

*Be aware that bodily fluids or waste may be in unexpected places, such as this bottle of urine; use caution when working in any area known to experience inappropriately disposed of waste.*



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# CLEANING UP **BODILY FLUIDS** AND **HUMAN WASTE**



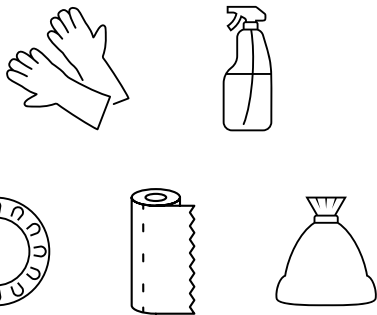
[saltlakehealth.org](http://saltlakehealth.org)

It is important to take proper precautions when cleaning up items that could contain infectious material, such as anything contaminated with bodily fluids or human waste.



#### NECESSARY EQUIPMENT

- Disposable latex, vinyl, or nitrile gloves
- Disinfectant (bleach solution preferred)
  - Bleach solution loses its strength quickly, so it should be mixed fresh before each time you need it.
  - Recipe for Bleach Disinfecting Solution  
9 parts cool water to 1 part unscented household bleach
- Disposable "scoop" of some kind (a folded paper plate works well)
- Paper towels or a liquid-absorbent material like kitty litter
- Plastic garbage bags



kitty litter

#### CLEANUP STEPS

1. Put on disposable gloves.
2. Scoop up any solid waste using the scoop; deposit the scoop and waste into the garbage bag.
3. Pour the absorbent material onto liquid waste, or use paper towels to soak up the liquid, and then use another scoop to put the material or used paper towels into the garbage bag.
4. Gently pour bleach solution onto all contaminated areas of the surface.
5. Let the bleach solution remain on the contaminated area for 20 minutes.
6. Wipe up the remaining bleach solution.
7. Clean the surface as you normally would. All nondisposable cleaning materials used such as mops and scrub brushes should be disinfected by saturating with bleach solution and air dried.
8. Remove gloves and place in garbage bag with all soiled cleaning materials.
9. Double-bag and securely tie-up plastic garbage bags and discard in your regular waste bin.
10. Wash your hands properly with soap and warm, running water for at least 20 seconds.

*Take precautions whenever there is a chance of being exposed to bodily fluids, or human waste. Be cautious even when it is difficult to identify the specific body fluid. Do not take chances; treat all body fluids as if they contain blood.*

Note that it is against the law to wash waste into a storm drain.