



## FETAL ALCOHOL SPECTRUM DISORDERS WORKSHOPS SOUTHWEST BEHAVIORAL HEALTH

### Schedule for Professionals Friday October 21st

8:00 a.m.	Continental Breakfast, Check in and On-site Registration
8:25 a.m.	Welcome and Introductions - Lynn Tanner, Utah Fetal Alcohol Coalition
8:30 a.m.	Stephen DeJoseph - Stephen will share his life experiences to help people understand what it is like to grow up and live with prenatal alcohol exposure. Christina DeJoseph - Christina will share her experience of prenatal exposure to alcohol and its effect on her family.
9:00 a.m.	Dr. Mary DeJoseph - Dr. DeJoseph will cover Fetal Alcohol Spectrum Disorders - definitions, how alcohol causes damage to the developing fetus, how affected people are identified, how the diagnosis is made, primary and secondary disabilities, a developmental overview across the lifespan, with management and interventions, and personal accounts of impact on the family.
10:30 a.m.	Break
10:45 a.m.	Dr. Mary DeJoseph
12:30 p.m.	Conclusion and Questions and Answers

### Schedule for Women Friday October 21st

2:30 p.m.	Welcome and Introductions - Lynn Tanner, UFAC - Light Snacks provided
2:35 p.m.	Stephen and Christina DeJoseph will share their life experiences to help the audience understand what it is like to grow up with prenatal alcohol exposure.
3:00 - 4:30 p.m.	Dr. Mary DeJoseph will share information about the Birth Mothers Network and discuss recovery issues for women.

### Parent and Teacher Workshop- Saturday, October 22nd

8:45 a.m.	Continental Breakfast - Check in- On-site Registration
9:00 a.m.	Welcome and Introductions - Lynn Tanner, UFAC
9:05 a.m.	Stephen and Christina DeJoseph will share their life experiences to help parents and teachers understand what it is like to group up with prenatal alcohol exposure.
9:30: a.m. - 11:30 a.m.	Dr. Mary DeJoseph will cover - FASD overview, diagnosis, and lifespan interventions.