

Utah Department of Health

Knowing your past can protect your future.



The Family Health History Toolkit can help you learn about health problems that run in your family. By knowing your family health history, you can make choices to protect yourself and future generations from the same problems.

Order a FREE Family Health History Toolkit by calling the Utah Department of Health Resource Line at 1-888-222-2542 or visit www.health.utah.gov/genomics.

