful, UT 84010
(801) 292-2318
Fax: (801) 292-2578

Discovery House
Kelly Morgan, Clinical Supervisor
449 East 2100 South
Salt Lake City, UT 84115
(801) 596-2111
Fax: (801) 359-3878

Project Reality
Erin Norris, MS
150 East 700 South
Salt Lake City, UT 84111
(801) 364-8080
Fax: (801) 364-8098

Substance Abuse - RESIDENTIAL

Catholic Community Services
St. Mary’s Home for Men
1206 West 200 South
Salt Lake City, UT 84104
(801) 328-1894
Fax: (801) 328-1895

The Haven
Mike Ray
974 East South Temple
Salt Lake City, UT 84102
(801) 533-0070
Fax: (801) 596-2240

Substance Abuse - RESIDENTIAL/OUTPATIENT

Family Counseling Center
5250 S Commerce Drive, Suite 250
Murray, UT 84107
(801) 261-3500
Fax: (801) 261-2111

First Step House (men only)
Shawn McMillen
411 North Grant Street
PO Box 16508
Salt Lake City, UT 84116
(801) 359-8862
Fax: (801) 359-8510

Odyssey House
Glen Lambert
344 East 100 South
Salt Lake City, UT 84111
(801) 322-4257
Fax: (801) 322-2831

Utah Alcohol Foundation*
857 East 200 South
Salt Lake City, UT 84102
(801) 487-3276
Fax: (801) 467-3725
*Call for additional locations throughout Utah
### Substance Abuse - Medical Detox

**Highland Ridge Hospital**  
7309 South 180 West  
Midvale, UT 84047  
(801) 569-2153  
Fax: (801) 567-9006

**Volunteers of America**  
511 West 200 South, #160  
Salt Lake City, UT 84101  
(801) 363-9414  
Fax: (801) 355-3546
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HIV/AIDS Resources Not Otherwise Listed

COLORS OF SUCCESS
3269 South Main Street, #270
Salt Lake City, Utah 84115
(801) 596-9081
Fax: (801) 596-9085
Program Focus: HIV prevention (a focus, secondary to other activities); STI prevention; pregnancy prevention;
Interventions: Group education/discussion (single session); behavior modification; prevention case management; referrals
Evaluation: Survey
Areas Served: Salt Lake City and Ogden
Targeted Populations: At-risk teens ages 12-18
Interagency Collaboration: Youth Services; Salt Lake Peer Court

GAY HELP LINE
(801) 539-8800
Program Focus: HIV/AIDS issues:
Medical issues: (801) 487-2323
Program Focus: (801) 978-3333

HOMELESS YOUTH RESOURCE CENTER
655 South State Street
Salt Lake City, Utah 84111
(801) 364-0744
Fax: (801) 364-0745
Program Focus: Provide basic needs—food, clothing, laundry and shower facilities, referrals for employment and shelter
Targeted Populations: Homeless youth ages 15-22
Interventions: Risk reduction/harm reduction, referrals, STI prevention materials
Areas Served: Salt Lake Valley, youth from Utah and out of state
Other Resources: VOA volunteers
Interagency Collaboration: provide referrals to Utah AIDS Foundation, Salt Lake Valley Health Dept. Open Door Clinic, Youth Services (detox), Utah Dept. of Health Ryan White Program, Rape Recovery Center

PEOPLE WITH AIDS COALITION OF UTAH
(801) 484-2205
Toni Johnson
1055 East 2100 South, Suite 208
Salt Lake City, UT 84106
Fax: (801) 484-2665

UTAH STATE PRISON—CLINICAL SERVICES
(801) 576-7000
Pauline Sturdy, RN
PO Box 250
Draper, UT 84020

UTAH AIDS EDUCATION AND TRAINING CENTER
(801) 581-5310
Tiffany Pestotnik, Director
Fax: (801) 587-3353
U of U Sciences Center AIDS Education & Training Center
375 Chipeta Way, #A
Salt Lake City, UT 84108
Program Focus: HIV education for Utah health care providers; HIV prevention is a focus but secondary to other activities
Interventions: Presentations to health care providers; literature
Areas Served: Rural and urban Utah
Targeted Populations: Health care providers
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Populations Served: Physicians, nurses, physician assistants, pharmacists, dentists, dental hygienists
Agency Capacity: Serve approx. 1,100 individuals per year with capacity to serve 1,100
Funding Sources: Health Resources and Services Administration; Ryan White Care Act part F; small pharmaceutical educational grants
Other Resources: Volunteer educators
Interagency Collaboration: U of U Division of Infectious Diseases; Utah AIDS Foundation; Utah Department of Health

UTE INDIAN TRIBE HEALTH EDUCATION PROGRAM  (435) 724-2735
Joseph La Framboise, Health Education Coordinator  Fax: (435) 722-0232
P.O. Box 190  lafram@ubtanet.com
Ft. Duchesne, Utah 84026
Program Focus: Health promotion, health education and disease prevention including: HIV prevention (secondary to other activities), STI prevention, substance abuse prevention, sexual abuse prevention
Interventions: Group education/discussion (single session), community events, referrals, prevention literature
Areas and Population Served: A rural American Indian tribal community located in north-eastern Utah between Vernal and Roosevelt

WASATCH HOMELESS HEALTH CARE PROGRAM  (801) 364-0058
Fourth Street Clinic
Monte Hanks
404 South 400 West
Salt Lake City, UT 84101
Targeted Populations: Homeless

HIV/AIDS Internet Resources and Information

American Medical Association - Policy and Advocacy; Ethics, Education, Science, and Accreditation; Journals and American Medical News;
Information for Physicians; Consumer Health information.
www.ama-assn.org
Phone: (312) 464-5000

American Red Cross - Information on ARC HIV/AIDS curricula, African-American, Hispanic, workplace and programs for youth, educational services, etc.
www.redcross.org/services/hss/hiv/aids/
Phone: (801) 323-7000

AIDS Action Council - A powerful advocacy group made up of over 3200 national community-base organizations and the one million HIV+ Americans they help serve.
www.aidsaction.org
Phone: (202) 530-8030

AIDS Clinical Trials Information Service - Information on federally and privately funded trials for adults and children; also includes vaccine information and general education.
www.actis.org
Phone: 1-800-874-2572

AIDS Treatment Information Service - Provides information about federally approved treatment guidelines for HIV and AIDS; also net links and CDC Daily News Updates.
American Foundation for AIDS Research - AMFAR is the nation’s leading non-profit organization dedicated to the support of AIDS research, AIDS prevention, and the advocacy of sound AIDS-related public policy.

www.amfar.org
Phone: (212) 682-7440

The Big Picture Book of Viruses - The Big Picture Book is intended to serve as both a catalog of virus pictures on the World Wide Web and as an educational resource to those seeking more information about viruses.

www.virology.net/Big_Virology/BVHomePage.html

Body Health Resources Corporation, An AIDS and HIV Information Resource - This site is sponsored by various organizations and commercial sponsors; The Body provides a public space in which such organizations and experts can exchange information and ideas about HIV/AIDS.

www.thebody.com

CDC HIV Post-exposure Prophylaxis Registry-HIV Occupational Exposure and Management, Fact sheets.

http://www.cdc.gov/hiv/resources/factsheets/hcwprev.htm
Phone: 1-800-737-4448

CDC National Prevention Information Network - The connection between HIV/AIDS, STI, and TB; publications and resources; a very comprehensive web link listing including various ethnic resources.

www.cdcnpin.org

Critical Path AIDS Project was founded by persons with AIDS (PWAs) to provide treatment, resource, and prevention information in wide-ranging levels of detail—for researchers, service providers, treatment activists, but first and foremost, for other PWAs who often find themselves in urgent need of information quickly and painlessly.

www.critpath.org

HIV InfoWeb, An on-line library containing HIV and AIDS-related information. The HIV InfoWeb is a project of JRI Health and is funded by the Massachusetts Department of Public Health AIDS Bureau.

www.infoweb.org

Joint United Nations Program on HIV/AIDS - HIV/AIDS information sorted by country; up-to-date, searchable databases, news and current events.

www.unaids.org


www.nmac.org
Phone: (202) 544-1076

National Native American AIDS Prevention Center - Prevention, Native Care Network, research, public policy, resources.

www.nnaapc.org
Phone: (510) 444-2051
Comprehensive Resource Directory 2011

**Nonprofit Good Practice Guide Information** about volunteers, fundraising, staff development, communications, leadership, technology, etc.

www.nonprofitbasics.org

**New Mexico AIDS Education and Training Center** - Infonet fact sheets on HIV/AIDS that can be reprinted, packed with valuable up-to-date information, available in English and Spanish.

www.aidsinfonet.org

**People With AIDS Coalition of Utah** - We are dedicated to providing education and support services that enhance the quality of life for all people impacted by HIV/AIDS.

www.pwacu.org
Phone (801) 484-2205

**University of Utah, Department of Pathology**: Web Path, the Internet Pathology Laboratory for Medical Education - Great mini-tutorials on a variety of subjects, comprehensive information on HIV disease.

http://library.med.utah.edu/WebPath/TUTORIAL/AIDS/AIDS.html

**Utah AIDS Foundation** - Information on HIV/AIDS services, volunteers, statistics, and links plus the UAF’s newsletter and an educational comic strip - Everyday Bob.

www.utahaids.org
Phone: (801) 487-2323
Toll Free: 1-800-865-5004

**Utah Department of Health** - HIV/AIDS statistics in Utah by age, ethnicity, gender, and transmission categories; and information about health department programs and services.

www.aidsinfoutah.net
http://www.health.utah.gov/epi/
catchtheanswers.com
Phone: (801) 538-6191

**Utah State Office of Education** - Utah public school health curriculum outlines grade-level information about teaching various health concepts including HIV/AIDS.

Phone: (801)538-7732

**The Diffusion of Effective Behavioral Interventions project (DEBI)** is a national-level strategy to provide high quality training and on-going technical assistance on selected evidence-based HIV/STD/ Viral Hepatitis prevention interventions to state and community HIV/STD program staff. This website provides support for all approved DEBI interventions.

www.effectiveinterventions.org
Hepatitis C Information
Go to their websites for more information.

What is Hepatitis C?
- Hepatitis C is a liver disease caused by the hepatitis C Virus (HCV). The virus infects the liver and
  the blood. Many years after hepatitis C infects the liver and the blood, the liver can become so
  damaged that it cannot work properly to do the jobs that keep us healthy.
- According to the Centers for Disease Control and Prevention (CDC), at least 3.2 million
  Americans are infected with hepatitis C.
- Hepatitis C kills approximately 8,000 to 10,000 Americans each year.
- Hepatitis C is one of the main reasons for liver transplants in the U.S.

How do I get Hepatitis C?
- You get hepatitis C ONLY when the blood of another person infected with the hepatitis C Virus
  gets into your body.
- Sharing needles used to inject drugs or other things.
- Sharing drug injecting paraphernalia—needles, cookers (to mix drugs), cottons (to filter drugs),
  and tourniquets or ties.
- Sex—it is rare, but having multiple partners and/or having unprotected sex increase the risk of
  getting HCV.
- Unsterile tattoos or body piercings. The person giving the tattoo or body piercing should:
  - Use sterilized equipment for each customer.
  - Always use new needles.
  - Wash hands and put on a new pair of latex gloves.
  - Use new, disposable razors for shaving skin.
  - Use new, sterilized jewelry for any body piercing.
- Sharing personal hygiene items that may have blood on them such as razors, shavers or
  toothbrushes.
- Any other direct exposure to HCV-infected blood.

What are the symptoms of Hepatitis C?
- Many people have no symptoms for a long time, or they may have mild symptoms at times. If they
  do have symptoms, they may include any of the following:
  - Fatigue
  - Feeling sick to the stomach
  - Aches and pains in muscles, joints and abdomen
  - Fever
  - Night sweats
  - Loss of appetite
  - Nausea and vomiting
  - Yellowing of skin and/or eyes (jaundice)
  - Weight loss
  - Insomnia

Will I get sick?
- It can take many years (up to 40 years) to get very sick with hepatitis C.
- About 75-85% of the people who have hepatitis C will develop chronic (long-term) infection.
- About 20% of the people who have chronic hepatitis C will get very sick with cirrhosis. It usually
  takes many years.
- Cirrhosis—severe scarring or hardening of the liver—may occur prior to experiencing symptoms.
  Cirrhosis leads to liver failure. Those who have liver failure need a liver transplant because a
  person can not live with a failing liver.
- About 3 % of the people who have chronic hepatitis C will get liver cancer.
Local Support Group Information

Hepatitis C Support Group
St. Paul's Episcopal Church, 261 South 900 East, SLC Room 204
First & Third Thursday of each month
Time: 6:30 p.m. to 8:30 p.m.

Amber Jarrett (801) 949-0993

What Do I Do If I Have Hepatitis C?

Contact the following Hepatitis C programs/providers:

Health Access Project—SLC
1800 South West Temple, Suite A-128 (801) 412-3980
Salt Lake City, UT 84115
http://www.healthaccessproject.org

Who Are They? The Health Access Project (HAP) works to develop a more effective health care providing system for low-income and uninsured residents of Salt Lake County.

Target Populations People who have incomes at or below 150% of the Federal Poverty Level.

Health Access Team—Ogden
2240 Adams Ave (801) 393-5355
Ogden, UT 84404 Fax: (801) 394-4609
http://www.healthaccessteam.org/intro.php

Who Are They? The Health Access Team works with the underserved community of Ogden to improve their health status through education and equitable access to health care resources.

HepFree, Inc.
24 South 1100 East #103 (801) 815-2437
Salt Lake City, UT 84102
www.hepfree.com

Who Are They? HepFree, Inc. is a non-profit organization providing hepatitis C treatment and medical management for uninsured and underinsured individuals. Also provide Hepatitis testing. Call for availability, as resources are limited.

Cher Struck, Clinical Director cher@hepfree.com

Fourth Street Clinic
Wasatch Homeless Health Care, Inc. (801) 364-0058
Fourth Street Clinic
404 South 400 West
Salt Lake City, UT 84101
http://www.fourthstreetclinic.org

Who Are They? Wasatch Homeless Health Care, Inc. works with local health departments with the surveillance, control, and treatment of tuberculosis (TB) in Utah. It is an open door clinic that serves homeless individuals and adolescents and services are provided at no cost to the patients.
CHAPTER 3: HEPATITIS C

Primary Care Network
Primary Care Network
PO Box 144102                            Toll Free: 1-888-222-2542
Salt Lake City, Utah 84114-4102 pcn@utah.gov

What Is Primary Care Network (PCN)? The Primary Care Network (PCN) is health care coverage for single adults ages 19–64 who qualify. Primary care services available through PCN include primary care provider visits, some emergency room visits, emergency medical transportation, lab services, x-rays, up to four prescriptions per month, dental exams, dental x-rays, cleanings, and fillings, one eye exam per year, and family planning methods.

How Do I Apply? Those who qualify will gain access to preventive health insurance coverage. If you are uninsured and have children at home under age 19, you may qualify for health insurance.

Apply online. Go to: http://utahhelps.utah.gov/
Mail. To print an application, go to: http://health.utah.gov/pcn/apply.html
Visit an eligibility office. To find an office near you, please call 1-888-222-2542.
Once someone has PCN they will not qualify for The Health Access Project. The Health Access Project should be contacted first. The Health Access Project will register PCN for primary care and specialty care.

Providers Offering HCV Services That Accept PCN

John Lowe, MD
Utah Digestive Health Institute (801) 479-9400
6028 South Ridgeline Drive
South Ogden, UT 84405

Nate McBride, PA-C
Utah Digestive Health Institute (801) 475-5400
6028 South Ridgeline Drive, Suite 201
South Ogden, UT 84405

Christopher C. Tietze, MD
University of Utah Clinics (801) 581-3761
50 North Medical Drive
Salt Lake City, UT 84132

Veterans Affairs Medical Center (801) 582-1565 Ext. 495
500 Foothill Drive
Salt Lake City, UT 84148

Medicaid
Department of Health (801) 538-6155
Division of Health Care Financing Toll Free: 1-800-662-9651
P.O. Box 143106 Fax: (801) 538-6805
Salt Lake City, UT 84114-3106

What is Medicaid? Medicaid is a program for people who have low income and cannot afford health care. You must be a citizen or a legal resident of the United States and your qualification is determined depending on your disability, income and resources. To find out your eligibility, call (801) 538-6155 or 1-800-662-9651, or visit a Medicaid Office near you.

How Do I Apply?
Apply online. Go to https://utahclicks.org/index.cfm?
Read the instruction and click on “Get Started!” on the bottom of the page.
Mail or fax your application form to the Medicaid Office. To print an application form, go to http://health.utah.gov/medicaid/provhtml/forms.htm.
Visit a Medicaid Office near you. To find the closest Medicaid Office near you, go to http://jobs.utah.gov/Regions/ec.html
### Providers Offering HCV Services That Accept Medicaid

<table>
<thead>
<tr>
<th>Name</th>
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<th>Address及City</th>
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| **J. David Bane, MD**       | (801) 965-3501 | Granger Medical Clinic  
3725 West 4100 South  
West Valley City, UT 84120 |         |
| **Lynn Q. Beard, MD**       | (435) 723-5248 | Medical Arts Center  
984 South 500 West  
Brigham City, UT 84302 | (435) 723-5240 |
| **Kenneth Buchi, MD and Eric E. Heaton, PAC** | (801) 233-8233 | 3584 West 900 South, Suite 300  
West Jordan, UT 84088 |         |
| **Dirk R. Davis, MD**       | (435) 787-0276 | Northern Utah Gastroenterology  
630 East 1400 North  
Logan, UT 84341 |         |
| **Charles C. Harpe, MD**    | (801) 773-4840 | Tanner Clinic  
2121 North 1700 West  
Layton, UT 84041 |         |
| **John Hunt, MD**           | (801) 519-7193 | Bryner Clinic  
525 East 100 South, Suite 500  
Salt Lake City, UT 84102 |         |
| **Bryan Larsen, MD**        | (435) 787-0270 | Northern Utah Gastroenterology  
630 East 1400 North, Suite 100 A  
Logan, UT 84341 | (435) 787-0262 |
| **John Lowe, MD**           | (801) 479-9400 | Utah Digestive Health Institute  
6028 South Ridgeline Drive  
South Ogden, UT 84405 |         |
| **Nate McBride, PA-C**      | (801) 475-5400 | Utah Digestive Health Institute  
6028 South Ridgeline Drive, Suite 201  
South Ogden, UT 84405 |         |
| **Central Utah Clinic**     | (801) 374-1268 | 1055 North 500 West  
Provo, UT 84604 |         |
Patient Assistance Programs (Medication Assistance)
If it is determined that you need medical care, ask your medical provider if you qualify for patient assistance programs. The following provides patient assistance programs:

**Genentech Patient Assistance Program**
What is the Genentech Patient Assistance Program? The Genentech Patient Assistance Foundation provides free Genentech products to patients who cannot afford prescription drugs and qualify for the program. It does not charge a co-payment or limit the time while the patient is receiving free drugs. To find out more about the program, call 1-877-75ROCHE (877-757-6243).

**Schering-Plough Patient Assistance Program**
What is the Schering-Plough Patient Assistance Program? Schering-Plough provides Schering-Plough hepatitis C drugs for people with low incomes and secures drug reimbursement through their patience assistance program. The program for people who need hepatitis C drugs is called “Commitment to Care”. To find out more about it, call 1-800-521-7157.

**Clinical Trials**
Some of those who have hepatitis C may qualify to become a participant of a clinical trial. To find out more about clinical trials, contact the following research coordinator(s):

**Mountain West Gastroenterology** - Mountain West Gastroenterology conducts HCV clinical trials at various times throughout the year. For information on current or upcoming clinical trials, contact the research coordinator at (801) 585-9155.

University of Utah Medical Center has research coordinators and ongoing clinical trials.

**Community Health Centers**
**Who Are They?** Community-Based Health Centers (CHCs) provide access to case-managed, family-oriented preventive and primary health care services for people living in medically underserved community.

**What Do They Do?** CHCs provide high quality care through a proven cost-effective model and all the services are provided based on an ability to pay.

**Bear Lake Community Health Center, Inc.**
LaVal Jensen, Executive Director (435) 946-3660
325 West Logan Highway, Suite 3 (435) 946-8215
Garden City, UT 84025

**Canyonlands Community Health Care**
Sarah Allen, Chief Executive Officer (928) 645-9675
827 Vista Avenue Fax: (928) 645-2626
Page, AZ 86040

**Carbon Medical Service Association, Inc.**
Yvonne Jensen, Executive Director (435) 888-4411
305 Center Street Fax: (435) 888-2270
East Carbon, UT 84520
CHAPTER 3: HEPATITIS C

Community Health Centers, Inc.
Dexter Pearce, Interim Executive Director (801) 412-6920

Central City Community Health Center (801) 539-8634
461 South 400 East
Salt Lake City, UT 84111

Stephen D Ratcliff Community Health Center (801) 328-5750
1365 West 1000 North
Salt Lake City, UT 84116

Copperview Community Health Center (801) 566-5494
8446 Harrison Street
Midvale, UT 84047

Oquirrh View Community Health Center (801) 964-6214
4745 South 3200 West
Salt Lake City, UT 84118

Enterprise Valley Medical Clinic
Rydel Reber, Executive Director (435) 878-2281
223 South 200 East
Enterprise, UT 84725
Fax: (435) 878-2434

Green River Medical Center
Mary Winters, Executive Director (435) 564-3434
305 West Main Street
Green River, UT 84525
Fax: (435) 564-3214

Indian Walk-in Center
Urban Indian Transitional Services
Ella Dayzie, MSW, Executive Director (801) 486-4877
120 West 1300 South
Salt Lake City, UT 84115
Fax: (801) 486-9943

Midtown Community Center
Lisa Nichols, Executive Director (801) 393-5355
2240 Adams Avenue
Ogden, UT 84401
Fax: (801) 394-4609

Mountainlands Community Health Center
Todd Bailey, Executive Director (801) 374-9660
215 West 100 North
Provo, UT 84601
Fax: (801) 374-1902

Southwest Utah Community Health Center
Nancy Neff, Chief Executive Officer (435) 986-2565
168 North 100 East
St. George, UT 84770
Fax: (435) 986-2577
CHAPTER 3: HEPATITIS C

Utah Navajo Health Systems, Inc.

**Donna Singer**, Executive Director  
Montezuma Creek Community Health Center  
P.O. Box 130  
Montezume Creek, UT 84534  
(435) 651-3291

Blanding Family Practice  
799 South 100 West  
Blanding, UT 84511  
(435) 678-3601

Monument Valley Community Health Center  
P.O. Box 360005, Four Rock Door Canyon  
Monument Valley, UT 84536  
(435) 727-3242

Navajo Mountain Clinic  
P.O. Box 10100  
Tonalea, AZ 86044  
(928) 672-2498

Utah Farm Worker Health Program

**Jorge Rodriguez**, Program Manager  
14 North 100 East, #2  
Brigham City, UT 84302  
(435) 723-8276

Wasatch Homeless Health Care, Inc.

**Allan Ainsworth**, Executive Director  
Fourth Street Clinic  
404 South 400 West  
Salt Lake City, UT 84101  
(801) 364-0058  
Fax: (801) 364-0161

Wayne Community Health Centers, Inc.

**Gina Flanagan**, Executive Director  
128 South 300 West  
Bicknell, UT 84715  
(435) 425-3744  
Fax: (435) 425-3785

Veterans Affairs

If you are a veteran, the V.A. Salt Lake Health Care System is available.

**V.A. Salt Lake Health Care System**  
500 Foothill Drive  
Salt Lake City, UT 84148  
(801) 582-1565  
Toll Free: 1-800-613-4012  
Fax: (801) 584-1289

**Fountain Green Outpatient Clinic**  
275 West 300 South  
Fountain Green, UT 84632  
(435) 445-3301

**Nephi CBOC**  
48 West 1500 North  
Nephi, Utah 84648  
(435) 623-3129

**Ogden CBOC**  
982 Chambers Street  
South Ogden, Utah 84403  
(801) 479-4105
### Orem CBOC
1443 West 800 North, Ste 302  
Orem, Utah 84057-3658  
(801) 235-0953

### Provo Vet Center
1807 North 1120 West  
Provo, Utah 84604  
(801) 377-1117

### Roosevelt CBOC
245 West 200 North  
Roosevelt, Utah 84066-2336  
(435) 725-1050

### St. George CBOC
1067 East Tabernacle, Ste 7  
St. George, Utah 84770  
(435) 634-7608 X6000

### Western Salt Lake CBOC
2750 South 5600 West  
West Valley City, Utah 84120  
(801) 417-5734

### Medical Providers Managing/Treating HCV

#### J. David Bane, MD
Granger Medical Clinic  
3725 West 4100 South  
West Valley City, UT 84120  
(801) 965-3501

- Accepts Medicaid
- Hepatitis C Testing Available
- Hepatitis A & B Vaccinations
- Hepatitis C Treatment
- Other Language(s) Spoken: Spanish (by nurses)

#### Lynn Q. Beard, MD
Medical Arts Center  
984 South 500 West  
Fax: (435) 723-5240  
Brigham City, UT 84302  
(435) 723-5248

- Accepts Uninsured or Low-income Patients
- Accepts Medicaid
- Hepatitis C Testing Available
- Hepatitis A & B Vaccinations
- Other Language(s) Spoken: German, French and Italian

#### University of Utah Gastroenterology Division
30 North 1900 East  
Fax: (801) 581-8007  
4R118  
Salt Lake City, Utah 84132  
(801) 587-3574

#### Kenneth Buchi, MD and Eric E. Heaton, PAC
3584 West 900 South, Suite 300  
West Jordan, UT 84088  
(801) 233-8233
CHAPTER 3: HEPATITIS C

Services Provided

- Accepts Uninsured and Low-income Patients
- Accepts Medicaid
- Hepatitis C Testing Available
- Hepatitis C Treatment

Deborah Cobb, MSN, FNP-BC  
(801) 944-3144  
6360 South 3000 East, Suite 310  
Salt Lake City, UT 84121

Dirk R. Davis, MD  
Northern Utah Gastroenterology  
(435) 787-0276  
630 East 1400 North  
Logan, UT 84341

Services Provided

- Accepts Uninsured and Low-income Patients
- Accepts Medicaid
- Hepatitis C Testing Available
- Hepatitis C Treatment

Stewart L. Ellington, MD  
Salt Lake Endoscopy Center/ HepFree Inc.  
(801) 364-5767  
24 South 1100 East, Suite 103  
Salt Lake City, UT 84102

Services Provided

- Accepts Uninsured and Low-income Patients
- Accepts Medicaid
- Hepatitis C Testing Available
- Hepatitis C Treatment
- Other Language(s) Spoken: Spanish

Clyde J. Faucett, MD  
McKay Dee Hospital Internal Medicine Clinic  
(801) 387-7950  
4403 Harrison Boulevard, Suite 3875  
Ogden, UT 84403

Services Provided

- Hepatitis C Testing Available
- Hepatitis A & B Vaccinations
- Hepatitis C Treatment

Charles C. Harpe, MD  
Tanner Clinic  
(801) 773-4840  
2121 North 1700 West  
Layton, UT 84041

Services Provided

- Accepts Uninsured or Low-income Patients
- Accepts Medicaid
- Hepatitis C Testing Available
- Hepatitis A & B Vaccination Available
- Other Language(s) Spoken: Spanish
CHAPTER 3: HEPATITIS C

John Hunt, MD
Bryner Clinic
525 East 100 South, Suite 500
Salt Lake City, UT 84102
(801) 519-7193
Services Provided
- Accepts Uninsured or Low-income Patients
- Accepts Medicaid
- Hepatitis C Testing Available
- Hepatitis A & B Vaccination Available

Joseph Jensen, MD
425 Medical Drive, Suite 116
Bountiful, UT 84010
(801) 292-7250
Fax: (801) 292-7297
Services Provided
- Hepatitis C Testing Available
- Other Language Spoken: Italian

Bryan Larsen, MD
Northern Utah Gastroenterology
630 East 1400 North, Suite 100 A
Logan, UT 84341
(435) 787-0270
Fax: (435) 787-0262
Services Provided
- Accepts Uninsured or Low-income Patients
- Accepts Medicaid
- Hepatitis C testing Available
- Hepatitis C Treatment
- Other Language Spoken: Spanish

John Lowe, MD
Utah Digestive Health Institute
6028 South Ridgeline Drive
South Ogden, UT 84405
(801) 479-9400
Services Provided
- Accepts Uninsured or Low-income Patients
- Accepts Medicaid
- Accepts Primary Care Network
- Hepatitis C Testing Available
- Hepatitis C Treatment
- Other Language(s) Spoken: Spanish

Nate McBride, PA-C
Utah Digestive Health Institute
6028 South Ridgeline Drive, Suite 201
South Ogden, UT 84405
(801) 475-5400
Services Provided
- Accepts Medicaid
- Accepts Primary Care Network
- Hepatitis C Testing Available
- Hepatitis C Counseling & Testing
- Hepatitis C Treatment
CHAPTER 3: HEPATITIS C

Paul E Pilgram, MD
The Practice of Medicine (801) 562-5800
1561 West 7000 South Fax: (801) 562-1883
West Jordan, UT 84084

Services Provided
- Hepatitis C Testing Available
- Other Language(s) Spoken: Spanish

Harry Rosado, MD
University of Utah Clinic 1A—Division of Infectious Diseases—
50 North Medical Drive (801) 585-2031
Salt Lake City, UT 84132 Fax: (801) 585-5481

Services Provided
- (Services are available only for those with HCV co-infection with HIV who receive services in Clinic 1A)
- Other Language(s) Spoken: Spanish

Kim Scott, MD
1777 Sun Peak Drive, Suite 150 (435) 645-0800
Park City, UT 84098

Services Provided
- Hepatitis C Testing Available
- Hepatitis C Counseling & Testing

Scott Stevens, MD
LDS Hospital Outpatient Clinic (801) 408-1767
8th Avenue & C Street
Salt Lake City, UT 84143

Services Provided
- Accepts Uninsured or Low-income Patients
- Accepts Medicaid
- Hepatitis C Testing Available
- Hepatitis A & B Vaccinations
- Hepatitis C Treatment

Christopher C. Tietze, MD
University of Utah Clinics (801) 581-3761
50 North Medical Drive
Salt Lake City, UT 84132

Veterans Affairs Medical Center
500 Foothill Drive (801) 582-1565 ext. 495
Salt Lake City, UT 84148

Services Provided
- Accepts Uninsured or Low-income Patients
- Accepts Medicaid
- Accepts Primary Care Network
- Hepatitis C Testing Available
- Hepatitis A & B Vaccinations
- Hepatitis C Treatment
CHAPTER 3: HEPATITIS C

Ronald R. Trudel, MD
Personal Community Health Care
1959 North Aaron Drive, Suite C
Tooele, UT 84074
(801) 882-1644

Services Provided
- Accepts Uninsured or Low-income Patients
- Hepatitis C Testing Available
- Hepatitis A & B Vaccinations
- Hepatitis C Treatment
- Other Language(s) Spoken: French

Central Utah Clinic
1055 North 500 West
Provo, UT 84604
(801) 374-1268

Services Provided
- Accepts Uninsured or Low-income Patients
- Accepts Medicaid
- Hepatitis C Testing Available
- Hepatitis C Treatment

Mountain West Gastroenterology
368 East Riverside Drive, Suite A
St. George, UT 84790
www.mwgi.com
(435) 673-1149

Services Provided
- Accepts Uninsured or Low-income Patients
- Accepts Medicaid
- Hepatitis C Testing Available
- Hepatitis C Treatment

University Health Care Redwood Clinic
1525 West 2100 South
Salt Lake City, UT 84119
(801) 213-9900
(801) 213-9715

Services Provided
- Accepts Uninsured or Low-income Patients
- Accepts Medicaid
- Hepatitis C Treatment
- Other Language(s) Spoken: Spanish (Translator Provided)
- Alternative Health Care: Provide Education For Patients Starting Treatment With GI, MD or PA.

Utah State Hospital
1300 East Center Street
Provo, UT 84603
(801) 344-4631

Services Provided
- Accepts Uninsured or Low-income Patients
- Accepts Medicaid
- Hepatitis C Treatment
- Alternative Health Care: Psychiatry
- *Must be referred by a local mental health center for admission.
**Immunization Information**

If you have hepatitis C, it is highly recommended that you get vaccines against hepatitis A (HAV) and B (HBV). When people with hepatitis C are co-infected with hepatitis A and B, the outcome of the infection can be very severe. A combination HAV/HBV vaccine is also available for people who are interested, and may be available through a special federal initiative grant for little or no cost to persons with risk conditions who are uninsured. Contact your local health department to inquire about hepatitis A and B vaccination availability.

**How To Love Your Liver**

The liver is a very important organ. One of its jobs is to filter virtually everything that you take into your body. However, drinking alcohol, smoking cigarettes and inhaling toxic fumes can damage the liver and affect its performance.

There are things you can do to love your liver:

- Stop (or greatly reduce) drinking alcohol, smoking cigarettes and taking drugs.
- Stay away from supplements that contain a lot of iron. If you are taking supplements, switch to a formula that has no/low iron.
- Avoid a lot of processed sugars.
- Eat more vegetables and fruits, particularly those high in vitamin C.
- Stay away from toxic fumes and/or liquids.
- Tell your family and friends that you need them to help you stop (or greatly reduce) drinking, smoking and taking drugs.
- Get vaccines to protect your liver.
- Tell your doctor about all medicines you are taking, including over the counter medication.
- Eat a healthy and well-balanced diet.
- Drink a lot of water.
- Stay away from raw or uncooked shellfish.
- Limit your caffeine intake by cutting back on coffee, tea and soda.
- Avoid taking high doses of vitamin A and D.

References: [http://www.hcvadvocate.org](http://www.hcvadvocate.org)

**Experienced Hepatitis C Substance Use Treatment Programs/Providers**

**The Ark of Little Cottonwood**
Jeremy Boberg  
2919 Granite Hollow  
Sandy, UT 84092  
http://www.thearkoflittlecottonwood.com  
*Private Insurance is required.

**Cornerstone Counseling Center**
John Bonner  
660 South 200 East, Suite 308  
Salt Lake City, UT 84111  
http://www.cornerstoneslc.com

What Do They Do? Cornerstone Counseling Center offers services for individuals who need assistance in substance abuse, mental health, and domestic violence. Their mission is to help those individuals through their various programs regardless of their ability to pay.
CHAPTER 3: HEPATITIS C

First Step House (men only) (801) 359-8862
Shawn McMillen
411 North Grant Street
PO Box 16508
Salt Lake City, UT 84116

Project Reality (801) 364-8080
Erin Norris
Fax: (801) 364-8098
150 East 700 South
Salt Lake City, UT 84111

What Do They Do? Project Reality offers services for individuals who have problems with alcohol and drugs. There are substance abuse prevention and treatment programs that help individuals recover from their addictions.

The Haven (801) 533-0070
Mike Ray
Fax: (801) 596-2240
974 East South Temple
Salt Lake City, UT 84102

Utah Alcoholism Foundation (801) 487-3276
857 East 200 South
Salt Lake City, UT 84102
http://www.uafut.org

Outpatient or Residential Substance Abuse Treatment Programs
VA Salt Lake City Health Care System (801) 582-1565
Dale Sterner, LSAC (Outpatient)
1-800-613-4012 Ext. 840
Charles Talcott, LSAC (Inpatient)
North Star S.A.T./Eagle's Nest R. T. (116NS)
Building 3
500 Foothill Drive
Salt Lake City, UT 84148

* Walk-in intake appointments: Monday-Friday 11:00 AM

Experienced Hepatitis C Mental Health Programs/Providers

Allison Musso, PhD (801) 478-2780
1545 East 3300 South
Salt Lake City, UT 84106

Sundance Behavioral Resources LLC (801) 264-9522
845 East 4800 South
Murray, UT 84107

Services Provided
- Accepts Medicare
- Accepts Marina Medicaid
- Accepts Private Insurance
CHAPTER 3: HEPATITIS C

Valley Mental Health
Adult A and D Unit (801) 263-7225
5965 South 900 East, Suite 150
Salt Lake City, UT 84121
* Crisis Unit (in case of emergency) (801) 261-1442
Services Provided
- Accepts Medicaid

For additional resources, call 211.

Testing Information
If you feel you are at risk for hepatitis C, the following locations currently offer hepatitis C antibody testing:

Northern Utah HIV/AIDS Coalition, Inc.
HIV/AIDS Project (801) 393-4153
536 24th Street, Suite 2B
Ogden, UT 84401
HCV antibody testing, no cost, based on risk
Monday-Thursday: 9:00 a.m. – 12:00 p.m.
Saturday, by appointment only

Salt Lake Valley Health Department
STD Clinic, Rm 135 (801) 534-4666
610 South 200 East
Salt Lake City, UT 84111
HCV antibody testing offered for $25
Monday-Friday: 12:00 p.m. -5:00 p.m.
Walk-ins welcome between: 12:00 p.m. - 5:00p.m.
Appointments strongly recommended

Utah AIDS Foundation
1408 South 1100 East (801) 487-2323
Salt Lake City, UT 84106 Fax:(801) 486-3978
www.utahaid.org
HCV antibody testing offered for $25 on Mon 5-7pm only.
Monday: 5:00 p.m.-7:00 p.m.

HepFree, Inc. (801)8152437
24 South 1100 East, Suite 103
Salt Lake City, UT 84109
HBV and HCV testing offered for $15
Monday-Friday: 8:30 a.m.-4:30 p.m.
Contact: Cher Struck
CHAPTER 3: HEPATITIS C

Hepatitis C Internet Resources

American Liver Foundation
www.liverfoundation.org

Centers for Disease Control and Prevention, Hepatitis Branch
www.cdc.gov/ncidod/diseases/hepatitis/c/index.htm

HCV Global Foundation
www.hcvglobal.org

Hepatitis C Awareness And Action Foundation
www.hcaaf.org

Hepatitis C Awareness Project/National Hepatitis C Prison Coalition
www.hcvinprison.org

Hepatitis C Caring Ambassadors Program
www.hepcchallenge.org

Hepatitis C Connection
www.hepc-connection.org

Hepatitis C Global Foundation
www.hcvglobal.org

Hepatitis C Support Project
www.hcvadvocate.org

Hepatitis Foundation International
www.hepfi.org

HIV and Hepatitis
www.hivandhepatitis.com

Latino Organization for Liver Awareness
www.lola-national.org

National Institutes of Health

Veterans Affairs—Center for Excellence in Hepatitis C Research and Education
www.va.gov/hepatitisc
CHAPTER 4: TUBERCULOSIS

General Tuberculosis Information
"TB" is short for tuberculosis. TB disease is caused by a bacterium called *Mycobacterium tuberculosis*. The bacteria usually attack the lungs, but TB bacteria can attack any part of the body such as the kidney, spine, and brain. If not treated properly, TB disease can be fatal.

How TB Spreads:
TB is spread through the air from one person to another. The TB bacteria are put into the air when a person with active TB disease of the lungs or throat coughs, sneezes, speaks, or sings. People nearby may breathe in these bacteria and become infected.

TB is NOT spread by
- shaking someone’s hand
- sharing food or drink
- touching bed linens or toilet seats
- sharing toothbrushes
- kissing

Latent TB Infection and TB Disease:
Not everyone infected with TB bacteria becomes sick. As a result, two TB-related conditions exist: latent TB infection and active TB disease.

- Latent TB Infection
  TB bacteria can live in your body without making you sick. This is called latent TB infection (LTBI). In most people who breathe in TB bacteria and become infected, the body is able to fight the bacteria to stop them from growing. People with latent TB infection do not feel sick and do not have any symptoms. The only sign of TB infection is a positive reaction to the tuberculin skin test or special TB blood test. People with latent TB infection are not infectious and cannot spread TB bacteria to others. However, if TB bacteria become active in the body and multiply, the person will get sick with TB disease.

- TB Disease
  TB bacteria become active if the immune system can't stop them from growing. When TB bacteria are active (multiplying in your body), this is called TB disease. TB disease will make you sick. People with TB disease in the lungs may spread the bacteria to people they spend time with every day. Many people who have latent TB infection never develop TB disease. Some people develop TB disease soon after becoming infected (within weeks) before their immune system can fight the TB bacteria. Other people may get sick years later, when their immune system becomes weak for another reason. For persons whose immune systems are weak, especially those with HIV infection, the risk of developing TB disease is much higher than for persons with normal immune systems.
CHAPTER 4: TUBERCULOSIS

The Difference Between Latent TB Infection And TB Disease

<table>
<thead>
<tr>
<th>A Person with Latent TB Infection</th>
<th>A Person with TB Disease</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Has no symptoms</td>
<td>Has symptoms that may include:</td>
</tr>
<tr>
<td></td>
<td>• a bad cough that lasts 3 weeks or longer</td>
</tr>
<tr>
<td></td>
<td>• pain in the chest</td>
</tr>
<tr>
<td></td>
<td>• coughing up blood or sputum</td>
</tr>
<tr>
<td></td>
<td>• weakness or fatigue</td>
</tr>
<tr>
<td></td>
<td>• weight loss</td>
</tr>
<tr>
<td></td>
<td>• no appetite</td>
</tr>
<tr>
<td></td>
<td>• chills</td>
</tr>
<tr>
<td></td>
<td>• fever</td>
</tr>
<tr>
<td></td>
<td>• sweating at night</td>
</tr>
<tr>
<td>• Does not feel sick</td>
<td>• Usually feels sick</td>
</tr>
<tr>
<td>• Cannot spread TB bacteria to others</td>
<td>• May spread TB bacteria to others</td>
</tr>
<tr>
<td>• Usually has a skin test or blood test result indicating TB infection</td>
<td>• Usually has a skin test or blood test result indicating TB infection</td>
</tr>
<tr>
<td>• Has a normal chest x-ray and a negative sputum smear</td>
<td>• May have an abnormal chest x-ray, or positive sputum smear or culture</td>
</tr>
<tr>
<td>• Needs treatment for latent TB infection to prevent active TB disease</td>
<td>• Needs treatment to treat active TB disease</td>
</tr>
</tbody>
</table>

Testing for TB

There are two kinds of tests that can be used to help detect TB infection – the TB skin test (TST) and special TB blood tests. A positive TB skin test or TB blood test only tells that a person has been infected with TB bacteria. It does not tell whether or not the person has progressed to TB disease. Other tests, such as a chest x-ray and a sample of sputum, are needed to see whether the person has TB disease.

Who Should Get Tested for TB:

Persons should get tested for TB by their doctor or local health department if they:
- have spent time with a person known or suspected to have active TB disease; or
- have HIV infection or another condition that weakens the immune system and puts them at high risk for active TB disease; or
- have symptoms of active TB disease; or
- are from a country where active TB disease is very common (most countries in Latin America and the Caribbean, Africa, Asia, Eastern Europe, and Russia); or
- live somewhere in the United States where active TB disease is more common such as a homeless shelter, migrant farm camp, prison or jail, or some nursing homes); or
- inject illegal drugs.
### DIRECTORY OF UTAH LOCAL HEALTH DEPARTMENTS

<table>
<thead>
<tr>
<th>BEAR RIVER</th>
<th>SALT LAKE VALLEY</th>
<th>SUMMIT COUNTY</th>
<th>UTAH COUNTY</th>
</tr>
</thead>
<tbody>
<tr>
<td>655 East 1300 North Logan, Utah 84341 Phone: (435) 792-6500 Fax: (435) 792-6600</td>
<td>610 South 200 East, Room 209 Salt Lake City, Utah 84111 Phone: (801) 534-4600 Fax: (801) 534-4557</td>
<td>110 North Main St. Kamas, Utah 84036 Phone: (435) 783-4351 Fax: (435) 783-6021</td>
<td>151 South University Avenue, Suite 1800 Provo, Utah 84601 Phone: (801) 851-7029 Fax: (801) 343-8729</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CENTRAL UTAH</th>
<th>SOUTHEASTERN UTAH</th>
<th>TOOELE COUNTY</th>
<th>WASATCH COUNTY</th>
</tr>
</thead>
<tbody>
<tr>
<td>70 Westview Drive Richfield, Utah 84701 Phone: (435) 896-5451 Fax: (435) 896-4353</td>
<td>28 South 100 East PO Box 800 Price, Utah 84501 Phone: (435) 637-3671 Fax: (435) 637-1933</td>
<td>151 North Main Street Tooele, Utah 84074 Phone: (435) 277-2310 Fax: (435) 277-2314</td>
<td>55 South 500 East Heber City, Utah 84032 Phone: (435) 654-2700 Fax: (435) 654-2705</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>DAVIS COUNTY</th>
<th>SOUTHWEST UTAH</th>
<th>TRI COUNTY</th>
<th>WEBER-MORGAN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Courthouse Annex 50 East State St. – Basement PO Box 618 Farmington, Utah 84025 Phone: (801) 451-3393 Fax: (801) 451-3464</td>
<td>620 South 400 East, Suite 400 St. George, Utah 84770 Phone: (435) 986-2551 Fax: (435) 652-4069</td>
<td>133 South 500 East Vernal, Utah 84078 Phone: (435) 247 1177 Fax: (435) 781-0536</td>
<td>477 23rd Street Ogden, Utah 84401 Phone: (801) 399-7252 Fax: (801) 399-7260</td>
</tr>
</tbody>
</table>

**Public Testing Locations**

*Note: This is not a comprehensive list of all public TB testing locations in Utah; please call the phone number for the location nearest you to learn about other testing locations.*
CHAPTER 4: TUBERCULOSIS

Internet Resources for Tuberculosis

The internet is one of the quickest and easiest ways to locate accurate information on tuberculosis. The following is a list of websites that may be useful:

- American Thoracic Society
  [www.thoracic.org/](http://www.thoracic.org/)

- Brown University TB-HIV Research Laboratory
  [research.brown.edu/research/labs.php](http://research.brown.edu/research/labs.php)

- Centers for Disease Control and Prevention, Division of Tuberculosis Elimination
  [cdc.gov/tb/](http://cdc.gov/tb/)

- EthnoMed
  [www.ethnomed.org/](http://www.ethnomed.org/)

- Francis J. Curry National Tuberculosis Center
  [www.nationaltbcenter.edu/](http://www.nationaltbcenter.edu/)

- International Union Against Tuberculosis and Lung Disease
  [www.theunion.org/](http://www.theunion.org/)

- National Institute for Occupational Safety and Health
  [www.cdc.gov/niosh/npptl/topics/respirators/](http://www.cdc.gov/niosh/npptl/topics/respirators/)

- National Jewish Medical and Research Center
  [www.nationaljewish.org/](http://www.nationaljewish.org/)

- National Library of Medicine

- New Jersey Medical School, National Tuberculosis Center
  [www.umdnj.edu/globaltb/home.htm](http://www.umdnj.edu/globaltb/home.htm)

- Occupational Safety and Health Administration

- Stanford Center for Tuberculosis Research
  [www.stanford.edu/group/molepi/](http://www.stanford.edu/group/molepi/)

- The Stop TB Partnership
  [www.stoptb.org/](http://www.stoptb.org/)

- Surveillance of Tuberculosis in Europe
  [www.eurotb.org/](http://www.eurotb.org/)

- TB Education & Training Resources
  [www.findtbresources.org/](http://www.findtbresources.org/)

- Utah Department of Health, Tuberculosis Control
  [health.utah.gov/cdc/tb_home.htm](http://health.utah.gov/cdc/tb_home.htm)

- WHO Global TB Programme