

Direct Care Worker Core Competency Training Scoresheet

Date: _____

Name of Organization: _____

	Competency	Met	Not Met	Notes
1	Communication Communicate with residents and caregivers in a respectful and culturally appropriate way. Understand the communication methods and appropriate use;			
2	Person Centered Care Principles and Practices Provide supports and services to help the resident achieve their care plan goals; Maintain safety in all resident environments;			
3	Observation Monitor a resident's physical and emotional health; Gather information about the resident and communicate with care team members at shift change and as needed;			
4	Crisis Prevention and Intervention Understand risks and behaviors that can lead to a crisis (disruptive episodes requiring non-routine interventions); Utilize strategies to prevent crisis and promote health and safety; Understand triggers and interventions/practices to avoid or diffuse conflict;			
5	Safety Know and understand all safety policies and procedures of the facility;			
6	Professionalism and Ethics and Resident's Rights Know and understand facility's policies and procedures regarding professionalism and ethics; Maintain confidentiality in all spoken and written communication and follow all the rules of the Health Insurance Portability and Accountability Act of 1996 (HIPAA);			
7	Empowerment and Advocacy Understand the role of the state ombudsman program; Know, understand, promote and protect the rights of each resident placing a strong emphasis on dignity and self-determination;			
8	Health and Wellness Support the physical, spiritual, emotional and social well-being of the resident; Understand safety risks for specific conditions including dementia, psychiatric and physical limitations;			
9	Community Living Skills and Supports Assist the resident to meet their physical and personal needs considering any cognitive or physical impairments in providing supportive care (All ADLs);			
10	Cultural Competency and Community Inclusion Support, understand and respect resident preferences and differences (i.e. religious, cultural, ethnic, sexual orientation, etc.). Encourage the resident to engage with the community;			
11	Dementia Care Competencies Know the types and stages of dementia including information on the physical and cognitive declines as diseases progress; Understand challenging behaviors and non-verbal communications promoting empathy and validation of their reality; Understand safety risks specific to a dementia care environment;			
12	Training and Self-Development Maintain updated and documented trainings/in-services and seek opportunities to improve skills and work practices through further education and training.			

Approved	
Denied	
Date	
Signature	
Print Name	

